LET’S TALK ABOUT MONKEYPOX

Some things you do may raise your chance of getting Monkeypox. The risk factors listed below are based on what we know about how monkeypox (MPX) is passed from one person to another in Pennsylvania.

**HIGH RISK**
- Sexual or intimate contact (even when wearing condoms)
- Direct skin-to-skin contact with:
  - rash
  - scabs
  - body fluids

**SOME RISK**
- Dancing indoors in a crowded space with non-fully clothed people
- Kissing
- Cuddling
- Sharing drinks
- Sharing a bed, towels, washcloths and items that touch your mouth like cups and toothbrushes

**LOW RISK**
- Using a public restroom
- Touching a doorknob
- Traveling in an airport or on public transportation
- Dancing indoors in a crowded space with fully clothed people
- Working with coworkers during normal office activities
- Trying on clothes in a store
- Going to a gym, grocery store, or coffee shop
- Swimming in pools, hot tubs, or bodies of water

Prevent MPX by avoiding risky activities and:
- Wash your hands often
- Clean with EPA approved cleaning products
- EPA approved disinfectants

If you have a rash or other signs of being sick:
(fever, chills, swelling of lymph nodes, exhaustion, cough muscle aches, backaches, headache, sore throat, or runny nose) call your doctor or go to the ER and get tested.

For More Info Call
1-877-PA-HEALTH
(1-877-724-3258)

For more info and ways to reduce your risk:

CDC MPX Info
PADOH MPX Info