

# Zika Virus Protection

The best way to prevent Zika is to protect against mosquito bites when traveling to an affected area. This can be done by:



Using an insect repellent containing DEET



Wearing light-colored clothes that cover as much of the body as possible



Using physical barriers such as screens, closed doors and windows



Sleeping under mosquito nets

For more information on Zika virus, please visit:  
[www.health.pa.gov](http://www.health.pa.gov).