

Lehigh County Resource Guide

Children and youth with special healthcare needs and their families

The Special Kids Network Helpline – 1-800-986-4550

- Advocacy for special healthcare needs
 - [The Arc of Lehigh and Northampton Counties](#) 610-849-8076
The mission of the Arc of Lehigh and Northampton Counties is to advocate, educate, and provide services and support for people with intellectual and developmental disabilities and their families.
 - [Juvenile Law Center](#) [Select 'Lehigh' County then 'Advocacy'] 1-888-864-6393
Advancing the rights and well-being of children in jeopardy.
 - [Association of Retarded Citizens \(ARC\)](#) Please look at website for listings
Offers services for individuals with intellectual and developmental disabilities such as early intervention, supported employment, job training, transition planning, respite care, supported living and transportation.
 - [Pennsylvania Bar Association Lawyer Referral Service](#) 1-800-932-0311
Pennsylvania Bar Association Lawyer Referral Service matches clients to a Pennsylvania lawyer in a specific area of law.
 - [Office Of Vocational Rehabilitation](#) 1-800-541-0721 or 814-871-4551
OVR provides assistance with obtaining and maintaining employment to individuals with disabilities.
 - [North Penn Legal Services](#) (570) 784-8760
Provides legal representation to low-income people. Offers assistance with the following civil legal problems: consumer, housing, employment, education, utility, family, public benefits, elderly, and domestic violence.
 - [Pennsylvania Human Relations Commission](#) 717-787-9780
Deals with employer/employee disputes, discrimination, etc. (Also race, housing, age, gender discrimination).
 - [Special Kids Network](#) 1-800-986-4550
Statewide referral service designed to serve families of children with chronic health of disabling conditions through information and service coordination
 - [Disability Rights Network Of Pennsylvania](#)
Provide legal consultation and representation for individuals with disabilities and their families who are facing discrimination on the basis of disability and access to needed services along with providing information, referral and technical assistance to Pennsylvania residents with disability issues.
 - [Developmental Disabilities Advocacy Network](#) 1-800-692-7443
The Developmental Disabilities Advocacy Network provides information on disability programs and services in communities nationwide.
 - [PA Client Assistance Program](#) Philadelphia: 215-557-7112;
toll free 888-745-2357 or 800-323-6060
PA's Client Assistance Program is an advocacy program for people with disabilities seeking services in employment and housing
 - [Renaissance Education Association](#) [Webpage link]
Non-profit, non-political, educational and social support organization founded and designed to educate and support persons regarding transgender issues, sexual orientation, sexual identity or gender identity without prejudice.

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- [The Center for Lesbian and Gay Civil Rights](#) 215-731-1447 or 866 LGBT LAW
The Center advocates equality for lesbian, gay, bisexual and transgender Pennsylvanians through direct legal services, education and policy reform.
- [LGBT Youth in Crisis Hotline](#) 800-246-7743
Youth serving youth through age 25. Peer counseling, information, and local resources.
- [Gay, Lesbian, Bisexual, and Transgender Helpline](#) 888-843-4564
The Gay, Lesbian, Bisexual, and Transgender Hotline provides telephone and email peer counseling, as well as factual information and local resources for cities and towns across the United States.
- National Runaway Switchboard 1-800-786-2929
Toll-free, nationwide hot-line for runaways and troubled youth. Provides information and referral for shelter, counseling, medical and legal services and transportation back home.
- [Kaleidoscope Family Solutions Inc.](#) Autism, IDD & Behavioral Team 877-384-1729; Kaleidoscope Family Services (KFS) is School Division: 800-908-0546
a specialized provider of clinical and therapeutic services directly to individuals as well as education-system staffing services. Services are delivered through its specialty division outlined below.
 - KFS Behavioral Therapeutic Services
 - KFS Autism Services
 - KFS Intellectual and Developmental Disabilities Services
 - KFS School Staffing Services
 - KFS Training Services
- [Kids as Self Advocates](#) [Website]
[Family Voices](#) project funded by the [U.S. Maternal and Child Health Bureau](#)
- [Pennsylvania Elks Home Service Program](#) Lehigh- 610-365-1426
Providing support and advocacy services to individuals who have a developmental disability.
- Assistive Technology
 - [Carbon Lehigh Intermediate Unit 21 Departments](#) [Website]
[Select 'Assistive Technology Services' link on Departments page.]
 - Carbon Lehigh Intermediate Unit 21 Assistive Technology contact:
Danielle Argot, 1-800-223-4821
 - [Caroline's Cart](#) Customer Service: 828-464-7388
Grocery Cart designed for families with older children or adults with physical special needs. See website for store locations.
 - [Pennsylvania Assistive Technology Foundation](#) [Webpage Resource] 888-744-1938 (PATF)
Foundation's mission is to provide financing opportunities to people with disabilities and older Pennsylvanians helping them to acquire the assistive technology devices and services that improve the quality of their lives.
 - Pennsylvania [Assistive Technology Lending Library](#), [Website]
 - [Lehigh County, Good Shepherd Rehab Hospital](#) 610-778-1015
 - [Pennsylvania Care Planning Council](#) [Website](#)

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Resources for Senior Citizens and Individuals with Special Needs

[Community Disability, Assistive Technology & Transportation Services](#)

Assistive Technology

- [Canine Companions for Independence](#) 1-800-572-2275
Non-profit organization that enhances lives of people with disabilities by providing highly trained assistance dogs and ongoing support.
- [Eyetech Digital Systems](#) 1-888-539-3832
Eye tracking hardware and software
- PATF (See above)

- Counseling for special healthcare needs

- [Juvenile Law Center](#)

- [Select 'Lehigh' County then 'Disability Rights and Special Needs Resources']

- Advancing the rights and well-being of children in jeopardy. 1-888-864-6393

- [Lehigh-Northampton Counseling Service for the Deaf](#) 484-866-8370
Supportive services such as sign language classes, interpreters, and information and referral services for the hearing impaired.

- [Carbon Lehigh Intermediate Unit 21 Departments](#)

[Website]

- [Select 'Services for Children' on the Departments page]

- Day Care

- [Juvenile Law Center](#)

- [Select 'Lehigh' County then 'Child Care and Parenting Resources'] 1-888-864-6393

- Advancing the rights and well-being of children in jeopardy.

- [Community Action Committee of the Lehigh Valley, Inc.](#) 610-691-5620
Information and services related to Financial Education, Food Assistance, Job Placement, Neighborhood Revitalization, and Utility Assistance.
 - [Child Care Information Services \(CCIS\)](#) 717-274-6552
A referral and information service linking families to childcare. Financial assistance given to income-eligible families.

- [Pennsylvania Department of Human Services](#)

1-800-692-7462

- Child Care and Early Learning services.

- [Child Care Works Subsidized Child Care](#) 412-261-2273
if your household income is no more than twice of the FPIG and your child is 13 or younger and you are a working parent or you are going to school.
 - [Pre-school Programs](#) 1-866-214-5437
if your household income is no more than the FPIG and your child is five years old or younger.
 - [Online Child Care Provider Search](#) Website address
The search will help you locate a child care provider that meets your needs and offer information on Early Learning programs. The Online Child Care Provider Search offers a portion of the wide spectrum of child care services offered by Child Care Information Services (CCIS) agencies. For additional assistance in locating a child care arrangement, [contact your local CCIS.](#)

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- Early Intervention
 - [Lehigh County, Pennsylvania Department of Human Services, Early Intervention](#)
Early Intervention service information 1-800-692-7288
 - [PA Department of Education Early Intervention Program](#) 1-800-692-7288
The Pennsylvania Early Intervention program provides support and services to families with children, from birth to age five, with developmental delays and disabilities.
 - [Pennsylvania Department of Human Services Early Intervention Services Website](#)
While all children grow and develop in unique ways, some children experience delays in their development. Children with developmental delays and disabilities benefit from the Pennsylvania Early Intervention program, a state supported network of parents, service practitioners, and others which builds upon the natural learning opportunities that occur within the daily routines of a child and their family.
 - [Via of the Lehigh Valley](#) 610-317-8000x452
Programs for individuals with disabilities like autism, cerebral palsy, and down syndrome; and families from birth through retirement.
Via Early Intervention and Pediatric Speech Therapy Services

- Health Insurance
 - [CHIP](#) [Web Page link] 1-800-986-KIDS (5437)
Pennsylvania's Children's Health Insurance Program.
Covers all uninsured PA kids under 19.
 - [COMPASS](#) [PA Dept. of Human Services benefits online application Web Page link]
[Select *Apply for Any Benefits* link to begin.]
 - *Help with Medicare*
 - [APPRISE](#) 1-800-783-7067
a free health insurance counseling service
for individuals 60 and over.
 - [Lehigh County Area Agency on Aging, APPRISE](#) 610-782-3200
 - [Medicare Part D](#) [Website link]
Information about the Part D prescription drug
benefit available to individuals enrolled in Medicare.
 - [HealthCare.gov](#) [Federal Health Insurance Enrollment Website] 1-800-318-2596
 - [HealthChoices \[Website\]](#)
HealthChoices will provide low-income Pennsylvanians with the opportunity to purchase private health insurance at affordable rates through a network of eight insurance private insurers, offering three or more health insurance plan options per region. Coverage will begin Jan. 1, 2015. Apply online at www.COMPASS.state.pa.us and learn more at www.healthypa.com.
 - [Medical Assistance \(MA\)](#) [PA Department of Human Services Web link.]
Health care services for eligible individuals.
 - [Pregnancy Insurance](#)
 - [Presumptive Eligibility](#) [Eligible uninsured pregnant woman should register with Dept. of Human Services, COMPASS and Medical Assistance (MA).]
Presumptive Eligibility (PE) provides insurance coverage for pregnant woman who have applied for MA but are still under review.

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- [Maternity Insurance.org](#) [Website link]
- [Pennsylvania-Health-Coverage.com](#) [Website link] 1-866-589-6215
Compare affordable maternity health insurance options.
- [Resource Guide to Health Care Options Available to PA Residents](#)
Penn State Office of Rural Health
- Housing
 - [Juvenile Law Center Website](#) [Lehigh County.] [Select link for 'Housing'.]
 - Housing**
 - [HUD](#) Philadelphia: 215-656-0500; Pittsburgh: 412-644-6428
HUD is a federal program that provides housing support for individuals in need such as rental programs (including Section 8) and home ownership assistance programs.
 - [Northwest Human Services](#) 1-888-647-0020
NHS provides residential living options, case/care management, and therapeutic services for individuals with disabilities.
 - [Fair Housing/Equal Opportunity at HUD](#) 1-800-799-2085
Hotline service for individuals to report incidences of housing discrimination.
 - Shelters**
 - [Salisbury Crisis Residence](#) 610-973-0971
Crisis Residence is a community based home that provides an alternative to inpatient (hospital-based) psychiatric care. Individuals generally reside at the Crisis Residence for five days or less. Longer stays may be approved based on individual needs.
 - [Valley Youth House](#) 610-691-1200
Valley Youth House offers runaway and homeless youth shelter in which food, shower and shelter are provided along with information and referral, counseling and more
 - [Turning Point Of The Lehigh Valley](#) 610-797-0530
Turning Point of Lehigh Valley provides emergency services to victims of domestic violence such as Safe House/Shelter, Individual and group counseling for adult and child survivors, Legal/Medical Advocacy
 - [Sixth Street Shelter](#) (610) 253-3980
Sixth Street Shelter offers short- and long-term housing options such as shelter (up to 60 days) and transitional housing along with additional programs such as parenting, finances, life skills, GED preparation and case management.
 - [Victory House of Lehigh Valley](#) (610) 691-3373
Victory House of Lehigh Valley provides 24-hour emergency shelter, transitional housing and supportive services such as counseling, life skills education, medical care and employment assistance to homeless men
 - Transitional Housing**
 - [Association of Retarded Citizens \(ARC\)](#) Please look at website for PA locations and phone numbers.
Offers services for individuals with intellectual and developmental disabilities such as early intervention, supported employment, job training, transition planning, respite care, supported living and transportation
 - [LifePath, Inc.](#) (610) 264-5724

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Services for individuals with developmental disabilities including residential programs, day programs and outpatient psychiatric services. Residential services include Community homes (for residents from Berks, Bucks, Delaware, Lehigh, Montgomery and Northampton counties), Lifesharing, Supported Living and In Home Support

- [Step By Step, Inc.](#) (610) 867-0688
Step by Step, Inc provides intensive case management and supportive living services for mentally ill and developmentally disabled individuals. Residential living options include Lifesharing, Community Homes, Supportive Living and more.

- [Community Services Group](#) 610) 866-7600
Services for individuals with developmental and intellectual disabilities and mental health diagnoses including residential services, employment services, adult day programs, outpatient treatment, peer support, and psychiatric rehabilitation. Residential services include Community Residential Rehabilitation, Enhanced Personal Care Home, Supported Housing and Long Term Structured Residence

- [Northwestern Human Services](#) 610) 866-8842
NHS is a community-based, nonprofit, human services provider offering social services to individuals with mental, developmental and intellectual disabilities, individuals dealing with addiction, seniors and juveniles. Residential services for individuals with mental, developmental and intellectual disabilities include Community Homes, Life Sharing, Transitional Housing, Supported Living

- [Oxford House for Women](#) Allentown: 610-351-8022; Bethlehem: 610-419-1118
Oxford House is a self-run, self-supported recovery house for recovering alcoholics and drug addicts in which shelter, food, case management, individual counseling and group support are provided

- [Oxford House for Men](#) Allentown: 610-770-9994; 484-274-6684
Oxford House is a self-run, self-supported recovery house for recovering alcoholics and drug addicts in which shelter, food, case management, individual counseling and group support are provided

- [Treatment Trends Inc](#) 610-432-7690
Treatment Trends Inc offers both Keenan House and Half Home which are transitional living programs for recovering addicts in which shelter, food, information and referral, medical and supportive services, counseling and workshops are provided

- [KidsPeace Residential Program](#) 1 800-8123
KidsPeace's residential campuses provide essential food, clothing, and education along with intensive therapy, life-skills training, work training, and therapeutic recreation.

- [Lehigh County Pennsylvania Department of Human Services, Mental Health Housing Assistance](#) [County Website] 610-782-3200
Allentown Housing Authority 610-439-8678
1339 W. Allen St., Allentown, PA 18102
Subsidized public housing (location of residence would be within the existing public housing developments) and Section 8 rental assistance (eligible individual

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- pays a portion of income for rent and HUD-Federal Program funds the balance).
- [American Red Cross--Lehigh Valley](#) 610-865-4400
2200 Ave. A., Bethlehem, PA 18017
Emergency housing assistance in disasters and fires.
- [Bethlehem Housing Authority](#) 610-865-8300
645 Main St., Bethlehem, PA 18018
Section 8 rental assistance and subsidized public housing.
- [Catholic Charities](#) 610-435-1541
530 Union Blvd., Allentown, PA 18109
Rental assistance for those eligible (when funds are available) and budget counseling.

- [Center for Independent Living](#) 610-770-9781
435 Allentown Dr. (off N. Dauphin St. near Union Blvd.)
Allentown, PA 18109
Helps individuals with disabilities find housing, helps qualify people for Section 8 housing. Assists individuals to make home handicapped-accessible (known as Access Lehigh Valley).
- [HUD for People with Disabilities](#)
Learn about renting, buying and making your home accessible and about your fair housing rights.
- [Homeless Assistance Program \(HAP\)--Department of Human Services](#)
Contact: [Lehigh County Assistance Office](#)
Offers services to help prevent homelessness, help people who are homeless to find refuge and care and assist clients in moving toward self-sufficiency.
- [Homeless Supportive Service--Pathway Program](#) 610-439-8653
Information and referral services for housing emergency shelter, rental assistance (security deposits, eviction prevention).
- [Lehigh County Conference of Churches](#) 610-433-6421
534 Chew St., Allentown, PA 18102
An association of over 150 local churches, with has several social service programs. A recent grant funds Homeless Housing Services (HHS) for adults with a mental health or other disability. Their Pathways Program is an emergency service clearing-house for people with housing, food, job and other needs. They also sponsor the Linkage Program whose street caseworker connects homeless people with services. The Conference assists with medical prescriptions for people without resources to fill them. The Conference also has a "Representative Payee" program to assist those on SSI (including children) who need help to manage their income and bills. Call first.
- [Lehigh County Housing Authority](#) 610-965-4514
333 Ridge St., Emmaus, PA 18049
Section 8 housing program, subsidized public housing, non-subsidized affordable housing apartment programs. Must meet low-income guidelines.
- [New Bethany Ministries](#) 610-691-5602
Supportive housing program for men located in Coplay 610-691-2955.
Transitional housing program for women and children. Must be employed and pursuing educational/vocational goals.

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- Northampton County Housing Authority 610-759-8488
15 S. Wood St., Nazareth, PA 18064
Section 8 housing program and subsidized public housing. Must meet income requirement guidelines.
- Property Tax/Rent Rebate 1-888-222-9190
Provides rebates for qualified individuals, based on age, disability and income.
- Salvation Army of Bethlehem 610-867-4681
521 Pembroke Rd., Bethlehem, PA 18017
Provides assistance for rental to those who qualify.

- South Bethlehem Neighborhood Center 610-865-2791
700 Evan St., Bethlehem, PA 18015
Housing information, rental assistance.
- Third Street Alliance for Women and Children 610-258-6271
Transitional housing for women and children (located in Easton).
- [Turning Point of the Lehigh Valley](#) 610-437-3369
Transitional Housing Program: housing and support for women and their children seeking abuse-free lifestyle. Serves women and children who are victims of domestic violence.
- Valley Housing Development Corporation 610-866-0124
Supportive Housing Program: a HUD funded program (3-5 years), which provides rental assistance. Must be a homeless individual with serious and persistent mental illness. Must be committed to completing a higher education program (GED, college, trade school, etc.) and/or employment (paid or volunteer). Must have sufficient income to pay portion of rent, food, utilities, and other living expenses. Very strict eligibility requirements.
- [Valley Youth House](#) 610-782-9243
801 Hamilton St., Suite 502, Allentown, PA 18101
Independent Living Program (ILP): 610-317-8567. Program is offered in the individual's home consisting of weekly life skills counseling, individual therapy, coordination of community resources and supports, and GED preparation/classes. Individuals may be between the ages of 16-20.
Transitional Living Program (TLP): 610-317-8567. Supervised residences for homeless youth from Lehigh and Northampton Counties, which provides support and assistance in pursuing education, employment and increasing independent life skills. Available to homeless or about to be homeless individuals between ages 16-20.
- [Victory House of Lehigh Valley](#) 610-691-3373
314 Fillmore St., PO Box 5458, Bethlehem, PA 18015
Transitional housing program.
Serves homeless adult males.

- Health Waiver Programs
 - **Medicaid Waivers for Children under 21:**
 - [Attendant Care/Act 150](#) Long-Term Living Helpline, 1-800-753-8827

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Enables individuals with a physical disability, ages 18-59, who are mentally alert to continue to live in their homes with support and services.

- [Community Services Program for Persons with Physical Disabilities/OBRA Waiver](#)
Long-Term Living Helpline, 1-800-753-8827

Provides services to people 18 or older with severe developmental and physical disabilities, such as cerebral palsy, epilepsy, or similar conditions (onset prior to age 22).

- [Consolidated Waiver for Individuals with Mental Retardation](#)
Provides services to eligible people age three or older with mental retardation so that they can remain in the community.

- [Person/Family Directed Support Waiver](#)
Provides services to eligible people age three or older with mental retardation so that they can remain in the community.

- [Community Services Program for Persons with Physical Disabilities/Independence Waiver](#)
Long-Term Living Helpline, 1-800-753-8827

Provides services to individuals 18 and older with severe physical disabilities to allow them to live in the community and remain as independent as possible.

- [Infant, Toddlers, and Families Waiver](#) 717-346-1119
Supports Early Intervention services to children up to age three who would otherwise require the level of care provided in an Intermediate Care Facility for persons with Mental Retardation of Other Related Conditions.

- Respite Care

- [ARCH National Respite Network](#) [Website]

for help with the Respite Locator Service please contact Mike Mathers at: mmathers@chtop.org or by phone at 1-919-490-5577.

The mission of the ARCH National Respite Network and Resource Center is to assist and promote the development of quality respite and crisis care programs, to help families locate respite and crisis care services in their communities, and to serve as a strong voice for respite in all forums.

- [Carbon Lehigh Intermediate Unit 21 Family Driven Respite Program](#) 610-769-4111

- Special Education

- [PA Bureau of Special Education Consult Line](#) 1-800-879-2301

Help for families and advocates of children with special needs can be obtained by calling the Consult Line or with the on-line request form available at: <http://odr-pa.org/contact-consultline/>

- [Intermediate Units in PA](#) [Website Link]

Intermediate Units in Pennsylvania are part of the governance structure of public education and are located in the middle between the state education agency and the local school districts. They provide specialized services to local school districts that can be operated more effectively and efficiently on a regional basis

- Support Groups

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- [Lehigh County Pennsylvania Department of Human Services, Special Need Support Groups](#) [Lehigh County, PA Website]
 - [Asperger's Support Group](#)
A local support and education group in the Lehigh Valley for parents of children (ages 0-18) with Asperger's Syndrome/High Functioning Autism.
 - [Camelot for Children Teen Support Group](#) 610-791-5683
2354 W. Emmaus Ave., Allentown, PA 18103
A group for teenagers and by teenagers. The group is supported by the Camelot Staff and supervised by a Camelot nurse. The Camelot Junior Board teens plan their own theme parties and activities. Once a month on Friday from 7:00 pm to 10:00 pm.
 - [Camelot for Children Parents Network Group](#) 610-791-5683
2354 W. Emmaus Ave., Allentown, PA 18103
An informal networking group for parents of any child with a special need-- regardless of their circumstances.
 - [Center for Humanistic Change](#) 610-443-1595
100A Cascade Drive, Allentown, PA 18109 Email: info@theCHC.org
Educational Support Group Weekday Club--provides a small group environment (8-10 students) in which educational information can be exchanged. The primary focus is on promoting resiliency and building assets to encourage school success and leadership skills. Education Support Group Focus--uses selective interventions to target middle school and high school students who are at greater-than-average risk for substance abuse.
 - [Club Ophelia](#) 610-928-1097
401 Chestnut Street, Emmaus PA 18049
Club Ophelia addresses the ever present problems of relational aggression or "girl bullying." This can include but is not limited to: harassment, exclusion, bullying, threatening, cyber-bullying, text messaging, physical aggression, etc. These types of behaviors are often subtle and go undetected by parents, teachers, and counselors in school. Club Ophelia is a group for girls, ages 10 to 15, facing these issues and is led by therapist, Jodi Merrill, MA.
 - [Confront/Treatment Trends Inc.](#) 610-433-0148
Support for parents of children who were sexually abused.
 - [Empowering Our Youth Group](#) Allentown: 610-437-6610
Crime Victims Counsel Easton: 610-250-6313
801 Hamilton St., Allentown, PA 18101
Support for young people. Group discussions: body image, eating disorders, sexual assault, date rape, etc.
 - [Multiple Disabilities Parent Support Group at Carbon Lehigh Intermediate Unit](#) 610-769-4111, ext 1268
Support group addressing the concerns of parents who have children with multiple physical disabilities. The group is held on a monthly basis and is facilitated by a social worker and a speech therapist from CLIU#21. Groups are held at the main office of CLIU#21 in Schnecksville are offered during the day and in the evening. There is no charge to participate. Various topics have been presented by guest speakers. Some topics include Communicating with Your

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Child, Creating Your Child's Own Sensory Bin, Fun with Computers, and Safe Feeding Practices. Groups also focus on informal information sharing as well as developing a support network for parents. Future topics will be determined by the needs of the group members. If you are interested in receiving mailings on these groups, please contact facilitator, Maia Geiger, at the number above.

- [NAMI](#)
802 W Broad St., Bethlehem, PA 18018 Email: info@namipalehighvalley.org
Hand to Hand Education Program
Eight week program designed to help families of children and adolescents with mental, behavioral, and emotional difficulties.

- [Parent to Parent of PA](#) 1-800-986-4550
6340 Flank Drive, Suite 600, Harrisburg, PA 17112
Links together families of children and adults with disabilities and special needs.
- [Parents Without Partners](#) 610-398-3875
An organization that is devoted to the interests of single parents and their children. It offers support and networking opportunities.
 - [Pennsylvania Family Support Alliance](#) 1-800-448-4906
Hotline for families in need of assistance in coping with daily stress.
- [Pinebrook Family Services Parenting Classes](#) 610-432-3919
402 N. Fulton St., Allentown, PA 18102
For information related to parenting classes, please contact Pinebrook Family Services
 - [Valley Wide Help](#) 610-435-7111
2200 Avenue A, Bethlehem, PA 18017-2181 610-866-1089 (Spanish)
Offers information on various support groups. 610-866-0131 (TDD)
- **Warmline** 610-820-8451 or 610-820-8549
24 hr hotline for individuals who need to talk to someone about their problems.
- [Your Baby's First Year](#) 610-954-1355
Support for parents with children under the age of one.

- [Parent to Parent of Pennsylvania](#) [Select 'P2P Supports Groups' link]
Linking families of children and adults with disabilities 1-888-727-2706
or special needs.
- [PA Families Incorporated](#) info@pafamiliesinc.org 1-800-947-4941
Statewide network providing support to families raising children and youth with emotional, behavioral, and special needs, as well as serving as an advocate in the different child serving systems.
Updated regularly.
[Lehigh County](#) [Select 'Resources' link on main page then select desired County.]

Women who are or who might be pregnant

The Healthy Baby Information Helpline – 1-800-986-2229

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- CHIP
 - [PA Children's Health Insurance Program](#) Call automated phone line at 800-986-KIDS (5437) and a CHIP representative will return your call within two business days.
Pennsylvania's CHIP program puts health coverage within reach for all uninsured kids and teens who are not eligible for or enrolled in Medical Assistance.

- Pregnancy Insurance
 - Presumptive Eligibility, MA
Presumptive Eligibility is a temporary program of health insurance coverage for pregnant women who are applying for Medical Assistance.
 - PA Dep of Human Services Benefits Helpline [phone] 1-800-692-7462
 - [PA Dep of Human Services County Assistance Office Contact Information](#)
 - [COMPASS](#) (PA Dep of Human Services) [Website]
Online application for Pennsylvanians to apply for many health and human service programs. Click on the 'Apply Now' button to begin or use links on right side for further assistance.
 - [PAHealthOptions.com \(PA Dep of Insurance\)](#) 1-877-881-6388
The Pennsylvania Insurance Department's Unbiased Guide to Understanding Health Insurance.

- [text4baby](#) Registration is free on the text4baby.org website.
Free text messages to keep you and your baby healthy throughout your pregnancy and the baby's first year.

- [WIC](#) 800-842-9467
Through WIC, pregnant women, mothers, and caregivers of infants and young children learn about good nutrition to keep themselves and their families healthy. WIC provides nutrition service, breastfeeding support, health care and social service referrals, and healthy foods to over 250,000 participants every month in PA.

Lead health information for parents, homeowners, contractors, and healthcare professionals
The Lead Information Helpline - 1-800-440-5323

- **City of Allentown Lead Hazard Control Program (LHCP)**
The Lead Hazard Control Program (LHCP) creates lead-safe home environments for low-income families with children under age six. This program is funded through a grant from the U.S. Department of Housing and Urban Development (HUD) and provides funding to four high-risk cities and two high-risk counties in Pennsylvania.
David Paulus, Director
Bureau of Building Standards
City of Allentown

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435 Hamilton St., 3rd Floor
Allentown PA 18101-1699
Phone: (610) 437-7690
Fax: (610) 439-5947
David.Paulus@allentownpa.gov

- City of Bethlehem Lead Hazard Control Program (LHCP)
 - Jessica Lucas
 - Director of Environmental Programs
 - Bethlehem Health Bureau
 - City of Bethlehem
 - 10 East Church Street
 - Bethlehem, PA 18018-6085
 - Phone: (610) 865-2083
 - Fax: (610) 865-7326

- [Elevated Lead Blood Level Case Management Guidelines](#) [CDC Web Page]
 - Recommendations from the CDC Advisory Committee on Childhood Lead Poisoning Prevention

- [Environmental Protection Agency, Lead](#) [EPA Web Page]
 - Provides many useful links for families including:
[Lead Hotline – National Lead Information Center](#) link (800) 424-5323.

- [PA Lead and Healthy Homes Program](#) [Website link] (717) 772-2762
 - The Pennsylvania Lead and Healthy Homes Program (LHHP) seeks to create safe and healthy housing by addressing environmental health and safety issues in homes.

- Lehigh County Conference of Churches

- Certified Contractors
 - Locating EPA Certified Lead Contractors and technicians
 - [EPA.gov - Lead](#)
 - [PA Labor and Industry](#)
Link to list of accredited trainers and certified contracting firms.
 - Information for Contractors
 - [EPA - Lead](#)
Renovate Right for Contractors and Trainers
 - [PA Labor and Industry](#)
Certification and Other Requirements for Lead Occupations
 - [OSHA](#)
For information about regulations regarding work on facilities which are non-residential, contractors should contact the appropriate Occupational Safety & Health Administration Pennsylvania area office.

- Property Managers
 - [HUD – Lead Disclosure Rule](#)
Congress passed the Residential Lead-Based Paint Hazard Reduction Act of

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1992, also known as Title X, to protect families from exposure to lead from paint, dust, and soil. Section 1018 of this law directed HUD and EPA to require the disclosure of known information on lead-based paint and lead-based paint hazards before the sale or lease of most housing built before 1978.

If you did not receive the Disclosure of Information on Lead-Based Paint and/or Lead-Based Paint Hazards form when you bought or leased pre-1978 housing, contact 1-800-424-LEAD (5323).

Individuals with Traumatic Brain Injury and their families

The Head Injury Information Helpline – 866-412-4755

- [Brain Injury Association of Pennsylvania](#) 1-800-444-6443
Our mission: to prevent brain injury and improve the quality of life for people who have experienced brain injury and their family members through support, education, advocacy, and research.
- PA Department of Health Head Injury Program
 - [Head Injury Program](#) 866-412-4755
The goal of the program is to help individuals with a traumatic brain injury live independently in their homes and communities.
- Waiver Programs
 - [Independent Enrollment Broker](#) 788-550-4227
Office of Long-Term Living launched the PA Independent Enrollment Broker, a contracted statewide entity, to facilitate and streamline the eligibility/enrollment process for applicants seeking services for several PA waivers/programs.
 - [COMMCARE Waiver](#) 1-800-753-8827
A Home and Community-Based Services Waiver for Individuals with Traumatic Brain Injury (TBI).
 - [OBRA Waiver](#) 1-800-753-8827
Home and Community based Waiver program that may help if you have a developmental physical disability to allow you to live in the community and remain as independent as possible.
- Other Information
 - [Acquired Brain Injury Network of Pennsylvania](#) info@abin-pa.org, 1-800-516-8052
Nonprofit organization of brain injury survivors, family members, and friends dedicated to increasing public awareness about acquired brain injury, and to providing support, education, information, advocacy, and other services for individuals with acquired brain injury and their families.
 - [Brainline.org](#) - 703-998-2020
Preventing, treating, and living with traumatic brain injury (TBI).

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Immunizations/Vaccinations

- **Allentown Health Bureau** 610-437-7760
- PA Department of Health Division of Immunizations
 - [Division of Immunizations](#) 717-787-5681
 - [Pennsylvania Vaccines for Children Program](#) 888-646-6864
 - Free vaccines for uninsured children 877-724-3258

Legal advocacy for the disabled in Pennsylvania

[Disability Rights Network of Pennsylvania](#) Harrisburg 1-800-692-7443
717-236-8110
717-346-0239 [TDD]
Philadelphia 215-238-8070
Pittsburgh 412-391-5225

The mission of the Disability Rights Network of Pennsylvania is to advance, protect, and advocate for the human, civil, and legal rights of Pennsylvanians with disabilities.

[PA Health Law Project](#) 1-800-274-3258
Helping People in Need get the Health Care they deserve.
Advocacy on access to health care for low-income consumers, the elderly, and persons with disabilities.

Transportation Assistance for the Disabled

- **Pennsylvania Care Planning Council** Website address
[Community Disability, Assistive Technology & Transportation Service](#)
- [Lehigh County, Pennsylvania Transportation Assistance Information](#) Website
- [PA Dept of Human Services Medical Assistance Transportation Program](#) 888-253-8333

Lehigh County, Pennsylvania Department of Human Services
Information and Referral Unit

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Contact:

Government Center
17 South 7th Street
Allentown, PA 18101
(610)782-3200