

Stool Specimen Collection Kit

Instructions for Patients

STOOL KIT CONTENTS

1. Stool collection container, (Cary Blair Medium, pink liquid with attached scoop in lid)
2. Biohazard bag with absorbent pad
3. Specimen submission form
4. Clear plastic bag for specimen submission form
5. Cold pack
6. Foam packing insert
7. Pre-addressed postage-paid outer mailer

INSTRUCTIONS FOR COLLECTING STOOL SAMPLE

1. Upon receipt of the kit, **freeze** the cold pack.
2. **Label** with your **name, collection date and time** on both the stool container and specimen submission slip.
3. This information must appear on **both** the specimen and specimen submission form or the testing will **NOT** be performed.
4. Pass the stool into a clean, dry container.
 - a. Examples of a disposable container include a clean aluminum pie pan or a clean whipped topping container.
 - b. Could make your own container with aluminum foil, by folding the ends and sides up.
5. Use the attached spoon to add a sufficient amount of stool to the fill line on the collection vial.
6. Tightly screw on the cap and shake the container vigorously for about 1 minute.
7. Place the stool container in the biohazard bag that contains the absorbent pad. Seal the bag.
8. **Refrigerate** the stool container until shipping.

INSTRUCTIONS FOR SPECIMEN SUBMISSION FORM

1. The public health staff completes the pertinent information on the specimen submission form.
2. If patient's demographic information is not known by public health staff, the specimen submitter will complete areas on the specimen submission form highlighted by the public health staff.
3. Enter the **collection date and time** on the specimen submission form and label of the collection tube.

INSTRUCTIONS FOR PACKING and SHIPPING SPECIMEN

1. Place the biohazard bag holding the stool container into the foam box.
2. Add the frozen cold pack and close the foam box.
3. Put the completed specimen submission form into clear plastic bag.
4. Seal the bag and place it between foam box and outer mailer.
5. Close the outer mailer box and secure with tape.
6. Place the box into the United States Postal Service system for delivery.

IF YOU HAVE ANY QUESTIONS---

Call the County State Health Center at _____.