

Stool Specimen Collection Kit Instructions for Patients

Specimen Collection Kit Contents

- **1.** Stool collection container, (Cary Blair stool container, pink liquid with attached scoop in lid)
- 2. Protocult[™] Collection Device
- **3.** Biohazard bag with absorbent pad
- **4.** Specimen submission form
- 5. Clear plastic bag for specimen submission form
- 6. Cold pack
- 7. Foam packing insert
- 8. Shipping box

Specimen Collection Instructions

- **1.** Upon receipt of the kit, **freeze** the cold pack.
- Label your first and last name, date of birth, and collection date and time on both the <u>Cary Blair stool container</u> and <u>specimen submission form</u>. Note: this information must appear on **both** the specimen container and submission form or the testing will **NOT** be performed.
- **3.** Remove the Protocult[™] Collection Device from the plastic bag and lay it on a flat surface with the instructions facing up.
- **4.** Tape the liner onto the toilet seat with the printed instruction side facing up. (see image below) If the stool has been watery, place a disposable container into the liner.



- 5. Pass the stool into the Protocult[™] Collection Device. Do not urinate into device. Note: if you do not have the Protocult[™] Collection Device, pass the stool onto saran wrap or aluminum foil similar to the directions using the Protocult[™] Collection Device.
- **6.** Once stool is passed, use the attached spoon in the Carey Blair stool container to add enough stool to fill the container to the fill line.
- **7.** Tightly screw on the cap and shake the container vigorously for about 1 minute.

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- **8.** Using household disinfectant (i.e., bleach or disinfectant wipes), wipe off the Carey Blair stool container, ensuring that the label is still legible.
- **9.** Dispose of remaining stool in the dish by lifting the four attachment points. Flush the paper dish and remaining stool in the dish. All the other used materials can be thrown in the trash.
- 10. Remove cardboard mount from the toilet seat and discard in a wastebasket (do not attempt to flush down the toilet)
- **11.** Seal the container inside the plastic biohazard bag. If there is more than 1 specimen, keep each one separate in its own bag.
- **12.** Place the labeled stool container in the biohazard bag that contains the absorbent pad. Seal the bag.
- **13.** Wash your hands with soap and water.
- **14. Refrigerate** the stool container until shipping.

Want to watch these instructions in a video? Scan QR code or go to: https://www.youtube.com/watch?v=LstIyTIT3k



Specimen Packaging and Shipping Instructions

- **1.** Place the biohazard bag holding the labeled stool container into the foam box.
- **2.** Add the frozen cold pack and close the foam box.
- **3.** Put the completed specimen submission form into clear plastic bag. All fields on the left half of the form should be filled out. If not, contact the county/state health center at the phone number below.
- 4. Seal the bag and place it between foam box and outer mailer.-
- **5.** Close the outer mailer box and secure with tape.
- **6.** Return specimen to the public health site the same day it's collected or in the morning of the following day. If the specimen cannot be returned the same day, the box with the specimen and cold pack should be refrigerated.

If you have any questions:

Call the County/State Health Center at:

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