PROTECT YOURSELF FROM HEPATITIS A

HOW IS IT SPREAD?
- not washing hands after using the bathroom
- sex with infected partners
- eating/drinking foods contaminated by hepatitis A
- illegal drug use
- close contact with someone infected with hepatitis A

WHAT ARE THE SYMPTOMS?
- yellowing of eyes and skin (jaundice)
- fever
- nausea or throwing up
Other symptoms: dark pee, pale poop, stomach pain, feeling tired or loss of appetite

HOW DO I PREVENT THE SPREAD OF HEPATITIS A?
- Wash your hands with soap and warm water after using the bathroom or changing diapers and before eating and preparing food.
- Get vaccinated if you are at high risk for getting hepatitis A.

WHO IS AT HIGH RISK?
- people currently experiencing homelessness or unstable housing
- people who use illegal drugs
- people recently in jail or prison
- people with underlying liver disease
- men who have sex with men (MSM)
- travelers to countries where hepatitis A is common

HOW DO I GET VACCINATED?
- Call your health care provider. Insurance may cover hepatitis A vaccination.
- If your insurance does not cover hepatitis A vaccination or if you do not have insurance, call your local health department (1-877-PA-HEALTH).