

# Montgomery County Resource Guide

## Children and youth with special healthcare needs and their families

The Special Kids Network Helpline – 1-800-986-4550

- Advocacy for special healthcare needs
  - [The Arc of Pennsylvania](#) [Website link]  
The largest advocacy organization in the United States for people with intellectual and developmental disabilities containing 34 local chapters serving 56 counties across Pennsylvania.
  - [Juvenile Law Center](#) [Select 'Montgomery' County then 'Advocacy and Legal Service' or 'Disability Rights and Special Needs Resources'.]  
Advancing the rights and well-being of children in jeopardy. 1-888-864-6393  
Advocacy and Legal Services
    - [Pennsylvania Bar Association Lawyer Referral Service](#) 1-800-932-0311  
Pennsylvania Bar Association Lawyer Referral Service matches clients to a Pennsylvania lawyer in a specific area of law.
    - [Office Of Vocational Rehabilitation](#) Please look on OVR Office Directory on website listed for the 21 District Office locations and phone numbers.  
1-800-541-0721 or 814-871-4551  
OVR provides assistance with obtaining and maintaining employment to individuals with disabilities.
    - [Montgomery County Mediation Center](#) 610-277-8909  
Legal and family services. Hours: Mon- Fri 9:30AM - 4:30PM
    - [Montgomery County Legal Aid Service - Pottstown](#) 610-326-8280  
Legal assistance.
    - [Lawyer Referral Service at Montgomery Bar Association](#) 610-279-9660 ext 210  
Legal, information & referral Hours: Mon-Fri 9 am to 4 pm
    - [Women's Center Of Montgomery County - Pottstown](#)  
The Women's Center of Montgomery County offers domestic violence services, food, clothing, financial assistance, legal, education, employment & training, information & referral, support groups, transportation.
    - [Indian Valley Opportunity Center](#) Souderton: 215-723-5430  
Non-profit organization that provides educational, vocational and material resources such as fuel, food, clothing, furniture and financial assistance. Services include Employment Training and Educational programs include family literacy, GED, adult ESL, citizenship preparation, and children's summer reading program. IVOC has Spanish, Vietnamese, and Hungarian interpreters.
    - [Victim Services Center](#) 610-277-5200  
Provides free and confidential comprehensive support services to crime victims, their families and significant others.
    - [Laurel House](#) 1-800-642-3150  
Laurel House offers services for victims of domestic violence such as shelter & transitional housing, medical & legal advocacy, community counseling & support groups, children's programs, support to law enforcement, and expanded community education and prevention efforts.

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- [Legal Aid Of Southeastern Pennsylvania](#) Norristown, Bristol; 877-429-5994  
Legal services include protection from abuse, bankruptcy, child dependency, custody, social security, welfare, food stamps, unemployment compensation, public and private housing issues. Helpline is open Monday- Friday, 9am-1pm.
  - [Community Impact Legal Services](#) Coatsville: 1-888-275-8843  
Community Impact Legal Services provides free civil legal services to financially eligible individuals and groups who need assistance with consumer and housing matters.
  - [Special Kids Network](#) 1-800-986-4550  
Statewide referral service designed to serve families of children with chronic health of disabling conditions through information and service coordination
  - [Disability Rights Network Of Pennsylvania](#) Harrisburg: 717-236-8110; Philadelphia: 215-238-8070; Pittsburgh: 412-391-5225  
Provide legal consultation and representation for individuals with disabilities and their families who are facing discrimination on the basis of disability and access to needed services along with providing information, referral and technical assistance to Pennsylvania residents with disability issues.
  - [Developmental Disabilities Advocacy Network](#) 1-800-692-7443  
The Developmental Disabilities Advocacy Network provides information on disability programs and services in communities nationwide.
  - [PA Client Assistance Program](#) Philadelphia: 215-557-7112; Camp Hill: 717-731-1077; Toll-Free: 888-745-2357 or 800-323-6060  
PA's Client Assistance Program is an advocacy program for people with disabilities seeking services in employment and housing
  - [The Center for Lesbian and Gay Civil Rights](#) 215-731-1447 or 866-LGBT-LAW  
The Center advocates equality for lesbian, gay, bisexual and transgender Pennsylvanians through direct legal services, education and policy reform.
  - [LGBT Youth in Crisis Hotline](#) 800-246-7743  
Youth serving youth through age 25. Peer counseling, information, and local resources.
  - [Gay, Lesbian, Bisexual, and Transgender Helpline](#) 888-843-4564  
The Gay, Lesbian, Bisexual, and Transgender Hotline provides telephone and email peer counseling, as well as factual information and local resources for cities and towns across the United States.
- Disability Rights and Special Needs Resources
- [Pennsylvania Families Incorporated](#) Please see website for contact information  
PFI is a resource database that empowers PA families of children with special needs by linking them to support and information.
  - [Social Security Administration](#) Johnstown, PA 19046  
Local office where individuals can apply for Social Security benefits
  - [Bureau of Blindness and Visual Services](#) 215 560-5700  
Provides services to assist individuals who are blind or visually impaired in areas of specialized children services, finding employment, starting a business, gaining independent living skills
  - [Ken-Crest](#) Please refer to website for complete list of locations and numbers.  
Ken-Crest provides services for youth and adults with developmental disabilities such as community residential services, Lifesharing, clinical services,

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- employment services, individual and family supports, and educational services.
- [Resources for Human Development](#) Ardmore: 610-649-5330  
Provides supervised living (CLA) and semi-independent living (SLA), shared housing, individual home ownership, education, training, and clinical treatment services for men and women with intellectual and developmental disabilities throughout Montgomery County.
- [Bureau of Autism Services](#) Harrisburg: 866-539-7689  
Bureau of Autism Services is a department within the Department of Human Services specifically addressing the needs, issues and concerns of people with Autism Spectrum Disorders in Pennsylvania. BAS provides information on available services and waiver funding.
- [County MH/MR/DS](#) Please see website for locations and phone numbers.  
The Home and Community Services Information Systems offers a directory of all of PA's county MH/MR/DS. The Office of Mental Health/Mental Retardation/Mental Development administers services and programs for individuals with mental and developmental disabilities
- [Northwest Human Services](#) 1-888-647-0020  
NHS provides residential living options, case/care management, and therapeutic services for individuals with disabilities.
- [Good Will Industries](#) Please refer to website for locations and phone numbers.  
Good will Industries provides supported employment program for adults with disabilities.
- [LifePath, Inc.](#) Bethlehem: (610) 264-5724; Sellersville: (215) 257-0471; Media: (610) 566-5029  
Services for individuals with developmental disabilities including residential programs, day programs and outpatient psychiatric services. Residential services include Community homes (for residents from Berks, Bucks, Delaware, Lehigh, Montgomery and Northampton counties), Lifesharing, Supported Living and In Home Support
- [AHEDD, Inc.](#) Philadelphia: 215-885-2060  
Customized employment for people with developmental disabilities. Also services for youth in their transition from school to careers & work.
- [Carelink Community Support Services](#) Eddystone: 610-874-1119  
Carelink provides residential, employment, care management, and education services for individuals with mental illness, dual MH/MR needs, physical disabilities and complex behavioral challenges
- [Freedom Valley Disability Empowerment, Inc.](#) Newtown Square: 610-353-6640  
FVDC provides services for individuals with physical disabilities such as Independent living skills training, peer support, advocacy, information and referral
- [Mental Health Association](#) Bloomsburg: 570-784-9583  
The Association is an advocate and resource for individuals and families coping with mental illness. Provides mentoring and friendship for mentally ill individuals by matching them with volunteers from the community.
- [Gateway Employment Resources, Inc.](#) Norristown: 610-272-1411  
GERI provides vocational services and supported employment for individuals with disabilities.

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- [Hedwig House, Inc.](#) Norristown: 610-279-4400; Abington: 215-659-2453  
Lansdale: 215-362-2887; Pottstown: 610-326-9112  
Social, residential, and vocational rehabilitation for persons recovering from mental illness. Services include housing programs, employment support, peer support, socialization and community integration. Hedwig House operates four clubhouses which provide a place for Members to meet, engaged, learn and practice skills, and socialize with friends.
- [JEVS Rehabilitation Services/A.P. Orleans Vocational Center](#) Phil: 215-728-4429  
JEVS provides job training in food service, custodial, and hospitality areas; supported employment; partial hospitalization for individuals with severe mental health needs.
- [Pennsylvania Association For The Blind](#) See website for contact information.  
Providing services to prevent, prepare for, and manage vision loss with programs and services for both children and adults such as vision screenings, residential and vocational rehabilitation, transportation, transitional and Braille instruction, information and referral, support and advocacy
- [Northwestern Human Services](#) Lafayette Hill: 610-260-4600;  
Conshohocken 610-832-0156  
NHS is a community-based, nonprofit, human services provider offering social services to individuals with mental, developmental and intellectual disabilities, individuals dealing with addiction, seniors and juveniles. Residential services for individuals with mental, developmental and intellectual disabilities include Community Homes, Life Sharing, Transitional Housing, Supported Living
- National Runaway Switchboard 1-800-786-2929  
Toll-free, nationwide hot-line for runaways and troubled youth. Provides information and referral for shelter, counseling, medical and legal services and transportation back home.
- [Kaleidoscope Family Solutions Inc.](#) Autism, IDD & Behavioral Team 877-384-1729;  
Kaleidoscope Family Services (KFS) is School Division: 800-908-0546  
a specialized provider of clinical and therapeutic services directly to individuals as well as education-system staffing services. Services are delivered through its specialty division outlined below.
  - KFS Behavioral Therapeutic Services
  - KFS Autism Services
  - KFS Intellectual and Developmental Disabilities Services
  - KFS School Staffing Services
  - KFS Training Services
- [Pennsylvania Elks Home Service Program](#) Northern Montgomery - 610-365-1426  
Southern Montgomery - 215-333-4605  
Providing support and advocacy services to individuals who have a developmental disability.
- Assistive Technology
  - [Caroline's Cart](#) Customer Service: 828-464-7388  
Grocery Cart designed for families with older children or adults with physical

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special needs. See website for store locations.

- [Pennsylvania Assistive Technology Foundation](#) [Webpage Resource] 888-744-1938  
Foundation's mission is to provide financing opportunities to people with disabilities and older Pennsylvanians helping them to acquire the assistive technology devices and services that improve the quality of their lives.
- [PIAT – Pennsylvania Initiative on Assistive Technology](#) 800-204-PIAT or  
Programs and resources which offer training, services and assistance 215-204-5967  
for a variety of technologies for people with disabilities and universal design.
- Counseling for special healthcare needs
- Day Care
  - [Juvenile Law Center](#) [Select 'Montgomery' County then 'Child Care and Parenting Resources].  
Advancing the rights and well-being of children in jeopardy. 1-888-864-6393
    - [ACLAMO Family Centers](#) Norristown: 610-277-2570;  
Pottstown: 610-970-2134  
For nearly 40 years, ACLAMO Family Centers has provided Latino and low income residents of Montgomery County and surrounding areas with access and programs in education, health, and social services to foster self-sufficiency, academic excellence, and economic success.
  - [Montgomery County Parent and Infant Resource Guide](#) 610-278-5117  
A reference guide of services to help families and agencies in Montgomery County Sponsored by the Montgomery County Alliance of Healthy Babies and Montgomery County Health Department.
  - [Pennsylvania Department of Human Services](#) 1-800-692-7462  
Child Care and Early Learning services.
    - [Child Care Works Subsidized Child Care](#) 610-278-3707 or 800-281-1116  
if your household income is no more than twice of the FPIG and your child is 13 or younger and you are a working parent or you are going to school.
    - [Pre-school Programs](#) 1-866-214-5437  
if your household income is no more than the FPIG and your child is five years old or younger.
    - [Online Child Care Provider Search](#) Website address  
The search will help you locate a child care provider that meets your needs and offer information on Early Learning programs. The Online Child Care Provider Search offers a portion of the wide spectrum of child care services offered by Child Care Information Services (CCIS) agencies. For additional assistance in locating a child care arrangement, [contact your local CCIS](#).
- Early Intervention
  - [Easter Seals Southeastern Pennsylvania](#) [Website Link]  
Easter Seals Southeastern PA is committed to providing exceptional programs and services for children with disabilities or other

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special needs.

- [Montgomery County Early Intervention Office](#) 610-277-7176  
Our office, created by mandates from both the state and federal government, operates the Early Intervention program in Montgomery County for children from birth to age 3. If you are looking for the Early Intervention program that serves children from 33 months old to school age, please go to the [Montgomery County Intermediate Unit's](#) website
- [PA Department of Education Early Intervention Program](#) 1-800-692-7288.  
The Pennsylvania Early Intervention program provides support and services to families with children, from birth to age five, with developmental delays and disabilities.
- [Pennsylvania Department of Human Services Early Intervention Services Website](#)  
While all children grow and develop in unique ways, some children experience delays in their development. Children with developmental delays and disabilities benefit from the Pennsylvania Early Intervention program, a state supported network of parents, service practitioners, and others which builds upon the natural learning opportunities that occur within the daily routines of a child and their family.
  
- Health Insurance
  - [CHIP](#) [Web Page link] 1-800-986-KIDS (5437)  
Pennsylvania's Children's Health Insurance Program.  
Covers all uninsured PA kids under 19.
  - [COMPASS](#) [PA Dept. of Human Services benefits online application Web Page link]  
[Select *Apply for Any Benefits* link to begin.]
  - *Help with Medicare*
    - [APPRISE](#) 1-800-783-7067  
a free health insurance counseling service  
for individuals 60 and over.
    - [Montgomery County Area Agency on Aging, APPRISE](#) 610-278-3601  
[RSVP of Montgomery County, INC](#): 814-765-2696
    - [Medicare Part D](#) [Website link]  
Information about the Part D prescription drug  
benefit available to individuals enrolled in Medicare.
  - [HealthCare.gov](#) [Federal Health Insurance Enrollment Website] 1-800-318-2596
  - [HealthChoices](#) [Website]  
*HealthChoices* will provide low-income Pennsylvanians with the opportunity to purchase private health insurance at affordable rates through a network of eight insurance private insurers, offering three or more health insurance plan options per region. Coverage will begin Jan. 1, 2015. Apply online at [www.COMPASS.state.pa.us](#) and learn more at [www.healthypa.com](#).
  - [Medical Assistance \(MA\)](#) [PA Department of Human Services Web link.]  
Health care services for eligible individuals.
  - [Pregnancy Insurance](#)
    - [Presumptive Eligibility](#) [Eligible uninsured pregnant woman should register with Dept. of Human Services, COMPASS and Medical Assistance

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(MA).]

Presumptive Eligibility (PE) provides insurance coverage for pregnant woman who have applied for MA but are still under review.

- [Maternity Insurance.org](http://MaternityInsurance.org) [Website link]
- [Pennsylvania-Health-Coverage.com](http://Pennsylvania-Health-Coverage.com) [Website link] 1-866-589-6215  
Compare affordable maternity health insurance options.

- [Resource Guide to Healthcare Options in Pennsylvania](#)

For Children, Adults, and Seniors

The Pennsylvania Office of Rural Health, Pennsylvania State University

- Housing

- [Juvenile Law Center](#) [Montgomery County.]

Advancing the rights and well-being of children in jeopardy. 1-888-864-6393

Housing

- [Montgomery County Community Action Development Commission](#)  
Provides services related to Community Services, Food Resource Center, Housing Services, Weatherization, and Microenterprise Resource Center Norristown: 610-277-6363
- [HUD](#) Philadelphia: 215-656-0500; Pittsburgh: 412-644-6428  
HUD is a federal program that provides housing support for individuals in need such as rental programs (including Section 8) and home ownership assistance programs.
- [Resources for Human Development](#) Ardmore: 610-649-5330  
Provides supervised living (CLA) and semi-independent living (SLA), shared housing, individual home ownership, education, training, and clinical treatment services for men and women with intellectual and developmental disabilities throughout Montgomery County.
- [Pennsylvania Affordable Apartment Locator](#) 1-877-428-8844  
PAHousingSearch.com is a website in which affordable housing can be searched and located within in PA.
- [Northwest Human Services](#) 1-888-647-0020  
NHS provides residential living options, case/care management, and therapeutic services for individuals with disabilities.
- [Fair Housing/Equal Opportunity at HUD](#) Philadelphia: 215-861-7637; Pittsburgh: 412-644-5449  
Hotline service for individuals to report incidences of housing discrimination.
- [Making Homes Affordable](#) 888-995-4673  
National nonprofit organization aiming to prevent home foreclosure and reduce monthly payments for eligible individuals and families.

Shelters

- [Inter-Faith Housing Alliance](#) Ambler: 215-646-0120  
Inter-faith Housing Alliance offers housing services to homeless individuals and families. The housing services include Emergency Shelter for up to 90 days, Transitional Housing which includes case management, counseling and Life Skills
- [Salvation Army - Pottstown](#) 610-326-1621  
Salvation Army of Pottstown provides emergency shelter, food and other social services for disadvantaged individuals and families

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- [Project Outreach](#) 610-948-3507  
Project Outreach provides emergency shelter, food, furniture, financial assistance, family services, information & referral, support groups and transportation
- [Laurel House](#) 1-800-642-3150  
Laurel House offers services for victims of domestic violence such as shelter & transitional housing, medical & legal advocacy, community counseling & support groups, children's programs, support to law enforcement, and expanded community education and prevention efforts.
- [Catherine McAuley Center](#) Scranton: 570-342-1342; Plymouth, PA: 570-779-2801  
Catherine McAuley Center offers residential and supportive services to low-income and homeless women and children. Residential services include emergency/30 day residence, bridge housing, transitional housing, permanent housing and permanent supportive housing
- [Coordinated Homeless Outreach Shelter](#) Norristown: 610-292-9244  
Coordinated Homeless Outreach Center offers an emergency shelter for any individual or family experiencing homelessness

## Transitional Housing

- [Cradle Of Hope](#) Jenkintown: (215) 572-5937  
Cradle of Hope is a home for single mothers and children which offers housing and support services. The residents follow a family centered program in which they are required to plan and cook meals, do chores and pay rent. They also attend workshops, Bible study and counseling. The goal is to enable mothers to get full-time employment and permanent housing.
- [ACLAMO - Pottstown](#) Norristown: 610-277-2570; Pottstown: 610-970-2134  
Latin American Action Committee of Montgomery County (ACLAMO) is a nonprofit organization aiding low income families, especially families in the Latino community, providing educational, vocational, housing and family services. Educational services include ESL classes, Adult Basic Education and GED Preparation for young adults and start programs for younger children. Family services include childcare, health literacy and more.
- [Hedwig House, Inc.](#) Norristown: 610 279-4400  
Abington: 215 659-2453; Lansdale: 215 362-2887; Pottstown: 610 326-9112  
Social, residential, and vocational rehabilitation for persons recovering from mental illness. Services include housing programs, employment support, peer support, socialization and community integration. Hedwig House operates four clubhouses which provide a place for Members to meet, engaged, learn and practice skills, and socialize with friends.  
Eligibility  
To be eligible to participate, individuals must be a resident of Montgomery County, age 18 or older and have a primary diagnosis of mental illness.
- [Interfaith Hospitality Network Of The Main Line](#) Norristown: 610-277-0977  
Self-sufficiency program for homeless persons 21 and over. Provides temporary housing, meals and support services to homeless families in Chester, Delaware and Montgomery counties. Services include GED Preparation, transitional housing services and employment training.
- [Community Housing Services](#) Lansdale: 215-362-5250

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Provides housing assistance to low income persons and victims of domestic violence. Transitional housing, information service, occasional (emergency) financial assistance.

- [Valley Youth House: Housing 101 Program](#) Norristown: 610-272-2946

The Housing 101 Program is a supportive housing program for former Montgomery County foster care youth. The goal of the Housing 101 Program is to provide former foster care youth the opportunity to pursue higher education and career aspirations while learning independent living skills, becoming connected to the community, and living in safe, stable, affordable housing.

- [Northwestern Human Services](#) Lafayette Hill: 610 160-4600;  
Conshohocken: 610 832-0156

NHS is a community-based, nonprofit, human services provider offering social services to individuals with mental, developmental and intellectual disabilities, individuals dealing with addiction, seniors and juveniles. Residential services for individuals with mental, developmental and intellectual disabilities include Community Homes, Life Sharing, Transitional Housing, Supported Living

- [Inter-Faith Housing Alliance](#) Ambler, PA: 215-646-0120

Inter-faith Housing Alliance offers housing services to homeless individuals and families. The housing services include Emergency Shelter for up to 90 days, Transitional Housing which includes case management, counseling and Life Skills Training

- [Montgomery County Housing Authority](#) HUD Public Housing Information & Resource Center: 1-800-955-2232

The Montgomery County Housing Authority (MCHA) administers a variety of housing programs in its quest to provide subsidized housing to low and moderate income households. MCHA owns and manages four high-rise towers with units that were originally designed for elderly and disabled residents including:

- Robert P. Smith Towers: 610-326-7332, EXT 21
- Marshall W. Lee Towers: 610-825-2485
- Sidney Pollock House: 610-326-6200
- Golden Age Manor: **610-948-4909**

Applications are only available when the Public Housing Waiting List is open.

- [Special Needs Registry](#) [Website link]

The Registry is a planning tool to allow individuals with special needs the opportunity to provide information to emergency response agencies, so emergency responders can better plan to serve them in a disaster or other emergencies. The Registry is a cooperative effort between Bucks, Chester, Delaware, and Montgomery Counties, brought to you by the South-eastern Pennsylvania Regional Task Force.

- Health Waiver Programs

- **Medicaid Waivers for Children under 21:**

- [Attendant Care/Act 150](#) Long-Term Living Helpline, 1-800-753-8827  
Enables individuals with a physical disability, ages 18-59, who are mentally alert to continue to live in their homes with support and services.
- Community Services Program for Persons with Physical Disabilities/[OBRA Waiver](#)

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Long-Term Living Helpline, 1-800-753-8827

Provides services to people 18 or older with severe developmental and physical disabilities, such as cerebral palsy, epilepsy, or similar conditions (onset prior to age 22).

- [Consolidated Waiver for Individuals with Mental Retardation](#)  
Provides services to eligible people age three or older with mental retardation so that they can remain in the community.
- [Person/Family Directed Support Waiver](#)  
Provides services to eligible people age three or older with mental retardation so that they can remain in the community.
- Community Services Program for Persons with Physical Disabilities/[Independence Waiver](#)

Long-Term Living Helpline, 1-800-753-8827

Provides services to individuals 18 and older with severe physical disabilities to allow them to live in the community and remain as independent as possible.

- [Infant, Toddlers, and Families Waiver](#) 717-346-1119  
Supports Early Intervention services to children up to age three who would otherwise require the level of care provided in an Intermediate Care Facility for persons with Mental Retardation of Other Related Conditions.

- Respite Care

- [ARCH National Respite Network](#) [Website]

for help with the Respite Locator Service please contact Mike Mathers at:  
[mmathers@chtop.org](mailto:mmathers@chtop.org) or by phone at 1-919-490-5577.

The mission of the ARCH National Respite Network and Resource Center is to assist and promote the development of quality respite and crisis care programs, to help families locate respite and crisis care services in their communities, and to serve as a strong voice for respite in all forums.

- [Respite Services of Montgomery County](#) 301-881-3383

Respite Services is an income-based program that may provide a full or partial subsidy to pay a Respite Care Provider. It's primarily funded by The Montgomery County Department of Health and Human Services. Respite Services of Montgomery County is not an entitlement program.

Eligibility for a respite care subsidy is based on income and the Respite Care Services Fee Scale. The subsidy rate is based upon:

- SSI payment (for seniors);
- Individual's own income (age 18+);
- The household income less approved out-of-pocket expenses (for children).

Even if someone doesn't qualify for a respite care subsidy, he/she is given referrals to screened, trained and qualified respite care providers and information about additional community resources.

- Special Education

- [PA Bureau of Special Education Consult Line](#) 1-800-879-2301

Help for families and advocates of children with special needs can be obtained by calling the Consult Line or with the on-line request form available at: <http://odr-pa.org/contact-consultline/>

- [Intermediate Units in PA](#) [Website Link]

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Intermediate Units in Pennsylvania are part of the governance structure of public education and are located in the middle between the state education agency and the local school districts. They provide specialized services to local school districts that can be operated more effectively and efficiently on a regional basis

- [Montgomery County Intermediate Unit](#) 610-755-9400
  - [Resources for Parents and Staff of Early Intervention Children \(Ages 3-5\)](#)  
Information and referral.
  
- Support Groups
  - [Parent to Parent of Pennsylvania](#) [Select 'P2P Supports Groups' link]  
Linking families of children and adults with disabilities or special needs. 1-888-727-2706
  - [PA Families Incorporated](#) [info@pafamiliesinc.org](mailto:info@pafamiliesinc.org) 1-800-947-4941  
Statewide network providing support to families raising children and youth with emotional, behavioral, and special needs, as well as serving as an advocate in the different child serving systems.  
Updated regularly.  
[Montgomery County](#) [Select 'Resources' link on main page then select desired County.]
  - [Today's Caregiver](#) [Website link]  
For About and By Caregivers  
[Pennsylvania Support Groups – Montgomery County](#)  
Disability support group contact information.

## Women who are or who might be pregnant

The Healthy Baby Information Helpline – 1-800-986-2229

- Baby Supplies
  - [Birthright International, Pottstown, PA Chapter](#) 1-800-550-4900  
Support for women facing unplanned pregnancies.
  - [Catholic Social Services – Montgomery County Family Services](#) 610-279-7372  
**Family Service Centers** are the first point of contact for individuals, families, and parishes when they seek assistance from Catholic Social Services. Seven such centers are located throughout the five-county metropolitan area. Each provides intake and assessment for individuals and families to assist them in accessing benefits and services. Emergency assistance includes clothing cupboards and food pantries, rent or utility bill assistance, housing referrals, and case management. Adults benefit from employment training, ESL classes, GED preparation, and job placement assistance.
  
- Breastfeeding Guides If you need more information visit [Handouts for Parents](#) or call the Healthy Baby line at 800-986-BABY(2229).
  - [Montgomery County Parent and Infant Resource Guide](#) 610-278-5117  
A reference guide of services to help families and agencies in Montgomery County

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Sponsored by the Montgomery County Alliance of Healthy Babies and Montgomery County Health Department.

- [Pennsylvania Breastfeeding Referral Guide](#)  
Arranged by County
- [Womenshealth.gov Breastfeeding Challenges Guide](#) 800-994-9662  
Information regarding common breastfeeding challenges  
Office on Women’s Health, US Department of Health and Human Services
  
- Car Seats
  - [Car Seat Safety](#)  
The PA Child Passenger Protection Act requires that all drivers transporting children ages birth – four years use an approved child safety seat. Children ages four to eight must wear a seat belt and be in a booster seat. Children with medical conditions or disabilities may require special considerations or adaptations for transportation safety.
    - [The PA Traffic Injury Prevention Project](#)  
Car Seat Loan Program by County - Information Hotline – 800-CAR-BELT  
Training for school districts and companies 412-885-0266  
on transporting children with special needs.
    - [National Highway Safety Transportation Administration](#) – 888-327-4236  
Information on car seat safety and installation inspection.
    - National Easter Seal Society [phone listing] 800-221-6827  
Referrals and information about car seats.
    - [The American Academy of Pediatrics](#) 847-228-5005  
Referrals and information about car seats.
  
- Counseling
  - [Birthright International, Pottstown, PA Chapter](#) 1-800-550-4900  
Support for women facing unplanned pregnancies.
  - [Montgomery County Maternal-Child Health Website](#) 610-278-5117 ext 6822  
Home Visits for Pregnant & New Moms  
The Montgomery County Health Department offers two nurse-home visiting programs to pregnant women, new mothers, new fathers and their babies who might want a little extra help. They are: the Nurse-Family Partnership (NFP) program and the Maternal-Child Health Home Visiting program, also known as the Title V program. Both programs are for Montgomery County residents and are **free**.
  - [Nurse-Family Partnership](#) [select ‘Find a Local Agency’ for access to County list]  
Montgomery County – 610-278-5117  
A free, voluntary program that partners first-time moms with nurse home visitors. When you enroll in the program, a special trained nurse will visit you throughout your pregnancy and until your baby turns two years old. During these visits, your caring nurse will offer the knowledge and support you need to confidently create a better life for your baby and yourself.
  
- CHIP
  - [PA Children’s Health Insurance Program](#) Call automated phone line at

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800-986-KIDS (5437) and a CHIP representative will return your call within two business days.

Pennsylvania's CHIP program puts health coverage within reach for all uninsured kids and teens who are not eligible for or enrolled in Medical Assistance.

- **Pregnancy Insurance**
  - **Presumptive Eligibility (PE), Medical Assistance (MA)**  
Presumptive Eligibility is a temporary program of health insurance coverage for pregnant women who are applying for Medical Assistance.
    - [PA Dep of Human Services Benefits Helpline](#) 1-800-692-7462
    - [PA Dep of Human Services County Assistance Office Contact Information](#)
  - [COMPASS](#) (PA Dep of Human Services) [Website]  
*Online application for Pennsylvanians to apply for many health and human service programs. Click on the 'Apply Now' button to begin or use links on right side for further assistance.*
  - [PAHealthOptions.com \(PA Dep of Insurance\)](#) 1-877-881-6388  
The Pennsylvania Insurance Department's Unbiased Guide to Understanding Health Insurance.
  - [Prenatal Services Program – Montgomery County](#) 610-270-2210  
Prenatal care and other maternity services for qualified uninsured pregnant woman who are living in Montgomery County and are rejected by Medical Assistance. Enrollment must be before 28 weeks gestation.
  
- [text4baby](#) Registration is free on the text4baby.org website.  
Free text messages to keep you and your baby healthy throughout your pregnancy and the baby's first year.
  
- [WIC](#) 800-942-9467  
Through WIC, pregnant women, mothers, and caregivers of infants and young children learn about good nutrition to keep themselves and their families healthy. WIC provides nutrition service, breastfeeding support, health care and social service referrals, and healthy foods to over 250,000 participants every month in PA.

## Lead health information for parents, homeowners, contractors, and healthcare professionals

The Lead Information Helpline - 1-800-440-5323

- [Elevated Lead Blood Level Case Management Guidelines](#) [CDC Web Page]  
Recommendations from the CDC Advisory Committee on Childhood Lead Poisoning Prevention
- [Environmental Protection Agency, Lead](#) [EPA Web Page]  
Provides many useful links for families including: (800) 424-5323  
[Lead Hotline – National Lead Information Center](#) link
- [Montgomery County Lead and Healthy Homes Program](#) [County Web Link]  
The Montgomery County Health Department recommends universal screening for lead

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poisoning, for all children at age one and two, regardless of their risk. Lead Poisoning is a reportable disease in the state of Pennsylvania, and lead levels over 10 micrograms per deciliter are required to be reported to the Montgomery County Health Department, Division of Clinical Services.

- [PA Lead and Healthy Homes Program](#) [Website link] (717) 772-2762  
The Pennsylvania Lead and Healthy Homes Program (LHHP) seeks to create safe and healthy housing by addressing environmental health and safety issues in homes.
  
- Certified Contractors
  - Locating EPA Certified Lead Contractors and technicians
    - [EPA.gov - Lead](#)
    - [PA Labor and Industry](#)  
[Link to list of accredited trainers and certified contracting firms.](#)
  - Information for Contractors
    - [EPA - Lead](#)  
[Renovate Right for Contractors and Trainers](#)
    - [PA Labor and Industry](#)  
[Certification and Other Requirements for Lead Occupations](#)
    - [OSHA](#)  
For information about regulations regarding work on facilities which are non-residential, contractors should contact the appropriate Occupational Safety & Health Administration Pennsylvania area office.
  
- Property Managers
  - [HUD – Lead Disclosure Rule](#)  
Congress passed the Residential Lead-Based Paint Hazard Reduction Act of 1992, also known as Title X, to protect families from exposure to lead from paint, dust, and soil. Section 1018 of this law directed HUD and EPA to require the disclosure of known information on lead-based paint and lead-based paint hazards before the sale or lease of most housing built before 1978.

If you did not receive the Disclosure of Information on Lead-Based Paint and/or Lead-Based Paint Hazards form when you bought or leased pre-1978 housing, contact 1-800-424-LEAD (5323).

## Individuals with Traumatic Brain Injury and their families

The Head Injury Information Helpline – 866-412-4755

- [Brain Injury Association of Pennsylvania](#) 1-800-444-6443  
Our mission: to prevent brain injury and improve the quality of life for people who have experienced brain injury and their family members through support, education, advocacy, and research.

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- PA Department of Health Head Injury Program
  - [Head Injury Program](#) 866-412-4755  
The goal of the program is to help individuals with a traumatic brain injury live independently in their homes and communities.
- Waiver Programs
  - [Independent Enrollment Broker](#) 788-550-4227  
Office of Long-Term Living launched the PA Independent Enrollment Broker, a contracted statewide entity, to facilitate and streamline the eligibility/enrollment process for applicants seeking services for several PA waivers/programs.
  - [COMMCARE Waiver](#) 1-800-753-8827  
A Home and Community-Based Services Waiver for Individuals with Traumatic Brain Injury (TBI).
  - [OBRA Waiver](#) 1-800-753-8827  
Home and Community based Waiver program that may help if you have a developmental physical disability to allow you to live in the community and remain as independent as possible.
- Other Information
  - [Acquired Brain Injury Network of Pennsylvania](#) info@abin-pa.org, 1-800-516-8052  
Nonprofit organization of brain injury survivors, family members, and friends dedicated to increasing public awareness about acquired brain injury, and to providing support, education, information, advocacy, and other services for individuals with acquired brain injury and their families.
  - [Brainline.org](#) 703-998-2020  
Preventing, treating, and living with traumatic brain injury (TBI).

## Immunizations/Vaccinations

- [Montgomery County Parent and Infant Resource Guide](#) 610-278-5117  
A reference guide of services to help families and agencies in Montgomery County Sponsored by the Montgomery County Alliance of Healthy Babies and Montgomery County Health Department.
- PA Department of Health Division of Immunizations
  - [Division of Immunizations](#) 717-787-5681
  - [Pennsylvania Vaccines for Children Program](#) 888-646-6864  
Free vaccines for uninsured children 877-724-3258
- [PA Department of Health, Health Services Locator](#) [Website]  
To find a local health center close to you select your county.

# Montgomery County Resource Guide

## Legal advocacy for the disabled in Pennsylvania

### [Disability Rights Network of Pennsylvania](#)

Harrisburg 1-800-692-7443  
717-236-8110  
717-346-0239 [TDD]  
Philadelphia 215-238-8070  
Pittsburgh 412-391-5225

The mission of the Disability Rights Network of Pennsylvania is to advance, protect, and advocate for the human, civil, and legal rights of Pennsylvanians with disabilities.

### [PA Health Law Project](#)

1-800-274-3258

Helping People in Need get the Health Care they deserve.

Advocacy on access to health care for low-income consumers, the elderly, and persons with disabilities.

## Transportation Assistance for the Disabled

- [Montgomery County Department of Transportation Services for Seniors & Persons with Disabilities.](#) Website address
- [Montgomery County Parent and Infant Resource Guide](#) 610-278-5117  
A reference guide of services to help families and agencies in Montgomery County Sponsored by the Montgomery County Alliance of Healthy Babies and Montgomery County Health Department.
- **Pennsylvania Care Planning Council** Website address  
[Community Disability, Assistive Technology & Transportation Service](#)