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Advocacy for Special Healthcare Needs		
Resource	Description	Contact Information
Pennsylvania Office of Victim Advocate Locate a Victim Service Agency	The Pennsylvania Office of Victim Advocate is dedicated to representing, protecting and advancing the individual and collective rights and interests of crime victims.	http://www.ova.pa.gov/Servic es/Resources/LocateaVictimSe rviceAgency/Pages/default.as px 1-800-563-6399
The Arc of Pennsylvania	The Arc of Pennsylvania promotes the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.	http://thearcpa.org/who_we_ are/local-chapters.html Toll Free: 1-877-337-1970
Juvenile Law Center	The Juvenile Law Center seeks to advance the rights and well-being of children in jeopardy and serves as a resource for older youth and young adults in Pennsylvania who are aging out of the foster care system.	https://jlc.org/ 1-888-864-6393
AIDS Law Project of Pennsylvania	Founded in 1988, the AIDS Law Project of Pennsylvania is a nonprofit public-interest law firm providing free legal assistance to people living with HIV and AIDS and those affected by the epidemic.	http://www.aidslawpa.org/ab out-alpp/ 1-215-587-9377
Kids As Self Advocates	Kids As Self Advocates is a national, grassroots project created by youth with disabilities for youth with disabilities. Activities include representing the voice of youth living with disabilities and chronic health conditions by speaking to policy makers at public events and hearings, and educating communities, including students, teachers, administrators, medical students and physicians.	http://fvkasa.org/index.php 1-207-458-1009



Pennsylvania Bar Association Lawyer Referral Service	Pennsylvania Bar Association Lawyer Referral Service matches clients to a Pennsylvania lawyer in a specific area of law which may include education and disability-related issues.	http://www.pabar.org/ 1-800-932-0311
Office of Vocational Rehabilitation	The Office of Vocational Rehabilitation provides assistance with obtaining and maintaining employment to individuals with disabilities.	https://www.dli.pa.gov/Indivi duals/Disability- Services/ovr/Pages/OVR- Office-Directory.aspx Please refer to the Office of Vocational Rehabilitation district office near you.
National Alliance on Mental Illness	This organization offers advocacy and education on the topic of mental awareness, education and resources.	https://www.nami.org/About- NAMI 1-888-999-6264 1-800-950-6264 (helpline)
Special Kids Network	The Special Kids Network is a statewide helpline which provides information, referrals, and service coordination for families of children and youth with special health care needs.	www.doh.pa.gov/specialkidsn etwork 1-800-986-4550
Pennsylvania Client Assistance Program	This is an advocacy program for people with disabilities seeking services in employment and housing.	http://www.equalemploymen t.org/ 1-888-745-2357
Lesbian, Gay, Bisexual, and Transgender National Help Center	The Lesbian, Gay, Bisexual, and Transgender National Help Center serves gay, lesbian, bisexual, transgender and questioning people by providing free and confidential peer support and local resources.	http://www.youthtalkline.org/ Youth Talkline: 1-800-246- 7743 National Hotline: 1-888-843- 4564



<u>Equality Pennsylvania</u>	Equality Pennsylvania is an organization that works to advance equality and opportunity for lesbian, gay, bisexual, and transgender Pennsylvanians. They advocate for policy change at the municipal, state, and federal level.	http://equalitypa.org/who- we-are/ 1-215-731-1447
Pennsylvania Care Planning Council	The Pennsylvania Care Planning Council lists companies and individual providers on this website who help families deal with the crisis and burden of long term care.	http://www.carepennsylvania. org/a2_PA_members.htm 1-800-989-8137
The Advocacy Alliance	The mission of the Advocacy Alliance is to promote mental well-being and support recovery for adults who have a mental illness; resiliency for children and adolescents who have emotional/behavioral disorders; everyday lives for individuals who have developmental disabilities; and independence for older adults and individuals with physical disabilities, by providing advocacy and culturally competent services.	http://theadvocacyalliance.or g/index.html 1-877-315-6855
AHEDD	AHEDD's mission is to serve the community as a catalyst in the employment and development of people with disabilities.	http://www.ahedd.org/ 1-866-902-4333
United States Department of Labor Disability Resources	The purpose of the United States Department of Labor Disability Resources is to foster, promote, and develop the welfare of wage earners, job seekers, and retirees of the United States; improve working conditions; advance opportunities for profitable employment; and assure work-related benefits and rights.	https://www.disability.gov/ 1-866-487-2365 1-866-4-USA-DOL 1-866-633-7365 1-866-ODEP-DOL
Pennsylvania Department of Human Services County Assistance Office Contact Information	Pennsylvanians can seek assistance and a range of services for themselves and their families from professionally trained staff members at county assistance offices.	http://www.dhs.pa.gov/citize ns/findfacilsandlocs/countyass istanceofficecontactinformati on/ Please refer to the County Assistance Office near you.



Disability Rights and Special Needs Resources		
Resource	Description	Contact Information
Pennsylvania Families, Inc.	Pennsylvania Families, Inc. is a statewide family network that convenes families of children in child-serving systems, connects them to information and resources to maximize their quality of life, and collaborates to improve community supports, services, and family outcomes.	http://pafamiliesinc.org/ 1-800-947-4941
<u>Center for Community</u> <u>Resources</u>	Community Resources for Independence services include home health care and attendant care program services. CRI provides referral services and coordination of existing community resources in seven counties of Northwestern Pennsylvania - Clarion, Crawford, Erie, Forest, Mercer, Venango, and Warren. the CRI Attendant Care Program provides in-home health care service in additional twenty-one counties of Pennsylvania - Beaver, Cameron, Centre, Clearfield, Clinton, Elk, Fulton, Huntingdon, Jefferson, Juniata, Lawrence, Lycoming, McKean, Mifflin, Montour, Northumberland, Potter, Schulkill, Snyder, Somerset, Sullivan, Tioga, and Union.	https://ccrinfo.org/contact- us/ 1-800-292-3866
<u>Property Tax/Rent Rebate</u> <u>program</u>	The rebate program benefits eligible Pennsylvanians age 65 and older; widows and widowers age 50 and older; and people with disabilities age 18 and older. The income limit is \$35,000 a year for homeowners and \$15,000 annually for renters.	https://www.revenue.pa.gov/ GeneralTaxInformation/Prope rtyTaxRentRebateProgram/Pa ges/default.aspx 1-888-222-9190
Social Security Administration	The Social Security Administration offers a listing of local offices and resources where individuals can apply for Social Security benefits.	https://www.socialsecurity.go v/ 1-800-772-1213
Bureau of Blindness and Visual Services	The Bureau of Blindness and Visual Services assists Pennsylvanians who are blind or visually impaired gain the skills necessary to live and work independently in their communities.	http://www.dli.pa.gov/Individ uals/Disability- Services/bbvs/Pages/default.a spx



Bureau of Autism Services	This is a department within the Department of Human Services specifically addressing the needs, issues and concerns of people with autism spectrum disorders in Pennsylvania.	http://www.dhs.pa.gov/citize ns/autismservices/index.htm 1-866-539-7689
Pennsylvania Association for the Blind	The Pennsylvania Association for the Blind provides a span of services to help Pennsylvania's residents prevent, prepare for, and manage vision loss.	http://www.pablind.org/ 1-717-766-2020
<u>Merakey</u>	Merakey provides residential living options, case/care management, behavioral health and therapeutic services for individuals with disabilities.	https://www.merakey.org/ 1-888-647-0020
National Runaway Safeline	The National Runaway Safeline is a toll-free, nationwide hot-line for runaways and troubled youth. Provides information and referrals for shelter, counseling, medical and legal services, and transportation back home.	https://www.1800runaway.or g 1-800-786-2929
Kaleidoscope Family Solutions, Inc.	Kaleidoscope Family Solutions, Inc. is a Medicaid -approved provider who supports individuals with intellectual and developmental disabilities.	http://kfamilysolutions.org 1-877-384-1729
Pennsylvania Elks Home Service Program	Since 1963, the Pennsylvania Elks Home Service Program has been helping to improve the quality of life for thousands of children and adults throughout Pennsylvania. The program provides support and advocacy services to individuals of any age who have a developmental disability.	http://www.paelkshomeservic e.org/index.php For care coordination services, contact the program director at 1-814-781-7860
<u>The Parent Education and</u> <u>Advocacy Leadership Center</u>	The mission of the Parent Education and Advocacy Leadership Center is to educate and empower families to ensure that children, youth and young adults with disabilities and special health care needs lead rich, active lives as full members of their schools and communities.	https://pealcenter.org/ 1-866-950-1040



<u>Disability Rights of</u> <u>Pennsylvania (DRP)</u>	Disability Rights of Pennsylvania provides legal consultation and representation for individuals with disabilities and their families who are facing discrimination on the basis of disability and access to needed services along with providing information, referral and technical assistance to Pennsylvania residents with disability issues.	https://www.disabilityrightspa .org/ Harrisburg 1-717-236-8110 1-800-632-7443 Philadelphia 1-215-238-8070 Work Incentives Planning and Assistance (WIPA) 1-215-238-8070 EXT. 309 Pittsburgh 1-412-391-5225
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Assistive Technology		
Resource	Description	Contact Information
Pennsylvania Assistive Technology Foundation	Pennsylvania Assistive Technology Foundation is a statewide, non-profit organization that helps individuals with disabilities and older Pennsylvanians acquire the assistive technology devices and services they want.	http://patf.us/ 1-888-744-1938
Caroline's Cart Can access link using Chrome	Caroline's Cart was created for special needs individuals. It provides caregivers a viable option to transport a special needs individual through a store while shopping, without having to maneuver a wheelchair and a traditional shopping cart at the same time.	https://technibilt.com/ carolines-cart/ 1-828-464-7388 See website for store locations.
Library for the Blind and Physically Handicapped	The Free Library of Philadelphia's Library for the Blind and Physically Handicapped serves Pennsylvania residents who have difficulty reading due to a physical impairment, a reading disability, or a vision challenge.	https://libwww.freelibrary.org /locations/library-for-the- blind-and-physically- handicapped 1-215-686-5322
<u>AssistiveWare</u>	AssistiveWare works with end users and professionals to offer a wide-range of assistive technology products and service solutions for individuals with physical, vision, communication, and reading impairments.	http://www.assistiveware.co m/about



Hearing Loss Association of America	This association offers support and advocacy for individuals with hearing loss.	http://www.hearingloss.org/ 1-301-657-2248

Counseling for Special Healthcare Needs		
Resource	Description	Contact Information
<u>The Substance Abuse and</u> <u>Mental Health Services</u> <u>Administration</u>	This organization offers a "behavioral health treatment locator" through which the user can search for a provider by address or zip code. The agency also offers a national helpline which provides free and confidential information in English and Spanish for individuals and family members facing substance abuse and mental health issues. The hotline is available 24 hours a day, 7 days a week.	https://findtreatment.samhsa. gov/ 1-800-662-4357 TDD: 1-800-487-4889
National Alliance on Mental Illness	This organization offers advocacy and education on the topic of mental awareness, education and resources.	https://www.nami.org/About- NAMI 1-888-999-6264 1-800-950-6264 (helpline)

Early Childhood and Child Care		
Resource	Description	Contact Information
Pennsylvania Department of Human Services	The mission of the Pennsylvania Department of Human Services is to improve the quality of life for Pennsylvania's individuals and families. They promote opportunities for independence through services and supports while demonstrating accountability for taxpayer resources.	http://www.dhs.pa.gov/ Department of Human Services HelpLine: 1-800-692-7462



<u>Child Care Works Subsidized</u> <u>Child Care</u>	The Child Care Works Subsidized Child Care program helps low-income families pay their child care fees. The state and federal governments fund this program, which is managed by the <u>Child Care Information Services</u> office located in each county.	http://www.dhs.pa.gov/citize ns/childcareearlylearning/chil dcareworkssubsidizedchildcar eprogram/ Please refer to the local office near you.
Pennsylvania Department of Human Services Head Start	Head Start helps young children from low- income families prepare to succeed in school through local programs. Head Start and Early Head Start programs promote children's development through services that support early learning, health, and family well-being.	http://www.dhs.pa.gov/citize ns/childcareearlylearning/hea dstart/ Please refer to the Head Start office near you.
Women Infant and Children	The Pennsylvania Special Supplemental Nutrition Program for Women, Infants and Children (WIC) has improved the nutrition and health of families in Pennsylvania since 1974 by providing nutrition services, breastfeeding support, health care and social service referrals, and healthy foods. Through WIC, pregnant women, mothers, and caregivers of infants and young children learn about good nutrition to keep themselves and their families healthy.	https://www.pawic.com/ 1-800-WIC-WINS 1-800-942-9467 Please refer to the WIC Office near you.

Early Intervention		
Resource	Description	Contact Information
Pennsylvania Department of Human Services Early Intervention	Early Intervention supports and services are designed to meet the developmental needs of children with a disability as well as the needs of the family related to enhancing the child's development.	http://www.dhs.pa.gov/citize ns/earlyinterventionservices/ CONNECT Helpline at 1-800-692-7288
Pennsylvania Department of Education Early Intervention Program	The Pennsylvania Early Intervention Program provides support and services to families with children, from birth to age five, with developmental delays and disabilities.	http://www.education.pa.gov /Early%20Learning/Early%20In tervention/Pages/default.aspx CONNECT Helpline at 1-800- 692-7288



CONNECT Helpline:	The CONNECT Helpline assists families in locating resources and providing information regarding child development for children up to age five. In addition, CONNECT can assist parents by making a direct link to their county early intervention program or local preschool early intervention program.	1-800-692-7288
Newborn Screening	Newborn screening in Pennsylvania is completed to ensure every newborn is tested for metabolic, endocrine, hemoglobin, heart disease and hearing loss. The majority of these diseases are genetic and the testing performed identifies babies with certain disorders which, without intervention, may permanently impact newborns and their families.	https://www.health.pa.gov/to pics/programs/Newborn- Screening/Pages/Newborn%2 OScreening.aspx 1-717-783-8143

Health Insurance		
Resource	Description	Contact Information
Pennsylvania's Children's Health Insurance Program	Pennsylvania's Children's Health Insurance program provides health insurance to uninsured children and teens who are not eligible for or enrolled in Medical Assistance.	http://www.chipcoverspakids. com/Pages/default.aspx 1-800-986-5437 (KIDS)
COMPASS	COMPASS is an online application for Pennsylvanians to apply for many health and human service programs.	www.compass.state.pa.us
APPRISE	This free health insurance counseling program is designed to help Pennsylvanians, who are 65 years of age or older, with Medicare.	http://www.aging.pa.gov/agin g= services/insurance/Pages/defa ult.aspx 1-800-783-7067
Medicare Part D	Information about the Part D prescription drug benefit available to individuals enrolled in Medicare can be found at this site.	https://www.medicare.gov/pa rt-d/



HealthCare.gov	 HealthCare.gov is the health insurance exchange website operated under the United States Federal Government under the provisions of the Patient Protection and Affordable Care Act. HealthChoices provides access to quality medical care through Pennsylvania's Medicaid program, connects people who receive 	https://www.healthcare.gov/ 1-800-318-2596 http://www.healthypa.com/ 1-866-550-4355
	Medicaid benefits to mental health and drug/alcohol services, and serves people more in the community rather than in facilities.	
Pennsylvania Department of Human Services Medical Assistance	Medical Assistance, also known as Medicaid, pays for health care services for eligible individuals.	http://www.dhs.pa.gov/citize ns/healthcaremedicalassistanc e/index.htm 1-866-550-4355
Presumptive Eligibility	Presumptive Eligibility provides insurance coverage for pregnant woman who have applied for Medicaid but are still under eligibility review.	http://www.dhs.pa.gov/citize ns/healthcaremedicalassistanc e/healthybeginnings/index.ht m
Pennsylvania-Health- Coverage.com	This privately-owned website is a place to compare affordable maternity health insurance options.	http://www.pennsylvania- health- coverage.com/maternity?sid= SEM-H-AIW-G- 4Zjq7ehl&c2=32268938927&c 1=c&gclid=CPWZqKS2hr4CFYt DMgodS0cATQ 1-877-536-4809
Resource Guide to Healthcare Options in Pennsylvania	The Resource Guide to Healthcare Options in Pennsylvania allows extension educators and others to locate programs for low-income individuals seeking access to health care services.	http://www.porh.psu.edu/pro ject/a-resource-guide-to- healthcare-options-in- pennsylvania/
<u>The Pennsylvania</u> <u>Department of Aging</u>	The Pennsylvania Department of Aging promotes prevention and protection for older Pennsylvanians.	https://www.aging.pa.gov/l ocal- resources/Pages/AAA.aspx Please refer to the local
		office near you.



Housing		
Resource	Description	Contact Information
Juvenile Law Center	The Juvenile Law Center seeks to advance the rights and well-being of children in jeopardy, and serves as a resource for older youth and young adults in Pennsylvania who are aging out of the foster care system.	http://jlc.org 1-888-864-6393
Property Tax/Rent Rebate program	The rebate program benefits eligible Pennsylvanians age 65 and older; widows and widowers age 50 and older; and people with disabilities age 18 and older. The income limit is \$35,000 a year for homeowners and \$15,000 annually for renters.	https://www.revenue.pa.gov/ GeneralTaxInformation/Prope rtyTaxRentRebateProgram/Pa ges/default.aspx 1-888-222-9190
The US Department of Housing and Urban Development	The U.S. Department of Housing and Urban Development is a federal program that provides housing support, such as rental programs (including Section 8) and home ownership assistance programs, for individuals in need such as rental programs (including Section 8) and home ownership assistance programs. This organization also provides a hotline service for individuals to report incidences of housing discrimination.	http://portal.hud.gov/hudport al/HUD?src=/states/pennsylva nia/offices Philadelphia: 1-215-656-0500 Pittsburgh: 1-412-644-6428 Hotline: 1-888-799-2085
PAHousingSearch.com	PAHousingSearch.com is a free resource to help you find a home that fits your needs and budget. Property providers can list available apartments or homes at any time, which means the listings are current.	http://www.pahousingsearch. com/index.html 1-877-428-8844
<u>PathStone</u>	PathStone Housing Services promotes access to personal counseling and financial resources designed to stabilize living environments and support economic security.	http://www.pathstone.org/ 1-800-888-6770
<u>Volunteers of America of</u> <u>Pennsylvania</u>	Volunteers of America is a national, nonprofit, organization that provides affordable housing for veterans and their families, seniors, and people with disabilities. They also provide pregnancy counseling, shelter for homeless	https://www.voapa.org/ aboutus 1-888-350-4862



	women in need, child care, and transportation for the elderly.	
Pennsylvania Transitional Housing Merakey	Pennsylvania Transitional housing is temporary housing for the working homeless population and is set up to transition residents to permanent housing. Merakey provides residential living options, case/care management, behavioral health and therapeutic services for individuals with disabilities.	https://www.transitional housing.org/state/ Pennsylvania 1-800-334-8893 https://www.merakey.org/ 1-888-647-0020
Self-Determination Housing Project of PA, Inc.	The Self-Determination Housing Project of Pennsylvania, Inc. has Regional Housing Coordinators to help with resources and information for housing systems throughout Pennsylvania. They provide services to caseworkers, nursing home transition providers and other community service agencies that benefit older adults and people living with disabilities. (works with agency staff only)	http://www.sdhp.org/about/ 1-610-873-9595 1- 877-550-7347
<u>Center for Community</u> <u>Resources</u>	The Center for Community Resources provides supportive services for individuals and families seeking information, referral, and service coordination for persons with disabilities.	https://ccrinfo.org/contact- us/ 1-800-292-3866
<u>Community Resources for</u> <u>Independence</u>	Community Resources for Independence services include home health care and attendant care program services. CRI provides referral services and coordination of existing community resources in seven counties of Northwestern Pennsylvania - Clarion, Crawford, Erie, Forest, Mercer, Venango, and Warren. the CRI Attendant Care Program provides in-home health care service in additional twenty-one counties of Pennsylvania - Beaver, Cameron, Centre, Clearfield, Clinton, Elk, Fulton, Huntingdon, Jefferson, Juniata, Lawrence, Lycoming, McKean, Mifflin, Montour, Northumberland, Potter, Schulkill, Snyder, Somerset, Sullivan, Tioga, and Union.	http://www.crinet.org/about_ us/ 1-800-530-5541



Medicaid Waivers for Children Under 21		
Resource	Description	Contact Information
Pennsylvania Department of Human Services	The mission of the Pennsylvania Department of Human Services is to improve the quality of life for Pennsylvania's individuals and families. They promote opportunities for independence through services and supports while demonstrating accountability for taxpayer resources.	http://www.dhs.pa.gov/ 1-800-692-7462
Attendant Care/Act 150	The Attendant Care/Act 150 waiver enables individuals with a physical disability, ages 18-59, who are mentally alert to continue to live in their homes with support and services.	http://www.dhs.pa.gov/citize ns/attendantcare/attendantca react150/ Long-Term Living Helpline: 1- 800-753-8827
Community Services Program for Persons with Physical Disabilities/Omnibus Budget Reconciliation Act Waiver	The Community Services Program for Persons with Physical Disabilities/Omnibus Budget Reconciliation Act Waiver, provides services to people 18 or older with severe developmental and physical disabilities, such as cerebral palsy, epilepsy, or similar conditions (onset prior to age 22).	http://www.dhs.pa.gov/citize ns/alternativestonursinghome s/obrawaiver/ Long-Term Living Helpline, 1- 800-753-8827
<u>Consolidated Waiver</u>	The Pennsylvania Consolidated Waiver is designed to help individuals with an intellectual disability, autism, or developmental disability to live more independently in their homes and communities, and to provide a variety of services that promote community living, including self-directed and traditional, agency- based service models.	http://www.dhs.pa.gov/learna boutdhs/waiverinformation/c onsolidatedwaiverforindividua lswithintellectualdisabilities/S _000989
Person/Family Directed Support Waiver	The Person/Family Directed Support Waiver is designed to help individuals with an intellectual disability, autism, or developmental disability to live more independently in their homes and communities and to provide a variety of services that promote community living, including self- directed and traditional, agency-based service models. There is an individual cost limit of \$33,000 per person per fiscal year.	http://www.dhs.pa.gov/learna boutdhs/waiverinformation/p ersonfamilydirectedsupportw aiver/index.htm



Independence Waiver	The Independence Waiver may be able to help adults with a severe physical disability live or remain in the community and stay as independent as possible.	http://www.dhs.pa.gov/citize ns/alternativestonursinghome s/independencewaiver/ 1-717-787-8091
Infant, Toddlers, and Families Waiver	The Infants, Toddlers, and Families Waiver provides services to children from birth to age three who need early intervention services and would otherwise require the level of care provided in an intermediate care facility for individuals with intellectual disabilities or other related conditions.	http://dhs.pa.gov/learnabo utdhs/waiverinformation/in fanttoddlersandfamilieswai ver/index.htm 1-717-346-1119

Respite Care		
Respite is planned or emergency care provided to a child or adult with special needs to provide temporary relief to family caregivers who are caring for that child or adult.		
Resource	Description	Contact Information
ARCH National Respite Network and Resource Center-A Consumer Guide For Family Caregivers	The mission of the ARCH National Respite Network and Resource Center is to assist and promote the development of quality respite and crisis care programs in the United States; to help families locate respite and crisis care services in their communities; and to serve as a strong voice for respite in all forums.	<u>https://archrespite.org/</u> 1-919-490-5577
<u>The ABCs of Respite: A</u> <u>Consumer Guide for Family</u> <u>Caregivers</u>	Respite is most helpful before caregivers become exhausted, isolated, and overwhelmed by their responsibilities. Respite services should be beneficial, meaningful, and enjoyable to both the caregiver and the care recipient.	https://archrespite.org/respit e-locator- states?true&prox_country_id= 1228&prox_state_province_id =1037
The Arc of Pennsylvania	The Arc promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.	http://www.thearc.org/Page.a spx?&pid=327



Special Education		
Resource	Description	Contact Information
Pennsylvania Bureau of Special Education Consult Line	The ConsultLine is designed to assist parents and advocates of children with disabilities or children thought to be disabled. If individuals have any questions concerning their child's special education program or the laws relating to the provision of services in their child's individualized educational program, the special education specialists at ConsultLine may be able to assist them.	http://www.education.pa.gov /K- 12/Special%20Education/Page s/Special-Education-in-PA Consult-Line.aspx 1-800-879-2301
Pennsylvania Association of Intermediate Units	Intermediate Units in Pennsylvania are part of the governance structure of public education and are located between the state education agency and the local school districts. They provide specialized services to local school districts that can be operated more effectively and efficiently on a regional basis.	https://paiu.org/ius.php 1-717-732-8463 Please refer to the local office near you.

Support Groups		
Resource	Description	Contact Information
Pennsylvania Families, Inc.	Pennsylvania Families, Inc. is a statewide family network that convenes families of children in child-serving systems, connects them to information and resources to maximize their quality of life, and collaborates to improve community supports, services, and family outcomes.	http://pafamiliesinc.org/ 1-800-947-4941
Parent to Parent of Pennsylvania	In Pennsylvania, the Parent to Parent model is a one-to-one match between an experienced mentor parent, called a peer support parent, and a parent seeking individualized support from another parent who has been there.	http://www.parenttoparent.o rg/ 1-888-727-2706



The Parent Education and Advocacy Leadership Center	The mission of the Parent Education and Advocacy Leadership Center is to educate and empower families to ensure that children, youth and young adults with disabilities and special health care needs lead rich, active lives as full members of their schools and communities.	https://pealcenter.org/ 1-866-950-1040
<u>Make-A-Wish of Greater</u> <u>Pennsylvania</u>	Make-A-Wish of Greater Pennsylvania grants wishes to children, between the ages of two- and-a-half and 18, with critical illnesses. Families can self-refer and eligibility is determined by physician.	http://greaterpawv.wish.org/ 1-800-676-9474 (WISH) 1-412-471-9474
Make-A-Wish of Philadelphia	Make-A-Wish of Philadelphia grants wishes to children, between the ages of two-and-a-half and 18, with critical illnesses. Families can self- refer and eligibility is determined by physician.	http://philadesv.wish.org/ 1-800-663-9474 (WISH) 1- 215-654-9355 Covers: Perry, Cumberland, Dauphin, Lebanon, Lancaster, Chester, Delaware, Montgomery, Bucks, Philadelphia



Infant Care		
Baby Supplies		
Resource	Description	Contact Information
National Diaper Bank Network	The goal of the National Diaper Bank Network is to ensure that every child in the United States has enough diapers to remain clean, dry, and healthy.	http://nationaldiaperbanknet work.org/members/ Bundles of Blessings, Bloomsburg, PA Catholic Charities of the Diocese of Pittsburgh Pittsburgh, PA Center for Leadership, Development and Advocacy Philadelphia, PA Cradles to Crayons, PA West Conshohocken, PA Cradles to Crayons, PA West Conshohocken, PA Healthy Steps Diaper Bank Mechanicsburg, PA Mitzvah Circle Foundation Blue Bell, PA New Beginnings in Christ Philadelphia, PA Pamper And Diaper My Baby Philadelphia, PA St. Joseph's Center Dunmore, PA The Anglican Parish of Christ the Redeemer Diaper Pantry Canonsburg, PA The Cole Allen Diaper Pantry, Sunbury, PA The Danville Area Diaper Bank Danville, PA Mestern Pennsylvania Diaper Bank Philadelphia, PA National Diaper Bank Network: 1-203-821-7348



Pennsylvania 2-1-1	Pennsylvania 2-1-1 is a free, accessible, 3-digit telephone number available to everyone, giving residents easy access to health, housing and human services information in one place.	http://pa211.org/
Women, Infants and Children	Women, Infants and Children has improved the nutrition and health of families in Pennsylvania since 1974 by providing nutrition services, breastfeeding support, health care, social service referrals, and healthy foods.	http://pawic.com/ (1-800-WIC-WINS) 1-800-942-9467
Healthy Baby Information Helpline	Healthy Baby Line is a statewide helpline which provides information and referral resources to pregnant and new mothers.	1-800-986-2229

Breastfeeding		
Resource	Description	Contact Information
Pennsylvania Breastfeeding Referral Guide	The Pennsylvania Breastfeeding Referral Guide contains county-specific individuals and organizations that can provide breastfeeding awareness, support, and assistance. It includes information on lactation specialists, community programs, support/mother groups, community coalitions, breast pump rentals and retail purchases, and local, state, and national help lines.	https://www.health.pa.gov/to pics/Documents/Programs/Inf ant%20and%20Children%20H ealth/PA%20Bfg%20Referral% 20Guide%20Rev%20Aug%202 017.pdf 1-717-346-3000
<u>Womenshealth.gov</u>	The mission of Womenshealth.gov is to provide national leadership and coordination to improve the health of women and girls through policy, education, and model programs. Specific to breastfeeding, the website provides information and support to help women breastfeed successfully.	http://www.womenshealth.go v/breastfeeding/common- challenges/index.html 1-800-994-9662



Women, Infants and Children	Women, Infants and Children has improved the nutrition and health of families in Pennsylvania since 1974 by providing nutrition services, breastfeeding support, health care, social service referrals, and healthy foods.	http://pawic.com/ (1-800-WIC-WINS) 1-800-942-9467
<u>KellyMom Parenting</u> <u>Breastfeeding</u>	The KellyMom.com website was developed to provide <u>evidence-based</u> information on breastfeeding and parenting. Online information is NOT a substitute for an in- person evaluation by a qualified, independent International Board-Certified Lactation Consultant or your health care provider.	https://kellymom.com/
La Leche League of Western Pennsylvania	The La Leche League provides support, encouragement, information, and education to women who choose to breastfeed. The La Leche League also provides health care professionals with continuing education opportunities and access to the latest research on lactation management.	<u>https://www.Illi.org/la-leche-</u> <u>league-w-pennsylvania/</u>
<u>La Leche League of Eastern</u> <u>Pennsylvania</u>	The La Leche League provides support, encouragement, information, and education to women who choose to breastfeed. The La Leche League also provides health care professionals with continuing education opportunities and access to the latest research on lactation management.	http://www.Illofeasternpa.org
<u>Nurse Family Partnership</u>	The Nurse-Family Partnership is a voluntary, free program giving first-time mothers valuable knowledge and support throughout pregnancy and until their babies reach two years of age. Women, who are pregnant 28 weeks or less, meet income eligibility requirements, and live in a service area may participate in this program.	https://www.nursefamilypart nership.org/first-time- moms/?gclid=EAIaIQobChMIta ri6ef_2AIVxrbACh0yBwuIEAAY ASAAEgJeA_D_BwE 1-844-637-6667



Car Seat Safety		
Resource	Description	Contact Information
PA Child Passenger Protection Act	The PA Child Passenger Protection Act requires that all drivers transporting children up to age 4 use an approved child safety seat. Children ages 4 to 8 must wear a seat belt and be in a booster seat. Children with medical conditions or disabilities may require special considerations or adaptations for transportation safety.	http://www.google.com/url?s a=t&rct=j&q=&esrc=s&source =web&cd=3&cad=rja&uact=8 &ved=OahUKEwiopbvom47W AhUCyoMKHUhVAalQFggwM Al&url=http%3A%2F%2Fwww. pakidstravelsafe.org%2Fnews- events%2Fnews%2Fitem%2Fd ownload%2F369_a828d49458 bafd9461e78fc6b5cde1b6&us g=AFQjCNHc3MeVHe- zqjddenQJFNOcljX5rg
The Pennsylvania Traffic Injury Prevention Project	Materials available through the Traffic Injury Prevention Project cover a range of traffic safety areas. These areas include: child passenger safety, seat belt safety, air bag safety, school bus safety, transporting special needs children, pedestrian safety, bicycle safety, and youth driving safety and awareness.	http://pakidstravelsafe.org/ 1-800-CAR-BELT (227-2358)
<u>Car Seat Loan Program by</u> <u>County</u>	Active Car Seat Loan Programs allow individuals to search by county.	http://www.pakidstravelsafe. org/resources/car-seat-loan- programs?view=Profiles&layo ut=search
National Highway Safety Transportation Administration	This group works to prevent injuries and fatalities for all road users including children, teens, older drivers, bicyclists, pedestrians, and drivers with disabilities. The administration makes available information and resources to keep individuals safe in and around cars and on the road.	http://www.nhtsa.gov/
National Easter Seal Society	Easter Seals Western and Central Pennsylvania provides programs and services to ensure that people with disabilities, or other special needs, and their families have equal opportunities to live, learn, work, and play in their communities. Referrals and Information about car seats can be found on this site.	http://www.easterseals.com/ 1-800-221-6827



The American Academy of Pediatrics	The American Academy of Pediatrics is dedicated to the health of all children. Referrals and Information about car seats can be found on this website.	https://www.healthychildren. org/English/safety- prevention/on-the- go/pages/Car-Safety-Seats- Information-for-Families.aspx 1-800-433-9016
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Counseling		
Resource	Description	Contact Information
text4baby	Free text messages are sent to help keep you and your baby healthy throughout your pregnancy and the baby's first year.	Registration is free. https://text4baby.org/.

Medical Assistance		
Resource	Description	Contact Information
Pennsylvania Department of Human Services	The mission of the Pennsylvania Department of Human Services is to improve the quality of life for Pennsylvania's individuals and families. They promote opportunities for independence through services and supports while demonstrating accountability for taxpayer resources.	http://www.dhs.pa.gov/ 1-800-692-7462
Pennsylvania Department of Human Services County Assistance Office Contact Information	Pennsylvanians can seek assistance and a range of services for themselves and their families from professionally trained staff members at county assistance offices.	http://www.dhs.pa.gov/citize ns/findfacilsandlocs/countyass istanceofficecontactinformati on/ Please refer to the local office near you.
COMPASS	COMPASS is an online application for Pennsylvanians to apply for many health and human service programs.	www.compass.state.pa.us
PennsylvaniaHealth Options.com	This resource will help to compare insurance carriers online.	http://www.pahealthoptions.c om/ 1-877-881-6388



Lead Health Information for Parents, Homeowners, Contractors, and Health Care Professionals		
Resource	Description	Contact Information
Lead Poisoning	Lead can do great harm, especially to young children. The leading cause of lead poisoning is lead dust from lead-based paint which was used in many homes until 1978. Young children are exposed to lead dust in older homes through normal everyday activities such as crawling on the floor and putting their hands, toys or other objects in their mouths. Lead can also be found in bare soil, some imported spices, home remedies and cosmetics.	http://www.health.pa.gov/ Go to Health, All Health Topics, Diseases and Conditions, Lead Poisoning 1-800-440-LEAD (5323)
Elevated Lead Blood Level Case Management Guidelines	Recommendations from the Advisory Committee on Childhood Lead Poisoning Prevention.	https://www.cdc.gov/nceh/le ad/CaseManagement/caseMa nage_main.htm 1-800-CDC-INFO 1-800-232-4636 TTY: 1-888-232-6348
Environmental Protection Agency, Lead	The mission of the Environmental Protection Agency is to protect human health and the environment. Provides many useful links for families.	http://www2.epa.gov/lead 1-800-424-5323



Pennsylvania Safe and	The Pennsylvania Safe and Healthy Homes	
Pennsylvania Safe and Healthy Homes Program	The Pennsylvania Safe and Healthy Homes Program seeks to provide education and interventions to promote healthy homes and prevent problems and injuries. When hazards are present in a home, they can have a profound effect upon the health of the occupants, particularly those most vulnerable, such as children.	https://www.health.pa.gov/to pics/programs/Pages/Safe- and-Healthy-Homes.aspx 1-717-772-2762 Serving Counties: Allegheny, Armstrong, Beaver, Carbon, Cameron, Clearfield, Crawford, Delaware, Elk, Erie, Indiana, Jefferson, Lehigh, Montour, Northampton, Northumberland, Philadelphia, Schuylkill,
		Venango, Warren, Washington and Westmoreland

Lead Information for Families, Contractors, and Property Managers		
Resource	Description	Contact Information
Environmental Protection Agency.gov - Lead	 The Environmental Protection Agency has two programs for certifying contractors and accrediting training providers. 1. Renovation, Repair and Painting Program 	 <u>https://www.epa.gov/lead/</u> <u>renovation-repair-and-</u> <u>painting-program-</u> <u>contractors</u> <u>https://www.epa.gov/lead/</u> <u>evaluating-and-eliminating-</u> <u>lead-based-paint-hazards</u>
Pennsylvania Department of Labor and Industry	 Lead Abatement Program for permanent elimination of lead-based paint hazards The Pennsylvania Department of Labor and Industry lists accredited trainers and certified contracting firms. 	https://www.dli.pa.gov/Indivi duals/Labor-Management- Relations/bois/Pages/Lead- Occupations.aspx
Occupational Safety and Health Administration	For information about regulations regarding work on facilities which are non-residential, contractors should contact the appropriate Occupational Safety and Health Administration Pennsylvania area office.	https://www.osha.gov/



Housing and Urban	This resource for level and collers is beard	http://portal.hud.gov/hudport
Housing and Urban	This resource, for landlords and sellers, is based	
Development– Lead	on the Residential Lead-Based Paint Hazard	al/HUD?src=/program_offices
Disclosure Rule	Reduction Act of 1992, also known as Title X and	/healthy_homes/enforcement
	is intended to protect families from exposure to	<u>/disclosure</u>
	lead from paint, dust, and soil. Landlords and	1-800-424-LEAD (5323)
	sellers are required to disclose known	
	information on lead-based paint and lead-based	
	paint hazards before the sale or lease of most	
	housing built before 1978. If you did not receive	
	the Disclosure of Information on Lead-Based	
	Paint and/or Lead-Based Paint Hazards form	
	when you bought or leased pre-1978 housing,	
	contact	
	1-800-424-LEAD (5323).	

Individuals with Brain Injury and Their Families		
Resource	Description	Contact Information
Brain Injury Association of Pennsylvania	The mission of the Brain Injury Association of Pennsylvania is to foster a community of education, advocacy, support, and research to maximize the quality of life for those with brain injuries and their families.	https://biapa.org/ 1-800-444-6443
Head Injury Program	The Pennsylvania Head Injury Program pays for head injury rehabilitation services for people who qualify. The goal of the program is to help individuals with a traumatic brain injury live independently in their homes and communities.	www.doh.pa.gov/headinjuryp rogram 1-717-772-2763
Brain Injury Help Line	To learn more about services available for individuals with brain injury and their families, please contact the toll-free Brain Injury Help Line.	1-866-412-4755
Independent Enrollment Broker	Office of Long-Term Living launched the Pennsylvania Independent Enrollment Broker, a contracted statewide entity, to facilitate and streamline the eligibility/enrollment process for applicants seeking services for several Pennsylvania waivers/programs.	1-788-550-4227



Community Services Program for Persons with Physical Disabilities/ Omnibus Budget Reconciliation Act Waiver	The Community Services Program for Persons with Physical Disabilities/Omnibus Budget Reconciliation Act Waiver provides services to people 18 or older with severe developmental and physical disabilities, such as cerebral palsy, epilepsy, or similar conditions (onset prior to age 22).	http://www.dhs.pa.gov/citize ns/alternativestonursinghome s/obrawaiver/ Long-Term Living Helpline, 1- 800-753-8827
Brainline.org	BrainLine is a national multimedia project offering information and resources about preventing, treating, and living with traumatic brain injury.	http://www.brainline.org/ 1-703-998-2020

Immunizations/Vaccinations		
Resource	Description	Contact Information
Pennsylvania Department of Health, Division of Immunizations	The Division of Immunizations, in the Pennsylvania Department of Health, focuses on the reduction or elimination of vaccine- preventable diseases. The primary goal of the division is to achieve maximum immunization coverage to eliminate the occurrence of vaccine preventable diseases in Pennsylvania.	www.health.pa.gov Go to "I'm looking for" > "Programs" > "Immunizations" 1-717-787-5681
Pennsylvania Vaccines for Children Program	The Pennsylvania Vaccines for Children Program is a federally funded program that provides vaccines at no cost to children who might not otherwise be vaccinated because of inability to pay. Children who are eligible for vaccines through Vaccines for Children are entitled to receive vaccines recommended by the Advisory Committee on Immunization Practices.	www.health.pa.gov Go to "I'm looking for" > "Programs" > "Immunizations" > "Vaccines for Children Program" 1-717-787-5681
Pennsylvania Department of Health, Health Services Locator	The Health Services locator is available to assist in finding Pennsylvania health care facilities within your county or region.	http://www.health.pa.gov/ Go to "Health Care Facilities"
Pennsylvania Association of Community Health Centers	As the state primary care association, the Pennsylvania Association of Community Health Centers represents and supports the largest network of primary health care providers in the commonwealth.	http://www.pachc.org/About- PACHC 1-866-944-2273



Legal Advocacy for the Disabled in Pennsylvania		
Resource	Description	Contact Information
Disability Rights Pennsylvania	Disability Rights Pennsylvania has helped tens of thousands of children and adults with disabilities access special education services, obtain needed health and mental health care, and gain access to employment and housing. It has also helped to stop the abuse, neglect and rights violations of Pennsylvanians with disabilities.	http://disabilityrightspa.org Harrisburg: 1-800-692-7443 or 1-717-236-8110; Philadelphia: 1-215-238-8070; Pittsburgh: 1-412-391-5225
Pennsylvania Health Law Project	The Pennsylvania Health Law Project offers free legal advice to low-income people with insurance problems. The Pennsylvania Health Law Project also helps people who do not have health insurance.	http://www.phlp.org/ 1-800-274-3258
Pennsylvania Office of Victim Advocate Locate a Victim Service Agency	The Pennsylvania Office of Victim Advocate is dedicated to representing, protecting and advancing the individual and collective rights and interests of crime victims.	http://www.ova.pa.gov/Servic es/Resources/LocateaVictimSe rviceAgency/Pages/default.as px 1-800-563-6399

Transportation Assistance for the Disabled		
Resource	Description	Contact Information
Pennsylvania Department of Human Services Medical Assistance Transportation Program	The Medical Assistance Transportation Program provides transportation to medical appointments for Medical Assistance recipients who do not have transportation available to them. The individual's county of residence will provide the type of transportation that is the least expensive while still meeting their needs.	http://matp.pa.gov/ Please refer to the local office near you.
Pennsylvania Community Disability, Assistive Technology & Transportation Services	This site offers a variety of disability and transportation services throughout Pennsylvania.	http://www.carepennsylvania. org/list14_PA_disability_trans portation_senior_services.htm



Vocational Rehabilitation Assistance and Job Training for the Disabled		
Resource	Description	Contact Information
Pennsylvania Department of Labor and Industry Vocational Rehabilitation Services Website	The Pennsylvania Office of Vocational Rehabilitation provides vocational rehabilitation services to help persons with disabilities prepare for, obtain, or maintain employment. It provides services to eligible individuals with disabilities, both directly and through a network of approved vendors. Services are provided on an individualized basis.	http://www.dli.pa.gov/individ uals/disability- services/ovr/pages/default.as px
Office of Vocational Rehabilitation Office Directory	The Office of Vocational Rehabilitation Office Directory will help you find a vocational rehabilitation district office.	http://www.dli.pa.gov/Individ uals/Disability- Services/ovr/Pages/OVR- Office-Directory.aspx Please refer to the local office near you.
United States Department of Labor Disability Resources	The purpose of the United States Department of Labor Disability Resources is to foster, promote, and develop the welfare of wage earners, job seekers, and retirees of the United States. The department also works to improve working conditions, advance opportunities for profitable employment, and assure work-related benefits and rights.	https://www.dol.gov/general/ topic/disability 1-866-487-2365

ChildLine and Abuse Registry		
Resource	Description	Contact Information
ChildLine	ChildLine is part of a mandated statewide child protective services program designed to accept child abuse referrals and general child well- being concerns and transmit the information quickly to the appropriate investigating agency. Referrals are received 24 hours a day, seven days a week.	http://www.dhs.pa.gov/provi der/childwelfareservices/child lineandabuseregistry/ 1-800-932-0313



Child Welfare Portal	This service provides a means for individuals to	https://www.compass.state.p
	apply for Pennsylvania Child Abuse History	a.us/cwis/public/home
	Clearance online and for mandated reporters to report child abuse in Pennsylvania.	1-877-343-0494