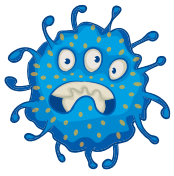
CALLING ALL CREATIVE KIDS!

2016 Get Smart Competition for Young Artists and Writers

Draw a picture, design a poster or write a story about keeping healthy!

The Pennsylvania Get Smart Program invites all children (up to 12 years old) to help build the national campaign to say "NO!" to germs and "YES!" to being healthy! This involves ideas like washing your hands (to wash germs away), getting vaccines or "shots" (to help prevent illness), and using medicines called antibiotics appropriately (to fight bacterial infections).



Here are a few ideas:

- **Draw** icky germs on dirty hands!
- **Make a poster** with tips for what to do if someone coughs on your toy. Yuck!
- **Write** about a classroom where you are sharing books and toys, when, one day, your best friend gets sick. What happens? Does she or he go to the nurse? Do you wash your hands?
- **Make a drawing** of yourself getting a flu vaccine!
- **Show examples** of children sick with germs that don't need antibiotics — like colds or the flu. They need a box of tissues and lots to drink but no antibiotics!
- **Design a comic book** of everything "germy" you might touch in a day.
- **Write a poem** about how vaccines help keep you healthy.
- **Create a germ-fighting hero** who uses soap, water and vaccines to fight off germs.

Deadline for submission is 10 p.m., Oct. 31, 2016

Three children each from five different age groups will win prizes!

Winning entries will be displayed on the Get Smart website.

GET SMART
Know When Antibiotics Work
www.cdc.gov/getsmart

pennsylvania
DEPARTMENT OF HEALTH
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For guidelines, information and where to submit your entries, visit www.KnowWhenToSayNo.org.