

We make house calls, so you don't have to.

PA Free Quitline

- ▶ The PA Free Quitline offers evidence-based, individualized counseling to your patients.
- ▶ The Quitline is for people identified through a brief assessment who are ready for a quit attempt.
- ▶ Quit coaches provide an assessment, assistance in developing a quit plan, helpful informational materials and follow-up calls.

What is Fax To Quit?

- ▶ *Fax To Quit* is a way to link your patient directly to services to help your patient quit the use of tobacco products.
- ▶ A fax referral results in a call to your patient within 48 hours.
- ▶ The Quitline faxes a report to you when contact is made with your patient.
- ▶ Your patient gets up to FIVE conveniently scheduled calls from the Quitline and unlimited patient initiated calls.

What do you need to do?

- ▶ Do a brief assessment with the patient to determine readiness for a quit attempt.
- ▶ Talk to the patient about cessation medications and therapies such as a nicotine patch. In some cases, the Quitline will be able to provide nicotine replacement medications.
- ▶ Complete a fax referral form to the Quitline.
- ▶ Follow up with the patient at their next visit.