

QUARANTINE AND ISOLATION




KNOWING THE DIFFERENCE



QUARANTINE keeps people that have been exposed to COVID-19 away from others to see if they become sick.



ISOLATION keeps people infected with COVID-19 away from others.

 WHICH ONE IS THAT	 QUARANTINE	 ISOLATION
A HEALTH STRATEGY THAT CAN HELP PREVENT OTHERS FROM GETTING SICK	✓	✓
INVOLVES SEPARATING FROM OTHERS AND CHECKING FOR FEVER OR SICKNESS	✓	✓
IF YOU LIVE IN A HOME WITH OTHERS; STAY IN A ROOM BY YOURSELF	✓	✓
FOR ANYONE EXPOSED TO COVID-19 THAT IS NOT FULLY VACCINATED	✓	
FOR ANYONE WHO HAS COME IN CONTACT WITH THE COVID-19 VIRUS AND FEELS SICK		✓
NOT NEEDED IF YOU ARE FULLY VACCINATED AND HAVE NO SYMPTOMS	✓	
A HEALTH STRATEGY THAT MAY BE REQUIRED WHEN TRAVELING	✓	

IF YOU HAVE HAD CONTACT WITH SOMEONE WITH COVID-19

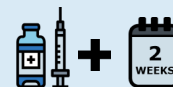
- Quarantine at home as soon as you find out you have had contact with an infected person if you are not fully vaccinated.
- Get tested 5-7 days after being in contact with anyone infected with COVID-19, even if you were wearing a mask and or fully vaccinated. A 2-5 day incubation period is typical though it can extend to 14 days.
- Wear a mask in public for 14 days following contact with COVID-19 or until your test result is negative, even if you are fully vaccinated.
- Isolate at home in a separate room, socially distant from others for 10 days if your test is positive. Household members who are not fully vaccinated will need to quarantine when living with someone in isolation.

ARE YOU FULLY VACCINATED?

In general, people are considered fully vaccinated if they are in good health, with no signs of sickness, two weeks after their second dose in a two-dose series, such as the Pfizer or the Moderna vaccine.



Or, two weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine.



If you don't meet these requirements, regardless of your age, you are **NOT** fully vaccinated.

Until you are fully vaccinated, follow all precautions and quarantine if you come in contact with anyone infected with COVID-19.

[ADDITIONAL GUIDANCE](#)

RULES VARY

Contact your school, facility, and employer to make sure that you meet all of their specific requirements.

[PA.GOV/COVID](https://pa.gov/covid)