



Where to Turn for Support: Coronavirus-Related Resources for Pennsylvanians

Support & Referral Helpline (mental health and emotional support) – Available 24/7

- 1-855-284-2494 (TTY: 724-631-5600)

Crisis Text Line

- Text “PA” to 741-741

National Suicide Prevention Lifeline

- 1-800-273-8255

Disaster Distress Helpline

- 1-800-985-5990

Get Help Now Hotline (substance use disorders):

- 1-800-662-4357

For more information, please visit www.health.pa.gov