

# YRBS Overview

# Pennsylvania High School Survey

2019 Youth Risk Behavior Survey Results  
N= 2,338

## NUTRITION & EXERCISE

**15.7%**

did not eat breakfast during all 7 days

**31.3%**

described themselves as slightly or very overweight



...**slightly more than a quarter** exercised for at least 60 minutes per day on all 7 days

## DRUGS & ALCOHOL

currently...



**52.6%**

ever used an electronic vapor product

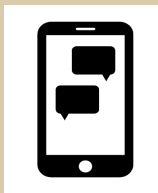
**11.2%**

ever took a prescription pain medicine without a prescription or not as directed

## STUDENT SAFETY

**38.8%**

students texted or emailed while driving



**12.7%**

rode with a driver who had been drinking alcohol



...one or more times during the 30 days before the survey

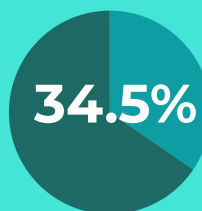
**10.3%**

experienced sexual violence

**8.5%**

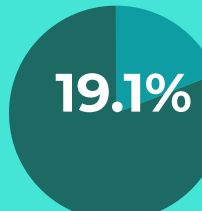
were physically forced to have sexual intercourse

## WELL BEING

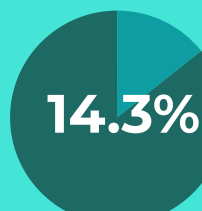


**felt sad or hopeless**

almost everyday for  $\geq 2$  weeks and stopped doing usual activities

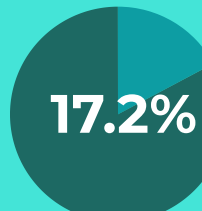


**were bullied on school property**



**were electronically bullied**

including texting, Instagram, Facebook, or other social media



**attempted suicide**

...during the 12 months before the survey