

# Allegheny County Resource Guide

## Children and youth with special healthcare needs and their families

The Special Kids Network Helpline – 1-800-986-4550

- Advocacy for special healthcare needs
  - [Allegheny County Family Resource Guide](#) [Top **10 questions** families ask]
  - [Allegheny County Health Department](#) [Select 'Search ACHD.net' link then enter 'advocacy' for results.]
    - [Resources Phone List](#) (PDF link)
    - [ACHD HVN Application](#) [Website Resource]  
Home Visiting Nurse Program Application
  - [Allegheny Family Network](#) [Use search box to search 'advocacy'.]  
Family run agency works with callers to find information. 1-888-273-2361
  - [The Arc](#) [Webpage invites users to explore their site for advocacy.]  
Community based organization advocating for and serving people with intellectual and developmental disabilities and their families.  
Greater Pittsburgh- 412-995-5000 x 434
  - [CBS, KDKA, Pittsburgh, PA](#) Network affiliate
    - [Jewish and Family & Children's Services of Pittsburgh](#) 412-422-7200  
Access to advocates for special needs services.
  - [Community Living and Support Services \(CLASS\)](#) ['Advocacy & Public Policy' link]  
Assisting people with disabilities with meeting their personal goals.
  - [Kaleidoscope Family Solutions Inc.](#) Autism, IDD & Behavioral Team 877-384-1729;  
Kaleidoscope Family Services (KFS) is School Division: 800-908-0546  
a specialized provider of clinical and therapeutic services directly to individuals as well as education-system staffing services. Services are delivered through its specialty division outlined below.
    - KFS Behavioral Therapeutic Services
    - KFS Autism Services
    - KFS Intellectual and Developmental Disabilities Services
    - KFS School Staffing Services
    - KFS Training Services
  - [Kids as Self Advocates](#) [Website]  
[Family Voices](#) project funded by the [U.S. Maternal and Child Health Bureau](#)
  - [Pennsylvania Elks Home Service Program](#) [See phone numbers below]  
If referral is for a child under 21 please call 1-800-986-4550 if over 21 please call Pat O'Connor at 814-781-7860 or Margie Wood at 724-225-1395. Providing support and advocacy services to individuals who have a developmental disability.
  - [AOT, Inc.](#) 412-299-0704  
A private occupational and physical therapy practice in Western PA.
  - [Intervention Fundamentals](#) 412-438-3268  
Provides high-intensity goal-driven training to parents of children with autism and other developmental disabilities.

# Allegheny County Resource Guide

- [United Way of Allegheny County](#) [Website Link]  
21 and Able is a program that offers young adults with disabilities transition smoothly from the last day of high school to the first day of adult life and beyond. 21 & Able helps with employment and housing opportunities and supports so that young adults with disabilities have greater independence.
- Assistive Technology
  - [Allegheny County Family Resource Guide](#) [Select 'Family Support' link then 'Assistive Technology']
    - [AAC Institute](#) 412-402-0900  
Provides speech and language services.
    - [Allegheny Intermediate Unit 3](#) 412-394-5849
    - [Carnegie Library of Pittsburgh](#) 412-687-2440  
Library for the Blind and Physically Handicapped 800-242-0586  
Recorded books and magazines and other tools
    - [The Center for Assistive Technology](#) 412-647-1310  
Helps individuals with disabilities obtain employment through use of technology.
    - [The Children's Institute](#) 412-420-2400  
Helps individuals with disabilities obtain employment through the use of technology.
    - [Community College of Allegheny County](#) 412-237-4612  
Community College of Allegheny County offers student supportive services.
    - [Dynavox Systems](#) 800-344-1778  
Communication devices and software
    - [Easter Seals of Western PA](#) 800-587-3257  
412-281-7244
    - [Every Way Communications](#) 412-807-1741  
Devoted to working with individuals with complex communication needs.
    - [Goodwill Industries of Pittsburgh](#) 412-390-2445
    - [Mobility Works](#) 412-824-8091  
Adaptive vans, driving controls
    - [Office of Vocational Rehabilitation](#) 412-392-5940  
Pittsburgh District Office
    - [One Place for Special Needs](#) Website Resource  
Website resource for special needs apps.
    - [Pittsburgh-Mount Oliver Intermediate Unit 2](#) 412-224-4580
    - [SHOUT \(Support Helps Others Use Technology\)](#) 412-885-8541
    - [Temple University Institute on Disabilities](#) 215-204-1356  
Pennsylvania's Initiative on Assistive Technology 800-204-7428  
(PIAT) TTY 866-268-0579  
Lending Library, device demonstration, and reused and exchanged equipment partnership (REEP)
    - [Three Rivers Center for Independent Living \(TRCIL\)](#) 800-633-4588  
Assistive Technology Lending Library

# Allegheny County Resource Guide

- [UCP/CLASS \(United Cerebral Palsy/Community\)](#) 888-954-2424  
Living and Support Services
- [Agent PA Assistive Technology Foundation \(PATF\)](#) 412-683-7100 X 2179  
Provides low-interest loans for assistive technology
- [Woodlands](#) 724-935-6533  
The Woodlands is a non-profit organization dedicated to enriching the lives of children and adults with disability and chronic illness. The Woodlands offers clubs, weekend retreats, and camps. The Woodlands also offers a wellness center that has been adapted to provide a wide range of activity and recreation for children and adults with disability and chronic illness looking to pursue a healthy lifestyle.
- Counseling for special healthcare needs
  - [Allegheny County Family Resource Guide](#) [Use search box to search 'counseling']
    - ['Family Resource Guide, Family Support, Diagnosis-Specific Support'](#) link,
    - ['Family Resource Guide, Early Intervention, Who to Call'](#) link,
    - ['Family Resource Guide, Resources for Neighboring Counties'](#) link,
    - ['Family Resource Guide, Medical Insurance, Public Benefits for Children...](#)
    - ['Family resource Guide, Family Support , Adoption/Foster Care'](#) link,
    - ['Family Resource Guide, Family Support, Sexuality Education'](#) link,
    - ['Family Resource Guide, Medical Insurance, Who to Call for Help'](#) link,
    - ['Family Resource Guide, Transition to Adulthood, Vocational Support'](#) link
    - ['Family Resource Guide, Family Support, Bereavement'](#) link
  - [Allegheny Family Network](#) [use search box to search for results]
    - Family Services of Western PA, [www.fswp.org](http://www.fswp.org) 412-661-1681
  - [Catholic Charities Diocese of Pittsburgh](#) [Use search box to search 'counseling'.]  
412-456-6999
    - [Counseling Services](#)  
Individual, marital, family and group counseling
    - [Counseling link](#)  
Therapeutic counseling
    - [Pregnancy and Parenting link](#) 412-841-7724  
free confidential help, support, and assistance for women and men
    - [Safety Net Services link](#)  
online application for services
  - [CBS, KDKA, Pittsburgh, PA](#) - Network Affiliate
    - [Jewish Family & Children's Services of Pittsburgh](#) 412-422-7200  
Advocacy, counseling, Special Needs, and other services
    - [Family Services of Western Pennsylvania,](#) 888-222-4200  
[Use search box to search for 'Counseling']  
Links to services for individuals and groups including counseling, emotional support and transportation for families of people in prison, therapy for children with mental health and behavioral problems, and other programs.
      - [Neighborhood Family Counseling](#) 412-661-1670 x 674
      - [Drug & Alcohol Counseling, Individuals, Groups, and Families](#)

# Allegheny County Resource Guide

- [Outpatient Mental Health Counseling & Services](#) 1-888-222-4200
  - [Service Coordination](#) 724-230-2777
  - [Assertive Community Treatment Teams](#) 412-345-0004
  - [Psychiatric & Social Rehabilitation](#) 724-335-9883
  - [Outpatient Psychiatric Services](#) 724-335-9883 x 5520
  - [Partial Hospitalization Program](#) 724-335-9883 x 5502
  - [Peer Support](#) 724-335-9883
  - [Drop in Centers](#) 724-335-9883
  - [Family Based Services](#) Westmoreland County: 724-834-7830  
Allegheny County: 724-230-2777
  - [Drug & Alcohol Outpatient and Intensive Outpatient Programs](#)
  - [APPRISE Medicare Enrollment Consultation](#) 412-661-1438
  - [Juvenile Law Center, Allegheny County](#) [Please note that searches from the 'enter search' box will produce all referrals in PA not just the selected county.]
    - [Genesis of Pittsburgh](#) 412-766-4934  
Counseling for pregnant women
  - [The Substance Abuse and Mental Health Services Administration \(SAMHSA\) online provider locator and telephone hotline](#) 1-800-662-4357
- The Substance Abuse and Mental Health Services Administration (SAMHSA) offers a Behavioral Health Treatment Locator through which the user can search for a provider by address or zip code. The agency also offers a National Helpline which provides free and confidential information in English and Spanish for individuals and family members facing substance abuse and mental health issues. The hotline is available 24 hours a day, 7 days a week at 1-800-662-HELP (4357) or 1-800-487-4889 (TDD).
- Day Care
    - [Allegheny County Family Resource Guide](#) [Use Search box to search for 'day care']
      - ['Family Resource Guide-Early Intervention-Who to Call-Services and Info'](#)  
Links to additional resources.
        - Alliance for Infants and Toddlers 412-885-6000  
Family support and resource coordination.
      - ['Family Resource Guide-Early Intervention-Publicly Funded Programs'](#)  
Free developmental evaluation to determine eligibility for Early Intervention.
      - ['Family Resource Guide-Medical Insurance-Social Security'](#)  
Services for expenses not covered by medical insurance.
    - [Allegheny County Health Department](#) [Use 'Search ACHD.net' Search box to search for 'day care'.]
      - Affordable Day Care, [www.care.com/Daycare](http://www.care.com/Daycare) Website Resource  
Find Day Care options near you. Compare Program Details & Pricing.
      - Aa to Zz Child Care, [www.aatozz.com](http://www.aatozz.com) Website Resource
      - [Head Start](#) [Website]  
If your household income is no more than the FPIG and your child is five years old or younger.
    - [Extended Day Services](#) Pittsburgh: 412-221-1980  
Extended Day Services provides before and after school programs, Kindergarten Plus programs, and full-day summer camps for children in kindergarten through sixth

# Allegheny County Resource Guide

grade. Extended Day Services is fully licensed and regulated by the Pennsylvania Department of Human Services, and meets or exceeds all DPW licensing standards.

- [Pennsylvania Department of Human Services](#) [Website]
  - Child Care and Early Learning services.
  - [Online Child Care Provider Search](#) Website address
    - The search will help you locate a child care provider that meets your needs and offer information on Early Learning programs. The Online Child Care Provider Search offers a portion of the wide spectrum of child care services offered by Child Care Information Services (CCIS) agencies. For additional assistance in locating a child care arrangement, [contact your local CCIS](#).
- Early Intervention
  - [Allegheny County Family Resource Guide](#)
    - [Select 'Early Intervention & Therapy for all Ages and needs' link.]
    - Publicly-Funded Programs. Free developmental evaluation, birth to age three.
    - [Alliance for Infant and Toddler](#) [Website link] 412-885-6000
      - Publicly-Funded Providers
    - [ACHIEVA Early Intervention](#) [Website link] 412-995-5000
      - services throughout western Pennsylvania.
    - [The Early Learning Institute \(TELI\)](#) [Website link] 412-922-8322
      - resource for families in Pittsburgh and Western Pa.
    - [The Integrated Care Corporation](#) [Website link] 724-593-7447
      - Free service for any child up to age five presenting with at least a 25% delay in child development. 1-888-645-5683
    - [Pediatric Therapy Professionals, Inc.](#) [Website link] 724-656-8814
      - Developed specifically to address Early Intervention needs of children and families in Western PA.
    - [TEIS Early Intervention Provider](#) [Website link] 412-271-8347
      - Therapy services in Pittsburgh, Allegheny and Westmoreland County. Evaluation services in Beaver County.
    - [Children's Hospital of Pittsburgh of UPMC](#) [Website link] 412-692-5325
    - [The Children's Institute of Pittsburgh](#) [Website link] 412-420-2400
      - innovative integrated health care, education and social services for children with special health care needs.
    - [The Children's Therapy Center of Washington Hospital](#) 724-942-6100
      - Comprehensive children's rehabilitation outpatient services.
    - [The Watson Institute](#) [Website link] 412-471-1800
      - Services for children and adolescents
    - [DePaul School for Hearing and Speech](#) [Website link] 412-924-1012
      - Pittsburgh, PA. Teaches without using sign language.
    - [Easter Seals Western Pennsylvania](#) [Website link] 412-281-7244
      - Early Intervention provider in Crawford, Mercer, and Venango Counties 800-587-3257
    - [Laughlin Center](#) [Website link] 412-741-4087
      - academic, psychology, and speech services

# Allegheny County Resource Guide

- [PLEA](#) [Website link] 412-243-3464  
Services for individuals and families facing behavioral and developmental challenges.
- [UPMC – University of Pitt Medical Center](#) [Website link] 412-647-8762
  - Western PA Regional Center for Autism 412-624-1000
  - Theiss Child Development Center Early Autism Program 412-281-1269
- [Western PA School for Blind Children](#) [Website link] 412-621-0100  
Additional programs also available for babies, toddlers, and school-age students with visual impairments currently attending local schools.
- [Western PA School for the Deaf](#) [Website link] 800-624-3323  
Website includes an Early Intervention Page.
- [Allegheny County Health Department](#) (ACHD) [Select ‘Search ACHD.net’ link then search ‘Early Intervention’ for results.]
  - [ACHD HVN Application Search Home Visiting Program](#) [Website link]  
The Allegheny County Health Department Home Visiting Network [Select ‘Early Intervention’ in Keyword dropdown.]
  - [Resources Phone List](#) [pdf file link]  
Allegheny County Community Resources
  - [list of ACHD programs and services](#) [pdf file link, 2012]  
Alliance for Infants project.
    - [www.afit.org](http://www.afit.org) 412-885-6000  
The Alliance for Infants and Toddlers
- [CBS, KDKA, Pittsburgh, PA](#) Network Affiliate
  - [Easter Seals Western Pennsylvania](#) [Website link] 412-281-7244 or 800-587-3257  
Providing children and adults with disabilities and special needs with a variety of services designed to meet their individual needs.
- [PA Department of Education Early Intervention Program](#) 1-800-692-7288  
The Pennsylvania Early Intervention program provides support and services to families with children, from birth to age five, with developmental delays and disabilities.
- Health Insurance
  - [Allegheny County Family Resource Guide](#) [Select ‘Medical Insurance & Public Benefits’ Link for information on programs listed on Webpage:]
    - [Using Private Medical Insurance](#)
    - [Medical Assistance \(MA\)\(Also called Medicaid or ACCESS\)](#)
    - [Health Insurance Premium Payment \(HIPP\) Program](#)
    - [Early Periodic Screening Diagnosis Treatment \(EPSDT\) and Wraparound Services](#)
    - [Children’s Health Insurance Program \(CHIP\) of Pennsylvania](#)
    - [Medical Assistance Transportation Program \(MATP\)](#)
    - [Medicaid Waivers](#)
    - [Women, Infants and Children \(WIC\) Program](#)
    - [Social Security](#)
    - [Public Benefits for Children with Mental Health/Behavioral Health Disability](#)

# Allegheny County Resource Guide

[Public Benefits for Children with Intellectual Disability/Mental Retardation  
Transition-to-Adulthood Healthcare  
Who to Call for Help](#)

- [Allegheny County Health Department](#) [Use 'Search ACHD.net' to search 'Health Insurance'.]
  - [Underinsured Uninsured](#) (July 2011) [PDF Link]  
A guide to Healthcare Resources in Allegheny County.
  - [Consumer Health Coalition](#) [pdf link]  
An overview of the Affordable Care Act and how to get health insurance through the marketplace.
- [Allegheny County, PA Department of Human Services](#) [Select 'Basic Needs', Health Insurance Coverage' link.]

## *Public Programs*

- [Health Insurance Marketplace](#) [HealthCare.gov link] 1-800-318-2596
- Medical Assistance (Medicaid) Apply via [COMPASS](#) or call 412-565-2146.  
free health care coverage for eligible individuals

## *Help with Medicare*

- [Health Insurance Counseling for Older Adults](#) [Webpage link]  
Information about [APPRISE@fswp.org](#) 412-661-1438,  
a free health insurance counseling service 412-350-5460,  
for individuals 60 and over. 1-800-344-4319
- [Medicare Part D](#) [Website link]  
Information about the Part D prescription drug  
benefit available to individuals enrolled in Medicare.

- [CHIP](#) [Web Page link] 1-800-986-KIDS (5437)  
Pennsylvania's Children's Health Insurance Program.  
Covers all uninsured PA kids under 19.
- [COMPASS](#) [PA Dept. of Human Services benefits online application Web Page link]  
[Select *Apply for Any Benefits* to begin.]
- [HealthCare.gov](#) [Federal Health Insurance Enrollment Website] 1-800-318-2596
- [HealthChoices](#) [Website]  
*HealthChoices* will provide low-income Pennsylvanians with the opportunity to purchase private health insurance at affordable rates through a network of eight insurance private insurers, offering three or more health insurance plan options per region.
- [Medical Assistance \(MA\)](#) [PA Department of Human Services Web link.]  
Health care services for eligible individuals.

- Pregnancy Insurance
  - [Presumptive Eligibility](#) [Eligible uninsured pregnant woman should register with COMPASS and Medical Assistance (MA)]  
Presumptive Eligibility (PE) provides insurance coverage for pregnant woman who have applied for MA but are still under review.
  - [Maternity Insurance.org](#) [Website link]

# Allegheny County Resource Guide

- [Pennsylvania-Health-Coverage.com](http://Pennsylvania-Health-Coverage.com) [Website link] 1-866-589-6215  
Compare affordable maternity health insurance options.
- [Resource Guide to Healthcare Options in Pennsylvania](#)  
For Children, Adults, and Seniors  
The Pennsylvania Office of Rural Health, Pennsylvania State University
- Housing
  - [Allegheny County Family Resource Guide](#) [Select 'Family Support' then  
'Housing and Transportation' link for results. ]
    - [Ronald McDonald House](#)  
(During Hospital Stays) [Website link] 412-362-3400
    - Home Modification Links
      - [Action-Housing Inc.](#) 412-281-2102  
Provides Modifications to homes to accommodate residents with disabilities through the Allegheny County Accessibility Program.
    - [The Special Kids Network](#) 800-986-4550
    - [ACHIEVA](#) [Website link] 412-995-5000  
Transitional living services for adolescents
    - [Allegheny Valley School](#) [Website link] 412-299-7777  
Range of living support options, from on-campus to group homes for people with intellectual and physical disabilities.
    - [McGuire Memorial](#) [Website link] 724-843-3400  
Residential services for preschoolers to adults, including campus living and group homes.
    - [Passavant Memorial Homes](#) [Website link] 412-820-1010  
A private, non-profit human services organization.
    - [Pressley Ridge](#) [Website link] 412-872-9400  
Offers range of residential services for children and youths with mental health, and/or delinquency issues.
    - [Verland Foundation, Inc.](#) [Website link] 412-741-2375  
Housing and supports for persons with severe intellectual disabilities, school-age and older
    - [Western Pennsylvania School for Blind Children](#) [Website link] 421-621-0100  
On-campus program for students with visual impairment coupled with other physical and cognitive disabilities. Other Outreach services for impaired students attending their local schools.
    - [Western Pennsylvania School for the Deaf](#) [Website link]  
800-624-3323 (V/TTY)  
866-775-5261 (VP)
  - [Allegheny County Health Department](#) [Select 'Divisions' then 'Environmental Health' then 'Housing and Community Environment'.]
    - [ACHD – Housing Division](#) 412-350-4046  
Reduces public health risks through education and regulation enforcement. Investigates complaints.

# Allegheny County Resource Guide

- Allegheny County, PA Department of Human Services  
[Select 'Basic Needs' then 'Homeless Services']
  - Homeless Services, Emergency Shelters, 412-350-3837
  - Rental Assistance program 412-350-3837  
If you are facing eviction because you can't pay your rent.
  - [PA Dept. of Human Services Personal Care Homes Directory](#) [Website link]
  - [PA Dept. of Health Nursing Care Facility Locator Page](#) [Website link]
  
- [Allegheny Family Network](#) [Select 'Resources' link.]
  - [Bethlehem Haven](#) www.bethlehemhaven.org 412-391-1348  
Bethlehem Haven does more than provide shelter for its clients. The organization acts as a gateway to community, healthcare and services necessary to meet the end goal of permanent housing.
  
- [Catholic Charities Diocese of Pittsburgh](#) [Select 'Services' link, then select 'Housing and Homeless Assistance'.]  
Shelter, supportive housing, homeless assistance and life skills education
  
- [CBS, KDKA, Pittsburgh, PA](#) - Network Affiliate
  - Allegheny County Department of Human Services [see ABOVE]
  - [Easter Seals Western Pennsylvania](#) 412-281-7244 or 800-587-3257.  
Provides children and adults with disabilities and special needs with a variety of services such as residential housing.
  
- [Juvenile Law Center](#) [Enter 'Housing' in search field on top of website.]
  - [HUD](#) Pittsburgh Office, 412-644-6428  
HUD is a federal program that provides housing support for individuals in need such as rental programs (including Section 8) and home ownership assistance programs.
  - [Pennsylvania Affordable Apartment Locator](#) [Webpage link] 877-428-8844  
A free service to list and find affordable homes and apartments across PA.
  - [Northwest Human Services](#) 1-888-647-0020  
Residential living options, case management, and therapeutic services for individuals with disabilities.
  - [Emmaus Community of Pittsburgh](#) 412-381-0277  
Currently operates four homes serving 12 individuals with intellectual disabilities and developmental disabilities. Also offers respite.
  - [Genesis of Pittsburgh](#) 412-766-4934  
Offers range of services for those facing unplanned pregnancy.
  - [Fair Housing/Equal Opportunity at HUD](#) Pittsburgh: 412-644-5449  
Hotline service for individuals to report incidences of housing discrimination.
  
- Health Waiver Programs
  - [Allegheny County Family Resource Guide](#)  
Select "Getting a Medicaid Waiver" link on home page.  
**Medicaid Waivers for Children under 21:**
    - [Attendant Care/Act 150](#) Long-Term Living Helpline, 1-800-753-8827  
Enables individuals with a physical disability, ages 18-59, who are mentally alert to continue to live in their homes with support and services.

# Allegheny County Resource Guide

- [Community Services Program for Persons with Physical Disabilities/OBRA Waiver](#)  
Long-Term Living Helpline, 1-800-753-8827  
Provides services to people 18 or older with severe developmental and physical disabilities, such as cerebral palsy, epilepsy, or similar conditions (onset prior to age 22).
  - [Consolidated Waiver for Individuals with Mental Retardation](#)  
Provides services to eligible people age three or older with mental retardation so that they can remain in the community.
  - [Person/Family Directed Support Waiver](#)  
Provides services to eligible people age three or older with mental retardation so that they can remain in the community.
  - [Community Services Program for Persons with Physical Disabilities/Independence Waiver](#)  
Long-Term Living Helpline, 1-800-753-8827  
Provides services to individuals 18 and older with severe physical disabilities to allow them to live in the community and remain as independent as possible.
  - [Infant, Toddlers, and Families Waiver](#) 717-346-1119  
Supports Early Intervention services to children up to age three who would otherwise require the level of care provided in an Intermediate Care Facility for persons with Mental Retardation of Other Related Conditions.
- Respite Care
    - [Allegheny County Family Resource Guide](#) [Select 'Family Support' link then 'select 'Child Care and Respite.']

## Special Needs Child Care:

- [Children's Home of Pittsburgh and Lemieux Family Center/Child's Way](#)  
Adoption, pediatric specialty hospital, daycare for children with medical needs. 412-441-4884
- [YWCA of Greater Pittsburgh](#) 412-261-2273  
Child care information services. 800-392-3131

## Respite Care

- [Alliance for Community Respite Care \(ACRC\) of UCP/CLASS \(formerly Allegheny County Respite Care Coalition\)](#) 412-683-7100 x 4230  
Regional resource that links family caregivers to respite services, information, and funding. Maintains online database of local providers and links to statewide agencies.
- [Access to Respite Care and Help \(ARCH\) National Respite Locator Service](#) 800-773-5433  
Helps parents, family caregivers, and professionals find respite services in their state and local area to match their specific needs.
- [Achieva](#) 412-955-5000, x 491 or 454 [www.achieva.info](http://www.achieva.info)  
Respite provides relief to families caring for a loved one with special needs at home. Supports can be provided in the individual's home and/or in one of our caregiver's homes. Services are available on a 24 hour basis or short term hourly shifts.
- [The Children's Institute of Pittsburgh](#) 412-420-2515  
[Use search box to search 'Respite']  
Dedicated to improving the quality of life for children young people and their families.

# Allegheny County Resource Guide

- [CareBreak](#) 412-749-2862  
Day and overnight respite
- [Care Unlimited](#) 412-367-3620  
In home respite services.
- [The Emmaus Community](#) 412-381-0277  
Permanent homes, respite care, in-home services, and advocacy for people with intellectual disabilities and autism.
- [Focus on Renewal Sto-Rox Neighborhood Corp.](#) 412-771-6460  
Healthcare, economic and social services in the Sto-Rox (McKees Rocks) community.
- [Interim HealthCare of Pittsburgh](#) 412-436-2200  
Select 'Home Care' link then 'Home Care Services/Respite Care'
- [Liken Health Care, Inc.](#) 412-816-0113  
Respite services described under 'Health Care Services', 'Private Duty Services' link.
- [Mainstay Life Service, Inc.](#) 412-344-3640  
Residential services and other supports to individuals with developmental disabilities and their families in Allegheny County.
- [PLEA](#) 412-243-3464  
Care for children with emotional, behavioral, and developmental disabilities. In home support and relief to families.
- [YWCA of Greater Pittsburgh](#) 412-261-2273  
Child care information.
- [Allegheny County Health Department](#) [Select 'Search ACHD.net' link then enter 'respite.].
- [ARCH National Respite Network](#) [Website]  
for help with the Respite Locator Service please contact Mike Mathers at [mmathers@chtop.org](mailto:mmathers@chtop.org) or by phone at 1-919-490-5577.  
The mission of the ARCH National Respite Network and Resource Center is to assist and promote the development of quality respite and crisis care programs, to help families locate respite and crisis care services in their communities, and to serve as a strong voice for respite in all forums.
  - [Continuum Pediatric Nursing-Pittsburgh](#) 412-851-8550  
In home nursing
  - Maternal Child Health 412-885-0184 or 800-365-1367
  - [Pediatric Services of America \(Nursing Home Care\)](#) 412-322-4140  
PSA Healthcare nurses work with the family to build confidence and create and implement care plans that support family involvement. 800-331-1916
- Children and Adults
  - [Bayada Nurses](#) 412-374-0110  
Periodic relief for family members through respite services.
  - [Maxim Healthcare Services](#) 412-687-2838  
Home Care and/or In-Home Nurses Respite Care 866-926-2946
  - [McGuire Respite Program](#) 724-843-3400 x 142  
McGuire Memorial offers families Respite Care for loved ones with developmental and physical disabilities.

# Allegheny County Resource Guide

- Mercy Behavioral Health 1-877-637-2924  
recovery-oriented, community-based programs. 412-253-1250
- [Passavant Memorial Homes](#) 412-820-1010  
private, non-profit, human services provider serving the entire western PA region. Programs include respite services.
- Special Education
  - [PA Bureau of Special Education Consult Line](#) 1-800-879-2301  
Help for families and advocates of children with special needs can be obtained by calling the Consult Line or with the on-line request form available at: <http://odr-pa.org/contact-consultline/>
  - [Allegheny Intermediate Unit](#) [Website Link]  
Intermediate Units in Pennsylvania are part of the governance structure of public education and are located in the middle between the state education agency and the local school districts. They provide specialized services to local school districts that can be operated more effectively and efficiently on a regional basis
- Support Groups
  - [Allegheny Family Network](#) [Select 'Programs' link then select 'Support Groups']  
Contact the Family Network for information on support groups for families with children with emotional and mental health needs AFN Chat line: 1-888-273-2361
  - [CBS, KDKA, Pittsburgh, PA](#) - Network affiliate
  - [Jewish and Family & Children's Services of Pittsburgh](#) 412-422-7200  
Access to advocates for special needs services, counseling, and support groups.
  - [Parent to Parent of Pennsylvania](#) [Select 'P2P Supports Groups' link]  
Linking families of children and adults with disabilities 1-888-727-2706 or special needs.
  - [PA Families Incorporated](#) [info@pafamiliesinc.org](mailto:info@pafamiliesinc.org) 1-800-947-4941  
Statewide network providing support to families raising children and youth with emotional, behavioral, and special needs, as well as serving as an advocate in the different child serving systems.  
Updated regularly.
  - [Allegheny County](#) [Select 'Resources' link on main page then select desired County.]
    - [Allegheny Family Networks \(AFN\) Family Support Groups.](#) 412-246-2030  
Available throughout Allegheny County for parents to share their family situations with others experiencing similar situations.

## Women who are or who might be pregnant

The Healthy Baby Information Helpline – 1-800-986-2229

- Baby Supplies
  - [Birthright International, Pittsburgh, PA Chapter](#) 1-800-550-4900  
Support for women facing unplanned pregnancies.

# Allegheny County Resource Guide

- [Catholic Charities Diocese of Pittsburgh](#) [Select 'Services' then select 'Pregnancy and Parenting' link.]
  - Diapers, formula, and clothing

|                         |               |
|-------------------------|---------------|
| Allegheny County Office | 412-456-6999, |
| Beaver County           | 724-775-0758, |
| Butler County           | 724-287-4011, |
| Greene County           | 724-627-6410, |
| Lawrence County         | 724-658-5526, |
| Washington County       | 724-228-7722  |
- Breastfeeding Guides
  - If you need more information call the Healthy Baby line at 800-986-BABY (2229).
- [Pennsylvania Breastfeeding Referral Guide](#)
  - Arranged by County
    - [Womenshealth.gov Breastfeeding Challenges Guide](#) 800-994-9662
      - Information regarding common breastfeeding challenges
      - Office on Women's Health, US Department of Health and Human Services
- Car Seats
  - [Allegheny County Family Resource Guide](#) [Select 'Family Support' link then select 'Housing & Transportation link']
    - Car Seat Safety
      - The PA Child Passenger Protection Act requires that all drivers transporting children ages birth – four years use an approved child safety seat. Children ages four to eight must wear a seat belt and be in a booster seat. Children with medical conditions or disabilities may require special considerations or adaptations for transportation safety.
      - [The PA Traffic Injury Prevention Project](#)
        - Car Seat Loan Program by County - Information Hotline – 800-CAR-BELT
        - Training for school districts and companies 412-885-0266
        - on transporting children with special needs.
      - [National Highway Safety Transportation Administration](#) – 888-327-4236
        - Information on car seat safety and installation inspection.
      - National Easter Seal Society [phone listing] 800-221-6827
        - Referrals and information about car seats.
      - [The American Academy of Pediatrics](#) 847-228-5005
        - Referrals and information about car seats.
  - Tri-City Life Center [Select 'Programs' link, then select 'Parent and Baby' link.] 724-334-2329
    - A pregnancy and family resource center. Client education and car seat referral.
- Counseling
  - [Genesis of Pittsburgh](#) 412-766-2693
    - Nonprofit, nonpolitical, nonsectarian, tax-exempt organization, whose mission is to provide life-affirming programs and services for pregnant women, children, and families.

# Allegheny County Resource Guide

- [Nurse-Family Partnership](#) [select 'Find a Local Agency' for access to County list]  
Allegheny County – 412-247-7806  
A free, voluntary program that partners first-time moms with nurse home visitors. When you enroll in the program, a special trained nurse will visit you throughout your pregnancy and until your baby turns two years old. During these visits, your caring nurse will offer the knowledge and support you need to confidently create a better life for your baby and yourself.
- CHIP
  - [PA Children's Health Insurance Program](#) Call automated phone line at 800-986-KIDS (5437) and a CHIP representative will return your call within two business days.  
Pennsylvania's CHIP program puts health coverage within reach for all uninsured kids and teens who are not eligible for or enrolled in Medical Assistance.
- Pregnancy Insurance
  - Presumptive Eligibility, MA  
Presumptive Eligibility is a temporary program of health insurance coverage for pregnant women who are applying for Medical Assistance.
    - PA Dept. of Human Services Benefits Helpline 1-800-692-7462
    - [PA Dept. of Human Services County Assistance Office Contact Information](#)
  - [COMPASS](#) (PA Dept. of Human Services)  
[Website]  
Online application for Pennsylvanians to apply for many health and human service programs. Click on the 'Apply Now' button to begin or use links on right side for further assistance.
  - [PAHealthOptions.com \(PA Dept. of Insurance\)](#) 1-877-881-6388  
The Pennsylvania Insurance Department's Unbiased Guide to Understanding Health Insurance.
- [text4baby](#) Registration is free on the text4baby.org website.  
Free text messages to keep you and your baby healthy throughout your pregnancy and the baby's first year.
- [WIC](#) 800-942-9467  
Through WIC, pregnant women, mothers, and caregivers of infants and young children learn about good nutrition to keep themselves and their families healthy. WIC provides nutrition service, breastfeeding support, health care and social service referrals, and healthy foods to over 250,000 participants every month in PA.

**Lead health information for parents, homeowners, contractors, and healthcare professionals**  
The Lead Information Helpline – 1-800-440-5323

# Allegheny County Resource Guide

- [Elevated Lead Blood Level Case Management Guidelines](#) [CDC Web Page]  
Recommendations from the CDC Advisory Committee on Childhood Lead Poisoning Prevention
- [Environmental Protection Agency, Lead](#) [EPA Web Page]  
Provides many useful links for families including: (800) 424-5323
- [PA Lead and Healthy Homes Program](#) [Website link] (717) 772-2762  
The Pennsylvania Lead and Healthy Homes Program (LHHP) seeks to create safe and healthy housing by addressing environmental health and safety issues in homes.
- Certified Contractors
  - Locating EPA Certified Lead Contractors and technicians
    - [EPA.gov - Lead](#)
    - [PA Labor and Industry](#)  
Link to list of accredited trainers and certified contracting firms.
  - Information for Contractors
    - [EPA - Lead](#)  
Renovate Right for Contractors and Trainers
    - [PA Labor and Industry](#)  
Certification and Other Requirements for Lead Occupations
    - [OSHA](#)  
For information about regulations regarding work on facilities which are non-residential, contractors should contact the appropriate Occupational Safety & Health Administration Pennsylvania area office.
- Property Managers
  - [HUD – Lead Disclosure Rule](#)  
Congress passed the Residential Lead-Based Paint Hazard Reduction Act of 1992, also known as Title X, to protect families from exposure to lead from paint, dust, and soil. Section 1018 of this law directed HUD and EPA to require the disclosure of known information on lead-based paint and lead-based paint hazards before the sale or lease of most housing built before 1978.

If you did not receive the Disclosure of Information on Lead-Based Paint and/or Lead-Based Paint Hazards form when you bought or leased pre-1978 housing, contact 1-800-424-LEAD (5323).

## Individuals with Traumatic Brain Injury and their families

The Head Injury Information Helpline – 866-412-4755

- [Brain Injury Association of Pennsylvania](#) 1-800-444-6443  
Our mission: to prevent brain injury and improve the quality of life for people who have experienced brain injury and their family members through support, education, advocacy, and research.

# Allegheny County Resource Guide

- PA Department of Health Head Injury Program
  - [Head Injury Program](#) 866-412-4755  
The goal of the program is to help individuals with a traumatic brain injury live independently in their homes and communities.
  
- Waiver Programs
  - [Independent Enrollment Broker](#) 788-550-4227  
Office of Long-Term Living launched the PA Independent Enrollment Broker, a contracted statewide entity, to facilitate and streamline the eligibility/enrollment process for applicants seeking services for several PA waivers/programs.
  - [COMMCARE Waiver](#) 1-800-753-8827  
A Home and Community-Based Services Waiver for Individuals with Traumatic Brain Injury (TBI).
  - [OBRA Waiver](#) 1-800-753-8827  
Home and Community based Waiver program that may help if you have a developmental physical disability to allow you to live in the community and remain as independent as possible.
  
- Other Information
  - [Acquired Brain Injury Network of Pennsylvania](#) [info@abin-pa.org](mailto:info@abin-pa.org), 1-800-516-8052  
Nonprofit organization of brain injury survivors, family members, and friends dedicated to increasing public awareness about acquired brain injury, and to providing support, education, information, advocacy, and other services for individuals with acquired brain injury and their families.
  
  - [Brainline.org](#) 703-998-2020  
Preventing, treating, and living with traumatic brain injury (TBI).

## Immunizations/Vaccinations

- PA Department of Health Division of Immunizations
  - [Division of Immunizations](#) 717-787-5681
- [Allegheny County Family Resource Guide](#)  
[Select 'Medical Care' then select Immunizations']
  - [Allegheny County Health Department Immunization Clinic/Infectious Diseases](#) 412-578-8062
  - [PA Department of Health Division of Immunizations](#) [See above]
  - [Pennsylvania Vaccines for Children Program](#) 888-646-6864  
Free vaccines for uninsured children 877-724-3258

# Allegheny County Resource Guide

## Legal advocacy for the disabled in Pennsylvania

### [Disability Rights Network of Pennsylvania](#)

Harrisburg 1-800-692-7443  
717-236-8110  
717-346-0239 [TDD]  
Philadelphia 215-238-8070  
Pittsburgh 412-391-5225

The mission of the Disability Rights Network of Pennsylvania is to advance, protect, and advocate for the human, civil, and legal rights of Pennsylvanians with disabilities.

### [PA Health Law Project](#)

1-800-274-3258

Helping People in Need get the Health Care they deserve.

Advocacy on access to health care for low-income consumers, the elderly, and persons with disabilities.

## Transportation Assistance for the Disabled

- |   | Website address              |
|---|------------------------------|
| ● <b>Pennsylvania Care Planning Council</b>   |                              |
| <a href="#">Community Disability, Assistive Technology &amp; Transportation Service</a> |                              |
| ○ Elizabeth Township Area Emergency Medical Services                                    | 412-751-4530                 |
| ○ Disabled-Handicapped, Gibsonia  | 724-443-4485                 |
| ○ Pittsburgh Car Service 6484   | 412-361-9280                 |
| ○ KJ Transit  | 412-361-8521                 |
| ○ Laidlaw Transit Services Inc.   | 412-793-9046                 |
| ○ ATC   | 412-854-6940                 |
| ● <a href="#">PA Dept. of Human Services Medical Assistance Transportation Program</a>  | 888-847-6287<br>412-350-4484 |