

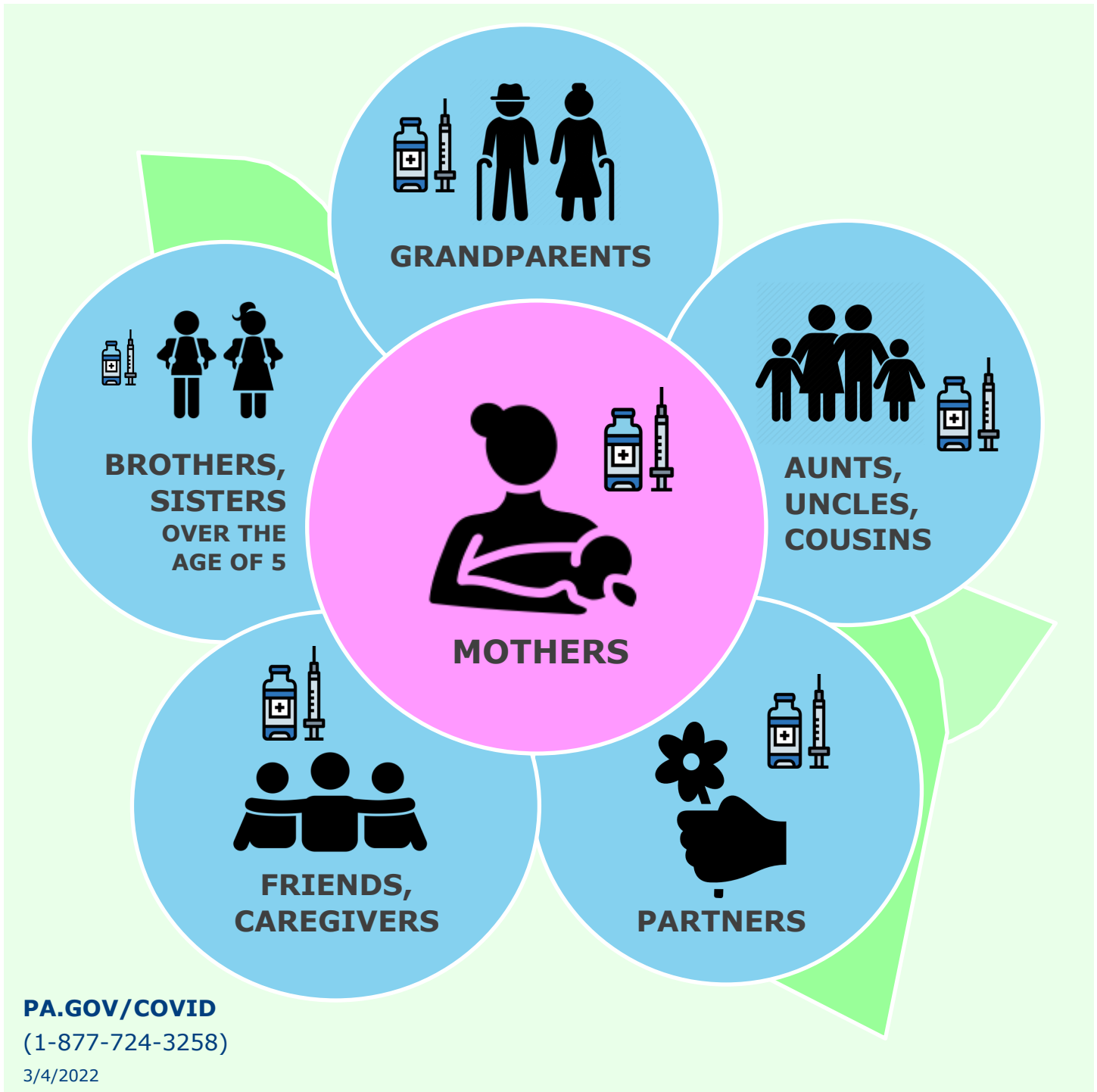
# KEEPING MOTHERS AND BABIES SAFE

## COCOONING TO PREVENT COVID-19 AND OTHER ILLNESSES

### What You Need to Know

[COVID-19 Information -  
Pregnancy and Breastfeed-  
ing | MotherToBaby](#)

Babies less than 6 months old are at risk from diseases like whooping cough, the flu, and COVID-19 because they have not been exposed to them in the past and can not be vaccinated against them for protection. Cocooning is a way to protect babies from catching diseases from the people around them – people like their parents, siblings, grandparents, friends, child-care providers, babysitters, and healthcare providers. Once people close to the baby are vaccinated, they are less likely to spread these contagious diseases to the baby.



**PA.GOV/COVID**

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