There is a new vaccine or shot that can help prevent you from getting sick from COVID-19.

You won’t get COVID-19 from getting this shot.

When you go to get your shot, you will need to wear your mask.

You should wear clothes that are comfortable and loose.

The nurse will ask you some questions like when is your birthday and what is your name.

You will get this shot in your upper arm.

When is your birthday?
GETTING THE COVID-19 VACCINE

You can tell your nurse which arm you want them to put the shot.

If you are scared, you can hold someone’s hand, listen to music, sing or watch a video.

The nurse will roll up your sleeve and wipe your arm with a little white pad to clean your arm.

It may feel cold and wet, but will not hurt.

The nurse will give you the shot. It may feel like a pinch.

The nurse will place a band aid over the shot and you can roll your sleeve down.

My left arm please