Children and youth with special healthcare needs and their families

The Special Kids Network Helpline – 1-800-986-4550

- Advocacy for special healthcare needs
 - The Arc of Pennsylvania

[Website link]

The largest advocacy organization in the United States for citizens with intellectual and developmental disabilities, and their families containing 34 local chapters serving 56 counties across Pennsylvania.

Juvenile Law Center [Select Bradford County then 'Advocacy and Legal Services'.]
 Advancing the rights and well-being of children in jeopardy.
 1-888-864-6393

North Penn Legal Services

570-784-8760

Provides legal representation to low-income people.

Office of Vocational Rehabilitation
 1-800-541-0721 or 814-871-4551

 Provides assistance with obtaining and maintaining employment to individuals with disabilities.

Special Kids Network

1-800-986-4550

Statewide referral service designed to serve families of children with chronic health of disabling conditions through information and service coordination.

Disability Rights Network of Pennsylvania

Harrisburg: 717-236-8110 Philadelphia: 215-238-8070

Provides legal consultation and representation for individuals with disabilities and their families who are facing discrimination on the basis of disability and access to needed services along with providing information, referral and technical assistance to Pennsylvania residents with disability issues.

<u>Developmental Disabilities Advocacy Network</u>
 1-800-692-7443
 Provides information on disability programs and services in communities nationwide.

PA Client Assistance Program

800-323-6060 or 888-745-2357

Provides advocacy programs for people with disabilities seeking services in employment and housing.

The Center for Lesbian and Gay Civil Rights

866-LGBT-LAW

Advocates equality for lesbian, gay, bisexual and transgender Pennsylvanians through direct legal services, education and policy reform.

LGBT Youth in Crisis Hotline

800-246-7743

Youth services youth through age 25. Peer counselling, information, and local resources.

Pennsylvania Families Incorporated

[Website Link]

PFI is a resource database that empowers PA families of children with special needs

Bradford-Sullivan MH/MR Program

570-265-1760

Provides services and programs for individuals with mental and developmental disabilities.

Martha Lloyd Community Services

570-297-2185 ext. 1268

Services for individuals with disabilities including community residential services, adult day services, life sharing opportunities, and respite care.

Northwest Human Services
 Provides residential living options, case/care management, and therapeutic services for individuals with disabilities.

Good Will Industries
 Provides supported employment program for adults with disabilities.

- Futures Rehabilitation Center
 Provides services for individuals with developmental, physical, or mental health disabilities including vocational and supported employment programming, adult day programs, and supports coordination.
- Serve, Inc. 570-265-3119
 Provides employment services, including: vocational evaluation, personal work adjustment training, supported employment, disabled employment, adult training facility and community based services. Must be 16 years old.
- Penn York Opportunities 570-888-5892
 Provides supported employment and vocational services for individuals with disabilities.
- Center for Independent Living of North Central PA
 Provides services for individuals with physical disabilities.
- Pennsylvania Association for the Blind Provides services to prevent, prepare for, and manage vision lost with programs and services for both children and adults such as vision screenings, residential and vocational rehabilitation, transportation, transitional and braille instruction, information and referral, support and advocacy.
- Pennsylvania Link to Aging and Disability Resources
 All services are free of charge. Can link people to local services and supports.
- Parent Education & Advocacy Leadership Center (PEAL) 412-281-4404 PEAL is an organization of parents of children with special health care needs and disabilities reach out to assist families of children with disabilities or special health care needs, professional and other who assist children with disabilities or special health care needs and children, youth and young adults with disabilities or special health care needs ages 0-26.
- <u>Kaleidoscope Family Solutions Inc.</u> Autism, IDD & Behavioral Team 877-384-1729; Kaleidoscope Family Services (KFS) is School Division: 800-908-0546 a specialized provider of clinical and therapeutic services directly to individuals as well as education-system staffing services. Services are delivered through its specialty division outlined below.
 - KFS Behavioral Therapeutic Services
 - KFS Autism Services
 - KFS Intellectual and Developmental Disabilities Services
 - KFS School Staffing Services
 - KFS Training Services
- o Kids as Self Advocates

[Website]

Family Voices project funded by the U.S. Maternal and Child Health Bureau

Pennsylvania Elks Home Service Program
 [See phone numbers below]

 If referral is for a child under 21 please call 1-800-986-4550 if over 21 please call Pat O'Connor at 814-781-7860 or Margie Wood at 724-225-1395. Providing support and advocacy services to individuals who have a developmental

disability.

Assistive Technology

o Caroline's Cart

Customer Service: 828-464-7388 children or adults with physical

Grocery Cart designed for families with older children or adults with physical special needs. See website for store locations.

- Pennsylvania Assistive Technology Foundation [Webpage Resource] 888-744-1938 Foundation's mission is to provide financing opportunities to people with disabilities and older Pennsylvanians helping them to acquire the assistive technology devices and services that improve the quality of their lives.
- Big Brothers Big Sisters of Bradford County 1-866-344-2447 Serves Tioga, Sullivan and Bradford County. Works to match adults with children and have also started a new program where older students are matched with younger students. Their mission is to provide children facing adversity with strong and enduring, professionally supported 1-1 relationships that change their lives for the better, forever.
- Counseling for special healthcare needs
 - The Substance Abuse and Mental Health Services Administration (SAMHSA) online provider locator and telephone hotline 800-662-4357
 The Substance Abuse and Mental Health Services Administration (SAMHSA) offers a Behavioral Health Treatment Locator through which the user can search for a provider by address or zip code. The agency also offers a National Helpline which provides free and confidential information in English and Spanish for individuals and family members facing substance abuse and mental health issues. The hotline is available 24 hours a day, 7 days a week at 1-800-662-HELP (4357) or 1-800-487-4889 (TDD).
- Day Care
 - Pennsylvania Department of Human Services
 Child Care and Early Learning services.

1-800-692-7462

Child Care Works Subsidized Child Care

1-800-369-3599

If your household income is no more than twice of the FPIG and your child is 13 or younger and you are a working parent or you are going to school.

Pre-school Programs

1-866-214-5437

If your household income is no more than the FPIG and your child is five years old or younger.

- Early Intervention

 - Pennsylvania Department of Human Services Early Intervention Services Website While all children grow and develop in unique ways, some children experience delays in their development. Children with developmental delays and disabilities benefit from the Pennsylvania Early Intervention program, a state supported network of parents, service practitioners, and others which builds upon the natural learning

opportunities that occur within the daily routines of a child and their family.

- Health Insurance
 - o <u>CHIP</u> [Web Page link] 1-800-986-KIDS (5437)

Pennsylvania's Children's Health Insurance Program.

Covers all uninsured PA kids under 19.

- COMPASS [PA Dept. of Human Services benefits online application Web Page link]
 [Select Apply for Any Benefits link to begin.]
- Help with Medicare
 - APPRISE 1-800-783-7067
 a free health insurance counseling service for individuals 60 and over.
 - Bradford County Area Agency on Aging, APPRISE 1-800-982-4346
 - Medicare Part D [Website link] Information about the Part D prescription drug benefit available to individuals enrolled in Medicare.
- o HealthCare.gov [Federal Health Insurance Enrollment Website] 1-800-318-2596
- Medical Assistance (MA) [PA Department of Human Services Web link.]
 Health care services for eligible individuals.
- Pregnancy Insurance
 - Presumptive Eligibility [Eligible uninsured pregnant woman should register with Dept. of Human Services, COMPASS and Medical Assistance (MA).] Presumptive Eligibility (PE) provides insurance coverage for pregnant woman who have applied for MA but are still under review.
 - Maternity Insurance.org [Website link]
- o Resource Guide to Healthcare Options in Pennsylvania

For Children, Adults, and Seniors

The Pennsylvania Office of Rural Health, Pennsylvania State University

- Housing
 - Juvenile Law Center [Bradford County.]
 Advancing the rights and well-being of children in jeopardy.
 - HUD Philadelphia: 215-6556-0500
 Provides housing support for individuals in need such as rental programs and home ownership assistance programs.
 - Fair Housing/Equal Opportunity at HUD
 1-800-799-2085
 Hotline service for individuals to report incidences of housing discrimination.
 - Bradford County Human Services
 Bradford County Human Services provides referrals to agencies in areas of Drug & Alcohol Prevention and treatment, Child and Youth Services, Mental Health services and Residential Services such as Emergency shelters.
 - Salvation Army
 Salvation Army provides several emergency shelters for homeless individuals
 Updated March 2016

and families.

Martha Lloyd Community Services Services for individuals with disabilities including community residential services, adult day services, vocational training and services, life sharing opportunities, and respite care.

- <u>Tioga/Bradford County Housing & Redevelopment Authorities</u> 570-638-2151
 Public housing program that connects income-eligible individuals and families with public housing or section 8 vouchers.
- Bradford Housing Authority
 Public housing program that connects income-eligible individuals and families with public housing or section 8 vouchers.
- National Runaway Switchboard 1-800-786-2929 Toll-free, nationwide hot-line for runaways and troubled youth. Provides information and referral for shelter, counseling, medical and legal services and transportation back home. The hot-line also provides a personal and confidential message relay service between runaways and their families.

Health Waiver Programs

- Medicaid Waivers for Children under 21:
 - Attendant Care/Act 150 Long-Term Living Helpline, 1-800-753-8827
 Enables individuals with a physical disability, ages 18-59, who are mentally alert to continue to live in their homes with support and services.

 - Consolidated Waiver for Individuals with Intellectual Disability
 Provides services to eligible people age three or older with mental retardation so that they can remain in the community.
 - <u>Person/Family Directed Support Waiver</u>
 Provides services to eligible people age three or older with mental retardation so that they can remain in the community.
 - Community Services Program for Persons with Physical Disabilities/<u>Independence Waiver</u>
 Long-Term Living Helpline, 1-800-753-8827

 Provides services to individuals 18 and older with severe physical disabilities to allow them to live in the community and remain as independent as possible.
 - Infant, Toddlers, and Families Waiver
 717-346-1119

 Supports Early Intervention services to children up to age three who would otherwise require the level of care provided in an Intermediate Care Facility for persons with Mental Retardation of Other Related Conditions.
- Respite Care
 - ARCH National Respite Network

[Website]

for help with the Respite Locator Service please contact Mike Mathers at:

mmathers@chtop.org or by phone at 1-919-490-5577

The mission of the ARCH National Respite Network and Resource Center is to assist and promote the development of quality respite and crisis care programs, to help families locate respite and crisis care services in their communities, and to serve as a strong voice for respite in all forums.

Special Education

o PA Bureau of Special Education Consult Line

1-800-879-2301

Help for families and advocates of children with special needs can be obtained by calling the Consult Line or with the on-line request form available at: http://odr-pa.org/contact-consultline/

o Intermediate Units in PA

[Website Link]

Intermediate Units in Pennsylvania are part of the governance structure of public education and are located in the middle between the state education agency and the local school districts. They provide specialized services to local school districts that can be operated more effectively and efficiently on a regional basis

- Support Groups
 - Parent to Parent of Pennsylvania [Select 'P2P Supports Groups' link]
 Linking families of children and adults with disabilities 1-888-727-2706 or special needs.
 - PA Families Incorporated

info@pafamiliesinc.org 1-800-947-4941

Statewide network providing support to families raising children and youth with emotional, behavioral, and special needs, as well as serving as an advocate in the different child serving systems.

Updated regularly.

<u>Bradford County</u> [Select 'Resources' link on main page then select desired County.]

 Support groups/supports for parents who have children with any kind of behavioral challenges, developmental disabilities, social, emotional concerns or addictions.

Women who are or who might be pregnant

The Healthy Baby Information Helpline – 1-800-986-2229

- Baby Supplies
- Breastfeeding Guides For information call the Healthy Baby line at 800-986-BABY (2229).
 - Pennsylvania Breastfeeding Referral Guide Arranged by County
 - Womenshealth.gov Breastfeeding Challenges Guide
 Information regarding common breastfeeding challenges
 Office on Women's Health, US Department of Health and Human Services
- Car Seats
 - Car Seat Safety

The PA Child Passenger Protection Act requires that all drivers transporting children ages birth – four years use an approved child safety seat. Children ages four to eight Updated March 2016

must wear a seat belt and be in a booster seat. Children with medical conditions or disabilities may require special considerations or adaptations for transportation safety.

■ The PA Traffic Injury Prevention Project

Car Seat Loan Program by County - Information Hotline – 800-CAR-BELT Training for school districts and companies 412-885-0266 on transporting children with special needs.

- <u>National Highway Safety Transportation Administration</u> 888-327-4236
 Information on car seat safety and installation inspection.
- National Easter Seal Society [phone listing] 800-221-6827
 Referrals and information about car seats.
- Counseling
 - Nurse-Family Partnership [select 'Find a Local Agency' for access to County list]
 Bradford County 570-268-2372

A free, voluntary program that partners first-time moms with nurse home visitors. When you enroll in the program, a special trained nurse will visit you throughout your pregnancy and until your baby turns two years old. During these visits, your caring nurse will offer the knowledge and support you need to confidently create a better life for your baby and yourself.

PA Children's Health Insurance Program (CHIP)
 Call automated phone line at 800-986-KIDS (5437) and a CHIP representative will

return your call within two business days. Pennsylvania's CHIP program puts health coverage within reach for all uninsured kids and teens who are not eligible for or enrolled in Medical Assistance.

- Pregnancy Insurance
 - Presumptive Eligibility (PE), MA

Presumptive Eligibility is a temporary program of health insurance coverage for pregnant women who are applying for Medical Assistance.

PA Dept. of Human Services Benefits Helpline

1-800-692-7462

- PA Dept. of Human Services County Assistance Office Contact Information
- COMPASS (PA Dept. of Human Services)

[Website]

Online application for Pennsylvanians to apply for many health and human service programs. Click on the 'Apply Now' button to begin or use links on right side for further assistance.

PAHealthOptions.com (PA Dept. of Insurance)

1-877-881-6388

The Pennsylvania Insurance Department's Unbiased Guide to Understanding Health Insurance.

text4baby

Registration is free on the text4baby.org website.

Free text messages to keep you and your baby healthy throughout your pregnancy and the baby's first year.

• <u>WIC</u> 800-942-

Through WIC, pregnant women, mothers, and caregivers of infants and young children

learn about good nutrition to keep themselves and their families healthy. WIC provides nutrition service, breastfeeding support, health care and social service referrals, and healthy foods to over 250,000 participants every month in PA.

Lead health information for parents, homeowners, contractors, and healthcare professionals The Lead Information Helpline - 1-800-440-5323

- <u>Elevated Lead Blood Level Case Management Guidelines</u> [CDC Web Page]
 Recommendations from the CDC Advisory Committee on Childhood Lead
 Poisoning Prevention
- <u>Environmental Protection Agency, Lead</u>

[EPA Web Page] (800) 424-5323

Provides many useful links for families including:

PA Lead and Healthy Homes Program

[Website link] (717) 772-2762

The Pennsylvania Lead and Healthy Homes Program (LHHP) seeks to create safe and healthy housing by addressing environmental health and safety issues in homes. Program contact list provided by County.

- Certified Contractors
 - Locating EPA Certified Lead Contractors and technicians
 - EPA.gov Lead
 - PA Labor and Industry

Link to list of accredited trainers and certified contracting firms.

- Information for Contractors
 - EPA Lead

Renovate Right for Contractors and Trainers

PA Labor and Industry

Certification and Other Requirements for Lead Occupations

OSHA

For information about regulations regarding work on facilities which are non-residential, contractors should contact the appropriate Occupational Safety & Health Administration Pennsylvania area office.

- Property Managers
 - o <u>HUD Lead Disclosure Rule</u>

Congress passed the Residential Lead-Based Paint Hazard Reduction Act of 1992, also known as Title X, to protect families from exposure to lead from paint, dust, and soil. Section 1018 of this law directed HUD and EPA to require the disclosure of known information on lead-based paint and lead-based paint hazards before the sale or lease of most housing built before 1978.

If you did not receive the Disclosure of Information on Lead-Based Paint and/or Lead-Based Paint Hazards form when you bought or leased pre-1978 housing, contact 1-800-424-LEAD (5323).

Individuals with Traumatic Brain Injury and their families

The Head Injury Information Helpline – 866-412-4755

• Brain Injury Association of Pennsylvania

1-800-444-6443

Our mission: to prevent brain injury and improve the quality of life for people who have experienced brain injury and their family members through support, education, advocacy, and research.

- PA Department of Health Head Injury Program
 - o Head Injury Program

866-412-4755

The goal of the program is to help individuals with a traumatic brain injury live independently in their homes and communities.

- Waiver Programs
 - Independent Enrollment Broker

788-550-4227

Office of Long-Term Living launched the PA Independent Enrollment Broker, a contracted statewide entity, to facilitate and streamline the eligibility/enrollment process for applicants seeking services for several PA waivers/programs.

COMMCARE Waiver

1-800-753-8827

A Home and Community-Based Services Waiver for Individuals with Traumatic Brain Injury (TBI).

o OBRA Waiver

1 -800-753-8827

Home and Community based Waiver program that may help if you have a developmental physical disability to allow you to live in the community and remain as independent as possible.

- Other Information
 - Acquired Brain Injury Network of Pennsylvania info@abin-pa.org, 1-800-516-8052
 Nonprofit organization of brain injury survivors, family members, and friends dedicated to increasing public awareness about acquired brain injury, and to providing support, education, information, advocacy, and other services for individuals with acquired brain injury and their families.
 - Brainline.org 703-998-2020
 Preventing, treating, and living with traumatic brain injury (TBI).

Immunizations/Vaccinations

- PA Department of Health Division of Immunizations
 - Division of Immunizations
 Pennsylvania Vaccines for Children Program
 Free vaccines for uninsured children

717-787-5681

888-646-6864

877-724-3258

Legal advocacy for the disabled in Pennsylvania

Disability Rights Network of Pennsylvania

Harrisburg 1-800-692-7443 717-236-8110 717-346-0239 [TDD] Philadelphia 215-238-8070 Pittsburgh 412-391-5225

The mission of the Disability Rights Network of Pennsylvania is to advance, protect, and advocate for the human, civil, and legal rights of Pennsylvanians with disabilities.

PA Health Law Project

1-800-274-3258

Helping People in Need get the Health Care they deserve.

Advocacy on access to health care for low-income consumers, the elderly, and persons with disabilities.

Transportation Assistance for the Disabled

Pennsylvania Care Planning Council

Website address

Community Disability, Assistive Technology & Transportation Service

• PA Dept. of Human Services Medical Assistance Transportation Program 1-800-242-3484 The Medical Assistance Transportation Program, also known as MATP, provides transportation to medical appointments for Medical Assistance recipients who do not have transportation available to them. The individual's county of residence will provide the type of transportation that is the least expensive while still meeting their needs.

Vocational Rehabilitation Assistance and Job Training for the Disabled

- Pennsylvania Department of Labor & Industry Vocational Rehabilitation Services Website
 The Pennsylvania Office of Vocational Rehabilitation, or OVR, provides vocational rehabilitation services to help persons with disabilities prepare for, obtain, or maintain employment. OVR provides services to eligible individuals with disabilities, both directly and through a network of approved vendors. Services are provided on an individualized basis.
 - OVR Office Directory Arranged by District Office and by Counties Served