

# YRBS Overview

2019 Youth Risk Behavior Survey  
Results N = 2,497

# Pennsylvania Middle School Survey

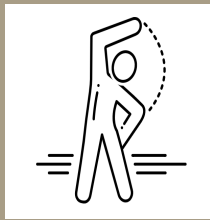
## NUTRITION & EXERCISE

**12.0%**

did not eat  
breakfast  
during 7 days  
before the  
survey

**27.1%**

described  
themselves as  
slightly or  
very  
overweight



**...a third** exercised at least  
60 minutes per day on all 7  
days

## DRUGS & ALCOHOL

ever...

use marijuana **7.1%**

smoked cigarettes **7.3%**

drank alcohol **21.3%**

**10.4%** currently use  
an electronic vapor  
product

**5.6%** ever took  
prescription pain  
medicine without  
a prescription

## STUDENT SAFETY

**56.1%**

rarely or  
never  
wore a  
bicycle  
helmet



**16.8%**

ever rode  
with a  
driver who  
had been  
drinking  
alcohol



**5.1%** rarely or never wore  
a seat belt while  
riding in a car

## WELL BEING

**45.1%**

were bullied on  
school property

**25.8%**

were  
electronically  
bullied

including texting,  
Instagram, Facebook,  
or other social media

**20.7%**

watched TV  
three hours or  
more per day

**50.2%**

played video  
games or  
computer games  
three hours or  
more per day