

**If you have lost access to care,
we want you to know
help is available.**



Healthcare Services Resource Guide

Pennsylvania Northcentral Region

For patients in the following counties:

**Bradford, Centre, Clinton, Columbia, Lycoming,
Montour, Northumberland, Potter, Snyder,
Sullivan, Tioga, or Union**



pennsylvania
DEPARTMENT OF HEALTH

Patient Advocacy Program

When a patient who is prescribed a controlled substance medication (like an opioid) loses access to care, they may feel they have no other options but to turn to other sources to avoid withdrawal. Help is available. Patients may find County resources in this guide that can help.

Patients who have questions may also contact the Patient Advocacy Program, Monday through Friday, 8:00 AM—4:00 PM.

Email: ra-dh-advocacy@pa.gov

Call: 844-377-7367

Visit: bit.ly/patientadvocacyPA

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Where to Seek Care

The following steps are recommended to patients to access care when they are unable to see their healthcare provider:

1. Contact your primary care provider to discuss next steps in your care.
2. If you do not have a primary care provider:
 - Find one by calling the number on the back of your health insurance card.
 - Consider visiting a **Federally Qualified Health Center (FQHC)** in your area for healthcare services or for help getting health insurance. Federally Qualified Health Centers provide services to everyone regardless of ability to pay. Look up your County to find local FQHCs.

Avoid Withdrawal

Patients who have been treated with opioids or benzodiazepines and lose access to care may be at risk of medication withdrawal.

Signs of withdrawal could be anxiety, nausea, diarrhea, hot flashes, shiver, abdominal cramping, tremor, or dizziness.

Contact your **local Drug and Alcohol Department** which is a resource that connects patients to treatment services, including options for detoxing.

Avoid Opioid Overdose

Naloxone is a medicine that can reverse an opioid overdose and is available through a state-wide [standing order](#), which means people do not need a prescription. Most pharmacies carry Naloxone.

Signs of an overdose may include:

small, "pin-point" pupils, falling asleep/loss of consciousness, slow/shallow breathing, choking sounds, limp body, or pale, blue, or cold skin.

If you suspect someone is experiencing an overdose:

1. Call 911.
2. Administer Naloxone, if available.
3. Try to keep the person awake and breathing.
4. Lay the person on their side to prevent choking.
5. Stay with him or her until emergency workers arrive.

Find Treatment

Help is available for anyone who is battling substance use disorder.

Get Help Now:

Call [1-800-662-HELP \(4357\)](tel:1-800-662-HELP)

Visit ddap.pa.gov

Bradford County

Federally Qualified Health Centers

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you. Please see nearby options Lycoming or Tioga Counties (pages 10 or 19-20).

Local Drug and Alcohol Department

Bradford/Sullivan Drug and Alcohol Program

220 Main Street Unit 1 Towanda, PA 18848
Phone: 570-265-1760

Centers of Excellence

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care.

CASA of Livingston County/Trinity

100 Henry Street Sayre, PA 18840
Phone: 570-731-4534

Pennsylvania Coordinated Medication Assisted Treatment

These locations facilitate access to medication assisted treatment. Please see nearby options in Lycoming County (page 11).

Centre County

Federally Qualified Health Centers

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.

Keystone Rural Health Consortia, Inc. Mountaintop Area Medical Center

402 East Sycamore Road Snow Shoe, PA 16874
Phone: 814-387-6857

Local Drug and Alcohol Department

Centre County Mental Health/Intellectual Disabilities/Early Intervention and Drug and Alcohol

3500 East College Avenue #1200
State College, PA 16801
Phone: 814-355-6744

Centers of Excellence

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care.

Crossroads Counseling, Inc.

444 East College Avenue Suite 460
State College, PA 16801
Phone: 814-231-0940

Centre County

Pennsylvania Coordinated Medication Assisted Treatment

These locations facilitate access to medication assisted treatment. Please see nearby options, below, in Blair County.

UPMC, Discovery House of Blair County Comprehensive Treatment Center

3428 Route 764 Duncansville, PA 16635
Phone: 814-791-1672

UPMC, Pyramid Healthcare Blair County

1894 Plank Road Duncansville, PA 16635
Phone: 814-940-0407

Clinton County

Federally Qualified Health Centers

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you. Please see nearby options in Centre, Lycoming, or Potter Counties (pages 6, 10, or 14).

Local Drug and Alcohol Department

Lycoming/Clinton West Branch Drug and Alcohol Abuse Commission

213 West Fourth Street Williamsport, PA 17701
Phone: 570-323-8543

Centers of Excellence

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care.

Crossroads Counseling, Inc.

8 North Grove Street Suite 4
Lock Haven, PA 17745
Phone: 570-893-1886

Pennsylvania Coordinated Medication Assisted Treatment

These locations facilitate access to medication assisted treatment. Please see nearby options in Lycoming County (page 11).

Columbia County

Federally Qualified Health Centers

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you. Please see nearby options in Lycoming County (page 10).

Local Drug and Alcohol Department

Columbia/Montour/Snyder/Union Drug and Alcohol Program

PO Box 219 5 Terrace Lan Danville, PA 17821
Phone: 570-275-5422

Centers of Excellence

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care.

Geisinger Bloomsburg Hospital

549 Fair Street Bloomsburg, PA 17815
Phone: 570-387-2100

Pennsylvania Coordinated Medication Assisted Treatment

These locations facilitate access to medication assisted treatment.

Geisinger Clinic, Geisinger Medication Assisted Treatment Program

549 Fair Street
Bloomsburg, PA 17815 Phone: 570-387-2055

Lycoming County

Federally Qualified Health Centers

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.

River Valley Health & Dental Center

471 Hepburn Street Williamsport, PA 17701
Phone: 570-567-5400

Local Drug and Alcohol Department

Lycoming/Clinton West Branch Drug and Alcohol Abuse Commission

213 West Fourth Street Williamsport, PA 17701
Phone: 570-323-8543

Centers of Excellence

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care.

Total Wellness LLC Clean Slate

329 Pine Street Williamsport, PA 17701
Phone: 570-904-6000

Crossroads Counseling, Inc.

501 East Third Street Williamsport, PA 17701
Phone: 570-323-7535

Lycoming County

Geisinger Williamsport

425 Market Street Suite 1 Williamsport, PA 17701

Phone: 570-368-4476

Pennsylvania Coordinated Medication Assisted Treatment

These locations facilitate access to medication assisted treatment.

Geisinger Clinic, Geisinger Medication Assisted Treatment Program

425 Market Street Suite 1 Williamsport, PA 17701

Phone: 570-368-4477

Montour County

Federally Qualified Health Centers

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you. Please see nearby options in Lycoming or Northumberland Counties (pages 10 or 13).

Local Drug and Alcohol Department

Columbia/Montour/Snyder/Union Drug and Alcohol Program

PO Box 219 5 Terrace Lane Danville, PA 17821
Phone: 570-275-5422

Centers of Excellence

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care. Please see nearby options in Lycoming County (page 10).

Pennsylvania Coordinated Medication Assisted Treatment

These locations facilitate access to medication assisted treatment.

Geisinger Clinic, OB/GYN MAT Program

100 North Academy Avenue Danville, PA 17822
Phone: 570-214-2159

Northumberland County

Federally Qualified Health Centers

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.

Primary Health Network

Shamokin Health Center

531 North Franklin Street Shamokin, PA 17872

Phone: 1-570-486-4588

Local Drug and Alcohol Department

Northumberland County Behavioral Health/ Intellectual & Developmental Services

217 North Center Street Sunbury, PA 17801

Phone: 570-495-2154

Centers of Excellence

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder.

Treatment is team-based, with the goal of integrating behavioral health and primary care.

Please see nearby options in Columbia or Lycoming Counties (pages 9 or 10-11).

Pennsylvania Coordinated Medication Assisted Treatment

These locations facilitate access to medication assisted treatment. Please see nearby options in Lycoming or Montour Counties (pages 11 or 12).

Potter County

Federally Qualified Health Centers

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.

UPMC Cole Shinglehouse Health Center

129 Puritan Avenue Shinglehouse, PA 16748
Phone: 1-814-260-9352

UPMC Cole Coudersport Health Center

1001 East 2nd Street Coudersport, PA 16915
Phone: 1-814-274-9300

UPMC Cole Northern Potter Health Center

511 Academy Street Ulysses, PA 16948
Phone: 1-814-848-7555

UPMC Cole Galeton Health Center

30 River Street Galeton, PA 16922
Phone: 1-814-435-2942

Local Drug and Alcohol Department

Potter County Drug and Alcohol

62 North Street Roulette, PA 16746
Phone: 814-544-7315

Potter County

Centers of Excellence

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder.

Treatment is team-based, with the goal of integrating behavioral health and primary care.

Please see nearby options in Clinton or Tioga Counties (pages 8 or 20).

Pennsylvania Coordinated Medication Assisted Treatment

These locations facilitate access to medication assisted treatment. Please see nearby options in Lycoming County (page 11).

Snyder County

Federally Qualified Health Centers

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you. Please see nearby options in Centre or Northumberland Counties (pages 6 or 13).

Local Drug and Alcohol Department

Columbia/Montour/Snyder/Union Drug and Alcohol Program

PO Box 219 5 Terrace Lane Danville, PA 17821
Phone: 570-275-5422

Centers of Excellence

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care. Please see nearby options in Centre county (page 6) or the following, below, in Dauphin County.

Hamilton Health Center

110 South 17th Street Harrisburg, PA 17104
Phone: 877-704-8188

Pennsylvania Counseling Services Allision Hill

548 South 17th Street Harrisburg, PA 17104
Phone: 717-695-7919

Snyder County

Pennsylvania Coordinated Medication Assisted Treatment

These locations facilitate access to medication assisted treatment. Please see the following nearby option, below, in Dauphin County.

**Penn State University College of Medicine,
Dr. Marc Turgeon**

100 North Cameron Street Harrisburg, PA 17101
Phone: 717-872-0568

Sullivan County

Federally Qualified Health Centers

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you. Please see nearby options in Lycoming County (page 10).

Local Drug and Alcohol Department

Bradford/Sullivan Drug and Alcohol Programs

220 Main Street 1 Towanda, PA 18848

Phone: 570-265-1760

Centers of Excellence

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care. Please see nearby options in Bradford, Columbia, or Lycoming Counties (pages 5, 9, or 10-11).

Pennsylvania Coordinated Medication Assisted Treatment

These locations facilitate access to medication assisted treatment. Please see nearby options in Columbia or Lycoming Counties (pages 9 or 10-11).

Tioga County

Federally Qualified Health Centers

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you.

UPMC Cole Westfield Health Center

222 Church Street Westfield, PA 16950

Phone: 1-814-367-5971

Laurel Health System

Blossburg Laurel Health Center

6 Riverside Plaza Blossburg, PA 16912

Phone: 570-638-2174

Laurel Health System

Lawrenceville Health Center

32 East Lawrence Road Lawrenceville, PA 16929

Phone: 570-827-0125

Laurel Health System Wellsboro Health Center

7 Water Street Wellsboro, PA 16901

Phone: 570-724-1010

Laurel Health System Elkland Health Center

103 Forestview Drive Elkland, PA 16920

Phone: 814-258-5117

Laurel Health System Mansfield Health Center

416 South Main Street Mansfield, PA 16933

Phone: 570-662-2002

Tioga County

Laurel Health System Westfield Health Center

236 East Main Street Westfield, PA 16950

Phone: 814-367-5911

Laurel Health System Behavioral Health

114 East Avenue Wellsboro, PA 16901

Phone: 570-723-0620

Local Drug and Alcohol Department

Tioga County Department of Human Services

1873 Shumway Hill Road Wellsboro, PA 16901

Phone: 570-724-5766

Centers of Excellence

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder.

Treatment is team-based, with the goal of integrating behavioral health and primary care.

Crossroads Counseling, Inc.

1873 Shumway Hill Road Wellsboro, PA 16901

Phone: 570-948-9111

Pennsylvania Coordinated Medication Assisted Treatment

These locations facilitate access to medication assisted treatment. Please see nearby options in Lycoming County (page 11).

Union County

Federally Qualified Health Centers

Please note, some health centers have more than one location. You may call the health center to find out if there are other locations closer to you. Please see nearby options in Centre, Lycoming, or Northumberland Counties (pages 6, 10, or 13).

Local Drug and Alcohol Department

Columbia/Montour/Snyder/Union Drug and Alcohol Program

PO Box 219 5 Terrace Lane Danville, PA 17821
Phone: 570-275-5422

Centers of Excellence

These centers coordinate care for people enrolled in Medicaid who have opioid use disorder. Treatment is team-based, with the goal of integrating behavioral health and primary care. Please see nearby options in Centre, Clinton, or Lycoming Counties (pages 6, 9, or 10-11).

Pennsylvania Coordinated Medication Assisted Treatment

These locations facilitate access to medication assisted treatment. Please see nearby options in Lycoming County (page 11).

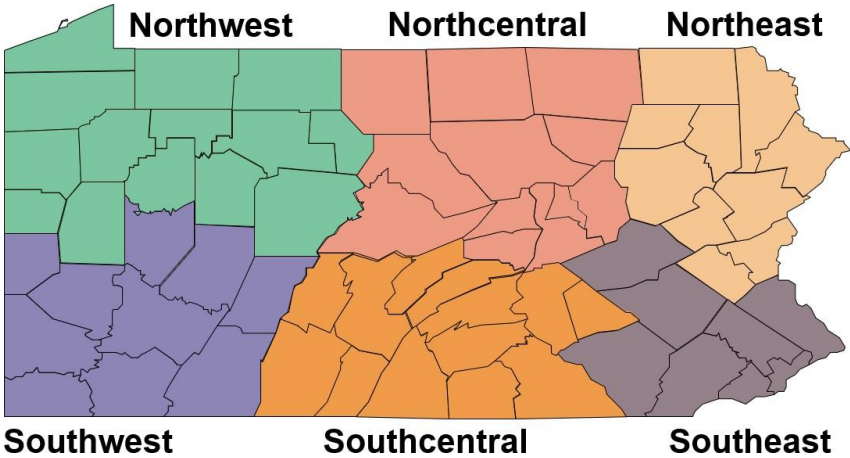
Helpful Online Resources

- Search for Federally Qualified Health Centers: findahealthcenter.hrsa.gov
- Medicare patients, search for providers near you based on your needs: bit.ly/medicaresearch
- Pennsylvania HealthChoices patients, find contact information to call your health plan: bit.ly/PAhealthchoices
The Physical HealthChoices Program is the name of Pennsylvania's mandatory managed care programs for Medical Assistance recipients.
- Search for drug and alcohol treatment and local Drug and Alcohol Department locations: ddap.pa.gov
- Visit the Pennsylvania Insurance Department's website to view helpful information on how to use your health insurance to access care: bit.ly/PIDhealthinsurance

Patient Education

- Pennsylvania Department of Health Patient Advocacy Program: bit.ly/patientadvocacyPA
- Centers for Disease Control and Prevention, Expectations for Opioid Therapy: bit.ly/CDCpainmngmt
- Centers for Disease Control and Prevention, Helpful Materials for Patients: bit.ly/CDCpained
- Centers for Disease Control and Prevention, Commonly Used Terms for Pain Patients: bit.ly/CDCterms
- National Institute on Drug Abuse, Prescription Opioids: bit.ly/NIDAopioided
- National Institute on Drug Abuse, Español: bit.ly/NIDAopioides
- National Institute on Aging, Pain: You Can Get Help: bit.ly/NIApained

Find Resources by Region



Live in a different region?

Find your region's healthcare services resource guide.

Visit: bit.ly/patientadvocacyPA

