

Susquehanna County Resource Guide

Advocacy for Special Healthcare Needs		
Resource	Description	Contact Information
<u>Pennsylvania Office of Victim Advocate -- Locate a Victim Service Agency</u>	The Pennsylvania Office of Victim Advocate is dedicated to representing, protecting and advancing the individual and collective rights and interests of crime victims.	http://www.ova.pa.gov/Services/Resources/LocateaVictimServiceAgency/Pages/default.aspx 1-800-563-6399
<u>The Arc of Pennsylvania</u>	The Arc of Pennsylvania promotes the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.	http://thearcpa.org/welcome.html 1-570-346-4010
<u>Juvenile Law Center</u>	The Juvenile Law Center seeks to advance the rights and well-being of children in jeopardy, and serves as a resource for older youth and young adults in Pennsylvania who are aging out of the foster care system.	http://jlc.org/resources/county-resource-guide/susquehanna 1-888-864-6393
<u>Community Resources for Independence</u>	Community Resources for Independence is a community based, non-residential, non-profit corporation that provides services to individuals with disabilities to maximize their independence and the accessibility of the communities in which they live. This agency provides services, peer support, and referrals	http://www.crinet.org/ 1-800-530-5541
<u>AIDS Law Project of Pennsylvania</u>	Founded in 1988, the AIDS Law Project of Pennsylvania is a nonprofit public-interest law firm providing free legal assistance to people living with HIV and AIDS and those affected by the epidemic.	http://www.aidslawpa.org/about-alpp/ 1-215-587-9377
<u>Kids As Self Advocates</u>	Kids As Self Advocates is a national, grassroots project created by youth with disabilities for youth. Activities include representing the voice of youth living with disabilities and chronic health conditions by speaking to policy makers at public events and hearings, and educating communities, including students, teachers, administrators, medical students and physicians.	http://fvkasa.org/index.php 1-207-458-1009
<u>Pennsylvania Bar Association Lawyer Referral Service</u>	Pennsylvania Bar Association Lawyer Referral Service matches clients to a Pennsylvania lawyer in a specific area of law which may include education and disability-related issues.	http://www.pabar.org/ 1-800-932-0311

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<u>Special Kids Network</u>	<p>The Special Kids Network is a statewide referral service designed to serve families of children with chronic health or disabling conditions through information and service coordination.</p>	<p>http://www.gotoskn.state.pa.us/ 1-800-986-4550</p>
<u>Office of Vocational Rehabilitation</u>	<p>The Office of Vocational Rehabilitation provides assistance with obtaining and maintaining employment to individuals with disabilities.</p>	<p>http://www.dli.pa.gov/Page/default.aspx 1-800-541-0721 or 1-814-871-4551</p>
<u>Disability Rights Pennsylvania</u>	<p>Disability Rights Pennsylvania has helped tens of thousands of children and adults with disabilities access special education services, obtain needed health and mental health care, and gain access to employment and housing. It has also intervened to stop the abuse, neglect and rights violations of Pennsylvanians with disabilities.</p>	<p>http://disabilityrightspa.org Harrisburg: 1-800-692-7443 or 1-717-236-8110 Philadelphia: 1-215-238-8070 Pittsburgh: 1-412-391-5225</p>
<u>Pennsylvania Client Assistance Program</u>	<p>This is an advocacy program for people with disabilities seeking services in employment and housing.</p>	<p>http://www.equalemployment.org/ 1-888-745-2357</p>
<u>Lesbian, Gay, Bisexual, and Transgender National Help Center</u>	<p>The Lesbian, Gay, Bisexual, and Transgender National Help Center serves gay, lesbian, bisexual, transgender, and questioning people by providing free and confidential peer support and local resources.</p>	<p>http://www.youthtalkline.org/ Youth Talkline: 1-800-246-7743 National Hotline: 1-888-843-4564</p>
<u>Pennsylvania Care Planning Council</u>	<p>The Pennsylvania Care Planning Council lists companies and individual providers on this website who help families deal with the crisis and burden of long term care.</p>	<p>http://www.carepennsylvania.org/a2_PA_members.htm 1-800-989-8137</p>
<u>The Advocacy Alliance</u>	<p>The mission of the Advocacy Alliance is to promote mental well-being and support recovery for adults who have a mental illness; resiliency for children and adolescents who have emotional/behavioral disorders; everyday lives for individuals who have developmental disabilities; and independence for older adults and individuals with physical disabilities, by providing advocacy and culturally competent services.</p>	<p>http://theadvocacyalliance.org/index.html 1-877-315-6855</p>
<u>AHEDD</u>	<p>AHEDD's mission is to serve the community as a catalyst in the employment and development of people with disabilities.</p>	<p>http://www.ahedd.org/ 1-866-902-4333</p>

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<u>United States Department of Labor Disability Resources</u>	<p>The purpose of the United States Department of Labor Disability Resources is to foster, promote, and develop the welfare of wage earners, job seekers, and retirees of the United States; improve working conditions; advance opportunities for profitable employment; and assure work-related benefits and rights.</p>	<p>https://www.disability.gov/ 1-866-487-2365 1-866-4-USA-DOL</p>
<u>Pennsylvania Department of Human Services County Assistance Office Contact Information</u>	<p>Pennsylvanians can seek assistance and a range of services for themselves and their families from professionally trained staff members at county assistance offices.</p>	<p>http://www.dhs.pa.gov/citizens/findfacilsandlocs/coun tyassistanceofficecontactinf ormation/ 1-888-753-6328 1-570-278-3891</p>
<u>Step By Step, Inc.</u>	<p>Step By Step, Inc. offers services to children and adults with intellectual disabilities, behavioral health issues and autism spectrum disorders.</p>	<p>http://www.stepbystepusa.com/index.html 1-570-829-3477</p>

Disability Rights and Special Needs Resources

Resource	Description	Contact Information
<u>Pennsylvania Families, Inc.</u>	<p>Pennsylvania Families, Inc. is a statewide family network that convenes families of children in child-serving systems, connects them to information and resources to maximize their quality of life, and collaborates to improve community supports, services, and family outcomes.</p>	<p>http://pafamiliesinc.org/ 1-800-947-4941</p>
<u>Social Security Administration</u>	<p>The Social Security Administration offers a listing of local offices and resources where individuals can apply for Social Security benefits.</p>	<p>https://www.socialsecurity.gov/ 1-800-772-1213</p>
<u>Bureau of Blindness and Visual Services</u>	<p>The Bureau of Blindness and Visual Services assists Pennsylvanians who are blind or visually impaired gain the skills necessary to live and work independently in their communities.</p>	<p>http://www.dli.pa.gov/Individuals/Disability-Services/bbvs/Pages/default.aspx 1-717-787-7500</p>
<u>Bureau of Autism Services</u>	<p>This is a department within the Department of Human Services specifically addressing the needs, issues and concerns of people with autism spectrum disorders in Pennsylvania.</p>	<p>http://www.dhs.pa.gov/citizens/autismservices/index.htm 1-866-539-7689</p>

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Pennsylvania Association for the Blind	The Pennsylvania Association for the Blind provides a span of services to help Pennsylvanians' prevent, prepare for, and manage vision loss.	http://www.pablind.org/ 1-717-766-2020
National Runaway Safeline	The National Runaway Safeline is a toll-free, nationwide hot-line for runaways and troubled youth. Provides information and referrals for shelter, counseling, medical and legal services, and transportation back home.	https://www.1800runaway.org 1-800-786-2929
Kaleidoscope Family Solutions, Inc.	Kaleidoscope Family Solutions, Inc. is a Medicaid - approved provider who supports individuals with intellectual and developmental disabilities.	http://kfamilyolutions.org/services/ 1-877-384-1729
Pennsylvania Elks Home Service Program	Since 1963, the Pennsylvania Elks Home Service Program has been helping to improve the quality of life for thousands of children and adults throughout Pennsylvania. The program provides support and advocacy services to individuals of any age who have a developmental disability.	http://www.paelkshomeservice.org/index.php For children under 21, call the Special Kids Network helpline at 1-800-986-4550. For adults over 21, contact the program director at 1- 814-781-7860
The Parent Education and Advocacy Leadership Center	The mission of the Parent Education and Advocacy Leadership Center is to educate and empower families to ensure that children, youth and young adults with disabilities and special health care needs lead rich, active lives as full members of their schools and communities.	https://pealcenter.org/ 1-866-950-1040

Assistive Technology		
Resource	Description	Contact Information
Pennsylvania Assistive Technology Foundation	Pennsylvania Assistive Technology Foundation is a statewide, non-profit organization that helps individuals with disabilities and older Pennsylvanians acquire the assistive technology devices and services they want.	http://patf.us/ 1-888-744-1938
Caroline's Cart	Caroline's Cart was created for special needs individuals. It provides caregivers a viable option to transport a special needs individual through a store while shopping, without having to maneuver a wheelchair and a traditional shopping cart at the same time.	https://technibilt.com/carolines-cart/ 1-828-464-7388 See website for store locations.

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Library for the Blind and Physically Handicapped	<p>The Free Library of Philadelphia's Library for the Blind and Physically Handicapped serves Pennsylvania residents who have difficulty reading due to a physical impairment, a reading disability, or a vision challenge.</p>	<p>https://libwww.freelibrary.org/locations/library-for-the-blind-and-physically-handicapped 1-215-686-5322</p>
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Counseling for Special Healthcare Needs		
Resource	Description	Contact Information
The Substance Abuse and Mental Health Services Administration	<p>This organization offers a “behavioral health treatment locator” through which the user can search for a provider by address or zip code. The agency also offers a national helpline which provides free and confidential information in English and Spanish for individuals and family members facing substance abuse and mental health issues. The hotline is available 24 hours a day, 7 days a week.</p>	<p>https://findtreatment.samhsa.gov/ 1-800-662-4357 TDD: 1-800-487-4889</p>
The Salvation Army	<p>The Salvation Army offers disaster services, assists the lesbian, gay, bi-sexual and transgender community and serves individuals and families experiencing poverty-related needs.</p>	<p>http://www.salvationarmyusa.org/usn/home/#whatwe-do</p>

Early Childhood and Child Care		
Resource	Description	Contact Information
Pennsylvania Department of Human Services	<p>The mission of the Pennsylvania Department of Human Services is to improve the quality of life for Pennsylvania’s individuals and families. They promote opportunities for independence through services and supports while demonstrating accountability for taxpayer resources.</p>	<p>http://www.dhs.pa.gov/ 1-800-692-7462</p>
Child Care Works Subsidized Child Care	<p>The Child Care Works Subsidized Child Care program helps low-income families pay their child care fees. The state and federal governments fund this program, which is managed by the Child Care Information Services office located in each county.</p>	<p>http://www.dhs.pa.gov/citizens/childcareearlylearning/childcareworkssubsidizedchildcareprogram/ 1-570-341-0811, Ext. 19 1-800-559-6020</p>

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Pennsylvania Department of Human Services Head Start	Head Start helps young children from low-income families prepare to succeed in school through local programs. Head Start and Early Head Start programs promote children's development through services that support early learning, health, and family well-being.	http://www.dhs.pa.gov/citizens/childcareearlylearning/headstart/ 1-570-963-6633
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Early Intervention		
Resource	Description	Contact Information
Pennsylvania Department of Human Services Early Intervention	Early Intervention supports and services are designed to meet the developmental needs of children with a disability as well as the needs of the family related to enhancing the child's development.	http://www.dhs.pa.gov/citizens/earlyinterventionservices/ CONNECT Helpline at 1-800-692-7288
Pennsylvania Department of Education Early Intervention Program	The Pennsylvania Early Intervention Program provides support and services to families with children, from birth to age five, with developmental delays and disabilities.	http://www.education.pa.gov/Early%20Learning/Early%20Intervention/Pages/default.aspx CONNECT Helpline at 1-800-692-7288
CONNECT Helpline:	The CONNECT Helpline assists families in locating resources and providing information regarding child development for children up to age five. In addition, CONNECT can assist parents by making a direct link to their county early intervention program or local preschool early intervention program.	1-800-692-7288
Lackawanna-Susquehanna Counties Behavioral Health Intellectual Disabilities Early Intervention Program	The program's primary goal is to facilitate the inclusion and full participation of all persons in their local community by offering behavioral health, intellectual disability and early intervention services.	http://www.lsbhidei.org/ 1-570-346-5741 Crisis: 1-570-278-6822

Health Insurance		
Resource	Description	Contact Information
Pennsylvania's Children's Health Insurance Program	Pennsylvania's Children's Health Insurance program provides health insurance to uninsured children and teens who are not eligible for or enrolled in Medical Assistance.	http://www.chipcoverspkids.com/Pages/default.aspx

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<u>COMPASS</u>	COMPASS is an online application for Pennsylvanians to apply for many health and human service programs.	<u>www.compass.state.pa.us</u>
<u>APPRISE</u>	This free health insurance counseling program is designed to help Pennsylvanians, who are 65 years of age or older, with Medicare.	<u>http://www.aging.pa.gov/aging-services/insurance/Pages/default.aspx</u> 1-800-783-7067
<u>Bradford, Sullivan, Susquehanna, and Tioga Counties Area Agency on Aging, Inc.</u>	This organization positively impacts the lives of adults, veterans, and the disabled, across Bradford, Sullivan, Susquehanna, and Tioga Counties by advocating and providing a network of resources that result in independence, choice, and dignity.	<u>http://www.bsstaaa.org/</u> 1-800-982-4346
<u>Medicare Part D</u>	Information about the Part D prescription drug benefit available to individuals enrolled in Medicare can be found at this site.	<u>https://www.medicare.gov/part-d/</u>
<u>HealthCare.gov</u>	HealthCare.gov is the health insurance exchange website operated under the United States Federal Government under the provisions of the Patient Protection and Affordable Care Act.	<u>https://www.healthcare.gov/</u> 1-800-318-2596
<u>HealthChoices</u>	HealthChoices provides access to quality medical care through Pennsylvania’s Medicaid program, connects people who receive Medicaid benefits to mental health and drug/alcohol services, and serves people more in the community rather than in facilities.	<u>http://www.healthypa.com/</u> 1-866-550-4355
<u>Pennsylvania Department of Human Services Medical Assistance</u>	Medical Assistance, also known as Medicaid, pays for health care services for eligible individuals.	<u>http://www.dhs.pa.gov/citizens/healthcaremedicalassistance/index.htm</u> 1-866-550-4355.
<u>Presumptive Eligibility</u>	Presumptive Eligibility provides insurance coverage for pregnant woman who have applied for Medicaid but are still under eligibility review.	<u>http://www.dhs.pa.gov/citizens/healthcaremedicalassistance/healthybeginnings/index.htm</u>
<u>Pennsylvania-Health-Coverage.com</u>	This privately-owned website is a place to compare affordable maternity health insurance options.	<u>http://www.pennsylvania-health-coverage.com/maternity?sid=SEM-H-AIW-G-4Zjq7ehl&c2=32268938927&c1=c&gclid=CPWZqKS2hr4CFYtDMgodS0cATQ</u> 1-877-536-4809

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Resource Guide to Healthcare Options in Pennsylvania	<p>The Resource Guide to Healthcare Options in Pennsylvania allows extension educators and others to locate programs for low-income individuals seeking access to health care services.</p>	http://www.porh.psu.edu/project/a-resource-guide-to-healthcare-options-in-pennsylvania/
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Housing		
Resource	Description	Contact Information
Juvenile Law Center	<p>The Juvenile Law Center seeks to advance the rights and well-being of children in jeopardy, and serves as a resource for older youth and young adults in Pennsylvania who are aging out of the foster care system.</p>	http://jlc.org/resources/county-resource-guide/susquehanna 1-888-864-6393
The US Department of Housing and Urban Development	<p>The U.S. Department of Housing and Urban Development is a federal program that provides housing support for individuals in need such as rental programs (including Section 8) and home ownership assistance programs. This organization also provides a hotline service for individuals to report incidences of housing discrimination.</p>	http://portal.hud.gov/hudportal/HUD?src=/states/pennsylvania/offices Philadelphia: 215-656-0500; Pittsburgh: 412-644-6428; Hotline: 1-888-799-2085
PAHousingSearch.com	<p>PAHousingSearch.com is a free resource to help you find a home that fits your needs and budget. Property providers can list available apartments or homes at any time, which means the listings are current.</p>	http://www.pahousingsearch.com/index.html 1-877-428-8844
PathStone	<p>PathStone Housing Services promotes access to personal counseling and financial resources designed to stabilize living environments and support economic security.</p>	http://www.pathstone.org/ 1-800-888-6770
Susquehanna County Housing Authority	<p>Susquehanna County Housing Authority provides housing assistance to low income residents.</p>	https://www.publichousing.com/details/susquehanna-county-housing-authority 1-570-278-3011
Volunteers of America of Pennsylvania	<p>Volunteers of America of Pennsylvania is a ministry of service providing people in need with support, skills, and tools that lead to individual empowerment, self-sufficiency, and stability.</p>	https://www.voapa.org/aboutus 1-570-825-5261 1-888-350-4862
Pennsylvania Transitional Housing	<p>Pennsylvania Transitional Housing provides supportive housing along with drug and alcohol treatment in selective locations.</p>	https://www.transitionalhousing.org/state/pennsylvania 1-800-334-8893

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Medicaid Waivers for Children Under 21		
Resource	Description	Contact Information
Pennsylvania Department of Human Services	The mission of the Pennsylvania Department of Human Services is to improve the quality of life for Pennsylvania's individuals and families. They promote opportunities for independence through services and supports while demonstrating accountability for taxpayer resources.	http://www.dhs.pa.gov/ 1-800-692-7462
Attendant Care/Act 150	The Attendant Care/Act 150 waiver enables individuals with a physical disability, ages 18-59, who are mentally alert to continue to live in their homes with support and services.	http://www.dhs.pa.gov/citizens/attendantcare/attendantcareact150/ Long-Term Living Helpline: 1-800-753-8827
Community Services Program for Persons with Physical Disabilities/Omnibus Budget Reconciliation Act Waiver	The Community Services Program for Persons with Physical Disabilities/Omnibus Budget Reconciliation Act Waiver, provides services to people 18 or older with severe developmental and physical disabilities, such as cerebral palsy, epilepsy, or similar conditions (onset prior to age 22).	http://www.dhs.pa.gov/citizens/alternativestonursinghomes/obrawaiver/ Long-Term Living Helpline, 1-800-753-8827
Consolidated Waiver	The Pennsylvania Consolidated Waiver is designed to help individuals with an intellectual disability, autism, or developmental disability to live more independently in their homes and communities, and to provide a variety of services that promote community living, including self-directed and traditional, agency-based service models.	http://www.dhs.pa.gov/learnaboutdhs/waiverinformation/consolidatedwaiverforindividualswithintellectualdisabilities/S_000989
Person/Family Directed Support Waiver	The Person/Family Directed Support Waiver is designed to help individuals with an intellectual disability, autism, or developmental disability to live more independently in their homes and communities and to provide a variety of services that promote community living, including self-directed and traditional, agency-based service models. There is an individual cost limit of \$33,000 per person per fiscal year.	http://www.dhs.pa.gov/learnaboutdhs/waiverinformation/personfamilydirectedsupportwaiver/index.htm
Independence Waiver	The Independence Waiver may be able to help adults with a severe physical disability live or remain in the community and remain as independent as possible.	http://www.dhs.pa.gov/citizens/alternativestonursinghomes/independencewaiver/ 1-717-787-8091

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Infant, Toddlers, and Families Waiver	<p>The Infants, Toddlers, and Families Waiver provides services to children from birth to age three who need early intervention services and would otherwise require the level of care provided in an intermediate care facility for persons with intellectual disabilities or other related conditions.</p>	<p>http://dhs.pa.gov/learnaboutdhs/waiverinformation/infanttoddlersandfamilieswaiver/index.htm 1- 717-346-1119</p>
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Respite Care		
<p>Respite is planned or emergency care provided to a child or adult with special needs to provide temporary relief to family caregivers who are caring for that child or adult.</p>		
Resource	Description	Contact Information
ARCH National Respite Network and Resource Center-A Consumer Guide For Family Caregivers	<p>The mission of the ARCH National Respite Network and Resource Center is to assist and promote the development of quality respite and crisis care programs in the United States; to help families locate respite and crisis care services in their communities; and to serve as a strong voice for respite in all forums.</p>	<p>https://archrespite.org/consumer-information 1-919-490-5577</p>
The Arc of Pennsylvania	<p>The Arc promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.</p>	<p>http://www.thearc.org/Pages.aspx?&pid=327</p>

Special Education		
Resource	Description	Contact Information
Pennsylvania Bureau of Special Education Consult Line	<p>The ConsultLine is designed to assist parents and advocates of children with disabilities or children thought to be disabled. If individuals have any questions concerning their child's special education program or the laws relating to the provision of services in their child's individualized educational program, the special education specialists at ConsultLine may be able to assist them.</p>	<p>http://www.education.pa.gov/K-12/Special%20Education/Pages/Special-Education-in-PA---Consult-Line.aspx 1-800-879-2301</p>

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Pennsylvania Association of Intermediate Units	<p>Intermediate Units in Pennsylvania are part of the governance structure of public education and are located between the state education agency and the local school districts. They provide specialized services to local school districts that can be operated more effectively and efficiently on a regional basis.</p>	<p>Northeastern Educational Intermediate Unit 19: http://www.neiu.org/ 1-570-876-9200</p>
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Support Groups		
Resource	Description	Contact Information
Pennsylvania Families, Inc.	<p>Pennsylvania Families, Inc. is a statewide family network that convenes families of children in child-serving systems, connects them to information and resources to maximize their quality of life, and collaborates to improve community supports, services, and family outcomes.</p>	<p>http://pafamiliesinc.org/ 1-800-947-4941</p>
Parent to Parent of Pennsylvania	<p>In Pennsylvania, the Parent to Parent model is a one-to-one match between an experienced mentor parent, called a peer support parent, and a parent seeking individualized support from another parent who has been in similar circumstances.</p>	<p>http://www.parenttoparent.org/ 1-888-727-2706</p>
The Parent Education and Advocacy Leadership Center	<p>The mission of the Parent Education and Advocacy Leadership Center is to educate and empower families to ensure that children, youth and young adults with disabilities and special health care needs lead rich, active lives as full members of their schools and communities.</p>	<p>https://pealcenter.org/ 1-866-950-1040</p>
Make-A-Wish of Greater Pennsylvania	<p>Make-A-Wish of Greater Pennsylvania grants wishes to children, between the ages of two-and-a-half and 18, with critical illnesses. Families can self-refer and eligibility is determined by physician.</p>	<p>http://greaterpawv.wish.org/ 1-800-676-9474 (WISH)</p>

The Healthy Baby Information Helpline 1-800-986-2229		
Baby Supplies		
Resource	Description	Contact Information
National Diaper Bank Network	<p>The National Diaper Bank Network’s goal is to ensure that every child in the United States has enough diapers to remain clean, dry, and healthy.</p>	<p>http://nationaldiaperbanknetwork.org/members/ 1-203-821-7348</p>

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Pennsylvania 2-1-1	One Number, One Resource: 2-1-1 is a FREE, accessible, 3-digit telephone number available to everyone. All residents have easy access to customized health, housing and human services information in one place.	http://pa211.org/
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Breastfeeding		
Resource	Description	Contact Information
Pennsylvania Breastfeeding Referral Guide	The Pennsylvania Breastfeeding Referral Guide contains county-specific individuals and organizations that can provide breastfeeding awareness, support, and assistance. It includes information on lactation specialists, community programs, support/mother groups, community coalitions, breast pump rentals and retail purchases, and local, state, and national help lines.	http://www.health.pa.gov/My%20Health/Womens%20Health/Breastfeeding%20Awareness/Documents/PA%20Bfg%20Referral%20Guide%20Rev%20Aug%202017.pdf 717-346-3000
Womenshealth.gov	The mission of Womenshealth.gov is to provide national leadership and coordination to improve the health of women and girls through policy, education, and model programs. Specific to breastfeeding, the website provides information and support to help women breastfeed successfully.	http://www.womenshealth.gov/breastfeeding/common-challenges/index.html 1-800-994-9662
Nurse Family Partnership	The Nurse-Family Partnership is a voluntary, free program giving first-time mothers valuable knowledge and support throughout pregnancy and until their babies reach two years of age. Women, who are pregnant 28 weeks or less, meet income eligibility requirements, and live in a service area may participate in this program.	https://www.nursefamilypartnership.org/first-time-moms/?gclid=EAlaIqobChMltari6ef_2AIVxrbACh0yBwulEAAAYASAAEgJeA_D_BwE 1-844-637-6667
Women, Infants and Children	Women, Infants and Children has improved the nutrition and health of families in Pennsylvania since 1974 by providing nutrition services, breastfeeding support, health care, social service referrals, and healthy foods.	http://pawic.com/ (1-800-WIC-WINS) 1-800-942-9467

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KellyMom Parenting Breastfeeding	<p>The KellyMom.com website was developed to provide evidence-based information on breastfeeding and parenting.</p> <p>Online information is NOT a substitute for an in-person evaluation by a qualified, independent International Board-Certified Lactation Consultant or your health care provider.</p>	https://kellymom.com/
La Leche League of Eastern Pennsylvania	<p>The La Leche League provides support, encouragement, information, and education to women who choose to breastfeed. The La Leche League also provides health care professionals with continuing education opportunities and access to the latest research on lactation management.</p>	http://www.llofeasternpa.org/

Car Seat Safety		
Resource	Description	Contact Information
PA Child Passenger Protection Act	<p>The PA Child Passenger Protection Act requires that all drivers transporting children up to age 4 use an approved child safety seat. Children ages 4 to 8 must wear a seat belt and be in a booster seat. Children with medical conditions or disabilities may require special considerations or adaptations for transportation safety.</p>	http://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=3&cad=rja&uact=8&ved=0ahUKEwiopbvom47WAhUCyoMKHUhVAaIQFggwMAI&url=http%3A%2F%2Fwww.pakidstravelsafe.org%2Fnews-events%2Fnews%2Fitem%2Fdownload%2F369_a828d49458bafd9461e78fc6b5cde1b6&usg=AFQjCNHc3MeVHe-zqjddenQJFN0cljX5rg
The Pennsylvania Traffic Injury Prevention Project	<p>Materials available through the Traffic Injury Prevention Project cover a range of traffic safety areas. These areas include: child passenger safety, seat belt safety, air bag safety, school bus safety, transporting special needs children, pedestrian safety, bicycle safety, and youth driving safety and awareness.</p>	http://pakidstravelsafe.org/ 1- 800-CAR-BELT (227-2358)

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Car Seat Loan Program by County	Active Car Seat Loan Programs allow individuals to search by county.	http://www.pakidstravelsafe.org/resources/car-seat-loan-programs?view=Profiles&layout=search
National Highway Safety Transportation Administration	This group works to prevent injuries and fatalities for all road users including children, teens, older drivers, bicyclists, pedestrians, and drivers with disabilities. The administration makes available information and resources to keep individuals safe in and around cars and on the road.	http://www.nhtsa.gov/
National Easter Seal Society	Easter Seals Western and Central Pennsylvania provides programs and services to ensure that people with disabilities, or other special needs, and their families have equal opportunities to live, learn, work, and play in their communities. Referrals and Information about car seats can be found on this site.	http://www.easterseals.com/ 1-800-221-6827
The American Academy of Pediatrics	The American Academy of Pediatrics is dedicated to the health of all children. Referrals and Information about car seats can be found on this website.	https://services.aap.org/en/search 1-800-433-9016

Counseling

Resource	Description	Contact Information
text4baby	Free text messages are sent to help keep you and your baby healthy throughout your pregnancy and the baby's first year.	Registration is free. https://text4baby.org/ .

Medical Assistance

Resource	Description	Contact Information
Pennsylvania Department of Human Services	The mission of the Pennsylvania Department of Human Services is to improve the quality of life for Pennsylvania's individuals and families. They promote opportunities for independence through services and supports while demonstrating accountability for taxpayer resources.	http://www.dhs.pa.gov/ 1-800-692-7462

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Pennsylvania Department of Human Services County Assistance Office Contact Information	Pennsylvanians can seek assistance and a range of services for themselves and their families from professionally trained staff members at county assistance offices.	http://www.dhs.pa.gov/citizens/findfacilsandlocs/coun tyassistanceofficecontactinf ormation/ 1-888-753-6328 1-570-278-3891
COMPASS	COMPASS is an online application for Pennsylvanians to apply for many health and human service programs.	www.compass.state.pa.us
PennsylvaniaHealth Options.com	This resource will help to compare insurance carriers online.	http://www.pahealthoptions.com/ 1-877-881-6388

Lead Health Information for Parents, Homeowners, Contractors, and Health Care Professionals		
Resource	Description	Contact Information
Lead Poisoning	Lead can do great harm, especially to young children. The leading cause of lead poisoning is lead dust from lead-based paint which was used in many homes until 1978. Young children are exposed to lead dust in older homes through normal everyday activities such as crawling on the floor and putting their hands, toys or other objects in their mouths. Lead can also be found in bare soil, some imported spices, home remedies and cosmetics. Go to MY HEALTH, INFANT AND CHILDREN, LEAD POISONING PREVENTION and CONTROL, LEAD POISONING.	http://www.health.pa.gov/ 1-800-440-LEAD (5323)
Elevated Lead Blood Level Case Management Guidelines	Recommendations from the Advisory Committee on Childhood Lead Poisoning Prevention.	https://www.cdc.gov/nceh/lead/CaseManagement/cas eManage_main.htm 1-800-CDC-INFO 1-800-232-4636 TTY: 888-232-6348
Environmental Protection Agency, Lead	The mission of the Environmental Protection Agency is to protect human health and the environment. Provides many useful links for families.	http://www2.epa.gov/lead 1-800- 424-5323

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Pennsylvania Safe and Healthy Homes Program	<p>The Pennsylvania Safe and Healthy Homes Program seeks to provide education and interventions to promote healthy homes and prevent problems and injuries. When hazards are present in a home, they can have a profound effect upon the health of the occupants, particularly those most vulnerable, such as children.</p>	<p>http://www.health.pa.gov/My%20Health/Infant%20and%20Childrens%20Health/Lead%20Poisoning%20Prevention%20and%20Control/Pages/Safe-and-Healthy-Homes-Program.aspx</p> <p>1-717-772-2762</p>
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Lead Information for Families, Contractors, and Property Managers		
Resource	Description	Contact Information
Environmental Protection Agency.gov - Lead	<p>The Environmental Protection Agency has two programs for certifying contractors and accrediting training providers.</p> <ol style="list-style-type: none"> 1. Renovation, Repair and Painting Program 2. Lead Abatement Program for permanent elimination of lead-based paint hazards 	<ol style="list-style-type: none"> 1. https://www.epa.gov/lead/renovation-repair-and-painting-program-contractors 2. https://www.epa.gov/lead/evaluating-and-eliminating-lead-based-paint-hazards
Pennsylvania Department of Labor and Industry	<p>The Pennsylvania Department of Labor and Industry lists accredited trainers and certified contracting firms.</p>	<p>http://www.dli.pa.gov/Page/s/search.aspx?searchBox=accredited%20trainers%20and%20contractors</p>
Occupational Safety and Health Administration	<p>For information about regulations regarding work on facilities which are non-residential, contractors should contact the appropriate Occupational Safety and Health Administration Pennsylvania area office.</p>	<p>https://www.osha.gov/</p>

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Housing and Urban Development– Lead Disclosure Rule	<p>This resource, for landlords and sellers, is based on the Residential Lead-Based Paint Hazard Reduction Act of 1992, also known as Title X and is intended to protect families from exposure to lead from paint, dust, and soil. Landlords and sellers are required to disclose known information on lead-based paint and lead-based paint hazards before the sale or lease of most housing built before 1978. If you did not receive the Disclosure of Information on Lead-Based Paint and/or Lead-Based Paint Hazards form when you bought or leased pre-1978 housing, contact 1-800-424-LEAD (5323).</p>	<p>http://portal.hud.gov/hudportal/HUD?src=/program_offices/healthy_homes/enforcement/disclosure 1-800-424-LEAD (5323)</p>
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Individuals with Traumatic Brain Injury and Their Families		
Resource	Description	Contact Information
Brain Injury Association of Pennsylvania	<p>The mission of the Brain Injury Association of Pennsylvania is to foster a community of education, advocacy, support, and research to maximize the quality of life for those with brain injuries and their families.</p>	<p>http://www.biapa.org/site/c.iuLZJbMMKrH/b.1760731/k.BD3E/Home.htm 1-800-444-6443</p>
Head Injury Program	<p>The Pennsylvania Head Injury Program pays for head injury rehabilitation services for people who qualify. The goal of the program is to help individuals with a traumatic brain injury live independently in their homes and communities.</p>	<p>www.health.pa.gov Go to MY Health, A-Z Topics, E-H, Head Injury 1-717-772-2763</p>
Brain Injury Help Line	<p>To learn more about services available for individuals with brain injury and their families, please contact the toll-free Brain Injury Help Line.</p>	<p>1-866-412-4755</p>
Independent Enrollment Broker	<p>Office of Long-Term Living launched the PA Independent Enrollment Broker, a contracted statewide entity, to facilitate and streamline the eligibility/enrollment process for applicants seeking services for several PA waivers/programs.</p>	<p>1-788-550-4227</p>
Community Services Program for Persons with Physical Disabilities/Omnibus Budget Reconciliation Act Waiver	<p>The Community Services Program for Persons with Physical Disabilities/Omnibus Budget Reconciliation Act Waiver provides services to people 18 or older with severe developmental and physical disabilities, such as cerebral palsy, epilepsy, or similar conditions (onset prior to age 22).</p>	<p>http://www.dhs.pa.gov/citizens/alternativestonursinghomes/obrawaiver/ Long-Term Living Helpline, 1-800-753-8827</p>

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Acquired Brain Injury Network of Pennsylvania	<p>The Acquired Brain Injury Network of Pennsylvania is a nonprofit organization of brain injury survivors, family members and friends dedicated to increasing public awareness about acquired brain injury, and to providing support, education, information, advocacy, and other services for individuals with acquired brain injury and their families.</p>	<p>http://www.abin-pa.org/ 1-888-308-3848</p>
Brainline.org	<p>BrainLine is a national multimedia project offering information and resources about preventing, treating, and living with traumatic brain injury.</p>	<p>http://www.brainline.org/ 1-703-998-2020</p>

Immunizations/Vaccinations		
Resource	Description	Contact Information
Pennsylvania Department of Health, Division of Immunizations	<p>The Division of Immunizations, in the Pennsylvania Department of Health, focuses on the reduction or elimination of vaccine-preventable diseases. The primary goal of the division is to achieve maximum immunization coverage to eliminate the occurrence of vaccine preventable diseases in Pennsylvania.</p>	<p>www.health.pa.gov Go to My Health, Immunizations. 1-717-787-5681</p>
Pennsylvania Vaccines for Children Program	<p>The Pennsylvania Vaccines for Children Program is a federally funded program that provides vaccines at no cost to children who might not otherwise be vaccinated because of inability to pay. Children who are eligible for vaccines through Vaccines for Children are entitled to receive vaccines recommended by the Advisory Committee on Immunization Practices.</p>	<p>www.health.pa.gov Go to My Health, Immunizations, Vaccines for Children 1-717-787-5681</p>
Pennsylvania Department of Health, Health Services Locator	<p>The Health Services locator is available to assist in finding Pennsylvania healthcare facilities within your county or region.</p>	<p>http://www.health.pa.gov/ Go to Healthcare Facilities, Laws and Regulations, Outpatient Facilities, Health Care Facility Locator</p>
Pennsylvania Association of Community Health Centers	<p>As the state primary care association, the Pennsylvania Association of Community Health Centers represents and supports the largest network of primary health care providers in the commonwealth.</p>	<p>http://www.pachc.org/About-PACHC 1-866-944-2273</p>

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Legal Advocacy for the Disabled in Pennsylvania		
Resource	Description	Contact Information
<u>Disability Rights Pennsylvania</u>	Disability Rights Pennsylvania has helped tens of thousands of children and adults with disabilities access special education services, obtain needed health and mental health care, and gain access to employment and housing. It has also helped to stop the abuse, neglect and rights violations of Pennsylvanians with disabilities.	<u>http://disabilityrightspa.org</u> Harrisburg: 1-800-692-7443 or 1-717-236-8110; Philadelphia: 1-215-238-8070; Pittsburgh: 1-412-391-5225
<u>Pennsylvania Health Law Project</u>	The Pennsylvania Health Law Project offers free legal advice to low-income people with insurance problems. The Pennsylvania Health Law Project also helps people who do not have health insurance.	<u>http://www.phlp.org/</u> 1-800-274-3258
<u>North Penn Legal Services</u>	The mission of North Penn Legal Services is to provide civil legal representation to low-income people and ensure equal access to justice.	<u>http://www.northpennlegal.org/about</u> 1-877-515-7732
<u>Pennsylvania Office of Victim Advocate -- Locate a Victim Service Agency</u>	The Pennsylvania Office of Victim Advocate is dedicated to representing, protecting and advancing the individual and collective rights and interests of crime victims.	<u>http://www.ova.pa.gov/Services/Resources/LocateaVictimServiceAgency/Pages/default.aspx</u> 1-800-563-6399

Transportation Assistance for the Disabled		
Resource	Description	Contact Information
<u>Pennsylvania Department of Human Services Medical Assistance Transportation Program</u>	The Medical Assistance Transportation Program provides transportation to medical appointments for Medical Assistance recipients who do not have transportation available to them. The individual's county of residence will provide the type of transportation that is the least expensive while still meeting their needs.	<u>http://matp.pa.gov/</u> 1570-278-6140 1-866-278-9332
<u>Susquehanna-Wyoming County Transportation</u>	Susquehanna-Wyoming County Transportation is a Shared-Ride Transportation Service. Shared Ride is demand responsive transportation, which is available to the public, operates on a non-fixed route basis, and charges a fare to all riders.	<u>http://www.trehab.org/index.cfm?fuseaction=dep_intr_o&dept_id=17</u> 1-570-278-6140 1-866-278-9332

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Vocational Rehabilitation Assistance and Job Training for the Disabled		
Resource	Description	Contact Information
Pennsylvania Department of Labor and Industry Vocational Rehabilitation Services Website	The Pennsylvania Office of Vocational Rehabilitation provides vocational rehabilitation services to help persons with disabilities prepare for, obtain, or maintain employment. It provides services to eligible individuals with disabilities, both directly and through a network of approved vendors. Services are provided on an individualized basis.	http://www.dli.pa.gov/individuals/disability-services/ovr/pages/default.aspx
Office of Vocational Rehabilitation Office Directory	The Office of Vocational Rehabilitation Office Directory will help you find a vocational rehabilitation district office.	http://www.dli.pa.gov/Individuals/Disability-Services/ovr/Pages/OVR-Office-Directory.aspx
United States Department of Labor Disability Resources	The purpose of the United States Department of Labor Disability Resources is to foster, promote, and develop the welfare of wage earners, job seekers, and retirees of the United States. The department also works to improve working conditions, advance opportunities for profitable employment, and assure work-related benefits and rights.	https://www.dol.gov/general/topic/disability 1-866-487-2365