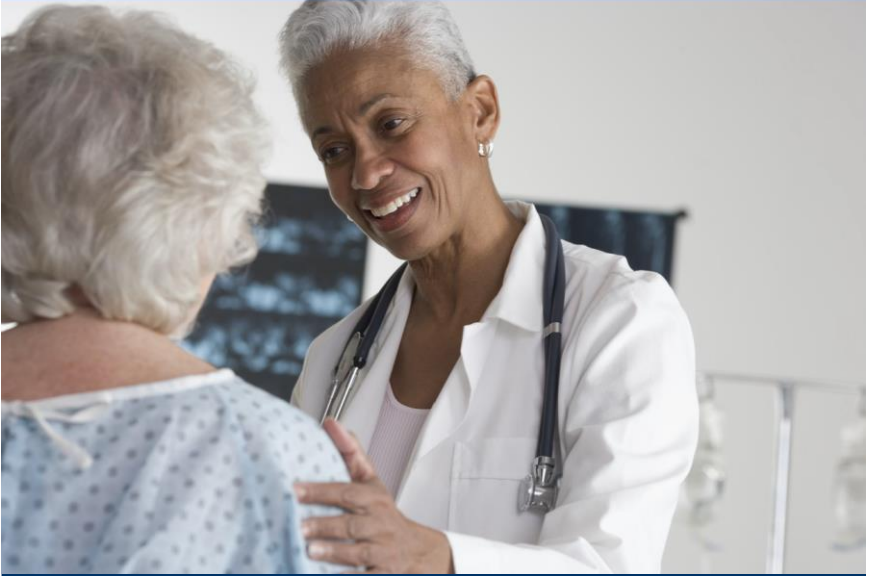


**If you have lost access to care,
we want you to know
help is available.**



Healthcare Services Resource Guide

Pennsylvania Southcentral Region

For patients in the following counties:

**Adams, Bedford, Blair, Cumberland, Dauphin,
Franklin, Fulton, Huntingdon, Juniata,
Lebanon, Mifflin, Perry, and York**



pennsylvania
DEPARTMENT OF HEALTH

Patient Advocacy Program

When a patient who is prescribed a controlled substance medication (like an opioid) loses access to care, they may feel they have no other options but to turn to other sources to avoid withdrawal. Help is available. Patients may find county resources in this guide that can help.

Patients who have questions may also contact the Patient Advocacy Program, Monday through Friday, 8:00 AM—4:00 PM.

Email: ra-dh-advocacy@pa.gov

Call: 844-377-7367

Visit: bit.ly/patientadvocacyPA

Find County Resources

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Where to Seek Care

The following steps are recommended to patients to access care when they are unable to see their healthcare provider:

1. Contact your primary care provider to discuss next steps in your care.
2. If you do not have a primary care provider:
 - Find one by calling the number on the back of your health insurance card.
 - Consider visiting a **Federally Qualified Health Center** in your area for healthcare services or for help getting health insurance. Federally Qualified Health Centers provide services to everyone regardless of ability to pay. Look up your County to find local FQHCs.

Avoid Withdrawal

Patients who have been treated with opioids or benzodiazepines and lose access to care may be at risk of medication withdrawal.

Signs of withdrawal could be anxiety, nausea, diarrhea, hot flashes, shiver, abdominal cramping, tremor, or dizziness.

Contact your **local Drug and Alcohol Department** which is a resource that connects patients to treatment services, including options for detoxing.

Avoid Opioid Overdose

Naloxone is a medicine that can reverse an opioid overdose and is available through a state-wide [standing order](#), which means people do not need a prescription. Most pharmacies carry Naloxone.

Signs of an overdose may include:

small, “pin-point” pupils, falling asleep/loss of consciousness, slow/shallow breathing, choking sounds, limp body, or pale, blue, or cold skin.

If you suspect someone is experiencing an overdose:

1. Call 911.
2. Administer Naloxone, if available.
3. Try to keep the person awake and breathing.
4. Lay the person on their side to prevent choking.
5. Stay with him or her until emergency workers arrive.

Find Treatment

Help is available for anyone who is battling substance use disorder.

Get Help Now:

Call [1-800-662-HELP \(4357\)](tel:1-800-662-HELP)

Visit ddap.pa.gov

Adams County

Federally Qualified Health Centers

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.

Family First Health Gettysburg Center

1275 York Road Suite 17 Gettysburg, PA 17325

Phone: 717-337-9400

Local Drug and Alcohol Department

York/Adams Drug and Alcohol Commission

100 West Market Street Suite B04 York, PA 17401

Phone: 717-771-9222

Centers of Excellence

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder.

Treatment is team-based, with the goal of integrating behavioral health and primary care.

Please see nearby options in York County (pages 24-25).

Pennsylvania Coordinated Medication Assisted Treatment

These locations facilitate access to medication assisted treatment. Please see nearby options in Franklin County (pages 13-14).

Bedford County

Federally Qualified Health Centers

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.

Hyndman Area Health Center Bedford Office

104 Railroad Street Bedford, PA 15522

Phone: 814-256-5804

Hyndman Area Health Center Hyndman Office

144 Fifth Avenue Hyndman, PA 15545

Phone: 814-842-3206

Local Drug and Alcohol Department

Personal Solutions Inc. 145 Clark Building
Road 5 Bedford, PA 15522 Phone: 814-623-5009

Centers of Excellence

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder.

Treatment is team-based, with the goal of integrating behavioral health and primary care.

Please see nearby options in Blair County (pages 7-8).

Pennsylvania Coordinated Medication Assisted Treatment

These locations facilitate access to medication assisted treatment. Please see nearby options in Blair County (pages 7-8).

Blair County

Federally Qualified Health Centers

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.

The Primary Health Network Altoona Behavioral Health

620 Howard Avenue Altoona, PA 16601
Phone: 1-814-942-5000

Altoona Community Health Center

1701 12th Avenue Altoona, PA 16601
Phone: 1-814-942-9600

Local Drug and Alcohol Department

Blair County Drug and Alcohol Program, Inc.

3001 Fairway Drive Suite D Altoona, PA 16602
Phone: 814-381-0921

Centers of Excellence

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care.

Pyramid Healthcare Inc.

2 Sellers Drive Altoona, PA 16601
Phone: 814-204-0066

Blair County

Pennsylvania Coordinated Medication Assisted Treatment

These locations facilitate access to medication assisted treatment.

**UPMC Insurance Division,
Blair County Drug and Alcohol Programs**
3001 Fairway Drive Suite D Altoona, PA 16602
Phone: 814-381-0921

**UPMC Insurance Division,
Pyramid Healthcare Blair County**
2770 Lakemont Park Boulevard Altoona, PA 16602
Phone: 814-940-0407

**UPMC Insurance Division, Discovery House of
Blair County Comprehensive Treatment Center**
3438 Route 764 Duncansville, PA 16635
Phone: 814-791-1672

Cumberland County

Federally Qualified Health Centers

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.

Sadler Health Center

100 North Hanover Street Carlisle, PA 17013
Phone: 717-218-17013, 1-866-723-5377

Local Drug and Alcohol Department

Cumberland/Perry Drug and Alcohol

Commission 16 West High Street Suite 302 Carlisle, PA 17013 Phone: 717-240-6300

Centers of Excellence

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder.

Treatment is team-based, with the goal of integrating behavioral health and primary care.

Please see nearby options in Dauphin County (pages 11-12).

Pennsylvania Coordinated Medication Assisted Treatment

These locations facilitate access to medication assisted treatment.

Penn State University College of Medicine,

Sadler Health Clinic 100 North Hanover Street Carlisle, PA 17013 Phone: 717-218-6670



Cumberland County



**Penn State University College of Medicine,
Graham Health Clinic**
100 South High Street Newville, PA 17241
Phone: 717-776-3114

Dauphin County

Federally Qualified Health Centers

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.

Hamilton Health Center Medical, Dental, and Women's Health Services

110 South 17th Street Harrisburg, PA 17104
Phone: 717-232-9971

Hamilton Family Care at Millersburg

1000 Evelyn Drive Millersburg, PA 17061
Phone: 717-692-4761

Union Deposit Family Practice

891 South Arlington Avenue Harrisburg, PA 17109
Phone: 717-232-0500

Middletown Clinic-St. Peter's Lutheran Church

212 North Spring Street Middletown, PA 17057
Phone: 717-836-6067

Grantville Satellite Clinic-Faith United Church of Christ

117 North Faith Road Grantville, PA 17028
Phone: 717-230-3979

Dauphin County

Local Drug and Alcohol Department

Dauphin County Department of Drug and Alcohol Services

1100 South Cameron Street Harrisburg, PA 17104
Phone: 717-635-2254

Centers of Excellence

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care.

Hamilton Health Center

110 South 17th Street Harrisburg, PA 17104
Phone: 877-704-8188

Pennsylvania Counseling Services Allison Hill

548 South 17th Street Harrisburg, PA 17104
Phone: 717-695-7919

Pennsylvania Coordinated Medication Assisted Treatment

These locations facilitate access to medication assisted treatment.

Penn State University College of Medicine, Marc Turgeon, DO

100 North Cameron Street Harrisburg, PA 17104
Phone: 717-872-0568

Franklin County

Federally Qualified Health Centers

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.

Keystone Health Family Medicine

820 Fifth Avenue Chambersburg, PA
17201 Phone: 717-709-7999

Keystone Health Behavioral Health

110 Chambers Hill Drive Chambersburg, PA 17201
Phone: 717-709-7930

*After Hours Coverage for Emergencies: When the Behavioral Health office is closed, call the Crisis department at 717-264-2555.

Keystone Health Internal Medicine

830 Fifth Avenue Suite 201 Chambersburg, PA
17201 Phone: 717-709-7970

Keystone Health Urgent Care

111 Chambers Hill Drive Suite 100
Chambersburg, PA 17201
Phone: 717-709-7979

Local Drug and Alcohol Department

Franklin/Fulton County Drug and Alcohol Program

425 Franklin Farm Lane Chambersburg, PA 17202
Phone: 717-263-1256

Franklin County

Pennsylvania Coordinated Medication Assisted Treatment

These locations facilitate access to medication assisted treatment.

**Penn State University College of Medicine,
Wellspan Health (formerly Summit Health)**

12 St. Paul Drive Chambersburg, PA 17201

Phone: 717-217-6072

Fulton County

Federally Qualified Health Centers

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.

Tri-State Community Health Center Fulton County Primary Care

525 Fulton Drive McConnellsburg, PA 17233
Phone: 717-485-3850

Local Drug and Alcohol Department

Franklin/Fulton County Drug and Alcohol Program

425 Franklin Farm Lane Chambersburg, PA 17202
Phone: 717-263-1256

Centers of Excellence

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care. Please see nearby options in Blair County (pages 7-8).

Pennsylvania Coordinated Medication Assisted Treatment

These locations facilitate access to medication assisted treatment. Please see nearby options in Blair or Franklin Counties (pages 7-8 or 13-14).

Huntingdon County

Federally Qualified Health Centers

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.

Broad Top Area Medical Center

4133 Medical Center Drive Broad Top, PA 16621
Phone: 814-635-2916

Broad Top Area Medical Center Huntingdon Family Practice

909 Moore Street Huntingdon, PA 16652
Phone: 814-643-1414

Local Drug and Alcohol Department

Juniata Valley Tri-County Drug and Alcohol Abuse Commission

31 South Dorcas Street D Lewistown, PA 17044
Phone: 717-242-1446

Centers of Excellence

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care. Please see nearby options in Blair County (pages 7-8).

Huntingdon County

Pennsylvania Coordinated Medication Assisted Treatment

These locations facilitate access to medication assisted treatment. Please see nearby options in Blair County (pages 7-8).

Juniata County

Federally Qualified Health Centers

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.

Local Drug and Alcohol Department

Juniata Valley Tri-County Drug and Alcohol Abuse Commission

31 South Dorcas Street D Lewistown, PA 17044
Phone: 717-242-1446

Centers of Excellence

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care. Please see nearby options in Dauphin County (pages 11-12).

Pennsylvania Coordinated Medication Assisted Treatment

These locations facilitate access to medication assisted treatment. Please see nearby options in Dauphin County (pages 11-12).

Lebanon County

Federally Qualified Health Centers

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.

Family First Health Lebanon Center

300 Willow Street Entrance B Lebanon, PA 17046
Phone: 717-356-2222

Welsh Mountain Health Centers

Lebanon Community Health Center

920 Church Street Lebanon, PA 17046
Phone: 717-272-2700

Welsh Mount Health Centers

101 South 9th Street Lebanon, PA 17042
Phone: 717-450-7015

Local Drug and Alcohol Department

Lebanon County Commission on Drug and Alcohol Abuse

220 East Lehman Street Lebanon, PA 17046
Phone: 717-274-0427

Centers of Excellence

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder.

Treatment is team-based, with the goal of integrating behavioral health and primary care.

Please see nearby options in Dauphin County (pages 11-12).

Lebanon County

Pennsylvania Coordinated Medication Assisted Treatment

These locations facilitate access to medication assisted treatment.

Penn State University College of Medicine, Dr. Yasmeen

815 Cumberland Street Lebanon, PA 17042
Phone: 717-277-7400

Mifflin County

Federally Qualified Health Centers

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.

Lewistown Community Health Center

106 Derry Heights Boulevard Lewistown, PA 17044
Phone: 717-447-0340

Local Drug and Alcohol Department

Juniata Valley Tri-County Drug and Alcohol Abuse Commission

31 South Dorcas Street D Lewistown, PA 17044
Phone: 717-242-1446

Centers of Excellence

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care. Please see nearby options, below, in Centre County.

Crossroads Counseling, Inc.

444 East College Avenue Suite 460
State College, PA 16801
Phone: 814-231-0940

Mifflin County

Pennsylvania Coordinated Medication Assisted Treatment

These locations facilitate access to medication assisted treatment.

Geisinger Clinic, OB/GYN MAT Program
400 Highland Avenue Lewistown, PA 17044
Phone: 717-242-7943

Perry County

Federally Qualified Health Centers

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.

Sadler Health Center

1104 Montour Road Loysville, PA 17047
Phone: 717-960-4380, 1-866-723-5377

Local Drug and Alcohol Department

Cumberland/Perry Drug and Alcohol Commission

16 West High Street Suite 302 Carlisle, PA 17013
Phone: 717-240-6300

Centers of Excellence

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care. Please see nearby options in Dauphin County (pages 11-12).

Pennsylvania Coordinated Medication Assisted Treatment

These locations facilitate access to medication assisted treatment. Please see nearby options in Dauphin County (pages 11-12).

York County

Federally Qualified Health Centers

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.

Family First Health George Street

116 South George Street York, PA 17401
Phone: 717-845-8617

Family First Health Hanover

1230 High Street Hanover, PA 17331
Phone: 717-632-9052

Family First Health Lewisberry Center

308 Market Street Lewisberry, PA 17339
Phone: 717-938-6695

Local Drug and Alcohol Department

York/Adams Drug & Alcohol Commission

100 West Market Street Suite B04 York, PA 17401
Phone: 717-771-9222

Centers of Excellence

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder.

Treatment is team-based, with the goal of integrating behavioral health and primary care.

Family First Health Corporation

116 South George Street York, PA 17401
Phone: 717-845-8617

York County

Pennsylvania Counseling Services York Psychiatric

128 North George Street York, PA 17401
Phone: 717-848-6116

Pennsylvania Coordinated Medication Assisted Treatment

These locations facilitate access to medication assisted treatment. Please see nearby options in Cumberland or Dauphin Counties (pages 9-10 or 11-12). Or, the following, below, in Lancaster County.

Naaman Center

4600 E Harrisburg Pike Elizabethtown, PA 17022
Phone: 717-367-9115

Lancaster Health Center Arch Street

333 North Arch Street Lancaster, PA 17603
Phone: 717-299-6371

Lancaster Health Center Duke Street

625 South Duke Street Lancaster, PA 17602
Phone: 717-299-6371

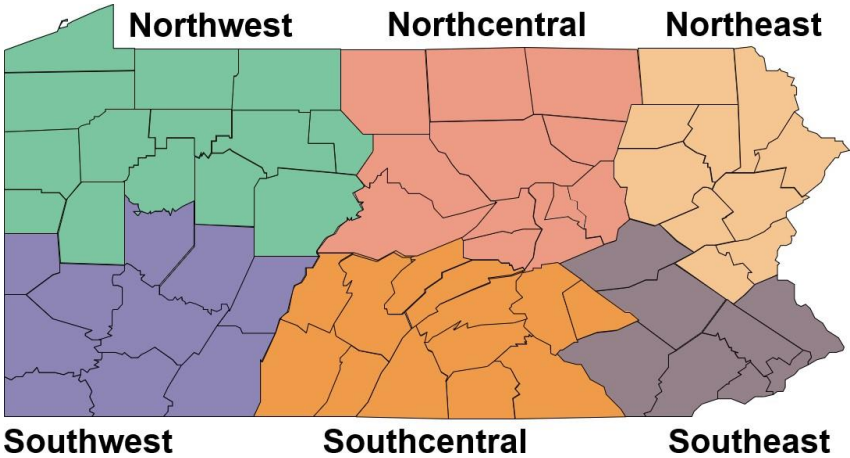
Helpful Online Resources

- Search for Federally Qualified Health Centers: findahealthcenter.hrsa.gov
- Medicare patients, search for providers near you based on your needs: bit.ly/medicaresearch
- Pennsylvania HealthChoices patients, find contact information to call your health plan: bit.ly/PAhealthchoices
The Physical HealthChoices Program is the name of Pennsylvania's mandatory managed care programs for Medical Assistance recipients.
- Search for drug and alcohol treatment and local Drug and Alcohol Department locations: ddap.pa.gov
- Visit the Pennsylvania Insurance Department's website to view helpful information on how to use your health insurance to access care: bit.ly/PIDhealthinsurance

Patient Education

- Pennsylvania Department of Health Patient Advocacy Program: bit.ly/patientadvocacyPA
- Centers for Disease Control and Prevention, Expectations for Opioid Therapy: bit.ly/CDCpainmngmt
- Centers for Disease Control and Prevention, Helpful Materials for Patients: bit.ly/CDCpained
- Centers for Disease Control and Prevention, Commonly Used Terms for Pain Patients: bit.ly/CDCterms
- National Institute on Drug Abuse, Prescription Opioids: bit.ly/NIDAopioided
- National Institute on Drug Abuse, Español: bit.ly/NIDAopioides
- National Institute on Aging, Pain: You Can Get Help: bit.ly/NIApained

Find Resources by Region



Live in a different region?

Find your region's healthcare services resource guide.

Visit: bit.ly/patientadvocacyPA

