### If you have lost access to care, we want you to know help is available.



## Healthcare Services Resource Guide

#### **Pennsylvania Northeast Region**

#### For patients in the following counties:

Carbon, Lackawanna, Lehigh, Luzerne, Monroe, Northampton, Pike, Susquehanna, Wayne, and Wyoming



### Patient Advocacy Program

When a patient who is prescribed a controlled substance medication (like an opioid) loses access to care, they may feel they have no other options but to turn to other sources to avoid withdrawal. Help is available. Patients may find county resources in this guide that can help.

Patients who have questions may also contact the Patient Advocacy Program, Monday through Friday, 8:00 AM-4:00 PM.

Email: <u>ra-dh-advocacy@pa.gov</u> Call: 844-377-7367 Visit: <u>bit.ly/patientadvocacyPA</u>

### **Find County Resources**

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Wayne 19	Wyoming 20-21

### Where to Seek Care

The following steps are recommended to patients to access care when they are unable to see their healthcare provider:

- 1. Contact your primary care provider to discuss next steps in your care.
- 2. If you do not have a primary care provider:
  - Find one by calling the number on the back of your health insurance card.
  - Consider visiting a **Federally Qualified Health Center (FQHC)** in your area for healthcare services or for help getting health insurance. Federally Qualified Health Centers provide services to everyone regardless of ability to pay. Look up your County to find local FQHCs.

### **Avoid Withdrawal**

Patients who have been treated with opioids or benzodiazepines and lose access to care may be at risk of medication withdrawal.

**Signs of withdrawal could be** anxiety, nausea, diarrhea, hot flashes, shiver, abdominal cramping, tremor, or dizziness.

Contact your **local Drug and Alcohol Department** which is a resource that connects patients to treatment services, including options for detoxing.

### **Avoid Opioid Overdose**

**Naloxone** is a medicine that can reverse an opioid overdose and is available through a state-wide <u>standing order</u>, which means people do not need a prescription. Most pharmacies carry Naloxone.

#### Signs of an overdose may include:

small, "pin-point" pupils, falling asleep/loss of consciousness, slow/shallow breathing, choking sounds, limp body, or pale, blue, or cold skin.

# If you suspect someone is experiencing an overdose:

- 1. Call 911.
- 2. Administer Naloxone, if available.
- 3. Try to keep the person awake and breathing.
- 4. Lay the person on their side to prevent choking.
- 5. Stay with him or her until emergency workers arrive.

### **Find Treatment**

Help is available for anyone who is battling substance use disorder.

### **Get Help Now:**

Call 1-800-662-HELP (4357) Visit <u>ddap.pa.gov</u>

### **Carbon County**

#### **Federally Qualified Health Centers**

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you. Please see nearby options in Lehigh, Luzerne, and Northampton Counties (pages 9-10, 11-13, or 15)

#### Local Drug and Alcohol Department

#### Carbon/Monroe/Pike Drug and Alcohol Commission

724 Phillips Street Stroudsburg, PA 18360 Phone: 570-421-1960

#### **Centers of Excellence**

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care. Please see nearby options in Lehigh, Luzerne, or Monroe Counties (pages 9-10, 11-13, or 14).

#### Pennsylvania Coordinated Medication Assisted Treatment

*These locations facilitate access to medication assisted treatment. Please see nearby options in Luzerne County (pages 11-13).* 

### Lackawanna County

#### **Federally Qualified Health Centers**

*Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.* 

#### **NEPA Community Healthcare Andrew C. Mazza Memorial Health Center**

127 Route 106 Greenfield Township, PA 18407 Phone: 570-282-5189

#### **Scranton Primary Health Care Center Inc.**

959 Wyoming Avenue Scranton, PA 18509 Phone: 570-344-9684

#### The Wright Center for Community Health Scranton Counseling Center Practice

326 Adams Avenue Scranton, PA 18503 Phone: 570-230-0013

#### The Wright Center for Community Health Scranton Practice

501 South Washington Avenue Scranton, PA 18505 Phone: 570-941-0630

#### The Wright Center for Community Health Clarks Summit Practice

1145 Northern Boulevard South Abington Township, Pennsylvania 18411 Phone: 570-230-0013

### Lackawanna County

#### The Wright Center for Community Health Mid Valley Practice

5 South Washington Avenue Jermyn, PA 18433 Phone: 570-230-0019

#### Local Drug and Alcohol Department

# Lackawanna/Susquehanna Office of Drug and Alcohol Program

123 Wyoming Avenue Scranton, PA 18503 Phone: 570-963-6820

#### **Centers of Excellence**

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care.

#### **Total Wellness LLC Clean Slate**

1020 West Lackawanna Avenue Scranton, PA 18504 Phone: 570-904-6000

#### **Geisinger Scranton**

3 West Olive Street Scranton, PA 18508 Phone: 570-207-6299

#### Habit OPCO Dunmore Comprehensive Treatment Center

118 Monahan Avenue Dunmore, PA 18512 Phone: 570-344-5327

### Lackawanna County

**The Wright Center for Primary Care Mid Valley** 5 South Washington Avenue Jermyn, PA 18433 Phone: 570-230-0019

#### The Wright Center for Primary Care Clarks Summit

1145 Northern Boulevard Clarks Summit, PA 18411 Phone: 570-585-1300

#### The Wright Center for Primary Care Ryan White Infectious Disease Clinic

640 Madison Avenue Scranton, PA 18510 Phone: 570-941-0630

#### **The Wright Center Medical Group**

111 North Washington Avenue Scranton, PA 18503 Phone: 570-230-0019

#### Pennsylvania Coordinated Medication Assisted Treatment

*These locations facilitate access to medication assisted treatment. Please see nearby options in Luzerne County (pages 11-13).* 

### **Lehigh County**

#### **Federally Qualified Health Centers**

*Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.* 

#### Neighborhood Health Center of Lehigh Valley Allentown Health Center

218 North 2nd Street Allentown, PA 18102 Phone: 610-841-8400

#### Neighborhood Health Center of Lehigh Valley Northside Bethlehem Health Center

635 E Broad Street Bethlehem, PA 18018 Phone: 610-984-1380

#### Neighborhood Health Center of Lehigh Valley Fowler Family Health Center

1210 East 4th Street Bethlehem, PA 18015 Phone: 484-408-0755

#### Local Drug and Alcohol Department

Lehigh County Drug & Alcohol Services 17 South 7th Street Allentown, PA 181-1 Phone: 610-782-3555

### **Lehigh County**

#### **Centers of Excellence**

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care.

Neighborhood Health Centers of the Lehigh Valley 218 North 2nd Street Allentown, PA 18102 Phone: 610-841-8400

#### **Treatment Trends, Inc.**

1130 Walnut Street Allentown, PA 18102 Phone: 610-432-7693

#### **Treatment Trends, Inc.**

18-22 South 6th Street Allentown, PA 18101 Phone: 610-432-7693

#### **Treatment Trends, Inc.**

24 South 5th Street Allentown, PA 18101 Phone: 610-432-7693

### **Luzerne County**

#### **Federally Qualified Health Centers**

*Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.* 

#### **Rural Health Corporation of Northeastern PA Shickshinny Health Center**

26 North Main Street Shickshinny, PA 18655 Phone: 570-704-4230

#### **Rural Health Corporation of Northeastern PA** Freeland Center

404 Ridge Street Freeland, PA 18224 Phone: 570-704-4232

#### **Rural Health Corporation of Northeastern PA RHC McKinney Clinic**

39 East Jackson Street Wilkes-Barre, PA 18701 Phone: 570-704-4145

#### **The Wright Center for Community Health Kingston Practice**

2 Sharpe Street Kingston, PA 18704 Phone: 570-491-0126

#### The Wright Center for Community Health South Franklin Street Practice

335 South Franklin Street Wilkes-Barre, PA 18702 Phone: 570-591-5283

### **Luzerne County**

#### The Wright Center for Community Health Old River Road Practice

250 Old River Road Wilkes-Barre, PA 18702 Phone: 570-826-5038

#### Local Drug and Alcohol Department

Luzerne/Wyoming Counties Drug and Alcohol Program 111 North Pennsylvania Avenue 2nd Floor Wilkes-Barre, PA 18701 Phone: 570-826-8790

#### **Centers of Excellence**

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care.

#### **Total Wellness LLC Clean Slate**

100 Wilkes Barre Boulevard Suite 103 Wilkes-Barre, PA 18702 Phone: 570-505-8331

#### **Geisinger South Wilkes-Barre**

25 Church Street Wilkes-Barre, PA 18702 Phone: 570-808-3700

#### Pennsylvania Care LLC d/b/a Minders Medical

43 South Main Street #2 Ashley, Pennsylvania 18706 Phone: 570-822-5145

### **Luzerne County**

#### Pennsylvania Coordinated Medication Assisted Treatment

These locations facilitate access to medication assisted treatment.

#### **Geisinger, Geisinger Medication Assisted Treatment Program**

8 Church Street Wilkes-Barre, PA 18765 Phone: 570-808-3700

#### Geisinger, OB/GYN MAT Program

25 Church Street Wilkes-Barre, PA 18702 Phone: 570-808-8921

### **Monroe County**

#### **Federally Qualified Health Centers**

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you. Please see nearby in Luzerne, Lackawanna, or Northampton Counties (pages 11-13, 6-8, or 15).

#### Local Drug and Alcohol Department

#### Carbon/Monroe/Pike Drug and Alcohol Commission

724 Phillips Street Stroudsburg, PA 18360 Phone: 570-421-1960

#### **Centers of Excellence**

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care.

#### Mt. Pocono Medical

1151 Pocono Boulevard Unit 3 Mt. Pocono, PA 18344 Phone: 570-839-7246

#### Pennsylvania Coordinated Medication Assisted Treatment

*These locations facilitate access to medication assisted treatment. Please see nearby options in Luzerne County (pages 11-13).* 

### **Northampton County**

#### **Federally Qualified Health Centers**

*Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.* 

Neighborhood Health Centers of Lehigh Valley Two Rivers Health and Wellness Building 1101 Northampton Street Easton, PA 18042 Phone: 484-544-3113

#### Local Drug and Alcohol Department

#### Northampton County D&A Northampton County Human Services Building

2801 Emrick Boulevard 3rd Floor Bethlehem, PA 18360 Phone: 610-829-4725

#### Centers of Excellence

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care.

Neighborhood Health Centers of the Lehigh Valley 1101 Northampton Street Easton, PA 18042 Phone: 484-544-3113

### **Pike County**

#### **Federally Qualified Health Centers**

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you. Please see nearby options in Lackawanna or Wayne Counties (pages 6-8 or 19).

#### Local Drug and Alcohol Department

#### Carbon/Monroe/Pike Drug and Alcohol Commission

724 Phillips Street Stroudsburg, PA 18360 Phone: 570-421-1960

#### **Centers of Excellence**

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care. Please see nearby options in Lackawanna or Monroe Counties (pages 6-8 or 14).

### Susquehanna County

#### **Federally Qualified Health Centers**

*Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.* 

### NEPA Community Healthcare

Hallstead Health Center

25066 State Route 11 Hallstead, PA 18822 Phone: 570-879-5249

#### NEPA Community Healthcare Matthew W. Stahl Memorial Health Center 498 South Main Street Suite D Montrose, PA 18801

Phone: 570-278-7500

#### Local Drug and Alcohol Department

# Lackawanna/Susquehanna Office of Drug and Alcohol Program

123 Wyoming Avenue Scranton, PA 18503 Phone: 570-963-6820

#### **Centers of Excellence**

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care. Please see nearby options in Lackawanna county (pages 6-8) or the following, below, in Bradford County.

### **Susquehanna County**

#### CASA of Livingston County/Trinity

100 Henry Street Sayre, PA 18840 Phone: 570-731-4534

### Wayne County

#### **Federally Qualified Health Centers**

*Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.* 

The Wright Center for Community Health Wayne Practice 1855 Fair Avenue Honesdale, PA 18431 Phone: 570-491-0127

#### Wayne Memorial Community Health Center Highland Physicians Family Health Center

1839 Fair Avenue Honesdale, PA 18431 Phone: 570-251-6500

#### Local Drug and Alcohol Department

Wayne County Drug and Alcohol Commission 318 10th Street Honesdale, PA 18431 Phone: 570-253-6022

#### **Centers of Excellence**

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care. Please see nearby options in Lackawanna or Monroe Counties (pages 6-8 or 14).

### **Wyoming County**

#### **Federally Qualified Health Centers**

*Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.* 

Rural Health Corporation of Northeastern PA Exeter Township Medical Center 2795 Sullivans Trail Falls, PA 18615 Phone: 570-388-6151

#### **Rural Health Corporation of Northeastern PA Monroe-Noxen Health Center**

2888 SR 29 South Monroe Township, PA18636 Phone: 570-704-4234

#### Local Drug and Alcohol Department

#### Luzerne/Wyoming County Drug and Alcohol Program

111 North Pennsylvania Avenue 2nd Floor Wilkes-Barre, PA 18701 Phone: 570-826-8790

#### **Centers of Excellence**

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care. Please see nearby options in Luzerne or Lackawanna Counties (pages 11-13 or 6-8).

### **Wyoming County**

#### Pennsylvania Coordinated Medication Assisted Treatment

*These locations facilitate access to medication assisted treatment. Please see nearby options in Luzerne County (pages 11-13).* 

### **Helpful Online Resources**

- Search for Federally Qualified Health Centers: <u>findahealthcenter.hrsa.gov</u>
- Medicare patients, search for providers near you based on yourneeds: <u>bit.ly/medicaresearch</u>
- Pennsylvania HealthChoices patients, find contact information to call your health plan: <u>bit.ly/PAhealthchoices</u> The Physical HealthChoices Program is the name of Pennsylvania's mandatory managed care

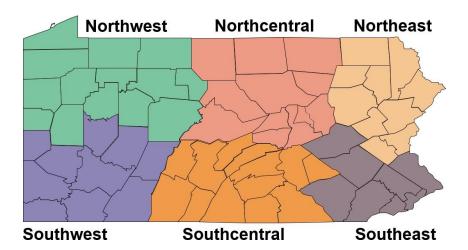
of Pennsylvania's mandatory managed care programs for Medical Assistance recipients.

- Search for drug and alcohol treatment and local Drug and Alcohol Department locations: <u>ddap.pa.gov</u>
- Visit the Pennsylvania Insurance Department's website to view helpful information on how to use your health insurance to access care: <u>bit.ly/PIDhealthinsurance</u>

### **Patient Education**

- Pennsylvania Department of Health Patient Advocacy Program: <u>bit.ly/patientadvocacyPA</u>
- Centers for Disease Control and Prevention, Expectations for Opioid Therapy: <u>bit.ly/CDCpainmngmt</u>
- Centers for Disease Control and Prevention, Helpful Materials for Patients: <u>bit.ly/CDCpained</u>
- Centers for Disease Control and Prevention, Commonly Used Terms for Pain Patients: <u>bit.ly/CDCterms</u>
- National Institute on Drug Abuse, Prescription Opioids: <u>bit.ly/NIDAopioided</u>
- National Institute on Drug Abuse, Español: <u>bit.ly/NIDAopioides</u>
- National Institute on Aging, Pain: You Can Get Help: <u>bit.ly/NIApained</u>

### **Find Resources by Region**



### Live in a different region?

# Find your region's healthcare services resource guide.

Visit: bit.ly/patientadvocacyPA

