Children and youth with special healthcare needs and their families

The Special Kids Network Helpline - 1-800-986-4550

- Advocacy for special healthcare needs
 - The Arc of Pennsylvania

[Website link]

The largest advocacy organization in the United States for people with intellectual and developmental disabilities containing 34 local chapters serving 56 counties across Pennsylvania.

 Juvenile Law Center [Select Juniata County then 'Advocacy and Legal Services' or 'Disability Rights and Special Needs Resources'.]

Advancing the rights and well-being of children in jeopardy. 1-888-864-6393
Advocacy and Legal Services

- Union-Snyder Community Action Agency
 Provides services related to Information & Referral, Housing Assistance,
 Energy Assistance, Food Referrals, Transportation, Supportive Housing Program,
 Family Self-Sufficiency, Home Ownership, and FDC: Family Development
 Credential
- Community Resources For Independence, Inc.

Offers independent living services 800-530-5541 or 814-838-7222 to people with disabilities along with accessibility education, waiver information, independent living services, attendant care service coordination, assisting technology, and information and referral

- Pennsylvania Bar Association Lawyer Referral Service 1-800-932-0311
 Pennsylvania Bar Association Lawyer Referral Service matches clients to a
 Pennsylvania lawyer in a specific area of law.
- Mid-Penn Legal Services State College: 814-238-4958 and 800-326-9177
 Legal services for income eligible individuals
- Office Of Vocational Rehabilitation
 1-800-541-0721 or 814-871-4551

 OVR provides assistance with obtaining and maintaining employment to individuals with disabilities.
- Special Kids Network
 800-986-4550

 Statewide referral service designed to serve families of children with chronic health of disabling conditions through information and service coordination
- <u>Disability Rights Network Of Pennsylvania</u>
 Harrisburg: 717-236-8110
 Philadelphia: 215-238-8070; Pittsburgh: 412-391-5225

Provide legal consultation and representation for individuals with disabilities and their families who are facing discrimination on the basis of disability and access to needed services along with providing information, referral and technical assistance to Pennsylvania residents with disability issues.

MidPenn Legal Services
 State College, PA: Toll-Free: 800-326-9177

 Family law, custody, domestic violence, housing, foreclosures, access to medical care, public benefits, unemployment, barriers to employment, consumer law, elder law.

Developmental Disabilities Advocacy Network

1-800-692-7443

The Developmental Disabilities Advocacy Network provides information on disability programs and services in communities nationwide.

PA Client Assistance Program

Philadelphia: 215-557-7112

PA's Client Assistance Program is an Camp Hill: 717-731-1077 advocacy program for people with disabilities seeking services in employment and housing

LGBT Youth in Crisis Hotline

800-246-7743

Youth serving youth through age 25. Peer counseling, information, and local resources.

Gay, Lesbian, Bisexual, and Transgender Helpline

special needs by linking them to support and information.

888-843-456

The Gay, Lesbian, Bisexual, and Transgender Hotline provides telephone and email peer counseling, as wells as factual information and local resources for cities and towns across the United States.

Disability Rights and Special Needs Resources

Pennsylvania Families Incorporated Please look at website which will give locations, phone numbers, support groups, and additional information.
 PFI is a resource database that that empowers PA families of children with

- <u>Bureau of Blindness and Visual Services</u>
 Provides services to to assist individuals who are blind or visually impaired in areas of specialized children services, finding employment, starting a business, gaining independent living skills
- Bureau of Autism Services

 Bureau of Autism Services is a department within the Department of Public Welfare specifically addressing the needs, issues and concerns of people with Autism Spectrum Disorders in Pennsylvania. BAS provides information on available services and waiver funding.
- <u>County MH/MR/DS</u>

 Please look at website listed for locations and phone numbers.

The Home and Community Services Information Systems offers a directory of all of PA's county MH/MR/DS. The Office of Mental Health/Mental Retardation/Mental Development administers services and programs for individuals with mental and developmental disabilities

Northwest Human Services

1-888-647-0020

NHS provides residential living options, case/care management, and therapeutic services for individuals with disabilities.

 Good Will Industries Please refer to website under "Goodwill Locator" listed for complete list of locations and phone numbers.

Good will Industries provides supported employment program for adults with disabilities.

Center for Independent Living of Central PA Camp Hill: 717-731-1900

Newport: 717-731-1900

CILCP provides services for individuals with physical disabilities: independent living skills training, service coordination, peer support, attendant care services,

advocacy, information and referral

Huntingdon County Drop-in Center

814-643-1364

The Huntingdon Drop-In Center offers social, recreational, educational and support activities to people with mental health challenges.

Special Kids Network

800-986-4550

Statewide referral service designed to serve families of children with chronic health of disabling conditions through information and service coordination

 Pennsylvania Association For The Blind Please refer to website under "Local Agencies" for complete list of locations and phone numbers.

Providing services to prevent, prepare for, and manage vision loss with programs and services for both children and adults such as vision screenings, residential and vocational rehabilitation, transportation, transitional and Braille instruction, information and referral, support and advocacy

National Runaway Switchboard

1-800-786-2929

Camp Hill: 717-737-3477

Toll-free, nationwide hot-line for runaways and troubled youth. Provides information and referral for shelter, counseling, medical and legal services and transportation back home.

- Kaleidoscope Family Solutions Inc.
 Kaleidoscope Family Services (KFS) is School Division: 800-908-0546 a specialized provider of clinical and therapeutic services directly to individuals as well as education-system staffing services. Services are delivered through its specialty division outlined below.
 - KFS Behavioral Therapeutic Services
 - KFS Autism Services
 - KFS Intellectual and Developmental Disabilities Services
 - KFS School Staffing Services
 - KFS Training Services
 - Mifflin-Juniata Special Needs Center, Inc. 866-870-0608 or 717-248-6261 Mifflin-Juniata Special Needs Center, Inc. accepts individuals for who they are, advocates for people with disabilities, supports them & their families with essential services and empowers them to develop their abilities and potential.
- Pennsylvania Elks Home Service Program
 Providing support and advocacy services to individuals who have a developmental disability.

Assistive Technology

- Mifflin-Juniata Special Needs Center, Inc.

 Mifflin Juniata Special Needs Center lends assistive living medical equipment to anyone in need. We offer wheelchairs, walkers, canes, potty chairs and other devices for loan to those who need them in this temporary loan program. Short-term loans of equipment are available for up to three months.
- Pennsylvania Assistive Technology Foundation [Webpage Resource] 888-744-1938 Foundation's mission is to provide financing opportunities to people with disabilities and older Pennsylvanians helping them to acquire the assistive technology devices and services that improve the quality of their lives.
- United Cerebral Palsy Central Pennsylvania

Toll-Free: 800-998-4827

[Select 'Our Services' link on website home page for information on Assistive Technology and other services.]

While our name—United Cerebral Palsy--would seem to suggest otherwise, our consumers come to us with a wide range of conditions and diagnoses. The reality is this: the vast majority of the people we serve have a condition other than cerebral palsy.

UCP's assistive technology devices, equipment, services and supports make every day independence day.

- Counseling for special healthcare needs
- Day Care
 - Pennsylvania Department of Human Services
 Child Care and Early Learning services.
 - <u>Child Care Works Subsidized Child Care</u> 717-242-4346 and 1-866-803-4346 if your household income is no more than twice of the FPIG and your child is 13 or younger and you are a working parent or you are going to school.
 - Pre-school Programs
 1-866-214-5437

 if your household income is no more thatn the FPIG and your child is five years old or younger.
 - Online Child Care Provider Search
 The search will help you locate a child care provider that meets your needs and offer information on Early Learning programs. The Online Child Care Provider Search offers a portion of the wide spectrum of child care services offered by Child Care Information Services (CCIS) agencies. For additional assistance in locating a child care arrangement, contact your local CCIS.
- Early Intervention
 - o Mifflin-Juniata Special Needs Center, Inc.

717-242-0351

The Early Intervention Program at the Mifflin-Juniata Special Needs Center provides services to children from birth to age three who have developmental delays or special needs. If you are concerned about your child's development or have a child with special needs, you can arrange to have your child evaluated to determine if he or she is eligible for early intervention services provided by our program. To arrange for an evaluation, you may contact the Base Service Unit at (717) 242-0351. There is no cost for the evaluation or for any early intervention services which may be received.

- PA Department of Education Early Intervention Program
 1-800-692-7288
 The Pennsylvania Early Intervention program provides support and services to families with children, from birth to age five, with developmental delays and disabilities.
- O Pennsylvania Department of Human Services Early Intervention Services Website

 While all children grow and develop in unique ways, some children experience delays in their development. Children with developmental delays and disabilities benefit from the Pennsylvania Early Intervention program, a state supported network of parents, service practitioners, and others which builds upon the natural learning opportunities that occur within the daily routines of a child and their family.

- Health Insurance
 - O CHIP [Web Page link] 1-800-986-KIDS (5437)

Pennsylvania's Children's Health Insurance Program. Covers all uninsured PA kids under 19.

- COMPASS [PA Dept. of Human Services benefits online application Web Page link]
 [Select Apply for Any Benefits link to begin.]
- Help with Medicare
 - APPRISE 1-800-783-7067

a free health insurance counseling service for individuals 60 and over.

- Mifflin, Juniata County Area Agency on Aging, APPRISE 814-765-2696
- Medicare Part D [Website link]

Information about the Part D prescription drug benefit available to individuals enrolled in Medicare.

- HealthCare.gov [Federal Health Insurance Enrollment Website] 1-800-318-2596
- HealthChoices [Website]

HealthChoices will provide low-income Pennsylvanians with the opportunity to purchase private health insurance at affordable rates through a network of eight insurance private insurers, offering three or more health insurance plan options per region. Coverage will begin Jan. 1, 2015. Apply online at www.compass.state.pa.us and learn more at www.healthypa.com.

- Medical Assistance (MA) [PA Department of Human Services Web link.]
 Health care services for eligible individuals.
- Pregnancy Insurance
 - Presumptive Eligibility [Eligible uninsured pregnant woman should register with Dept. of Human Services, COMPASS and Medical Assistance (MA).] Presumptive Eligibility (PE) provides insurance coverage for pregnant woman who have applied for MA but are still under review.
 - Maternity Insurance.org [Website link]
 - Pennsylvania-Health-Coverage.com [Website link] 1-866-589-6215
 Compare affordable maternity health insurance options.
- o Resource Guide to Healthcare Options in Pennsylvania

For Children, Adults, and Seniors

The Pennsylvania Office of Rural Health, Pennsylvania State University

- Housing
 - Juniata County, AP Website Housing Assistance links and information

Provided here are a few links and information regarding housing. If you need help, please consult these resources or phone the <u>Coalition of HOPES</u> at 717-248-2552.

Juniata County Homeless Assistance Program, HAP

Mifflin/Juniata Human Services Department: 717-248-3695

The intent of the HAP is to make available a continuum of services to persons who are at risk of becoming homeless and to those who are homeless and near homeless who can demonstrate that with the prevention and intervention services provided by the HAP they would be able to meet their basic needs in the immediate and near future.

o <u>Juvenile Law Center</u> [Juniata County.]

Advancing the rights and well-being of children in jeopardy. 1-888-864-6393 Housing

- HUD Philadelphia: 215-656-0500; Pittsburgh: 412-644-6428
 HUD is a federal program that provides housing support for individuals in
 need such as rental programs (including Section 8) and home ownership
 assistance programs.
- Pennsylvania Affordable Apartment Locator PAHousingSearch.com is a website in which affordable housing can be searched and located within in PA.
- Northwest Human Services
 "locations" for contact information Toll-Free: 1-888-647-0020
 NHS provides residential living options, case/care management, and therapeutic services for individuals with disabilities.
- Fair Housing/Equal Opportunity at HUD

 1-800-799-2089

 Philadelphia: 215-861-7637; Pittsburgh: 412-644-5449

 Hotline service for individuals to report incidences of housing discrimination.
- Making Homes Affordable
 National nonprofit organization aiming to prevent home foreclosure and reduce monthly payments for eligible individuals and families

Shelters

- Shelter Services, Inc.
 Shelter Services provides food and shelter to the homeless of Mifflin and
 Juniata Counties and surrounding areas
- <u>Hollister House</u> Juniata County: 717-447-1885

24 hour hotline: 717-242-2444; Toll Free Hotline: 888-810-2444
The Abuse Network offers the Hollister House which provides emergency shelter to victims of domestic and sexual abuse, along with case management, advocacy and accompaniment, information and referral, counseling and support Transitional Housing

Community Services Group

See website for locations and contact information Services for individuals with developmental and intellectual disabilities and mental health diagnoses including residential services, employment services, adult day programs, outpatient treatment, peer support, and psychiatric rehabilitation. Residential services include Community Residential Rehabilitation, Enhanced Personal Care Home, Supported Housing and Long Term Structured Residence

Special Needs Registry

[Website link]

In the event of a fire or other emergency situation, would you or someone you know with special needs require assistance?

A website has been developed to collect information about persons with special needs living in private residences within Juniata County. Information will be kept confidential and only be made available to Emergency Response Personnel during an emergency to locate and promptly assist those individuals who have special needs

Health Waiver Programs

- Medicaid Waivers for Children under 21:
 - Attendant Care/Act 150 Long-Term Living Helpline, 1-800-753-8827 Enables individuals with a physical disability, ages 18-59, who are mentally alert to continue to live in their homes with support and services.
 - Community Services Program for Persons with Physical Disabilities/<u>OBRA Waiver</u> Long-Term Living Helpline, 1-800-753-8827 Provides services to people 18 or older with severe developmental and physical disabilities, such as cerebral palsy, epilepsy, or similar conditions (onset prior to age 22).
 - Consolidated Waiver for Individuals with Mental Retardation
 Provides services to eligible people age three or older with mental retardation so that they can remain in the community.
 - Person/Family Directed Support Waiver
 Provides services to eligible people age three or older with mental retardation so that they can remain in the community.

 - Infant, Toddlers, and Families Waiver Supports Early Intervention services to children up to age three who would otherwise require the level of care provided in an Intermediate Care Facility for persons with Mental Retardation of Other Related Conditions.

Respite Care

ARCH National Respite Network

[Website]

for help with the Respite Locator Service please contact Mike Mathers at: mmathers@chtop.org or by phone at 1-919-490-5577.

The mission of the ARCH National Respite Network and Resource Center is to assist and promote the development of quality respite and crisis care programs, to help families locate respite and crisis care services in their communities, and to serve as a strong voice for respite in all forums.

Special Education

PA Bureau of Special Education Consult Line

1-800-879-2301

Help for families and advocates of children with special needs can be obtained by calling the Consult Line or with the on-line request form available at: http://odr-pa.org/contact-consultline/

o <u>Intermediate Units in PA</u> [Website Link]

Intermediate Units in Pennsylvania are part of the governance structure of public education and are located in the middle between the state education agency and the local school districts. They provide specialized services to local school districts that can be operated more effectively and efficiently on a regional basis

- Support Groups
 - Mifflin-Juniata Special Needs Center, Inc.
 Mifflin-Juniata Special Needs Center, Inc. accepts individuals for who they are, advocates for people with disabilities, supports them & their families with essential services and empowers them to develop their abilities and potential.
 - Parent to Parent of Pennsylvania [Select 'P2P Supports Groups' link]
 Linking families of children and adults with disabilities 1-888-727-2706
 or special needs.
 - PA Families Incorporated

info@pafamiliesinc.org 1-800-947-4941

Lewistown: 717-242-0301

Statewide network providing support to families raising children and youth with emotional, behavioral, and special needs, as well as serving as an advocate in the different child serving systems.

Updated regularly.

Juniata County [Select 'Resources' link on main page then select desired County.]

Women who are or who might be pregnant The Healthy Baby Information Helpline – 1-800-986-2229

- Baby Supplies
 - o Crossroads Pregnancy Center

Counseling for pregnant women (men's counseling is also offered) and families with young children. Parenting classes. Baby Supplies (i.e. cribs, car seats) are earned by attending parenting classes. Classes are free.

- Breastfeeding Guides If you need more information visit <u>Handouts for Parents</u> or call the Healthy Baby line at 800-986-BABY(2229).
 - Crossroads Pregnancy Center [see above]
 Lewistown: 717-242-0301
 - Pennsylvania Breastfeeding Referral Guide Arranged by County
 - Womenshealth.gov Breastfeeding Challenges Guide
 Information regarding common breastfeeding challenges
 Office on Women's Health, US Department of Health and Human Services
- Car Seats
 - Car Seat Safety

The PA Child Passenger Protection Act requires that all drivers transporting children ages birth – four years use an approved child safety seat. Children ages four to eight must wear a seat belt and be in a booster seat. Children with medical conditions or disabilities may require special considerations or adaptations for transportation safety.

The PA Traffic Injury Prevention Project

Car Seat Loan Program by County - Information Hotline - 800-CAR-BELT Training for school districts and companies 412-885-0266 on transporting children with special needs.

- <u>National Highway Safety Transportation Administration</u> 888-327-4236
 Information on car seat safety and installation inspection.
- National Easter Seal Society [phone listing] 800-221-6827
 Referrals and information about car seats.
- <u>The American Academy of Pediatrics</u> 847-228-5005 Referrals and information about car seats.

Counseling

Crossroads Pregnancy Center
 Counseling for pregnant women (men's counseling is also offered) and families with young children. Parenting classes. Baby Supplies (i.e. cribs, car seats) are earned by attending parenting classes. Classes are free.

CHIP

O PA Children's Health Insurance Program

800-986-KIDS (5437) and a CHIP representative will return your call within two business days.

Pennsylvania's CHIP program puts health coverage within reach for all uninsured ki

Pennsylvania's CHIP program puts health coverage within reach for all uninsured kids and teens who are not eligible for or enrolled in Medical Assistance.

Pregnancy Insurance

- Presumptive Eligibility (PE), Medical Assistance (MA)
 Presumptive Eligibility is a temporary program of health insurance coverage for pregnant women who are applying for Medical Assistance.
 - PA Dep of Human Services Benefits Helpline
 1-800-692-7462
 - PA Dep of Human Services County Assistance Office Contact Information
- COMPASS (PA Dep of Human Services) [Website]
 Online application for Pennsylvanians to apply for many health and human service programs. Click on the 'Apply Now' button to begin or use links on right side for further assistance.
- PAHealthOptions.com (PA Dep of Insurance)
 The Pennsylvania Insurance Department's Unbiased Guide to Understanding Health Insurance.
- <u>text4baby</u> Registration is free on the text4baby.org website. Free text messages to keep you and your baby healthy throughout your pregnancy and the baby's first year.
- WIC
 Through WIC, pregnant women, mothers, and caregivers of infants and young children learn about good nutrition to keep themselves and their families healthy.
 WIC provides nutrition service, breastfeeding support, health care and social service referrals, and healthy foods to over 250,000 participants every month in PA.

Lead health information for parents, homeowners, contractors, and healthcare professionals The Lead Information Helpline – 1-800-440-4323

• <u>Elevated Lead Blood Level Case Management Guidelines</u>

[CDC Web Page]

Recommendations from the CDC Advisory Committee on Childhood Lead Poisoning Prevention

Environmental Protection Agency, Lead

[EPA Web Page] (800) 424-5323.

Provides many useful links for families including: Lead Hotline – National Lead Information Center link

PA Lead and Healthy Homes Program

[Website link] (717) 772-2762

The Pennsylvania Lead and Healthy Homes Program (LHHP) seeks to create safe and healthy housing by addressing environmental health and safety issues in homes. Program contact list provided by County.

- Certified Contractors
 - Locating EPA Certified Lead Contractors and technicians
 - EPA.gov Lead
 - PA Labor and Industry

Link to list of accredited trainers and certified contracting firms.

- Information for Contractors
 - EPA Lead

Renovate Right for Contractors and Trainers

PA Labor and Industry

Certification and Other Requirements for Lead Occupations

OSHA

For information about regulations regarding work on facilities which are non-residential, contractors should contact the appropriate Occupational Safety & Health Administration Pennsylvania area office.

- Property Managers
 - HUD Lead Disclosure Rule

Congress passed the Residential Lead-Based Paint Hazard Reduction Act of 1992, also known as Title X, to protect families from exposure to lead from paint, dust, and soil. Section 1018 of this law directed HUD and EPA to require the disclosure of known information on lead-based paint and lead-based paint hazards before the sale or lease of most housing built before 1978.

If you did not receive the Disclosure of Information on Lead-Based Paint and/or Lead-Based Paint Hazards form when you bought or leased pre-1978 housing, contact 1-800-424-LEAD (5323).

Individuals with Traumatic Brain Injury and their families

The Head Injury Information Helpline - 866-412-4755

Brain Injury Association of Pennsylvania

1-800-444-6443

Our mission: to prevent brain injury and improve the quality of life for people who have experienced brain injury and their family members through support, education, advocacy, and research.

- PA Department of Health Head Injury Program
 - Head Injury Program

866-412-4755

The goal of the program is to help individuals with a traumatic brain injury live independently in their homes and communities.

- Waiver Programs
 - Independent Enrollment Broker

788-550-4227

Office of Long-Term Living launched the PA Independent Enrollment Broker, a contracted statewide entity, to facilitate and streamline the eligibility/enrollment process for applicants seeking services for several PA waivers/programs.

COMMCARE Waiver

1-800-753-8827

A Home and Community-Based Services Waiver for Individuals with Traumatic Brain Injury (TBI).

o **OBRA Waiver**

1-800-753-8827

Home and Community based Waiver program that may help if you have a developmental physical disability to allow you to live in the community and remain as independent as possible.

- Other Information
 - Acquired Brain Injury Network of Pennsylvania info@abin-pa.org, 1-800-516-8052
 Nonprofit organization of brain injury survivors, family members, and friends dedicated to increasing public awareness about acquired brain injury, and to providing support, education, information, advocacy, and other services for individuals with acquired brain injury and their families.
 - Brainline.org _ 703-998-2020
 Preventing, treating, and living with traumatic brain injury (TBI).

Immunizations/Vaccinations

- PA Department of Health Division of Immunizations
 - o <u>Division of Immunizations</u>

717-787-5681

o <u>Pennsylvania Vaccines for Children Program</u>

888-646-6864

Free vaccines for uninsured children

877-724-3258

PA Department of Health, Health Services Locator
 To find a local health center close to you select your county.

[Website]

Legal advocacy for the disabled in Pennsylvania

<u>Disability Rights Network of Pennsylvania</u> Harrisburg 1-800-692-7443 or 717-236-8110
 717-346-0239 [TDD]

Philadelphia 215-238-8070 Pittsburgh 412-391-5225

The mission of the Disability Rights Network of Pennsylvania is to advance, protect, and advocate for the human, civil, and legal rights of Pennsylvanians with disabilities.

PA Health Law Project

1-800-274-3258

Helping People in Need get the Health Care they deserve.

Advocacy on access to health care for low-income consumers, the elderly, and persons with disabilities.

Transportation Assistance for the Disabled

Pennsylvania Care Planning Council
 Community Disability, Assistive Technology & Transportation Service

Website address

The Pennsylvania Care Planning Council lists companies and individual providers who help families deal with the crisis and burden of long term care.

PA Dept of Human Services Medical Assistance Transportation Program

717-242-2277 or 800-348-2277

The Medical Assistance Transportation Program, also known as MATP, provides transportation to medical appointments for Medical Assistance recipients who do not have transportation available to them. The individual's county of residence will provide the type of transportation that is the least expensive while still meeting their needs.

Vocational Rehabilitation Assistance and Job Training for the Disabled

- Pennsylvania Department of Labor & Industry Vocational Rehabilitation Services
 Website
 The Pennsylvania Office of Vocational Rehabilitation, or OVR, provides vocational rehabilitation services to help persons with disabilities prepare for, obtain, or maintain employment. OVR provides services to eligible individuals with disabilities, both directly and through a network of approved vendors. Services are provided on an individualized basis.
 - OVR Office Directory Arranged by District Office and by Counties Served