BACKGROUND

Montgomery County, Pennsylvania is an urban county with a population of 828,604 people (403,268 males and 425,336 females). In 2018, Montgomery County had 103 suicide deaths (76 males and 27 females) at a rate of 12.4 suicide deaths per 100,000 people. The Pennsylvania Violent Death Reporting System (PAVDRS) worked closely with the Bureau of Health Statistics and Registries, the Montgomery County Coroner’s Office, and Montgomery County law enforcement to gather detailed information about each violent death. Below are some results of those collaborations.

**In Montgomery County, approximately 2 suicide deaths occurred every week.**

Characteristics of Suicide Victims

- **Sex of Victims:**
  - Males were approximately 3 times more likely to die by suicide than females.
  - Overall, age-adjusted suicide death rates in Montgomery County were lower than the state average:
    - **Montgomery Rates:** 11.8 deaths per 100,000 population (males 18.0 and females 6.1).
    - **Pennsylvania Rates:** 15.0 deaths per 100,000 population (males 24.0 and females 6.5).

**Leading Cause of Suicide Deaths by Sex:**

- **Suffocation:**
  - Males: 27% (13% Female)
  - Females: 13% (27% Male)

- **Firearm:**
  - Males: 32% (1% Female)
  - Females: 1% (32% Male)

- **Poisoning:**
  - Males: 7% (11% Female)
  - Females: 11% (7% Male)

- **Others:**
  - Males: 7% (2% Female)
  - Females: 2% (7% Male)
Most Common Precipitating Circumstances:

- Disclosed suicidal intent: 6% Male, 3% Female
- Disclosed suicidal intent to family member: 3% Male, 1% Female
- Disclosed suicidal intent to previous/current partner: 2% Male, 1% Female
- Disclosed suicidal intent to friend/colleague: 1% Male, 1% Female
- Financial problem: 3% Male, 2% Female
- Job problem: 4% Male, 3% Female
- Death of friend/family member: 6% Male, 2% Female
- Depressed mood: 21% Male, 4% Female
- History of suicide attempts: 19% Male, 8% Female
- History of suicidal thoughts: 18% Male, 10% Female
- Left suicide note: 21% Male, 8% Female
- History of mental health treatment: 27% Male, 13% Female
- Current mental health problem: 33% Male, 15% Female

Age-adjusted Rates:

The PAVDRS program is a state level surveillance system funded and overseen by the Centers for Disease Control and Prevention (CDC). It is part of the larger National Violent Death Reporting System (NVDRS). There is a Violent Death Reporting System in all 50 states and some US territories. The PAVDRS program collects data on suicides, homicides, deaths of undetermined intent, and accidental firearm deaths. The program is required to collect data directly from death certificates, coroners/medical examiners, and law enforcement. These sources contribute to a comprehensive understanding of each violent death. The program tries to understand what was happening in the victim’s life leading up to their death. PAVDRS/NVDRS data is used for research, policymaking, and, ultimately, to develop violence prevention programs and strategies that will enhance community safety. For more information about the PAVDRS program, please call 717-787-5900 or email RA-DHPAVDRS@pa.gov.

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