

How to Use Injection Naloxone for Opioid Overdose

KNOW THE SIGNS OF OVERDOSE

- Person is passed out and you cannot wake them up.
- Breathing very slowly or making gurgling sounds.
- Lips are blue or grayish color.

CHECK TO SEE IF THEY RESPOND

- Shake them and shout to wake them up.
- If no response, grind your knuckles into their chest bone for 5-10 seconds.
- If the person still does not respond, call 911.

CALL 911

- Tell the 911 dispatcher “I think someone has overdosed.”
- Stay with the person until emergency assistance arrives.

INJECT NALOXONE

- STEP 1** Take the cap off the vial and uncover the needle.



STEP 2

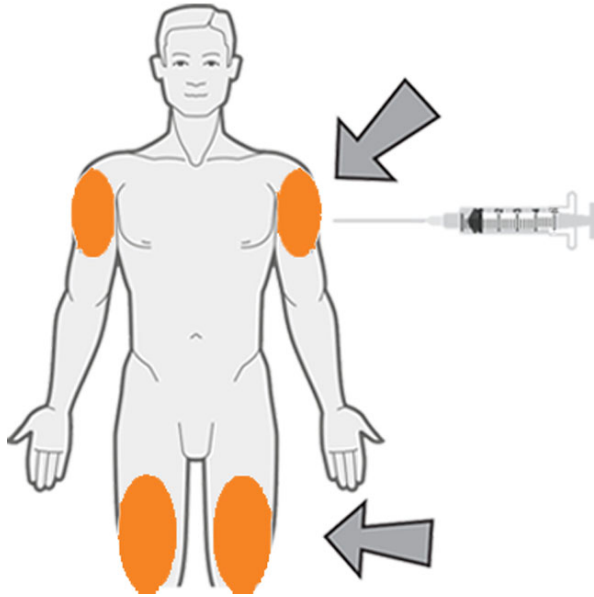
Insert the needle through rubber stopper with the vial upside down.

Pull back on plunger and draw up all the liquid from a 1 ml vial.



STEP 3

Inject 1 ml of naloxone into an upper arm or thigh muscle. Push down on the plunger to empty the syringe. It is OK to inject through clothing.



If the person does not respond in 3-5 minutes, inject another dose of naloxone. Do not wait more than 5 minutes to give a second dose.

PERSON NOT BREATHING? DO RESCUE BREATHING (OR CPR)



- Tilt the head back, lift the chin, and pinch the nose.



- Start with two breaths into the mouth. Continue with one breath every 5 seconds.

- The person's chest should rise and fall with each breath; if not, check to make sure the head is tilted back and the mouth is clear.
- Keep doing rescue breathing until the person breathes on their own or until medical help arrives.

AFTER INJECTING NALOXONE

- When the person wakes up, explain what happened. Tell them not to take any more drugs because that could cause another overdose.
- Naloxone wears off in 30 to 90 minutes. Stay with the person until they go to the hospital, or until the naloxone wears off, to make sure they do not overdose again.
- If you do not seek medical care, stay with the person for at least 3 hours and watch for return of overdose. Call 911 if the person is not OK when they wake up.
- When the ambulance arrives, tell them that naloxone has been given.
- If you need to leave, turn the person on their side to prevent them from choking.
- Get more naloxone. For information about where to obtain free naloxone in PA, visit pa.gov/opioids.



Hand supports head

Knee stops body from rolling onto stomach

ADDITIONAL RESOURCES

Pennsylvania Department of Health
Office of Drug Surveillance and Misuse Prevention
www.health.pa.gov

Pennsylvania Department of Drug and Alcohol Programs
Get Help Now
1-800-662-HELP (4357)
www.ddap.pa.gov