

Stopping

the Flu

Starts with YOU



Clean Surfaces

like phones, doorknobs, remotes,
light switches, and countertops often.

- Frequently clean and disinfect surfaces and objects that are touched often, especially when someone is ill.
- Use disinfecting wipes on electronic items that are touched often, such as phones and computers.
- Immediately clean surfaces and objects that are visibly soiled.
- Use products safely. Do not mix cleaners and disinfectants unless the labels indicate it is safe to do so. Combining certain products (such as chlorine bleach and ammonia cleaners) can result in serious injury or death.
- Flu viruses can live up to 24 HOURS on hard surfaces. Use a disinfectant cleaner to clean everything you touch, like:

- Countertops
- Sinks
- Faucets
- Phones

- Doorknobs
- TV remotes
- Desks
- Light switches

- Computers
- Keyboards
- Toys