



Pennsylvania State Agency
School Resource Guide
2017-2018



Introduction

The Pennsylvania State Agency School Resource Guide is a tool brought to you by the Pennsylvania Interagency Health Equity Team (PIHET).

We convene commonwealth leaders to end health disparities by building capacity for equitable policies and programs, cultivating strategic partnerships, and sharing relevant models for action.

We hope you will use the resource guide in back-to-school packets, websites, newsletters and year-round notices. We see this as an example of a Government that Works.

PIHET is modeled after the Federal Interagency Health Equity Team. Leadership for PIHET and many other initiatives to improve health outcomes in rural and urban communities throughout the commonwealth comes from the Department of Health's Office of Health Equity.

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Department of Health

The Department of Health contains numerous resources and services that benefit schools, teachers, students and the community. The following pages contain resources beneficial to all groups.

WalkWorks

WalkWorks is an initiative to increase physical activity opportunities in Pennsylvania and making walking in communities a safe and easily accessible pursuit. WalkWorks plans, implements and markets community-based walking routes utilizing the built environment; provides technical assistance to schools to develop walk-to-school programs; promotes and establishes walking groups for social support; and promotes policies designed to increase opportunities for physical activity.

Click here [WalkWorks](#) for more information.

PA Community on Transition

The Pennsylvania Community on Transition is a group of various stakeholders from across Pennsylvania who work collaboratively to ensure appropriate transition outcomes for Pennsylvania youth and young adults.

Click here [Secondary Transition](#) for more information.



Department of Health

Division of School Health

This division maintains a website that provides technical assistance and resources to schools on laws, regulations, reporting requirements, links to public health issues and services, communicable diseases, various other agencies, (i.e., DHS, PDE, CDC, EPA, nursing associations), statistics on health conditions and nurse staffing at schools.

Click here [Division of School Health](#) for more information.

Emergency Preparedness Guide

This guidebook, developed in collaboration with PEMA, provides individuals and families resources and information to develop their own emergency preparedness plans and kits and to have a general knowledge of various threats/hazards.

This guide, and other preparedness resources, can be found at the [Emergency Preparedness Guide](#) and can be ordered by using the form at the bottom of that page.



Department of Health

Women, Infants, and Children Program (WIC)

WIC is a public health nutrition program that serves eligible pregnant teens and women, infants and children under age five. WIC services include nutrition education, breastfeeding support, healthy foods, and referrals to health care and community services. Click the links below for more information.

[2017-H511.967P WIC ENG brochure.pdf](#)

[2017-H511.961P WIC SPAN brochure.pdf](#)

[WWW.PAWIC.COM](#) or call 1-800-WIC-WINS

Comprehensive School Physical Activity Program (CSPAP) Training

Free professional development for teachers, administrators and school staff to provide training on how to implement before, during and after school physical activity to help students meet the recommended daily 60 minutes of physical activity.

Contact Tiffany Ricci, Division of Nutrition and Physical Activity at: 717-547-3212 or tiricci@pa.gov.

Healthy Woman Program

The Healthy Woman Program is a free breast and cervical cancer early detection program of the Pennsylvania Department of Health. Click here for more info: [Healthy Woman Program](#)

Department of Health

Tobacco Resistance Unit (TRU) in Pa - Youth Coalition

The Tobacco Resistance Unit is a movement throughout all of Pennsylvania to help youth, ages 12 to 18, stay tobacco- and nicotine-free.

Click [TRU](#) for more information.

Prevention Tips for Tobacco

Guidelines for parents to help prevent kids from using tobacco and tobacco facts for teens. Click below for more information.

[Parents](#)

[Teens](#)

PA Free Quitline

Quitting tobacco is a process. Whether you are thinking about quitting, are not yet ready to quit or have already quit, PA Free Quitline can help you with each step of the way. It's free, convenient, safe and secure.

1-800-QUIT-NOW (784-8669)

1-855-DEJELO-YA (335-3569)

Department of Health

Family Health

The Bureau of Family Health provides resources that protect and promote the health and well-being of women, children and families. Programs include services for adolescents, family planning, community systems development and outreach, and newborn screening and genetics. Listed below are a few examples of resources available to the public/ community.

- Services for adolescents to prepare for adulthood, support for family planning services, and preventing relationship abuse
- Pregnancy Risk Assessment Monitoring Systems (PRAMS) and Child Death Review utilizes information to inform the public about health policies and programs.
- Resources for direct services for adults with special health care needs such as the Head Injury Program.

Please refer to the Bureau of Family Health site for more sources and information.



Department of Drug and Alcohol Programs

If you are concerned that your student may be using drugs or alcohol, there are several ways in which you can get help for both the student and yourself! Here are a few:

To access information, resources or help with services, utilize the [Pennsylvania Department of Drug and Alcohol's Website](#)

In addition, within the site, there is a "Get Help Now" feature, which helps direct you to the county drug and alcohol office in your area (SCA) or assists in locating a treatment provider. [Get Help Now](#)

[Pennsylvania's Helpline](#)

Call Pennsylvania's Helpline if you have questions about drug or alcohol use or if you want help getting services. This 24/7 phone line is manned by live, knowledgeable operators who can provide immediate assistance.

Call: 1-800-662-HELP (4357).

[Single County Authority \(SCA\)](#)

This is the local "agent" for drug and alcohol services, which include an evaluation to determine if use is indeed occurring and if professional treatment is needed. Attached is the listing for each county office (PACDAA – the Pennsylvania Association of County Drug and Alcohol Administrators) and the phone number to call if you or someone you care about may need help with substance abuse.

[PACDAA Quick Directory Guide](#)

[Prescription Drug Take-Back Box Program](#)

This program is focused on alleviating the health and safety concerns from the diversion and abuse of prescription drugs by helping citizens properly dispose of unused prescription medications. The department has worked to facilitate the installation of secure, permanent prescription drug take-back boxes in communities throughout the state. Visit the site ([PA Prescription Drug Take-Back Box Program](#)) for more info.

Department of Education

Schools can utilize the resources below to establish a safe environment for their students and community and to implement changes into their school health programs.

Equity and Inclusion Toolkit

The Toolkit is a resource to help schools prevent and respond to racially charged and bias-related incidents in communities.

Click here [Equity and Inclusion Toolkit](#) for more information.

School Immunization Law Report Changes

This PowerPoint will provide information to assist schools with the changes to the 2016-2017 School Immunization Law Report (SILR).

[2016-2017 SILR PowerPoint](#) (useful for administrative staff)



Department of Aging

If you are a caregiver or a senior looking for community services, below is information about accessible resources. Click the links below for more information.

Caregivers of Children

Here are resources of support for children and their caregivers, such as grandparents or relatives who assume care of a child.

Caregivers of Children

Local Area Agency on Aging

This agency can direct you to resources of aging services in your community and provide information about services and their accessibility.

Area Agency Aging



Department of Labor and Industry

Whether you are a student, an educator, a first-time jobseeker, a parent or a person considering a career change, you will find that the Pennsylvania Career Guide is a valuable resource as you make those all-important career decisions. Click the following link for more information.

[Career Guide](#)



Department of Conservation and Natural Resources

For educators who want to implement a healthier lifestyle for their students, check out information about GO Teach. If you are looking for outdoor programs, visit the Get Outdoors link below.

GO Teach

GO Teach is an outdoor recreation focused set of cross-curricular lessons for middle and high school health and physical education teachers. GO Teach assists teachers in helping their students learn and participate in healthy life-long outdoor recreation. Each set of lessons: hiking, GPS and snowshoeing, are offered through a six-hour professional development seminar available for Act48 hours. Teachers receive PDE standard-based lessons and access to free loaner equipment to be used in the classroom. For more information follow this link: [GOTeach](#)

Get Outdoors PA

DCNR and local outdoor recreation providers offer hundreds of outdoor recreation programs, introducing Pennsylvanians and visitors to numerous outdoor recreation activities. For each of the 16 outdoor activities, links to additional resources are provided. For more information follow this link: [Get Outdoors](#)



Department of Environmental Protection

If you are looking for a way to fund environmental education or clean up of sources of pollution, consider the grants listed below.

Environmental Education Grants Program

The EE Grant Program was developed to mandate that 5 percent of all pollution fines and penalties DEP collects annually be set aside for environmental education. Who is eligible: public and private schools, colleges and universities, county conservation districts, nonprofit organizations and associations, conservation and education organizations, municipalities, municipal authorities, and businesses. For more information follow this link:

EE Grant

The Growing Greener Watershed Grants

These grants provide funding to clean up non-point sources of pollution throughout Pennsylvania. Examples of projects include acid mine drainage abatement, mine cleanup efforts, abandoned oil and gas well plugging and local watershed-based conservation projects. The grants were established by the Environmental Stewardship and Watershed Protection Act. Who is eligible: counties, authorities and other municipalities; county conservation districts; watershed organizations; and other organizations involved in the restoration and protection of Pennsylvania's environment. More info:

Growing Greener Watershed Grants

Department of Community and Economic Development

If you are looking for services and activities to help aid your community, consider the Community Service Block Grant.

The Community Services Block Grant (CSBG)

This grant provides a full range of services and activities having a measurable impact on the causes of poverty in a community or those areas of a community where poverty is a particularly acute problem. Improving the causes and conditions of poverty takes on a variety of community engagement activities and collaborative activism to remove obstacles that block the achievement of self-sufficiency. For example, CSBG programs assist with:

- Employment and training resources;
- Community stakeholder collaboration;
- Literacy activities;
- Obtaining adequate housing;
- Grassroots activities that provide intervention to the causes of poverty;
- Addressing the needs of youth through programming or Coordination; and
- Increased engagement in community planning and improvement activities.

CSBG agencies have worked with 357 individual schools and formed 430 partnerships. These are very broad numbers and can translate specifically into anything from task force involvement to providing agency community programs to schools to individually working with children and families within school populations.

Click here [Community Service Block Grant](#) for more information.

Department of Agriculture

The Pennsylvania Department of Agriculture supports school food service by providing supplemental food products donated by the U.S. Department of Agriculture. Also, the Department supports FFA, 4-H and other youth leadership development and vocational agriculture programs. Department staff are available to participate in the classroom as guest speakers on a variety of topics from veterinary care and linkages between animal and human health to plant science, food safety, access to local foods, or even responsible dog ownership.

For more information or to request a speaker, please contact Michelle Crist, 717-787-3418.

FMNP/SFMNP Participating Farm Markets and Farm Stands

The Farmers' Market Nutrition Program (FMNP)/Senior Farmers' Market Nutrition Program (SFMNP) benefit low-income seniors, pregnant, breastfeeding and non-breastfeeding post-partum women, as well as to infants and children up to 5 years of age. The program provides supplemental food coupons that can be exchanged for eligible foods at farmers' markets, roadside stands, and community-supported agriculture programs. The Market Search allows individuals to locate farmers' markets and farm stands participating in the Farmers' Market Nutrition Program.

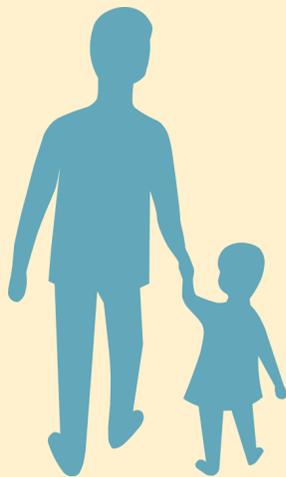
Market Search



InsideOut Dad Program

InsideOut Dad is a parenting program designed specifically for incarcerated fathers. The program reduces the likelihood of future offenses by reconnecting fathers to their families. This provides the motivation to get out and stay out. This program includes 12 core sessions that teaches valuable skills such as relationship guidance and increasing self-worth.

Click here [InsideOut Dad](#) for more information.



Department of Transportation

Below are links to department sponsored programs to practice safe driving and to create safe environments for students.

Safe Routes to School

The Safe Routes to School (SRTS) is a movement to create safe, convenient and healthy opportunities for kids to walk or bicycle to school.

SRTS

Back Is Where It's At

This program is appropriate for keeping young children (kindergarten-fifth grade) in the back seat, in booster seats and in seat belts.

Back Is Where It's At

Survival 101

This program is geared toward grades 6-12 and emphasizes the importance of making good decisions as passengers and new drivers. During the program, officers share with students the details of their experience with crashes involving teenage drivers and passengers.

Survival 101

16 Minutes

16 Minutes is a program for students in grades nine-10 and it serves as a supplement to Survival 101. It is presented one-on-one or in small group meetings with a police officer. During the meeting, students and the officer will discuss highway safety issues relevant to teen drivers, such as inexperience and driver distraction. In addition, impaired driving, aggressive driving and seat belt use also will be addressed.

Click here for more info: [16 Minutes](#)

Pennsylvania Housing Finance Agency

The Pennsylvania Housing Finance Agency serves Pennsylvanians by offering affordable housing resources. Below are some resources.

Five-Year Housing Strategy

The document outlines the Five Year Housing Strategy that aims to connect Pennsylvanians to affordable, integrated, and supportive housing.

Click here [Five Year Housing Strategy](#) for more information.

Pennsylvania Housing Finance Agency

For more information concerning housing, visit the Pennsylvania Housing Finance Agency.

Click here [PHFA](#) for more information.



Department of Human Services

Click on the titles below to access beneficial resources from the Department of Human Services' site.

Housing Resources

This resource will connect individuals, families and providers with someone at a local level that can directly assist with housing needs. The program will benefit older adults and people with disabilities, individuals and families with low incomes, or those who are at-risk of, or experiencing, homelessness.

Directory of Human Services For The Office of Children, Youth And Families

This directory provides contact information for Regional Offices, County Children and Youth Agencies, National Child Welfare Resources, and Pa Child Welfare Resources.

Information Referral Tool

This questionnaire will help individuals identify long-term services and supports based on your individual needs and point them toward services in their area.