

Monkeypox Resources for Institutes of Higher Education (IHE)*

Information for Healthcare Providers

- [Provider Letter from Acting Secretary of Health](#) - Provides information about monkeypox and available resources in PA
- CDC [Clinician Outreach and Communication Activity \(COCA\)](#) – COCA has provided a number of webinars regarding identification and treatment of monkeypox.
- PAHAN-[2022-657-8-22-UPD-MPX update.pdf \(pa.gov\)](#)

Testing for Monkeypox

- Commercial laboratory testing
 - [HHS Expanding Monkeypox Testing Capacity to Five Commercial Laboratory Companies](#)
 - PAHAN 649 - [2022-649-07-08-MPX testing.pdf \(pa.gov\)](#)
 - Approval by Pennsylvania Department of Health (PADOH) or your local health department is not needed to send samples to commercial laboratories for testing.
 - Each commercial laboratory might have *different* requirements for sample collection and submission. Please review the requirements for the chosen laboratory to assure timely and accurate results.
- Public health laboratory testing (PADOH Bureau of Laboratories)
 - PAHAN 647-[2022-647-06-23-Monkeypox Testing.pdf \(pa.gov\)](#)
 - Approval by the Bureau of Epidemiology is required before sending samples to the state public health laboratory. Contact 1-877-PA-Health or your local health department to obtain approval.
 - Patients must have symptoms consistent with monkeypox and an epidemiologic link (i.e. contact with a person with known or suspected monkeypox, close contact with individuals in a social network experiencing monkeypox infections, etc.).
 - Information about collection, and packing for specimens is located at [Monkeypox collection guidance.pdf \(pa.gov\)](#)
 - Include the [Bureau of Laboratories Specimen Submission Form](#) with the specimen(s).

Recommendations for Congregate Settings

- [CDC-Preventing Monkeypox Spread in Congregate Settings](#)
- [Isolation and Infection Control At Home | Monkeypox | Poxvirus | CDC](#)
- Provides recommendations for congregate settings, which broadly includes IHEs. Information located here could be useful for planning purposes.

Vaccination

- [Vaccination Strategies | Monkeypox | Poxvirus | CDC](#)
- [Monitoring and Risk Assessment for Persons Exposed in the Community | Monkeypox | Poxvirus | CDC](#)
- Provides information on vaccines available for use for the prevention of monkeypox disease.
- People can be vaccinated after known or presumed exposure to someone with monkeypox [i.e., post-exposure prophylaxis (PEP)], ideally within 4 days but up to 14 days. Additionally, people with certain risk factors and recent experiences that might make them more likely to have been recently exposed to monkeypox can be considered for vaccination [i.e., expanded post-exposure prophylaxis (PEP++)]
- Providers with questions or individuals who think they may be candidates for PEP or PEP++ are encouraged to call 1-877-PA-HEALTH or their local health department to discuss eligibility requirements and vaccination sites.

Case Investigation, Isolation, and Contact Tracing Recommendations

- [CDC-Monkeypox Isolation Procedures](#)
- [Preventing Spread to Others | Monkeypox | Poxvirus | CDC](#)
- [Notifying Close Contacts | Monkeypox | Poxvirus | CDC](#)
- [Monitoring and Risk Assessment for Persons Exposed in the Community | Monkeypox | Poxvirus | CDC](#)
- Provides information on isolation for persons with a case of monkeypox as well as information on notification of close contacts.
- PA Department of Health or local health department staff will investigate cases of monkeypox to identify close contacts, enroll them in symptom monitoring and connect to care, if needed.
- IHEs will be notified if a case of monkeypox is identified in a staff, student, or faculty.

Treatment for Monkeypox

- PAHAN 653- Revised Protocols Regarding the Use of Tecovirimat (TPOXX) for the Treatment of Monkeypox (pa.gov)
- [Information for Healthcare Providers on Obtaining and Using TPOXX \(Tecovirimat\) for Treatment of Monkeypox | Monkeypox | Poxvirus | CDC](#)
- [Guidance for Tecovirimat Use Under Expanded Access Investigational New Drug Protocol during 2022 U.S. Monkeypox Cases | Monkeypox | Poxvirus | CDC](#)
- Provides information on Tecovirimat (TPOXX) considerations for treatment in people with monkeypox infection.
- All requests for TPOXX must come through a provider. Providers should contact the Pennsylvania Department of Health, Bureau of Epidemiology (717-787-3350) or their local health department for treatment requests.
- In addition to Tecovirimat treatment, providers may consider pain management recommendations as described [here](#).

Infection Prevention in Healthcare Settings

- [CDC-Infection Control-Healthcare](#)
- Information is pertinent to University Health Services.
- Provides recommendations on patient placement in exam rooms, waste handling, PPE use, and environmental services.

Healthcare Exposures

- [CDC-Monitoring People Who Have Been Exposed](#)
- Provides considerations for follow-up if staff are potentially exposed.

Cleaning and Disinfection

- [CDC-Disinfecting Home and Other Non-Healthcare Settings](#)
- Includes information for cleaning and disinfecting in a home setting (i.e. dorm, apartment)

Additional resources

- [PADOH Monkeypox Resource Page](#)
- [PADOH Monkeypox Virus Fact Sheet](#)
- [What to Do If You Are Sick | Monkeypox | Poxvirus | CDC](#)
- [What You Need to Know about Monkeypox if You are a Teen or Young Adult \(cdc.gov\)](#)

* Note that this information is current as of August 25, 2022. Please continue to visit [Monkeypox \(MPX\) \(pa.gov\)](#) and [Monkeypox | Poxvirus | CDC](#) to look for updates.