



**Pennsylvania Prescription Drug Monitoring Program (PDMP)  
System User and Stakeholder Training**

**Approaches to Addressing Substance Use Disorder  
with Patients Identified by the PDMP**

MODULE 6

ONLINE DIRECTORY OF SCREENING, BRIEF INTERVENTION, AND  
REFERRAL TO TREATMENT TRAINING PROVIDERS AND TOOLKITS

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## Introduction

This guide contains information on how to locate different tools and toolkits that can be used to help healthcare professionals conduct Screening, Brief Intervention and Referral to Treatment (SBIRT).

Toolkits commonly contain forms, scales, templates, protocols or other resources. The information can help guide the implementation of SBIRT in a variety of healthcare settings to make the practice more effective and efficient in the healthcare professional's clinical workflow.

The training directory portion of this guide contains information on how to locate and contact training providers for SBIRT for either face-to-face or online training(s). The links provided can be used to find either free or fee-based SBIRT training courses. Face-to-face trainings are focused on healthcare professionals located within Pennsylvania or the region surrounding Pennsylvania. Training providers may also specialize in other types of substance use disorder treatment or in a methodology related to the management of substance misuse, such as motivational interviewing and cognitive behavioral therapy.



# SBIRT Tools

- **Screening Tools**
  - a. [Substance Abuse and Mental Health Services Administration Screening Tools](#)
    - A number of screening manuals and general information on tools that can be used for screening individuals for substance misuse in a variety of healthcare settings
  - b. [National Institute on Drug Abuse Screening Resources](#)
    - Information on screening tools available to healthcare professionals provided by the National Institutes of Health
- **Brief Intervention Tools**
  - a. [World Health Organization: Brief Intervention for Substance Misuse Manual](#)
    - A brief intervention manual for use in primary care scenarios by the World Health Organization
  - b. [Substance Abuse and Mental Health Services Administration Brief Intervention Tools](#)
    - Information on the different brief intervention models available to healthcare providers and general resources related to talking to patients about substance misuse
- **Referral to Treatment Tools**
  - a. [Substance Abuse and Mental Health Services Administration Referral to Treatment Tools](#)
    - Different methods that healthcare providers can use to refer patients to treatment, depending on the results of a screen
- **SBIRT Workflow Integration Tools**
  - a. [Substance Abuse and Mental Health Services Administration SBIRT Workflow Integration Tools](#)
    - A collection of tools, workflow charts and diagrams that are needed to implement SBIRT in various settings
- **SBIRT Reimbursement**
  - a. [Substance Abuse and Mental Health Services Administration SBIRT Financing Information](#)
    - Information on how to assist patients with payment either through Medicaid, Medicare, private insurance or when paying out of pocket
  - b. [SBIRT Billing Codes for Reimbursement](#)
    - A collection of SBIRT billing codes for provider reimbursement
- **SBIRT Application**
  - a. [SBIRT Application by SBIRT Oregon](#)
    - A free screening application for tablets, phones and desktops
    - Features the following screening tools: The Alcohol, Smoking, and Substance Involvement Screening Test; the Alcohol Use Disorder Identification Test and the Patient Health Questionnaire; and the Screening to Brief Intervention
    - Converts answers into chart-ready notes for the medical professional

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# SBIRT Tools *(continued)*

- **General Toolkits for SBIRT Implementation and Practice**
  - a. [Substance Abuse and Mental Health Services Administration SBIRT Resources and Toolkits](#)
    - A collection of different resources and toolkits for the practice of SBIRT
  - b. [Centers for Disease Control and Prevention Toolkit: Planning and Implementing SBIRT](#)
    - A primary care guide for implementing SBIRT
  - c. [Addiction Technology Transfer Center Network Resources](#)
    - National SBIRT resources and downloadable products
  - d. [National Institutes of Health Guide for SBIRT in Youth Populations: A Practitioner’s Guide](#)
    - A guide to SBIRT for practitioners who manage the health of 9- to 18-year-old individuals
  - e. [SBIRT Training of Trainers Manual](#)
    - National SBIRT training of trainers manual developed by the Addiction Technology Transfer Center Network
  - f. [Institute for Research, Education, and Training in Addictions SBIRT Toolkit](#)
    - A collection of SBIRT-related materials for a variety of healthcare settings
  - g. [Department of Veterans Affairs: Resources for Brief Alcohol Counseling](#)
    - Tools for implementing SBIRT that relate to brief alcohol counseling for alcohol misuse
  - h. [Massachusetts SBIRT Toolkit](#)
    - A step-by-step guide for screening and intervening for alcohol and other drug misuse
  - i. [West Virginia SBIRT Toolkit](#)
    - Resources and reports related to SBIRT and substance misuse
  - j. [University of Pittsburgh School of Nursing SBIRT Teaching Resources](#)
    - Resources and links related to SBIRT and nurse education
- **State SBIRT Websites**
  - a. [Massachusetts](#)
  - b. [Colorado](#)
  - c. [New York](#)
  - d. [Maryland](#)
  - e. [Oregon](#)
  - f. [North Carolina](#)
  - g. [West Virginia](#)
  - h. [Indiana](#)
- **University SBIRT Websites**
  - a. [University of Pittsburgh](#)
  - b. [University of Connecticut](#)
  - c. [University of Chicago](#)
  - d. [Boston University](#)
  - e. [University of Missouri-Kansas City](#)
  - f. [University of California, Los Angeles](#)
- **Substance Abuse and Mental Health Services Administration SBIRT Grantees**
  - a. [Substance Abuse and Mental Health Services Administration SBIRT Grantee Websites](#)
    - A current list of the websites of Substance Abuse and Mental Health Services Administration SBIRT grantees

# Pennsylvania and Regional SBIRT Training Providers

- **Face-to-Face SBIRT Training Providers**

- University of Pittsburgh, School of Pharmacy, Program Evaluation and Research Unit
  - SBIRT training providers for a wide-range of health disciplines located in Pittsburgh and the surrounding region
- Registry of SBIRT Trainers: Addiction Technology Transfer Center Network
  - Addiction Technology Transfer Center Network national registry of SBIRT trainers available for search by geographic location
- The Council of Southeast Pennsylvania
  - SBIRT training, consultation and technical assistance for health care providers
- Institute for Research, Education, and Training in Addictions
  - Institute for Research, Education and Training in Addictions offers face-to-face training by request
- Addiction Technology Transfer Center Network Trainings and Events Calendar
  - Addiction Technology Transfer Center Network training and events calendar
- Directory of Addiction Studies Programs
  - Comprehensive list of institutions that offer a certificate, associate, bachelor, master and/or doctoral program in substance use disorders

## Directory of Pennsylvania and Regional Addiction Technology Transfer Center Network SBIRT Trainers and Program Evaluation and Research Unit SBIRT Trainers

Adapted from [Addiction Technology Transfer Center Network National Registry of SBIRT Trainers](#)

Name and Affiliation	Address	Phone and Email	Expert Topics	Comments
Jan Pringle, PhD University of Pittsburgh, School of Pharmacy, Program Evaluation and Research Unit	Program Evaluation and Research Unit The Offices at Baum, Room 301 5607 Baum Boulevard Pittsburgh, Pennsylvania 15206	412-383-2005 <a href="mailto:Jlp127@pitt.edu">Jlp127@pitt.edu</a>	Contact expert for further information	Jan Pringle is Director of the Program Evaluation and Research Unit that implements and trains a wide range of healthcare providers and students through numerous SBIRT initiatives. Jan Pringle is an expert trainer with extensive experience implementing SBIRT within various healthcare settings.
Sherry Rickard-Aasen, MBA University of Pittsburgh, School of Pharmacy, Program Evaluation and Research Unit	Program Evaluation and Research Unit The Offices at Baum, Room 313A 5607 Baum Boulevard Pittsburgh, Pennsylvania 15206	412-383-2074 <a href="mailto:Shr35@pitt.edu">Shr35@pitt.edu</a>	n/a	Sherry Rickard-Aasen has seven years' experience leading SBIRT educational programs and implementation.
Jennifer Tracy, MEd University of Pittsburgh, School of Pharmacy, Program Evaluation and Research Unit	Program Evaluation and Research Unit The Offices at Baum, Room 314A 5607 Baum Boulevard Pittsburgh, Pennsylvania 15206	412-383-2550 <a href="mailto:Jlt117@pitt.edu">Jlt117@pitt.edu</a>	n/a	Jennifer Tracy has experience as the training coordinator on SBIRT student training projects for healthcare professionals at numerous universities.

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Name and Affiliation	Address	Phone and Email	Expert Topics	Comments
Alex Nowalk, MPH, CPH, CHES University of Pittsburgh, School of Pharmacy, Program Evaluation and Research Unit	Program Evaluation and Research Unit The Offices at Baum, Room 313B 5607 Baum Boulevard Pittsburgh, Pennsylvania 15206	412-383-4178 <a href="mailto:Aan28@pitt.edu">Aan28@pitt.edu</a>	n/a	Alex Nowalk has experience implementing SBIRT through the Pennsylvania SBIRT initiative.
Jim Aiello, MA, MEd	1544 Overton Lane Unit B Pittsburgh, Pennsylvania 15217	724-809-0082 <a href="mailto:Jim.aiello64@yahoo.com">Jim.aiello64@yahoo.com</a>	Ethics	Jim Aiello has over 35 years of experience in the addiction field and has experience implementing SBIRT.
Curt Bell, RN, BSN University of Pittsburgh Medical Center, Western Psychiatric Institute and Clinic	3501 Forbes Avenue Suite 900 Pittsburgh, Pennsylvania 15213	n/a <a href="mailto:Bellcd@upmc.edu">Bellcd@upmc.edu</a>	n/a	Curt Bell has more than 30 years in the field, primarily related to program management and implementation of new programs. Curt Bell completed the National SBIRT Training of Trainers course and has begun implementing trainings at Western Psychiatric Institute and Clinic.
Patty Ferssizidis, PhD George Mason University	4400 University Drive MS 3C4 Fairfax, Virginia 22030	703-993-1932 <a href="mailto:Pzorbas@gmu.edu">Pzorbas@gmu.edu</a>	Motivational interviewing, cognitive behavioral therapy	As the Training Coordinator for both the Virginia SBIRT project and a student SBIRT training grant, Patty Ferssizidis provides training to medical and behavioral health students and providers in a variety of settings, including primary care sites, emergency departments, mental health clinics, and academic institutions.
Holly Hagle, PhD National SBIRT Addiction Technology Transfer Center Network	Institute for Research, Education and Training in Addictions Suite 1710 425 Sixth Avenue Pittsburgh, Pennsylvania 15219	412-258-8565 <a href="mailto:Holly@ireta.org">Holly@ireta.org</a>	Contact expert for further information	Holly Hagle is the Director of the National SBIRT Addiction Technology Transfer Center Network. Holly Hagle has experience implementing SBIRT.
Victoria Lahey, MS Ed, NCC	1900 Murray Avenue Suite 303 Pittsburgh, Pennsylvania 15217	412-951-8810 <a href="mailto:Vittorial@earthlink.net">Vittorial@earthlink.net</a>	Substance misuse, HIV, counseling, group counseling, psychopharmacology	Victoria Lahey has more than 30 years' experience as a counselor and 26 years' experience as a trainer/educator. She is a trainer for the Institute for Research, Education, and Training in Addictions and the National SBIRT Addiction Technology Transfer Center Network.

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Name and Affiliation	Address	Phone and Email	Expert Topics	Comments
Pam Pietruszewski, MA Counseling and Psychological Services The National Council for Behavioral Health	1400 K Street NW Suite 400 Washington, District of Columbia 20005	202-684-7457 x253 <a href="mailto:Pamp@thenationalcouncil.org">Pamp@thenationalcouncil.org</a>	Motivational interviewing, integrated care, quality improvement	Pam Pietruszewski has experience with SBIRT in primary care, mental health, criminal justice settings, and with adolescent and adult populations. She has experience working with patients with co-occurring conditions, including depression, diabetes, and hypertension. She also has experience conducting webinars and on-site trainings, implementing SBIRT, consulting, and fidelity coaching.
Gerard Schmidt, MA, LPC, MAC Valley Healthcare System	301 Scott Avenue Morgantown, West Virginia 26508	304-376-3648 <a href="mailto:Gschmidt@valleyhealthcare.org">Gschmidt@valleyhealthcare.org</a>	Motivational interviewing, cognitive behavioral therapy, medication assisted treatment, program development	Gerard Schmidt has experience implementing SBIRT.
Billie Jo Smith, LPC University of Pittsburgh Medical Center	333 N. Braddock Avenue Pittsburgh, Pennsylvania 15208	412-605-1546 <a href="mailto:Smithb@upmc.edu">Smithb@upmc.edu</a>	Motivational interviewing and Motivational Interviewing Assessment: Supervisory Tools for Enhancing Proficiency product	Billie Jo Smith recently completed the National SBIRT Training of Trainers and is implementing SBIRT throughout various systems at the University of Pittsburgh Medical Center.
Alexander Waitt, MS, MEd University of Pittsburgh Medical Center	333 N. Braddock Avenue Pittsburgh, Pennsylvania 15208	603-494-9589 <a href="mailto:Waittaw@upmc.edu">Waittaw@upmc.edu</a>	n/a	Alexander Waitt has experience implementing SBIRT.



# Online SBIRT Training Providers and Courses

- **Online SBIRT Training and Webinars**
  - a. [Medscape SBIRT Course](#)
    - Free online SBIRT course for health care professionals
  - b. [SBIRT Training Course for Dental Practitioners](#)
    - Free online SBIRT course for dental practitioners
  - c. [The World of SBIRT](#)
    - Free online SBIRT course relevant to both primary care and behavioral health providers
  - d. [The National Council for Behavioral Health](#)
    - SBIRT consulting and training services for a fee
  - e. [Addiction Technology Transfer Center Network](#)
    - SBIRT core training for a fee
  - f. [Pacific Southwest Addiction Technology Transfer Center Network](#)
    - Free online SBIRT course for health care professionals
  - g. [Health Knowledge](#)
    - Free online course for substance use disorder treatment providers
  - h. [Institute for Research, Education, and Training in Addictions](#)
    - Training directory for SBIRT and related education for health care professionals
  - i. [SBIRT Education by the University of Chicago and the Brief Intervention Group](#)
    - Face-to-face and online SBIRT training for free and for a fee
  - j. [SBIRT Training Providers](#)
    - A directory of online SBIRT training providers for a fee
  - k. [Indiana SBIRT Online Training Course](#)
    - Free online, self-paced SBIRT training course for health care providers