

# Frequently Asked Questions

## SBIRT Training and Implementation



MODULE 6

[www.pa.gov/collections/opioid-epidemic](http://www.pa.gov/collections/opioid-epidemic) | [RA-DH-PDMP@pa.gov](mailto:RA-DH-PDMP@pa.gov)

Issue Raised	Literature or Resource	How the Resource Addresses the Issue
SBIRT use is not related to the effective use of the PDMP.	<a href="#">Irvine, et al., 2014</a> <a href="#">Hildebran, et al., 2014</a>	The PDMP can help facilitate communication with patients regarding substance misuse and identify those who may require SBIRT.
I don't have room to incorporate the SBIRT training into my practice.	<a href="#">Maciosek, et al., 2006</a> <a href="#">O'Connor, et al., 2011</a> <a href="#">Solberg, et al., 2008</a>	SBIRT is ranked high among all preventative interventions in effectiveness and is increasingly used by health professionals.
I'm not convinced SBIRT is effective in reducing patient/client alcohol and drug use.	<a href="#">Madras, et al., 2009</a> <a href="#">Agerwala &amp; McCance-Katz, 2012</a> <a href="#">Cherpitel, et al., 2010</a>	SBIRT is effective in preventing substance use disorders, especially alcohol use disorder.
I don't think SBIRT is relevant to my profession.	<a href="#">Osborne &amp; Benner, 2012</a> ( <i>Social Work</i> ) <a href="#">Bray, et al., 2014</a> ( <i>Pediatrics</i> ) <a href="#">Désy, et al., 2010</a> ( <i>Nursing</i> ) <a href="#">Cuevas &amp; Chi, 2016</a> ( <i>Dentistry</i> )	SBIRT is effective when applied to healthcare disciplines, such as medicine, social work, nursing, dentistry, pediatrics, etc.
I don't think that people in healthcare who we train to use SBIRT will find it useful.	<a href="#">Bernstein, et al., 2007</a> <a href="#">Mitchell, et al., 2013</a> <a href="#">Tanner, et al., 2012</a>	The majority of SBIRT trainees find the program to be useful.
I don't think people recover from substance use disorder anyway.	<a href="#">McLellan, et al., 2000</a> <a href="#">O'Connor, 2013</a>	Patients with substance use disorder are more likely to develop recovery than patients with other chronic medical conditions, such as patients with hypertension, asthma, and diabetes.
I think people would get offended when asked about their alcohol and drug use.	<a href="#">Miller, et al., 2006</a> <a href="#">Bonds, et al., 2007</a>	Most patients will not be offended and will volunteer honest answers about their substance use when asked by a health professional.
I'm not sure SBIRT is cost-effective.	<a href="#">Barbosa, et al., 2015</a> <a href="#">Solberg, et al., 2008</a>	SBIRT has reduced downstream healthcare costs and hospital readmissions.