

Somerset County Resource Guide

Children and youth with special healthcare needs and their families

The Special Kids Network Helpline – 1-800-986-4550

- Advocacy for special healthcare needs
 - [The Arc of Pennsylvania](#) [Website link]
The largest advocacy organization in the United States for people with intellectual and developmental disabilities containing 34 local chapters serving 56 counties across Pennsylvania.
 - [Center for Independent Living of South Central PA](#) 814-949-1905 or 800-237-9009
The Mission of the Center for Independent Living of South Central PA is to empower people with disabilities to lead independent lives in their communities. CILSCPA strives through advocacy and collective action to remove physical and attitudinal barriers that prevent persons with disabilities from exercising their rights, achieving personal independence, and participating fully in the life of the community. Programs, services & trainings provided by CILSCPA teach consumers to take responsibility for their own abilities to live independently.
CILSCPA, established in 1988, is a non-profit, non-residential, community based organization. In accordance with the Rehabilitation Act, at least 51% of CILSCPA board members and staff have disabilities.
 - [Juvenile Law Center](#) [Select 'Somerset' County then 'Advocacy and Legal Services' or 'Disability Rights and Special Needs Resources'.]
Advancing the rights and well-being of children in jeopardy. 1-888-864-6393
Advocacy:
 - [Community Resources For Independence, Inc](#) 1-800-530-5541 or 814-838-7222
Offers independent living services to people with disabilities along with accessibility education, waiver information, independent living services, attendant care service coordination, assisting technology, and information and referral
 - [Pennsylvania Bar Association Lawyer Referral Service](#) 1-800-932-0311
Pennsylvania Bar Association Lawyer Referral Service matches clients to a Pennsylvania lawyer in a specific area of law.
 - [Office Of Vocational Rehabilitation](#) 1-800-762-4223 or 814-255-6771
OVR provides assistance with obtaining and maintaining employment to individuals with disabilities.
 - [Southwestern PA Legal Services](#) Uniontown: 724-439-3591
Provides legal assistance on civil cases that involve landlord/tenant, divorce, support, abuse, custody, visitation, SSI, SSD, welfare problems, and employment compensation, consumer problems and bankruptcy.
 - [Women's Help Center, Inc](#) 1-800-999-7406
Women's Help Center offers domestic violence services, counseling, 24-hour hotline, emergency shelter (for up to 30 days), children's program, legal advocacy, community education/outreach, and prevention education.
 - [Special Kids Network](#) 1-800-986-4550
Statewide referral service designed to serve families of children with chronic health of disabling conditions through information and service coordination

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- [Disability Rights Network Of Pennsylvania](#) Harrisburg: 717-236-8110
Pittsburgh: 412-391-5225; Philadelphia: 215-238-8070
Provide legal consultation and representation for individuals with disabilities and their families who are facing discrimination on the basis of disability and access to needed services along with providing information, referral and technical assistance to Pennsylvania residents with disability issues.
- [Developmental Disabilities Advocacy Network](#) 1-800-692-7443
The Developmental Disabilities Advocacy Network provides information on disability programs and services in communities nationwide.
- [PA Client Assistance Program](#) 888-745-2357 or 800-323-6060
PA's Client Assistance Program is an advocacy program for people with disabilities seeking services in employment and housing
- [LGBT Youth in Crisis Hotline](#) 800-246-7743
Youth serving youth through age 25. Peer counseling, information, and local resources.
- [Gay, Lesbian, Bisexual, and Transgender Helpline](#) 888-843-4564
The Gay, Lesbian, Bisexual, and Transgender Hotline provides telephone and email peer counseling, as well as factual information and local resources for cities and towns across the United States.

Special Needs Resources:

- [Pennsylvania Families Incorporated](#) Please see website for contact information.
PFI is a resource database that empowers PA families of children with special needs by linking them to support and information.
- [Social Security Administration](#) 1-800-772-1213
Somerset: 814-443-9650; Johnstown: 866-331-7128; Chambersburg: 717-263-4138
Local office where individuals can apply for Social Security benefits
- [Bureau of Blindness and Visual Services](#) Harrisburg: 717-787-6176; Altoona: 814-946-7330
Provides services to assist individuals who are blind or visually impaired in areas of specialized children services, finding employment, starting a business, gaining independent living skills
- [Bureau of Autism Services](#) Harrisburg: 866-539-7689
Bureau of Autism Services is a department within the Department of Human Services specifically addressing the needs, issues and concerns of people with Autism Spectrum Disorders in Pennsylvania. BAS provides information on available services and waiver funding.
- [County MH/MR/DS](#) Please see website for locations and phone numbers.
The Home and Community Services Information Systems offers a directory of all of PA's county MH/MR/DS. The Office of Mental Health/Mental Retardation/Mental Development administers services and programs for individuals with mental and developmental disabilities
- [Goodwill of Southwestern Pennsylvania](#) Uniontown: 724-437-9878
Goodwill of SWPA offers supported employment program for individuals with disabilities.
- [Fayette Resources](#) Uniontown Offices: 724-437-6461; DuBois: 814-372-2115
Fayette Resources provides services for individuals with physical and mental health impairments including residential living and life sharing programs,

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- independent living skills training, and supported employment.
- [Northwest Human Services](#) 1-888-647-0020
NHS provides residential living options, case/care management, and therapeutic services for individuals with disabilities.
- [AHEDD, Inc.](#) Chambersburg Office: 717-597-7665
Customized employment for people with developmental disabilities. Also services for youth in their transition from school to careers & work.
- [Good Will Industries](#) Please see website for locations and phone numbers.
Good will Industries provides supported employment program for adults with disabilities.
- [Easter Seal Society Of Western and Central Pennsylvania](#) Somerset: 814-445-4834
Easter Seal Society of Western Pennsylvania provides speech and hearing services such as hearing evaluations, hearing aid sales and service, central auditory processing testing, speech evaluations, speech therapy, medical equipment loan, information and referral, medical equipment loan program, sign language classes
- [Center for Independent Living of South Central PA](#) 1-800-237-9009
CILSPA offers services for individuals with disabilities including peer counseling, advocacy, independent living skills training, and information/referral services.
- [Pennsylvania Association For The Blind](#) See website for contact information.
Providing services to prevent, prepare for, and manage vision loss with programs and services for both children and adults such as vision screenings, residential and vocational rehabilitation, transportation, transitional and Braille instruction, information and referral, support and advocacy
- National Runaway Switchboard 1-800-786-2929
Toll-free, nationwide hot-line for runaways and troubled youth. Provides information and referral for shelter, counseling, medical and legal services and transportation back home.
- [Kaleidoscope Family Solutions Inc.](#) Autism, IDD & Behavioral Team 877-384-1729;
Kaleidoscope Family Services (KFS) is School Division: 800-908-0546
a specialized provider of clinical and therapeutic services directly to individuals as well as education-system staffing services. Services are delivered through its specialty division outlined below.
 - KFS Behavioral Therapeutic Services
 - KFS Autism Services
 - KFS Intellectual and Developmental Disabilities Services
 - KFS School Staffing Services
 - KFS Training Services
- [Pennsylvania Elks Home Service Program](#) Somerset- 814-948-6822
Providing support and advocacy services to individuals who have a developmental disability.
- Assistive Technology
 - [Pennsylvania Assistive Technology Foundation](#) [Webpage Resource] 888-744-1938
Foundation's mission is to provide financing opportunities to people with disabilities

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and older Pennsylvanians helping them to acquire the assistive technology devices and services that improve the quality of their lives.

- [Tri County Patriots for Independent Living Assistive Technology Resource Center](#)
TRIPIL is the local outreach partner of the statewide program known as Pennsylvania's Initiative on Assistive Technology, (PIAT). As a 724-233-5115 partner, TRIPIL's ATRC served Bedford, Blair, Cambria, Fayette, Greene, Somerset and Washington Counties.
Tri-County Patriots for Independent Living affirms Liberty and Justice for all people with disabilities.

- Counseling for special healthcare needs

- Day Care

- [Pennsylvania Department of Human Services](#) 1-800-692-7462
Child Care and Early Learning services.
 - [Child Care Works Subsidized Child Care](#) 814-445-9260
if your household income is no more than twice of the FPIG and your child is 13 or younger and you are a working parent or you are going to school.
 - [Pre-school Programs](#) 1-866-214-5437
if your household income is no more than the FPIG and your child is five years old or younger.
 - [Online Child Care Provider Search](#) Website address
The search will help you locate a child care provider that meets your needs and offer information on Early Learning programs. The Online Child Care Provider Search offers a portion of the wide spectrum of child care services offered by Child Care Information Services (CCIS) agencies. For additional assistance in locating a child care arrangement, [contact your local CCIS](#).
- [Somerset County, PA Child Care Information Services](#) 814-445-9260
1-800-428-8920

Parents can call County office to inquire about eligibility or just to seek information about the different types of childcare or just help in seeking a childcare provider. All information is confidential.

- Early Intervention

- [Easter Seals Western and Central Pennsylvania](#) 412-281-7244
Easter Seals Western and Central PA is committed to providing exceptional programs and services for children with disabilities or other special needs.
- [PA Department of Education Early Intervention Program](#) 1-800-692-7288.
The Pennsylvania Early Intervention program provides support and services to families with children, from birth to age five, with developmental delays and disabilities.
- [Pennsylvania Department of Human Services Early Intervention Services Website](#)
While all children grow and develop in unique ways, some children experience

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delays in their development. Children with developmental delays and disabilities benefit from the Pennsylvania Early Intervention program, a state supported network of parents, service practitioners, and others which builds upon the natural learning opportunities that occur within the daily routines of a child and their family.

- Health Insurance

- [CHIP](#) [Web Page link] 1-800-986-KIDS (5437)
Pennsylvania's Children's Health Insurance Program.
Covers all uninsured PA kids under 19.
- [COMPASS](#) [PA Dept. of Human Services benefits online application Web Page link]
[Select *Apply for Any Benefits* link to begin.]
- *Help with Medicare*
 - [APPRISE](#) 1-814-443-2681
a free health insurance counseling service
for individuals 60 and over.
 - [Somerset County Area Agency on Aging, APPRISE](#) 814-765-2696
 - [Medicare Part D](#) [Website link]
Information about the Part D prescription drug
benefit available to individuals enrolled in Medicare.
- [HealthCare.gov](#) [Federal Health Insurance Enrollment Website] 1-800-318-2596
- [HealthChoices](#) [Website]
HealthChoices will provide low-income Pennsylvanians with the opportunity to purchase private health insurance at affordable rates through a network of eight insurance private insurers, offering three or more health insurance plan options per region. Coverage will begin Jan. 1, 2015. Apply online at www.COMPASS.state.pa.us and learn more at www.healthypa.com.
- [Medical Assistance \(MA\)](#) [PA Department of Human Services Web link.]
Health care services for eligible individuals.
- *Pregnancy Insurance*
 - [Presumptive Eligibility](#) [Eligible uninsured pregnant woman should register with Dept. of Human Services, COMPASS and Medical Assistance (MA).]
Presumptive Eligibility (PE) provides insurance coverage for pregnant woman who have applied for MA but are still under review.
 - [Maternity Insurance.org](#) [Website link]
 - [Pennsylvania-Health-Coverage.com](#) [Website link] 1-866-589-6215
Compare affordable maternity health insurance options.
- [Resource Guide to Healthcare Options in Pennsylvania](#)
For Children, Adults, and Seniors
The Pennsylvania Office of Rural Health, Pennsylvania State University

- Housing

- [Juvenile Law Center](#) [Somerset County.]
Advancing the rights and well-being of children in jeopardy. 1-888-864-6393
Housing

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- [HUD](#) Pittsburgh: 412-644-6428; Philadelphia: 215-656-0500
HUD is a federal program that provides housing support for individuals in need such as rental programs (including Section 8) and home ownership assistance programs.
- [Pennsylvania Affordable Apartment Locator](#) 1-877-428-8844
PAHousingSearch.com is a website in which affordable housing can be searched and located within in PA.
- [Northwest Human Services](#) 1-888-647-0020
NHS provides residential living options, case/care management, and therapeutic services for individuals with disabilities.
- [Fair Housing/Equal Opportunity at HUD](#) 1-800-799-2085
Hotline service for individuals to report incidences of housing discrimination.
- [Making Homes Affordable](#) 888-995-4673
National nonprofit organization aiming to prevent home foreclosure and reduce monthly payments for eligible individuals and families

Shelters

- [Women's Help Center, Inc](#) Somerset County: 814-443-2824
Women's Help Center offers domestic violence services, counseling, 24-hour hotline, emergency shelter (for up to 30 days), children's program, legal advocacy, community education/outreach, and prevention education.

Transitional Housing

- [Community Action Partnership for Somerset County](#) 814-445-9628
Community Action offers several programs and partnerships aimed to help disadvantaged youth and individuals. Services include Housing Assistance, Utility Assistance, Employment Assistance, Food Pantries, Life Skills, Supportive Housing Program, Weatherization Program, Transportation
- [Skills of Central PA](#) Hanover: 717-630-2743; State College: 814-2387-3245;
Clearfield: 814-768-1009; Lewistown: 717-242-0313; Ebensburg: 814-472-1031
Altoona: 814-949-4800
Skills of Central PA offers services to individuals with disabilities such as residential options (Community Homes, Community Habilitation Services and Lifesharing), vocational and rehabilitative services, adult day services, life skills training.
- [Next Step Center](#) Somerset: 814-444-8588
The Next Step Center provides emergency shelter and transitional housing for those in need.
- [Village at Somerset](#) 814-445-7006
Section 8 Housing that gives affordable housing to those who meet low income eligibility.

- Somerset County Housing Authority, Boswell, PA 814-629-5147
[Housing Authority does not have a website address]

- Health Waiver Programs

- **Medicaid Waivers for Children under 21:**
 - [Attendant Care/Act 150](#) Long-Term Living Helpline, 1-800-753-8827

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Enables individuals with a physical disability, ages 18-59, who are mentally alert to continue to live in their homes with support and services.

- [Community Services Program for Persons with Physical Disabilities/OBRA Waiver](#)
Long-Term Living Helpline, 1-800-753-8827
Provides services to people 18 or older with severe developmental and physical disabilities, such as cerebral palsy, epilepsy, or similar conditions (onset prior to age 22).
- [Consolidated Waiver for Individuals with Mental Retardation](#)
Provides services to eligible people age three or older with mental retardation so that they can remain in the community.
- [Person/Family Directed Support Waiver](#)
Provides services to eligible people age three or older with mental retardation so that they can remain in the community.
- [Community Services Program for Persons with Physical Disabilities/Independence Waiver](#)
Long-Term Living Helpline, 1-800-753-8827
Provides services to individuals 18 and older with severe physical disabilities to allow them to live in the community and remain as independent as possible.
- [Infant, Toddlers, and Families Waiver](#) 717-346-1119
Supports Early Intervention services to children up to age three who would otherwise require the level of care provided in an Intermediate Care Facility for persons with Mental Retardation of Other Related Conditions.

- Respite Care

- [ARCH National Respite Network](#) [Website]
for help with the Respite Locator Service please contact Mike Mathers at:
mmathers@chtop.org or by phone at 1-919-490-5577.

The mission of the ARCH National Respite Network and Resource Center is to assist and promote the development of quality respite and crisis care programs, to help families locate respite and crisis care services in their communities, and to serve as a strong voice for respite in all forums.

- Special Education

- [PA Bureau of Special Education Consult Line](#) 1-800-879-2301
Help for families and advocates of children with special needs can be obtained by calling the Consult Line or with the on-line request form available at: <http://odr-pa.org/contact-consultline/>
- [Intermediate Units in PA](#) [Website Link]
Intermediate Units in Pennsylvania are part of the governance structure of public education and are located in the middle between the state education agency and the local school districts. They provide specialized services to local school districts that can be operated more effectively and efficiently on a regional basis

- Support Groups

- [Parent to Parent of Pennsylvania](#) [Select 'P2P Supports Groups' link]
Linking families of children and adults with disabilities 1-888-727-2706
or special needs.
- [PA Families Incorporated](#) info@pafamiliesinc.org 1-800-947-4941

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Statewide network providing support to families raising children and youth with emotional, behavioral, and special needs, as well as serving as an advocate in the different child serving systems.

Updated regularly.

[Somerset County](#) [Select 'Resources' link on main page then select desired County.]

Women who are or who might be pregnant

The Healthy Baby Information Helpline – 1-800-986-2229

- Baby Supplies
 - [Birthright International, Confluence & Somerset, PA Chapters](#) 1-800-550-4900
Support for women facing unplanned pregnancies.

- Breastfeeding Guides If you need more information visit [Handouts for Parents](#) or call the Healthy Baby line at 800-986-BABY(2229).
 - [Pennsylvania Breastfeeding Referral Guide](#)
Arranged by County
 - [Womenshealth.gov Breastfeeding Challenges Guide](#) 800-994-9662
Information regarding common breastfeeding challenges
Office on Women's Health, US Department of Health and Human Services

- Car Seats
 - [Car Seat Safety](#)
The PA Child Passenger Protection Act requires that all drivers transporting children ages birth – four years use an approved child safety seat. Children ages four to eight must wear a seat belt and be in a booster seat. Children with medical conditions or disabilities may require special considerations or adaptations for transportation safety.
 - [The PA Traffic Injury Prevention Project](#)
Car Seat Loan Program by County - Information Hotline – 800-CAR-BELT
Training for school districts and companies 412-885-0266
on transporting children with special needs.
 - [National Highway Safety Transportation Administration](#) – 888-327-4236
Information on car seat safety and installation inspection.
 - National Easter Seal Society [phone listing] 800-221-6827
Referrals and information about car seats.
 - [The American Academy of Pediatrics](#) 847-228-5005
Referrals and information about car seats.

- Counseling

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- **CHIP**
 - [PA Children's Health Insurance Program](#) Call automated phone line at 800-986-KIDS (5437) and a CHIP representative will return your call within two business days.
Pennsylvania's CHIP program puts health coverage within reach for all uninsured kids and teens who are not eligible for or enrolled in Medical Assistance.

- **Pregnancy Insurance**
 - **Presumptive Eligibility (PE), Medical Assistance (MA)**
Presumptive Eligibility is a temporary program of health insurance coverage for pregnant women who are applying for Medical Assistance.
 - [PA Dep of Human Services Benefits Helpline](#) [phone] 1-800-692-7462
 - [PA Dep of Human Services County Assistance Office Contact Information](#)
 - [COMPASS](#) (PA Dep of Human Services) [Website]
Online application for Pennsylvanians to apply for many health and human service programs. Click on the 'Apply Now' button to begin or use links on right side for further assistance.
 - [PAHealthOptions.com \(PA Dep of Insurance\)](#) 1-877-881-6388
The Pennsylvania Insurance Department's Unbiased Guide to Understanding Health Insurance.

- [text4baby](#) Registration is free on the text4baby.org website.
Free text messages to keep you and your baby healthy throughout your pregnancy and the baby's first year.

- [WIC](#) 800-942-9467
Through WIC, pregnant women, mothers, and caregivers of infants and young children learn about good nutrition to keep themselves and their families healthy. WIC provides nutrition service, breastfeeding support, health care and social service referrals, and healthy foods to over 250,000 participants every month in PA.

Lead health information for parents, homeowners, contractors, and healthcare professionals

The Lead Information Helpline - 1-800-440-5323

- [Elevated Lead Blood Level Case Management Guidelines](#) [CDC Web Page]
Recommendations from the CDC Advisory Committee on Childhood Lead Poisoning Prevention
- [Environmental Protection Agency, Lead](#) [EPA Web Page]
Provides many useful links for families including:
[Lead Hotline – National Lead Information Center](#) link (800) 424-5323.

Updated June 2015

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- [PA Lead and Healthy Homes Program](#) [Website link] (717) 772-2762
The Pennsylvania Lead and Healthy Homes Program (LHHP) seeks to create safe and healthy housing by addressing environmental health and safety issues in homes.
- Certified Contractors
 - Locating EPA Certified Lead Contractors and technicians
 - [EPA.gov - Lead](#)
 - [PA Labor and Industry](#)
Link to list of accredited trainers and certified contracting firms.
 - Information for Contractors
 - [EPA - Lead](#)
Renovate Right for Contractors and Trainers
 - [PA Labor and Industry](#)
Certification and Other Requirements for Lead Occupations
 - [OSHA](#)
For information about regulations regarding work on facilities which are non-residential, contractors should contact the appropriate Occupational Safety & Health Administration Pennsylvania area office.
- Property Managers
 - [HUD – Lead Disclosure Rule](#)
Congress passed the Residential Lead-Based Paint Hazard Reduction Act of 1992, also known as Title X, to protect families from exposure to lead from paint, dust, and soil. Section 1018 of this law directed HUD and EPA to require the disclosure of known information on lead-based paint and lead-based paint hazards before the sale or lease of most housing built before 1978.

If you did not receive the Disclosure of Information on Lead-Based Paint and/or Lead-Based Paint Hazards form when you bought or leased pre-1978 housing, contact 1-800-424-LEAD (5323).

Individuals with Traumatic Brain Injury and their families

The Head Injury Information Helpline – 866-412-4755

- [Brain Injury Association of Pennsylvania](#) 1-800-444-6443
Our mission: to prevent brain injury and improve the quality of life for people who have experienced brain injury and their family members through support, education, advocacy, and research.
- PA Department of Health Head Injury Program
 - [Head Injury Program](#) 866-412-4755

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The goal of the program is to help individuals with a traumatic brain injury live independently in their homes and communities.

- Waiver Programs
 - [Independent Enrollment Broker](#) 788-550-4227
Office of Long-Term Living launched the PA Independent Enrollment Broker, a contracted statewide entity, to facilitate and streamline the eligibility/enrollment process for applicants seeking services for several PA waivers/programs.
 - [COMMCARE Waiver](#) 1-800-753-8827
A Home and Community-Based Services Waiver for Individuals with Traumatic Brain Injury (TBI).
 - [OBRA Waiver](#) 1-800-753-8827
Home and Community based Waiver program that may help if you have a developmental physical disability to allow you to live in the community and remain as independent as possible.
- Other Information
 - [Acquired Brain Injury Network of Pennsylvania](#) info@abin-pa.org, 1-800-516-8052
Nonprofit organization of brain injury survivors, family members, and friends dedicated to increasing public awareness about acquired brain injury, and to providing support, education, information, advocacy, and other services for individuals with acquired brain injury and their families.
 - [Brainline.org](#) - 703-998-2020
Preventing, treating, and living with traumatic brain injury (TBI).

Immunizations/Vaccinations

- Free-Clinics.com
[Highlands Family Medicine, Somerset, Pennsylvania](#) 814-445-4585
Free Health or discounted health services to those who qualify.
- PA Department of Health Division of Immunizations
 - [Division of Immunizations](#) 717-787-5681
 - [Pennsylvania Vaccines for Children Program](#) 888-646-6864
Free vaccines for uninsured children 877-724-3258
- [PA Department of Health, Health Services Locator](#) [Website]
To find a local health center close to you select your county.

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Legal advocacy for the disabled in Pennsylvania

[Disability Rights Network of Pennsylvania](#)

Harrisburg 1-800-692-7443
717-236-8110
717-346-0239 [TDD]
Philadelphia 215-238-8070
Pittsburgh 412-391-5225

The mission of the Disability Rights Network of Pennsylvania is to advance, protect, and advocate for the human, civil, and legal rights of Pennsylvanians with disabilities.

[PA Health Law Project](#)

1-800-274-3258

Helping People in Need get the Health Care they deserve.

Advocacy on access to health care for low-income consumers, the elderly, and persons with disabilities.

Transportation Assistance for the Disabled

- **Pennsylvania Care Planning Council** Website address
[Community Disability, Assistive Technology & Transportation Service](#)