# If you have lost access to care, we want you to know help is available.



# **Healthcare Services Resource Guide**

**Pennsylvania Southeast Region** 

For patients in the following counties:

Berks, Bucks, Chester, Delaware, Lancaster, Montgomery, Philadelphia, and Schuylkill



### **Patient Advocacy Program**

When a patient who is prescribed a controlled substance medication (like an opioid) loses access to care, they may feel they have no other options but to turn to other sources to avoid withdrawal. Help is available. Patients may find county resources in this guide that can help.

Patients who have questions may also contact the Patient Advocacy Program, Monday through Friday, 8:00 AM—4:00 PM.

Email: ra-dh-advocacy@pa.gov

Call: 844-377-7367

Visit: bit.lv/patientadvocacvPA

### **Find County Resources**

Berks	5-6
Bucks	7
Chester	8-9
Delaware	10-11
Lancaster	12-13
Montgomery	14-15
Philadelphia	16-23
Schuylkill	24-25

### **Where to Seek Care**

The following steps are recommended to patients to access care when they are unable to see their healthcare provider:

- 1. Contact your primary care provider to discuss next steps in your care.
- 2. If you do not have a primary care provider:
  - Find one by calling the number on the back of your health insurance card.
  - Consider visiting a Federally Qualified Health Center in your area for healthcare services or for help getting health insurance. Federally Qualified Health Centers provide services to everyone regardless of ability to pay. Look up your County to find local FQHCs.

### **Avoid Withdrawal**

Patients who have been treated with opioids or benzodiazepines and lose access to care may be at risk of medication withdrawal.

**Signs of withdrawal could be** anxiety, nausea, diarrhea, hot flashes, shiver, abdominal cramping, tremor, or dizziness.

Contact your **local Drug and Alcohol Department** which is a resource that connects patients to treatment services, including options for detoxing.

### **Avoid Opioid Overdose**

**Naloxone** is a medicine that can reverse an opioid overdose and is available through a state-wide **standing order**, which means people do not need a prescription. Most pharmacies carry Naloxone.

### Signs of an overdose may include:

small, "pin-point" pupils, falling asleep/loss of consciousness, slow/shallow breathing, choking sounds, limp body, or pale, blue, or cold skin.

# If you suspect someone is experiencing an overdose:

- 1. Call 911.
- 2. Administer Naloxone, if available.
- 3. Try to keep the person awake and breathing.
- 4. Lay the person on their side to prevent choking.
- 5. Stay with him or her until emergency workers arrive.

### **Find Treatment**

Help is available for anyone who is battling substance use disorder.

**Get Help Now:** 

Call 1-800-662-HELP (4357) Visit <u>ddap.pa.gov</u>

# **Berks County**

### **Federally Qualified Health Centers**

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.

### **Berks Community Health Center**

Southwest Reading-Oakbrook 1040 Liggett Ave. Reading, PA 19611

Phone: 610-988-4838

### 2nd Street Reading

430 N. 2nd Street Reading, PA 19601

Phone: 610-988-4838

### **Downtown Reading**

838 Penn St. Reading, PA 19602

Phone: 610-988-4838

### **Northeast Reading**

1110 Rockland Street Reading, PA 19604

Phone: 610-988-4838

### **Local Drug and Alcohol Department**

### **Berks County Council on Chemical Abuse**

50 N. 5th Street, 5th Floor, Reading PA 19601

Phone: 610-376-8669, 484-628-8186

### **Berks County**

#### **Centers of Excellence**

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care.

### **Tower Health Reading Hospital**

420 South 5th Street Building K West Reading, PA 19611 Phone: 484-628-5790

#### **New Directions Treatment Services**

832 North Park Road Wyomissing, PA 19610

Phone: 610-750-6130

### <u>Pennsylvania Coordinated</u> Medication Assisted Treatment

These locations facilitate access to medication assisted treatment. Please see nearby options in Lancaster County (pages 5-6).

# **Bucks County**

### **Federally Qualified Health Centers**

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you. Please see nearby options in Montgomery or Philadelphia Counties (pages 14-15 or 16-23).

### **Local Drug and Alcohol Department**

### **Bucks County Drug & Alcohol Commission, Inc.**

55 East Court Street 4th Floor Doylestown, PA 18901 Phone: 215-444-2700

#### **Centers of Excellence**

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder.

Treatment is team-based, with the goal of integrating behavioral health and primary care.

### **Family Service Association of Bucks County**

4 Cornerstone Drive Langhorne, PA 19047

Phone: 215-757-6916 ext. 137

### Penn Foundation, Inc.

807 Lawn Avenue Sellersville, PA 18960

Phone: 215-257-9999

# **Chester County**

#### **Federally Qualified Health Centers**

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.

### **Center for Family Health at Coatesville**

744 East Lincoln Highway Suite 110 Coatesville, PA 19320

Phone: 610-380-4660

### La Comunidad Hispana Oxford Community Health Center

303 North 3rd Street, Ste. #2 Oxford, PA 19363

Phone: 610-708-0300

### **Kennett Square Office**

731 West Cypress Street Kennett Square, PA 19348

Phone: 610-708-0300

### **Local Drug and Alcohol Department**

### **Chester County Department of D&A Services**

Government Services Center Suit 325 601 Westtown Road PO Box 2747 West Chester, PA 19380 Phone: 610-344-6620, 610-344-5630

# **Chester County**

#### **Centers of Excellence**

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder.

Treatment is team-based, with the goal of integrating behavioral health and primary care.

### **Community Health & Dental Care, Inc.**

351 West Schuylkill Road Suite G15 Pottstown, PA 19465 Phone: 610-326-9460

### <u>Pennsylvania Coordinated</u> <u>Medication Assisted Treatment</u>

These locations facilitate access to medication assisted treatment. Please see nearby options in Lancaster County (pages 5-6).

# **Delaware County**

### **Federally Qualified Health Centers**

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.

# **ChesPenn Health Services, Inc. Center for Family Health at Eastside**

125 E. 9th Street Chester PA, 19013

Phone: 610-872-6131

### **Center for Family Health at Upper Darby**

5 South State Road Upper Darby, PA 19082

Phone: 610-352-6585

### **Local Drug and Alcohol Department**

### **Delaware County Office of Behavioral Health**

20 South 69th Street Third Floor Upper Darby, PA

19082 Phone: 610-713-2365

### **Centers of Excellence**

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder.

Treatment is team-based, with the goal of integrating behavioral health and primary care.

### **Crozer-Keystone Health System**

2600 West 9th Street Chester, PA 19013

Phone: 610-497-7336

# **Delaware County**

AIDS Care Group/Sharon Hill Medical 904 Chester Pike Sharon Hill, PA 19079 Phone: 610-583-3800

### **Lancaster County**

### **Federally Qualified Health Centers**

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.

### Family First Health Columbia Center

369 Locust Street Columbia, PA 17512

Phone: 717-342-2577

### **Lancaster Health Center Bright Side Office**

515 Hershey Avenue Lancaster, PA 17603 Phone: 717-299-6371

#### **Duke Street Office**

625 South Duke Street Lancaster, PA 17602

Phone: 717-299-6371

### **New Holland Avenue Office**

802 New Holland Avenue, Suite 200

Lancaster, PA 17602 Phone: 717-299-6371

### **Water Street Office**

304 North Water Street Lancaster, PA 17603

Phone: 717-299-6371

#### **Local Drug and Alcohol Department**

# **Lancaster County Drug and Alcohol Commission**

150 North Queen Street Suite 410

Lancaster, PA 17603 Phone: 717-299-8023

### **Lancaster County**

#### **Centers of Excellence**

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder.

Treatment is team-based, with the goal of integrating behavioral health and primary care.

### **Lancaster General Hospital**

554 North Duke Street, 3rd Floor Lancaster, PA 17602 Phone: 717-544-4943

# TW Ponessa & Associates Counseling Services, Inc.

410 North Prince Street Lancaster, PA 17603

### Phone: 717-560-7917

### <u>Pennsylvania Coordinated</u> <u>Medication Assisted Treatment</u>

These locations facilitate access to medication assisted treatment.

### **Naaman Center**

4600 E Harrisburg Pike Elizabethtown, PA 17022

Phone: 717-367-9115

### **Lancaster Health Center-Arch Street**

333 North Arch Street Lancaster, PA 17603

Phone: 717-299-6371

### **Lancaster Health Center-Duke Street**

625 South Duke Street Lancaster, PA 17602

Phone: 717-299-6371

# Montgomery County

### **Federally Qualified Health Centers**

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.

### **Community Health & Dental Care**

351 W. Schuylkill Road, Suite G- 15A, Pottstown, PA 19465 Phone: 484-948-3097

### Delaware Valley Community Health, Inc. Norristown Regional Health Center

1401 DeKalb Street Norristown, PA 19401

Phone: 610-278-7787

### **Local Drug and Alcohol Department**

# Montgomery County Department of Health & Human Services

Montgomery County Human Services Center PO Box 311 Norristown, PA 19404 Phone: 610-278-3642

### **Centers of Excellence**

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder.

Treatment is team-based, with the goal of integrating behavioral health and primary care.

### **Community Health & Dental Care, Inc.**

700 Heritage Drive Pottstown, PA 19464

Phone: 610-326-9460

# **Montgomery County**

### Resources for Human Development/ Montgomery County Methadone Center

25 East Marshall Street Norristown, PA 19401

Phone: 610-272-3710

### **Federally Qualified Health Centers**

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.

# **Covenant House Health Services, Inc. Covenant House Health Services**

251 East Bringhurst St. Philadelphia, PA 19144

Phone: 215-844-1020

#### **Mount Pleasant Medical Center**

8125-27 Stenton Ave. Philadelphia, PA 19150

Phone: 215-248-7560

### **Delaware Valley Community Health, Inc.**

1412 Fairmount Ave. Philadelphia, PA 19130

Phone: 215-235-9600

### **Fairmount Primary Care Center at Horizon**

House 120 South 30th St. 2nd Floor Philadelphia,

PA 19104 Phone: 215-222-2466

# **Fairmount Primary Care Center at St. Joseph's Hospital**

1600 West Girard Ave. Suite 201 - 2nd Floor Philadelphia, PA 19130 Phone: 215-827-8010

### Maria de los Santos Health Center

401 West Allegheny Ave. Philadelphia, PA 19133

Phone: 215-291-2500

### **Esperanza Health Center, Inc. 5th Street Office**

2940 North 5th St. Philadelphia, PA 19133

Phone: 215-221-6633

### **Hunting Park Site**

4417 N. 6th Street Philadelphia, PA 19140

Phone: 215-302-3600

### **Kensington Site**

861 E. Allegheny Avenue Philadelphia, PA 19134

Phone: 215-302-3600

# Family Practice & Counseling Network Abbottsford Falls Family Practice & Counseling

4700 Wissahickon Avenue Suite 119

Philadelphia, PA 19144 Phone: 215-843-9720

### **Health Annex**

6120-B Woodland Ave. 2nd Floor

Philadelphia, PA 19143 Phone: 215-727-4721

# **Stephen & Sandra Sheller 11th Street Family Health Services Center**

850 North 11th St. Philadelphia, PA 19123

Phone: 215-769-1100

### Greater Philadelphia Health Action, Inc. 4th Street Medical Suite/AL-ASSIST Behavioral Healthcare Center

1401 South 4th St. Philadelphia, PA 19147

Phone: 215-339-1079

#### **Chinatown Medical & Dental Services**

930 Washington Ave. Philadelphia, PA

19147 Phone: 215-627-8000

### **GPHA, INC. Dental and Behavioral**

Healthcare 5501 Woodland Avenue

Philadelphia, PA 19143 Phone: 1-888-296-4742

# Frankford Avenue Health Center/AL-ASSIST Behavioral Healthcare Center

4500 Frankford Ave. Philadelphia, PA

19124 Phone: 215-744-1302

### **Hunting Park Health Center**

1999 West Hunting Park Ave.

Philadelphia, PA 19140 Phone: 215-228-9300

### **Southeast Health Center**

800 Washington Ave. Philadelphia, PA 19147

Phone: 215-339-5100

### **Woodland Avenue Health Center**

5000 Woodland Ave. Philadelphia, PA

19143 Phone: 215-726-9807

# Philadelphia Department of Public Health Health Center 2

1700 S. Broad St. Unit 201

Philadelphia, PA 19145 Phone: 215-685-1803

#### **Health Center 3**

555 S. 43rd St. Philadelphia, PA 19104

Phone: 215-685-7504

#### **Health Center 4**

4400 Haverford Ave. Philadelphia, PA 19104

Phone: 215-685-7601

#### **Health Center 5**

1900 N 20th St. Philadelphia, PA 19121

Phone: 215-685-2933

#### **Health Center 6**

301 W. Girard Ave.

Philadelphia, PA 19123 Phone: 215-685-3803

#### **Health Center 9**

131 E. Chelten Ave. Philadelphia, PA 19144

Phone: 215-685-5701

#### **Health Center 10**

2230 Cottman Ave. Philadelphia, PA 19149

Phone: 215-685-0639

### **Strawberry Mansion Health Center**

2840 West Dauphin St. Philadelphia, PA 19132

Phone: 215-685-2401

### Philadelphia FIGHT

### John Bell Health Center

1207 Chestnut St. 3rd Floor Philadelphia, PA 19107

Phone: 267-725-0252

### **Jonathan Lax Treatment Center**

1233 Locust St. 4th Floor Philadelphia, PA19107

Phone: 215-790-1788

# **Community Health Centers Clinic at Broad Street Ministry**

315 S Broad Street, Philadelphia PA 19107

Phone: 215-525-8681

### **Project Home Stephen Klein Wellness Center**

2144 Cecil B. Moore Ave., 19121

Phone: 215-320-6187

# **Public Health Management Corporation Congreso Health Center**

412 West Lehigh Ave. Philadelphia, PA 19133

Phone: 855-887-9229

### **Mary Howard Health Center**

125 South 9th St. Philadelphia, PA 19107

Phone: 855-887-9229

### **One & Olney Square**

5675 North Front Street Philadelphia, PA

19120 Phone: 855-887-9229

### **PHMC Care Clinic**

1200 Callowhill Street Suite 1010 Philadelphia,

PA 19123 Phone: 855-887-9229

### **Quality Community Health Care, Inc.**

2501 West Lehigh Avenue Philadelphia, PA 19132

Phone: 215-227-0300

### **Cooke Family Health Center**

1300 West Louden Street Philadelphia, PA 19141

Phone: 215-457-6902

### **Meade Family Health Center**

1600 North 18th and Oxford Street Philadelphia, PA

19121 Phone: 215-765-9501

### Sayre Health Center Dr. Bernett L. Johnson Jr.

5800 Walnut Philadelphia, PA 19143

Phone: 215-474-4444

### **Spectrum Health Services, Inc.**

### **Broad Street Health Center**

1415 North Broad Street Suite 224 Philadelphia, PA

19122 Phone: 215-235-7944

### **Local Drug and Alcohol Department**

### **Philadelphia Office of Addiction Services**

1101 Market Street Eighth Floor Philadelphia, PA

19107 Phone: 888-545-2600

#### **Centers of Excellence**

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder.

Treatment is team-based, with the goal of integrating behavioral health and primary care.

# Maternal Addiction Treatment, Education & Research (MATER)

1239 Spring Garden Street Philadelphia, PA 19123

Phone: 215-955-3792

# Maternal Addiction Treatment, Education & Research (MATER)

1233 Locust Street Philadelphia, PA 19107

Phone: 215-955-3792

# **Narcotic Addiction Recovery Program** of Thomas Jefferson University

21st & Washington Avenue Philadelphia, PA 19147

Phone: 215-735-5979

### **Pathways to Housing PA**

5201 Old York Road 4th Floor Philadelphia,

PA 19141 Phone: 215-390-1500

### **Penn Presbyterian Medical Center**

3910 Powelton Avenue Philadelphia, PA

19104 Phone: 215-662-8884

### **Public Health Management Corporation**

1200 Callowhill Street Philadelphia, PA

19123 Phone: 215-985-2500

### **Public Health Management Corporation**

125 South 9th Street Philadelphia, PA

19107 Phone: 215-985-2500

### **Public Health Management Corporation**

1900 North 9th Street Philadelphia, PA

19122 Phone: 215-985-2500

### **Public Health Management Corporation**

5675 North Front Street Philadelphia, PA 19120

Phone: 215-985-2500

### **Public Health Management Corporation**

3401 North Broad Street Suite D101 Philadelphia,

PA 19140 Phone: 215-985-2500

### **Temple University**

3401 North Broad Street Philadelphia, PA 19140

Phone: 215-707-1648

### Wedge Medical Center, Inc.

2009 South Broad Street Philadelphia, PA 19148

Phone: 215-276-3922

### Wedge Medical Center, Inc.

3609 North Broad Street Philadelphia, PA 19140

Phone: 215-276-3922

### Wedge Medical Center, Inc.

4243 Frankford Avenue Philadelphia, PA 19124

Phone: 215-276-3922

# **Schuylkill County**

### **Federally Qualified Health Centers**

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.

### **Schuylkill Community Health Center**

210 Sunbury Street Minersville, PA 17954

Phone: 570-544-9123

#### **Shenandoah Health Center**

624 West Centre Street Shenandoah, PA 17976

Phone: 570-671-0300

### **Rural Health Corporation Black Creek Health**

Center 75 Pineapple Street Nuremberg, PA

18241 Phone: 570-704-4235

### **Local Drug and Alcohol Department**

### **Schuylkill County Drug and Alcohol**

108 South Claude A Lord Boulevard 2nd Floor Pottsville, PA 17901 Phone: 570-621-2890

### **Centers of Excellence**

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder.

Treatment is team-based, with the goal of integrating behavioral health and primary care.

### **Clinical Outcomes Group, Inc.**

437 North Centre Street Pottsville, PA 17901

Phone: 570-628-6990

### **Schuylkill County**

### <u>Pennsylvania Coordinated</u> Medication Assisted Treatment

These locations facilitate access to medication assisted treatment. Please see nearby options, below, in Columbia, Dauphin, or Luzerne Counties.

### Geisinger Clinic, Geisinger Medication Assisted Treatment Program

549 Fair Street Bloomsburg, PA 17815

Phone: 570-387-2055

### Penn State University College of Medicine, Dr. Marc Turgeon

100 North Cameron Street Harrisburg, PA 17101

Phone: 717-872-0568

### Geisinger Clinic, Geisinger Medication Assisted Treatment Program

8 Church Street Wilkes Barre, PA 18765

Phone: 570-808-3700

### Geisinger Clinic, OB/GYN MAT Program

25 Church Street Wilkes Barre, PA 18702 Phone:

570-808-8921

# **Helpful Online Resources**

- Search for Federally Qualified Health Centers: <u>findahealthcenter.hrsa.gov</u>
- Medicare patients, search for providers near you based on your needs:
   bit.lv/medicaresearch
- Pennsylvania HealthChoices patients, find contact information to call your health plan:

#### bit.lv/PAhealthchoices

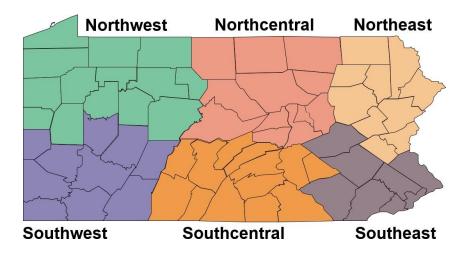
The Physical HealthChoices Program is the name of Pennsylvania's mandatory managed care programs for Medical Assistance recipients.

- Search for drug and alcohol treatment and Single County Authority locations: <u>ddap.pa.gov</u>
- Visit the Pennsylvania Insurance Department's website to view helpful information on how to use your health insurance to access care: bit.lv/PIDhealthinsurance

### **Patient Education**

- Pennsylvania Department of Health Patient Advocacy Program: <u>bit.ly/patientadvocacyPA</u>
- Centers for Disease Control and Prevention, Expectations for Opioid Therapy: bit.ly/CDCpainmngmt
- Centers for Disease Control and Prevention, Helpful Materials for Patients:
   <u>bit.ly/CDCpained</u>
- Centers for Disease Control and Prevention, Commonly Used Terms for Pain Patients: <u>bit.ly/CDCterms</u>
- National Institute on Drug Abuse, Prescription Opioids: <u>bit.lv/NIDAopioided</u>
- National Institute on Drug Abuse, Español: bit.lv/NIDAopioides
- National Institute on Aging, Pain: You Can Get Help: <u>bit.lv/NIApained</u>

### **Find Resources by Region**



Live in a different region?

Find your region's healthcare services resource guide.

Visit: <u>bit.ly/patientadvocacyPA</u>

