Children and youth with special healthcare needs and their families

The Special Kids Network Helpline - 1-800-986-4550

- Advocacy for special healthcare needs
 - The Arc of Pennsylvania

[Website link]

The largest advocacy organization in the United States for people with intellectual and developmental disabilities containing 34 local chapters serving 56 counties across Pennsylvania.

Center for Independent Living of South Central PA 814-949-1905 or 800-237-9009
 The Mission of the Center for Independent Living of South Central PA
 is to empower people with disabilities to lead independent lives in their communities.

CILSCPA strives through advocacy and collective action to remove physical and attitudinal barriers that prevent persons with disabilities from exercising their rights, achieving personal independence, and participating fully in the life of the community. Programs, services & trainings provided by CILSCPA teach consumers to take responsibility for their own abilities to live independently.

CILSCPA, established in 1988, is a non-profit, non-residential, community based organization. In accordance with the Rehabilitation Act, at least 51% of CILSCPA board members and staff have disabilities.

<u>Juvenile Law Center</u> [Select 'Fulton' County then 'Advocacy and Legal Services' or 'Disability Rights and Special Needs Resources'.]

Advancing the rights and well-being of children in jeopardy.

1-888-864-6393

Advocacy and Legal Services

- Association of Retarded Citizens (ARC) Please see website for contact information.
 Offers services for individuals with intellectual and developmental disabilities such as early intervention, supported employment, job training, transition planning, respite care, supported living and transportation
- Community Resources For Independence, Inc
 1-800-530-5541 or 814-838-7222
 Offers independent living services to people with disabilities along with accessibility education, waiver information, independent living services, attendant care service coordination, assisting technology, and information and referral
- Maranatha
 717-261-1708

Budget Counseling, Budgeting Classes, Representative Payee Services, Preclosing Counseling

Eligibility: Franklin, Adams, Fulton County and Surrounding areas.

- Pennsylvania Bar Association Lawyer Referral Service
 1-800-932-0311

 Pennsylvania Bar Association Lawyer Referral Service matches clients to a
 Pennsylvania lawyer in a specific area of law.
- Mid-Penn Legal Services
 State College: 814-238-4958 800-326-9177
 Legal services for income eligible individuals
- Office Of Vocational Rehabilitation
 1-800-541-0721 or 814-871-4551

 OVR provides assistance with obtaining and maintaining employment to individuals with disabilities.

Special Kids Network

1-800-986-4550

Statewide referral service designed to serve families of children with chronic health of disabling conditions through information and service coordination

■ <u>Disability Rights Network Of Pennsylvania</u> Harrisburg: 717-236-8110;

Philadelphia: 215-238-8070; Pittsburgh: 412-391-5225

Provide legal consultation and representation for individuals with disabilities and their families who are facing discrimination on the basis of disability and access to needed services along with providing information, referral and technical assistance to Pennsylvania residents with disability issues.

MidPenn Legal Services

State College: 800-326-9177

Family law, custody, domestic violence, housing, foreclosures, access to medical care, public benefits, unemployment, barriers to employment, consumer law, elder law.

Developmental Disabilities Advocacy Network

1-800-692-7443

The Developmental Disabilities Advocacy Network provides information on disability programs and services in communities nationwide.

PA Client Assistance Program

Philadelphia: 215-557-7112;

Camp Hill: 717-731-1077; Toll Free: 888-745-2357 or 800-323-6060 PA's Client Assistance Program is an advocacy program for people with

LGBT Youth in Crisis Hotline

800-246-7743

Youth serving youth through age 25. Peer counseling, information, and local resources.

Gay, Lesbian, Bisexual, and Transgender Helpline

disabilities seeking services in employment and housing.

888-843-4564

The Gay, Lesbian, Bisexual, and Transgender Hotline provides telephone and email peer counseling, as wells as factual information and local resources for cities and towns across the United States.

Disability Rights and Special Needs Resources

Pennsylvania Families Incorporated

1-800-947-4941

PFI is a resource database that that empowers PA families of children with special needs by linking them to support and information.

Bureau of Blindness and Visual Services

Harrisburg: 717-787-6176 Altoona: 814-946-7330

Provides services to to assist individuals who are blind or visually impaired in areas of specialized children services, finding employment, starting a business, gaining independent living skills

- Bureau of Autism Services Dept. of Human Services, Harrisburg: 866-539-7689 Bureau of Autism Services is a department within the Department of Public Welfare specifically addressing the needs, issues and concerns of people with Autism Spectrum Disorders in Pennsylvania. BAS provides information on available services and waiver funding.
- County MH/MR/DS Please see website for contact information The Home and Community Services Information Systems offers a directory of all of PA's county MH/MR/DS. The Office of Mental Health/Mental Retardation/Mental Development administers services and programs for individuals with mental and developmental disabilities

- Northwest Human Services Please wee website listed under 'locations' for contact information.
 Toll free: 1-888-647-0020
 - NHS provides residential living options, case/care management, and therapeutic services for individuals with disabilities.
- Good Will Industries Please refer to website under "Goodwill Locator" listed for complete list of locations and phone numbers.
 - Good Will Industries provides supported employment program for adults with disabilities.
- Occupational Services, Inc.
 OCI provides vocational evaluation, sheltered employment and labor market placement for individuals with disabilities
- New Visions, Inc.
 Shippensburg: 717-477-2153
 New Visions, Inc provides the mental health community residential, social, and educational programs such as Community Residential Rehabilitation
 Programs, Supported Living, New Horizons Club House
 Serves residents of Franklin/Fulton or Cumberland/Perry Counties
- Center for Independent Living of South Central PA
 1-800-237-9009
 CILSPA offers services for individuals with disabilities including peer counseling, advocacy, independent living skills training, and information/referral services.
- Center For Community Action Everett: 814-623-9129;

Huntington: 814-643-4202; McConnellsburg: 800-323-9997 CCA is an agency aimed for providing services to under-privileged families and individuals. Services include Child Care Information Services (subsidized child care), Housing Services, Emergency Food and Shelter Services and more. Educational services include GED Preparation, Adult Basic Education and

- Pennsylvania Association For The Blind Please refer to website under "Local Agencies" for complete list of locations and phone numbers.
 - Providing services to prevent, prepare for, and manage vision loss with programs and services for both children and adults such as vision screenings, residential and vocational rehabilitation, transportation, transitional and Braille instruction, information and referral, support and advocacy
- National Runaway Switchboard
 Toll-free, nationwide hot-line for runaways and troubled youth. Provides information and referral for shelter, counseling, medical and legal services and transportation back home.
- Kaleidoscope Family Solutions Inc.
 Kaleidoscope Family Services (KFS) is School Division: 800-908-0546 a specialized provider of clinical and therapeutic services directly to individuals as well as education-system staffing services. Services are delivered through its specialty division outlined below.
 - KFS Behavioral Therapeutic Services
 - KFS Autism Services

Literacy classes.

- KFS Intellectual and Developmental Disabilities Services
- KFS School Staffing Services
- KFS Training Services

Pennsylvania Elks Home Service Program Director Patricia O'Connor: 814-781-7860
 Providing support and advocacy services to individuals who have a developmental disability.

Assistive Technology

- Pennsylvania Assistive Technology Foundation
 [Webpage Resource] 888-744-1938
 Foundation's mission is to provide financing opportunities to people with disabilities
 and older Pennsylvanians helping them to acquire the assistive technology devices and
 services that improve the quality of their lives.
- UCP (United Cerebral Palsy) of Central PA

Toll-Free: 800-998-4827; Camp Hill: 717-737-3477

Meeting the needs of individuals of all ages and with all types of disabilities.

Assistive Technology

Whether you've got a need for assistive technology... have equipment to donate... or just want to learn more, UCP's AT Specialist can help.

- Counseling for special healthcare needs
- Day Care
 - Fulton County Center for Families [Select 'Programs' link on home page for link to Child Care Programs.]
 Toll Free: 888-329-2376; Local: 717-485-6767
 The Family Center currently offers child care services through two programs: Pre-School Age Child Care (PACC) and School Age Child Care (SACC).
 Fee assistance available for income eligible families.
 - Pennsylvania Department of Human Services
 Child Care and Early Learning services.
 1-800-692-7462
 - Child Care Works Subsidized Child Care
 if your household income is no more than twice of the
 FPIG and your child is 13 or younger and you are a working
 parent or you are going to school.
- Early Intervention
 - Easter Seals Western and Central Pennsylvania
 Easter Seals Western and Central PA is committed to providing exceptional programs and services for children with disabilities or other special needs.

PA Department of Education Early Intervention Program

1-800-692-7288.

The Pennsylvania Early Intervention program provides support and services to families with children, from birth to age five, with developmental delays and disabilities.

Pennsylvania Department of Human Services Early Intervention Services Website

While all children grow and develop in unique ways, some children experience delays in their development. Children with developmental delays and disabilities benefit from the Pennsylvania Early Intervention program, a state supported network of parents, service practitioners, and others which builds upon the natural learning opportunities that occur within the daily routines of a child and their family.

Health Insurance

o CHIP

[Web Page link] 1-800-986-KIDS (5437)

Pennsylvania's Children's Health Insurance Program.

Covers all uninsured PA kids under 19.

- COMPASS [PA Dept. of Human Services benefits online application Web Page link]
 [Select Apply for Any Benefits link to begin.]
- Help with Medicare

APPRISE

1-800-783-7067

a free health insurance counseling service for individuals 60 and over.

Fulton County Area Agency on Aging, APPRISE

800-892-7903

Medicare Part D

[Website link]

Information about the Part D prescription drug benefit available to individuals enrolled in Medicare.

- o <u>HealthCare.gov</u> [Federal Health Insurance Enrollment Website] 1-800-318-2596
- HealthChoices [Website]

HealthChoices will provide low-income Pennsylvanians with the opportunity to purchase private health insurance at affordable rates through a network of eight insurance private insurers, offering three or more health insurance plan options per region. Coverage will begin Jan. 1, 2015. Apply online at www.compass.state.pa.us and learn more at www.healthypa.com.

- Medical Assistance (MA) [PA Department of Human Services Web link.]
 Health care services for eligible individuals.
- Pregnancy Insurance
 - Presumptive Eligibility [Eligible uninsured pregnant woman should register with Dept. of Human Services, COMPASS and Medical Assistance (MA).] Presumptive Eligibility (PE) provides insurance coverage for pregnant woman who have applied for MA but are still under review.
 - Maternity Insurance.org [Website link]
 - Pennsylvania-Health-Coverage.com [Website link] 1-866-589-6215
 Compare affordable maternity health insurance options.
- o Resource Guide to Healthcare Options in Pennsylvania

For Children, Adults, and Seniors

The Pennsylvania Office of Rural Health, Pennsylvania State University

Housing

Juvenile Law Center [Fulton County.]

Advancing the rights and well-being of children in jeopardy. Housing

1-888-864-6393

• HUD Philadelphia: 215-656-0500; Pittsburgh: 412-644-6428 HUD is a federal program that provides housing support for individuals in need such as rental programs (including Section 8) and home ownership assistance programs.

Pennsylvania Affordable Apartment Locator

1-877-428-8844

PAHousingSearch.com is a website in which affordable housing can be searched and located within in PA.

Northwest Human Services

1-888-647-0020

NHS provides residential living options, case/care management, and therapeutic services for individuals with disabilities.

- Information & Referral Of South Central Counties Huntingdon: 814-643-4202 IRSCC assists individuals meeting homeless criteria and income eligibility with rents/mortgages, utility deposits and terminations. It is coordinated with the Emergency Shelter Component at the County Assistance Office.
- Fair Housing/Equal Opportunity at HUD

Philadelphia: 215-861-7637

Pittsburgh: 412-644-5449; Toll-free: 1-800-799-2085

Hotline service for individuals to report incidences of housing discrimination.

Making Homes Affordable

National nonprofit organization aiming to prevent home foreclosure and reduce monthly payments for eligible individuals and families.

Shelters

Women In Need Victim Services (WIN)

Hotline: 800-621-6660

Chambersburg: 717-485-5840

Services for victims of domestic violence: emergency shelter, group and individual counseling, legal advocacy

New Hope Shelter

Waynesboro: 717-762-5840

New Hope Shelter offers emergency shelter for individuals and families

Center For Community Action

McConnellsburg: 800-323-9997;

Everett: 814-623-9129; Huntington: 814-643-4202

CCA is an agency aimed for providing services to under-privileged families and individuals. Services include Child Care Information Services (subsidized child care), Housing Services, Emergency Food and Shelter Services and more. Educational services include GED Preparation, Adult Basic Education and Literacy classes.

Transitional Housing

Association of Retarded Citizens (ARC) Please see website for PA contact information.

Offers services for individuals with intellectual and developmental disabilities such as early intervention, supported employment, job training, transition planning, respite care, supported living and transportation.

Fulton County Housing Authority – McConnellsburg, PA: 717-485-4041
 Public housing program that connects income-eligible individuals and families with public housing or section 8 vouchers.

Health Waiver Programs

- Medicaid Waivers for Children under 21:
 - Attendant Care/Act 150
 Long-Term Living Helpline, 1-800-753-8827

 Enables individuals with a physical disability, ages 18-59, who are mentally alert to continue to live in their homes with support and services.
 - Community Services Program for Persons with Physical Disabilities/OBRA Waiver Long-Term Living Helpline, 1-800-753-8827 Provides services to people 18 or older with severe developmental and physical disabilities, such as cerebral palsy, epilepsy, or similar conditions (onset prior to age 22).
 - Consolidated Waiver for Individuals with Mental Retardation
 Provides services to eligible people age three or older with mental retardation so that they can remain in the community.
 - <u>Person/Family Directed Support Waiver</u>
 Provides services to eligible people age three or older with mental retardation so that they can remain in the community.
 - Community Services Program for Persons with Physical Disabilities/<u>Independence Waiver</u>
 Long-Term Living Helpline, 1-800-753-8827

 Provides services to individuals 18 and older with severe physical disabilities to allow them to live in the community and remain as independent as possible.
 - Infant, Toddlers, and Families Waiver Supports Early Intervention services to children up to age three who would otherwise require the level of care provided in an Intermediate Care Facility for persons with Mental Retardation of Other Related Conditions.

Respite Care

ARCH National Respite Network [Website]

for help with the Respite Locator Service please contact Mike Mathers at: mmathers@chtop.org or by phone at 1-919-490-5577.

The mission of the ARCH National Respite Network and Resource Center is to assist and promote the development of quality respite and crisis care programs, to help families locate respite and crisis care services in their communities, and to serve as a strong voice for respite in all forums.

Special Education

o PA Bureau of Special Education Consult Line

1-800-879-2301

Help for families and advocates of children with special needs can be obtained by calling the Consult Line or with the on-line request form available at: http://odr-pa.org/contact-consultline/

Intermediate Units in PA [Website Link]

Intermediate Units in Pennsylvania are part of the governance structure of public education and are located in the middle between the state education

agency and the local school districts. They provide specialized services to local school districts that can be operated more effectively and efficiently on a regional basis

- Support Groups
 - Parent to Parent of Pennsylvania [Select 'P2P Supports Groups' link]
 Linking families of children and adults with disabilities 1-888-727-2706 or special needs.
 - o PA Families Incorporated

info@pafamiliesinc.org 1-800-947-4941

Statewide network providing support to families raising children and youth with emotional, behavioral, and special needs, as well as serving as an advocate in the different child serving systems.

Updated regularly.

<u>Fulton County</u> [Select 'Resources' link on main page then select desired County.]

Women who are or who might be pregnant

The Healthy Baby Information Helpline – 1-800-986-2229

- Baby Supplies
- Breastfeeding Guides If you need more information visit <u>Handouts for Parents</u> or call the Healthy Baby line at 800-986-BABY(2229).
 - Pennsylvania Breastfeeding Referral Guide
 Arranged by County
 - Womenshealth.gov Breastfeeding Challenges Guide
 Information regarding common breastfeeding challenges
 Office on Women's Health, US Department of Health and Human Services

800-994-9662

- Car Seats
 - Car Seat Safety

The PA Child Passenger Protection Act requires that all drivers transporting children ages birth – four years use an approved child safety seat. Children ages four to eight must wear a seat belt and be in a booster seat. Children with medical conditions or disabilities may require special considerations or adaptations for transportation safety.

The PA Traffic Injury Prevention Project

Car Seat Loan Program by County - Information Hotline - 800-CAR-BELT Training for school districts and companies 412-885-0266 on transporting children with special needs.

- <u>National Highway Safety Transportation Administration</u> 888-327-4236
 Information on car seat safety and installation inspection.
- National Easter Seal Society [phone listing] 800-221-6827
 Referrals and information about car seats.

The American Academy of Pediatrics
 Referrals and information about car seats.

847-228-5005

- Counseling
- CHIP
 - O PA Children's Health Insurance Program

 800-986-KIDS (5437) and a CHIP representative will return your call within two business days.

 Pennsylvania's CHIP program puts health coverage within reach for all uninsured kids and teens who are not eligible for or enrolled in Medical Assistance.
- Pregnancy Insurance
 - Presumptive Eligibility (PE), Medical Assistance (MA)
 Presumptive Eligibility is a temporary program of health insurance coverage for pregnant women who are applying for Medical Assistance.
 - PA Dep of Human Services Benefits Helpline [phone] 1-800-692-7462
 - PA Dep of Human Services County Assistance Office Contact Information
 - COMPASS (PA Dep of Human Services) [Website]
 Online application for Pennsylvanians to apply for many health and human service programs. Click on the 'Apply Now' button to begin or use links on right side for further assistance.
 - PAHealthOptions.com (PA Dep of Insurance)
 The Pennsylvania Insurance Department's Unbiased Guide to Understanding Health Insurance.
- text4baby
 Registration is free on the text4baby.org website.

 Free text messages to keep you and your baby healthy throughout your pregnancy and the baby's first year.
- WIC

 Through WIC prograph woman mothers and caregivers of infants and young

Through WIC, pregnant women, mothers, and caregivers of infants and young children learn about good nutrition to keep themselves and their families healthy. WIC provides nutrition service, breastfeeding support, health care and social service referrals, and healthy foods to over 250,000 participants every month in PA.

Lead health information for parents, homeowners, contractors, and healthcare professionals The Lead Information Helpline - 1-800-440-5323

• <u>Elevated Lead Blood Level Case Management Guidelines</u> [CDC Web Page]

Recommendations from the CDC Advisory Committee on Childhood Lead Poisoning Prevention

Environmental Protection Agency, Lead

[EPA Web Page]

Provides many useful links for families including:

(800) 424-5323.

<u>Lead Hotline – National Lead Information Center</u> link

PA Lead and Healthy Homes Program

[Website link] (717) 772-2762

The Pennsylvania Lead and Healthy Homes Program (LHHP) seeks to create safe and healthy housing by addressing environmental health and safety issues in homes.

- Certified Contractors
 - Locating EPA Certified Lead Contractors and technicians
 - EPA.gov Lead
 - PA Labor and Industry

Link to list of accredited trainers and certified contracting firms.

- Information for Contractors
 - EPA Lead

Renovate Right for Contractors and Trainers

PA Labor and Industry

Certification and Other Requirements for Lead Occupations

OSHA

For information about regulations regarding work on facilities which are non-residential, contractors should contact the appropriate Occupational Safety & Health Administration Pennsylvania area office.

- Property Managers
 - o HUD Lead Disclosure Rule

Congress passed the Residential Lead-Based Paint Hazard Reduction Act of 1992, also known as Title X, to protect families from exposure to lead from paint, dust, and soil. Section 1018 of this law directed HUD and EPA to require the disclosure of known information on lead-based paint and lead-based paint hazards before the sale or lease of most housing built before 1978.

If you did not receive the Disclosure of Information on Lead-Based Paint and/or Lead-Based Paint Hazards form when you bought or leased pre-1978 housing, contact 1-800-424-LEAD (5323).

Individuals with Traumatic Brain Injury and their families

The Head Injury Information Helpline - 866-412-4755

Brain Injury Association of Pennsylvania

1-800-444-6443

Our mission: to prevent brain injury and improve the quality of life for people who have experienced brain injury and their family members through support, education, advocacy, and research.

- PA Department of Health Head Injury Program
 - Head Injury Program

866-412-4755

The goal of the program is to help individuals with a traumatic brain injury live independently in their homes and communities.

- Waiver Programs
 - Independent Enrollment Broker

788-550-4227

Office of Long-Term Living launched the PA Independent Enrollment Broker, a contracted statewide entity, to facilitate and streamline the eligibility/enrollment process for applicants seeking services for several PA waivers/programs.

o **COMMCARE** Waiver

1-800-753-8827

A Home and Community-Based Services Waiver for Individuals with Traumatic Brain Injury (TBI).

OBRA Waiver

1-800-753-8827

Home and Community based Waiver program that may help if you have a developmental physical disability to allow you to live in the community and remain as independent as possible.

- Other Information
 - Acquired Brain Injury Network of Pennsylvania info@abin-pa.org, 1-800-516-8052
 Nonprofit organization of brain injury survivors, family members, and friends dedicated to increasing public awareness about acquired brain injury, and to providing support, education, information, advocacy, and other services for individuals with acquired brain injury and their families.
 - o <u>Brainline.org</u> _ 703-998-2020 Preventing, treating, and living with traumatic brain injury (TBI).

Immunizations/Vaccinations

- PA Department of Health Division of Immunizations
 - <u>Division of Immunizations</u>

717-787-5681

Pennsylvania Vaccines for Children Program
 Free vaccines for uninsured children

888-646-6864 877-724-3258

PA Department of Health, Health Services Locator

[Website]

To find a local health center close to you select your county.

Legal advocacy for the disabled in Pennsylvania

Disability Rights Network of Pennsylvania

Harrisburg 1-800-692-7443 717-236-8110 717-346-0239 [TDD] Philadelphia 215-238-8070 Pittsburgh 412-391-5225

The mission of the Disability Rights Network of Pennsylvania is to advance, protect, and advocate for the human, civil, and legal rights of Pennsylvanians with disabilities.

PA Health Law Project

1-800-274-3258

Helping People in Need get the Health Care they deserve.

Advocacy on access to health care for low-income consumers, the elderly, and persons with disabilities.

Transportation Assistance for the Disabled

- Pennsylvania Care Planning Council
 Community Disability, Assistive Technology & Transportation Service
- PA Dept of Human Services Medical Assistance Transportation Program 717-485-0931 888-329-2376

Fulton County Family Partnership Helpline

The Fulton County Family Partnership, Inc. HelpLine is an Information and Referral Line. No matter what your need, you can call the HelpLine. We may not have the answer immediately, but if you leave a number where we can reach you, we will research your need and get back to you with as many resources for your need as we can find. There is no fee for this service, and you can call toll free at **(888) 329-2376**. We are "Your local connection to the services you need!"