

# FACTS ABOUT

# Ticks

Find out more here!



## WHAT IS A TICK

A tick is an **arthropod**, like a spider. It has **8 legs** and is very small. A tick can become attached to a person or animal and suck blood.

## WHERE ARE TICKS FOUND

Ticks can be found outdoors in areas with **long grasses** and weeds, leaf piles, the **woods**, even your own **backyard!**



## HOW DO I STOP TICKS

Spray **bug spray** on your body before you go outside. Spray **permethrin** on shoes, clothes and gear. Do **tick checks** frequently when you're outdoors and when you come in.



## WHAT IF I FIND A TICK

Ask an adult for help to **remove it immediately**. Use **tweezers** to pull the tick straight up.

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# Lyme Disease



## WHAT IS LYME DISEASE

Lyme disease is caused by the bite of an infected **tick**. Lyme disease is caused by **bacteria**.



## WHAT IS A LYME DISEASE RASH

One of the most common signs of Lyme disease is a round, oval or bull's eye shaped **rash**. It can be red or darker than your skin.



## WHAT ARE SOME OTHER LYME DISEASE SYMPTOMS

Lyme disease might make you feel like you have the flu. You might have a **fever**, headache, or **body aches**. Later you could get painful, **swollen joints** and tingling in hands and feet.



## HOW DO I PREVENT LYME DISEASE

Spray **bug spray** on your body before you go outside. Spray **permethrin** on shoes, clothes and gear. Do **tick checks** frequently when you're outdoors and after you come inside.