

Bradford County Resource Guide

Advocacy for Special Health Care Needs		
Resource	Description	Contact Information
Pennsylvania Office of Victim Advocate-Locate a Victim Service Agency	The Pennsylvania Office of Victim Advocate is dedicated to representing, protecting and advancing the individual and collective rights and interests of crime victims.	http://www.ova.pa.gov/Services/Resources/LocateaVictimServiceAgency/Pages/default.aspx 1-800-563-6399
The Arc of Pennsylvania	The Arc of Pennsylvania offers services for individuals with intellectual and developmental disabilities.	http://thearc.org/welc
Big Brothers Big Sisters of the Twin Tiers	The mission of Big Brothers Big Sisters of the Twin Tiers is to provide children facing adversity with strong and enduring, professionally supported 1-to 1 relationships that change their lives for the better. In Bradford County, both community and school based programs are offered.	http://www.bbbstwtiers.org/ 1-866-344-BIGS 1-866-344-2447
Juvenile Law Center	The Juvenile Law Center seeks to advance the rights and well-being of children in jeopardy, and serves as a resource for older youth and young adults in Pennsylvania who are aging out of the foster care system.	http://jlc.org/resources/county-resourceguide/bradford 1-888-864-6393
Pennsylvania Bar Association Lawyer Referral Service	Pennsylvania Bar Association Lawyer Referral Service matches clients to a Pennsylvania lawyer in a specific area of law which may include education and disability-related issues.	http://www.pabar.org/public/localbar/index.asp 1-800-932-0311
Community Resources for Independence	Community Resources for Independence is a community based, non-residential, non-profit corporation that provides services to individuals with disabilities in order to maximize their independence and the accessibility of the communities in which they live.	http://www.crinet.org/ 1-800-530-5541 1-814-838-7222 TTY: 1-814-838-8115
North-Penn Legal Services	The mission of North-Penn Legal Services is to provide civil legal representation to low-income people and ensure equal access to justice.	http://www.northpennlegal.org/about 1-877-953-4250

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AIDS Law Project of Pennsylvania	<p>The AIDS Law Project of Pennsylvania is a nonprofit public-interest law firm providing free legal assistance to people living with HIV and AIDS and those affected by the epidemic.</p>	<p>http://www.aidslawpa.org/about-alpp/ 1-215-587-9377</p>
Kids As Self Advocates	<p>Kids As Self Advocates is a national, grassroots project created by youth with disabilities for youth. Activities include representing the voice of youth living with disabilities and chronic health conditions by speaking to policy makers at public events and hearings, educating communities, including students, teachers, administrators, medical students and physicians.</p>	<p>http://www.fvkasa.org/index.php 1-207-458-1009</p>
Pennsylvania Bar Association Lawyer Referral Service	<p>Pennsylvania Bar Association Lawyer Referral Service matches clients to a Pennsylvania lawyer in a specific area of law.</p>	<p>http://www.pabar.org/ 1-800-932-0311</p>
Office of Vocational Rehabilitation	<p>The Office of Vocational Rehabilitation provides assistance with obtaining and maintaining employment to individuals with disabilities.</p>	<p>http://www.dli.pa.gov/Pages/default.aspx 1-800-541-0721 or 1-814871-4551</p>
Special Kids Network	<p>The Special Kids Network is a statewide referral service designed to serve families of children with chronic health or disabling conditions through information and service coordination.</p>	<p>http://www.gotoskn.state.pa.us 1-800-986-4550</p>
Disability Rights Pennsylvania	<p>Disability Rights Pennsylvania has helped tens of thousands of children and adults with disabilities access special education services, obtain needed health and mental health care and gain access to employment and housing. They have also helped to stop the</p>	<p>http://disabilityrightspa.org Harrisburg: 1-800-692-7443 or 1-717-236-8110 Philadelphia: 1-215-2388070 Pittsburgh: 1-412-391-5225</p>

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	abuse, neglect and rights violations of Pennsylvanians with disabilities.	
<u>Pennsylvania Client Assistance Program</u>	This is an advocacy program for people with disabilities seeking services in employment and housing.	http://www.equalemployment.org/ 1-888-745-2357
<u>Lesbian, Gay, Bisexual, and Transgender (LGBT) National Help Center</u>	The LGBT National Help Center serves gay, lesbian, bisexual, transgender, and questioning people by providing free and confidential peer support and local resources.	http://www.youthtalkline.org/ Youth Talkline: 1-800-2467743 National Hotline: 1-888843-4564
<u>Pennsylvania Care Planning Council</u>	The Pennsylvania Care Planning Council lists companies and individual providers on this website who help families deal with the crisis and burden of long term care.	http://www.carepennsylvania.org/a2_PA_members.htm 1-800-989-8137
<u>Bradford County Intellectual Disabilities</u>	Bradford County Intellectual Disabilities offers services to those with developmental disabilities which include eligibility determination, supports coordination, family support, residential program supports, employment, and vocational rehabilitation programs, case management services and early intervention programs.	http://www.bradfordcountypa.org/index.php/humanservices/intellectualdisabilities-services 1-800-588-1828
<u>Bradford County Mental Health Services</u>	The mission of the Bradford County Offices of Mental Health is to ensure that every adult with a serious mental illness and/or addictive disease, and every child and adolescent who abuses substances, and/or has a serious	http://www.bradfordcountypa.org/index.php/humanservices/mental-healthservices 1-800-588-1828

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	emotional disturbance will have the opportunity for recovery, growth, and inclusion in their community.	
Goodwill of North Central Pennsylvania	Goodwill works to enhance the dignity and quality of life of individuals and families by strengthening communities, eliminating barriers to opportunity, and helping people in need reach their full potential through learning and the power of work.	http://www.goodwillinc.org/ 1-800-932-8270

Disability Rights and Special Needs Resources

Resource	Description	Contact Information
Pennsylvania Families Inc.	Pennsylvania Families, Inc. is the statewide family network that convenes families of children in child-serving systems, connects them to information and resources to maximize their quality of life, and collaborates to improve community supports, services, and family outcomes.	http://pafamiliesinc.org/
Social Security Administration	The Social Security Administration offers a listing of local offices and resources where individuals can apply for Social Security benefits.	https://www.socialsecurity.gov/ 1-800-772-1213
Bureau of Blindness and Visual Services	The Bureau of Blindness and Visual Services assists Pennsylvanians who are blind or visually impaired gain the skills necessary to live and work independently in their communities.	http://www.dli.pa.gov/Individuals/Disability-Services/bbvs/Pages/default.aspx 1-717-787-7500
Bureau of Autism Services	This is a department within the Department of Human Services specifically addressing the needs, issues and concerns of people with Autism Spectrum Disorders in Pennsylvania.	http://www.dhs.pa.gov/citizens/autismservices/index.htm 1-866-539-7689

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<u>Futures Rehabilitation Center, Inc.</u>	<p>The mission of Futures Rehabilitation Center, Inc. is to assist individuals become participating, contributing members of the community by offering pre-vocational services, employment training services and life skills training.</p>	<p>http://www.futuresinc.net/Default.aspx 1-814-368-4101</p>
<u>Roads to Freedom Center for Independent Living of North Central Pennsylvania</u>	<p>The mission of the Roads to Freedom Center for Independent Living of North Central Pennsylvania is to empower people with all disabilities, by providing resources, and disability related services needed to obtain individual freedom in their lives.</p>	<p>http://cilncp.org/ 1-570-327-9070 1-800-984-7492</p>
<u>Hope Enterprises, Inc.</u>	<p>Hope Enterprises, Inc. enhances the lives of people with developmental disabilities by providing them with caring supports, and responsive programs and services.</p>	<p>https://www.hopeability.org/about/about-us 1-570-326-3745</p>
<u>Partners in Progress</u>	<p>Partners in Progress provides job-skills training, supported employment, and day programs to individuals with disabilities throughout the community.</p>	<p>http://www.partnerspip.com/about-us/ 1-570-662-7026</p>
<u>Pennsylvania Association for the Blind</u>	<p>The Pennsylvania Association for the Blind provides a span of services to help Pennsylvanians' prevent, prepare for, and manage vision loss.</p>	<p>http://www.pablind.org/ 1-717-766-2020</p>
<u>National Runaway Safeline</u>	<p>The National Runaway Safeline is a toll-free, nationwide hot-line for runaways and troubled youth. It provides information and referral for shelter, counseling, medical and legal services and transportation back home.</p>	<p>https://www.1800runaway.org/ 1-800-786-2929</p>
<u>Kaleidoscope Family Solutions, Inc.</u>	<p>Kaleidoscope Family Solutions, Inc. is a Medicaid approved provider who supports individuals with intellectual and developmental disabilities.</p>	<p>http://kfamilysolutions.org/services/ 1-877-384-1729</p>
<u>Pennsylvania Elks Home Service Program</u>	<p>Since 1963, the Pennsylvania Elks Home Service Program has been helping to improve the quality of life for thousands of children and adults throughout Pennsylvania. The Pennsylvania Elks Home Service Program provides support and advocacy services to individuals of any age who have a developmental disability.</p>	<p>http://www.paelkshomeservice.org/index.php For children under 21, call the Special Kids Network helpline at 1-800-986-4550. For adults over 21, contact Program Director at 1- 814-781-7860</p>

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The Parent Education & Advocacy Leadership Center (PEAL Center)	The mission of the PEAL Center is to educate and empower families to ensure that children, youth and young adults with disabilities and special health care needs lead rich, active lives as full members of their schools and communities.	https://pealcenter.org/ 1-866-950-1040
Serve Inc.	Serve Inc. is an agency designed to meet the vocational, educational, social, emotional, and recreational needs of individuals who are not readily accepted into mainstream society in Bradford and Sullivan Counties.	http://serveincpa.org/index-2.html 1-570-265-3119

Assistive Technology

Resource	Description	Contact Information
Pennsylvania Assistive Technology Foundation	Pennsylvania Assistive Technology Foundation is a statewide, non-profit organization that helps individuals with disabilities and older Pennsylvanians acquire the assistive technology devices and services they want and need.	http://patf.us/ 1-888-744-1938
Caroline's Cart	Caroline's Cart was created for special needs individuals. It provides caregivers a viable option to transport a special needs individual through a store while shopping, without having to maneuver a wheelchair and a traditional shopping cart at the same time.	https://technibilt.com/carolines-cart/ 1-828-464-7388 See website for store locations.
Free Library of Philadelphia, Library for the Blind and Physically Handicapped	The Free Library of Philadelphia's Library for the Blind and Physically Handicapped serves Pennsylvania residents who have difficulty reading due to a physical impairment, a reading disability, or a vision challenge.	http://www.freelibrary.org/lbph/ 1-800-222-1754 1-215-683-3217

Counseling for Special Healthcare Needs

Resource	Description	Contact Information
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Early Childhood and Child Care

Resource	Description	Contact Information
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The Substance Abuse and Mental Health Services Administration	<p>This organization offers a “behavioral health treatment locator” through which the user can search for a provider by address or zip code. The agency also offers a national helpline which provides free and confidential information in English and Spanish for individuals and family members facing substance abuse and mental health issues. The hotline is available 24 hours a day, 7 days a week.</p>	<p>https://findtreatment.samhsa.gov/ 1-800-662-4357 TDD: 1-800-487-4889</p>
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Pennsylvania Department of Human Services	<p>The mission of the Pennsylvania Department of Human Services is to improve the quality of life for Pennsylvania’s individuals and families. They promote opportunities for independence through services and supports while demonstrating accountability for taxpayer resources.</p>	<p>http://www.dhs.pa.gov/ 1-800-692-7462</p>
Child Care Works Subsidized Child Care	<p>The Child Care Works Subsidized Child Care Program helps low-income families pay their child care fees. The state and federal governments fund this program, which is managed by the Child Care Information Services office located in each county.</p>	<p>http://www.dhs.pa.gov/citizens/childcareearlylearning/childcareworkssubsidizedchildcareprogram/ 1-724-847-0145 1-800-322-8504</p>
Bradford Tioga Head Start, Inc.	<p>The mission of Bradford Tioga Head Start, Inc. is to provide exceptional, educational opportunities and high quality, supportive services which empower children and families to grow and thrive.</p>	<p>http://www.bradfordtiogahs.org/ 1-800-808-5287 1-570-638-1400</p>
The Guidance Center	<p>The Guidance Center offers a wide variety of community based services including; mental health, intellectual disabilities, education and prevention services.</p>	<p>http://www.guidancecenter.net/ 1-814-362-6535</p>

Early Intervention		
Resource	Description	Contact Information
Bradford County Resources	<p>This website contains a listing of resources specific to Bradford County.</p>	<p>http://www.bradfordtiogahs.org/bradfordresource.htm</p>

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Pennsylvania Department of Education Early Intervention Program	<p>The Pennsylvania Early Intervention program provides support and services to families with children, from birth to age 5, with developmental delays and disabilities.</p>	<p>http://www.education.pa.gov/Early%20Learning/Early%20Intervention/Pages/default.aspx</p> <p>CONNECT Helpline at 1800-692-7288</p>
Pennsylvania Department of Human Services Early Intervention	<p>Early Intervention supports and services are designed to meet the developmental needs of children with a disability as well as the needs of the family related to enhancing the child’s development.</p>	<p>http://www.dhs.pa.gov/citizens/earlyinterventionservices/</p> <p>1-800-692-7288</p>
<p>CONNECT Helpline:</p>	<p>The CONNECT Helpline assists families in locating resources and providing information regarding child development for children up to age 5. In addition, CONNECT can assist parents by making a direct link to their county early intervention program or local preschool early intervention program.</p>	<p>1-800-692-7288</p>

Health Insurance		
Resource	Description	Contact Information
Pennsylvania’s Children’s Health Insurance Program (CHIP)	<p>CHIP puts health coverage within reach for all uninsured kids and teens who are not eligible for or enrolled in Medical Assistance.</p>	<p>http://www.chipcoverspkids.com/Pages/default.aspx</p> <p>1-800-986-5437</p>
<p>APPRISE</p>	<p>This free health insurance counseling program is designed to help Pennsylvanians who are 65 years of age or older with Medicare.</p>	<p>http://www.aging.pa.gov/aging-services/insurance/Pages/default.aspx</p> <p>1-800-783-7067</p>
<p>Bradford, Sullivan, Susquehanna, and Tioga Counties Area Agency on Aging, Inc.</p>	<p>This organization positively impacts the lives of adults, veterans, and the disabled, across Bradford, Sullivan, Susquehanna, and Tioga Counties by advocating and providing a network of resources that result in independence, choice, and dignity.</p>	<p>http://www.bsstaaa.org/</p> <p>1-800-982-4346</p>
<p>Medicare Part D</p>	<p>Information about the Part D prescription drug benefit available to individuals enrolled in Medicare can be found at this site.</p>	<p>https://www.medicare.gov/part-d/</p>

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HealthCare.gov	HealthCare.gov is the health insurance exchange website operated under the United States federal government under the provisions of the Patient Protection and Affordable Care Act.	https://www.healthcare.gov/ 1-800-318-2596
HealthChoices	HealthChoices provides access to quality medical care through Pennsylvania's Medicaid program, connects people who receive Medicaid benefits to mental health and drug/alcohol services, and serves people more in the community rather than in facilities.	http://www.healthypa.com/ 1-866-550-4355
Pennsylvania Department of Human Services Medical Assistance	Medical Assistance, also known as Medicaid, pays for health care services for eligible individuals.	http://www.dhs.pa.gov/citizens/healthcaremedicalassistance/index.htm 1-866-550-4355.
Presumptive Eligibility	Presumptive Eligibility provides insurance coverage for pregnant woman who have applied for Medicaid but are still under eligibility review.	http://www.dhs.pa.gov/citizens/healthcaremedicalassistance/healthybeginnings/index.htm
Pennsylvania-Health-Coverage.com	This privately-owned website is a place to compare affordable maternity health insurance options.	http://www.pennsylvaniahealthcoverage.com/maternity?sid=SEM-H-AIW-G-4Zjq7ehl&c2=32268938927&c1=c&gclid=CPWZqKS2hr4CFYtDMgodS0cATQ 1-877-536-4809
Resource Guide to Healthcare Options in Pennsylvania	The Resource Guide to Healthcare Options in PA allows extension educators and others to local programs for low-income individuals seeking access to health care services.	http://www.porh.psu.edu/project/a-resource-guideto-healthcare-options-inpennsylvania/

Housing

Resource	Description	Contact Information
Juvenile Law Center	The Juvenile Law Center seeks to advance the rights and well-being of children in jeopardy, and serves as a resource for older youth and young adults in Pennsylvania who are aging out of the foster care system.	http://jlc.org/resources/county-resourceguide/bradford 1-888-864-6393

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<u>The US Department of Housing and Urban Development (HUD)</u>	<p>HUD is a federal program that provides housing support for individuals in need such as rental programs (including Section 8) and home ownership assistance programs. HUD also provides a hotline service for individuals to report incidences of housing discrimination.</p>	<p>http://portal.hud.gov/hudportal/HUD?src=/states/pennsylvania/offices Philadelphia: 215-656-0500; Pittsburgh: 412-644-6428; 1-800-799-2085</p>
<u>PAHousingSearch.com</u>	<p>PAHousingSearch.com is a free resource to help you find a home that fits your needs and budget. Property providers can list available apartments or homes at any time, which means the listings are current.</p>	<p>http://www.pahousingsearch.com/index.html 1-877-428-8844</p>
<u>Northwest Human Services</u>	<p>Northwest Human Services provides residential living options, case/care management, and therapeutic services for individuals with disabilities.</p>	<p>http://www.nhsonline.org/services-idd.html 1-888-647-0020</p>
<u>PathStone</u>	<p>PathStone Housing Services promotes access to personal counseling and financial resources designed to stabilize living environments and support economic security.</p>	<p>http://www.pathstone.org/ 1-800-888-6770</p>
<u>Hearts for Homeless</u>	<p>Hearts for Homeless provides supportive programs to the homeless and those at risk of becoming homeless by offering job preparedness services, and advocacy services. This program also creates community awareness by educating the public about homelessness.</p>	<p>http://www.h4hstatecollege.org/about-us.html 1-814-325-9471</p>
<u>Tioga Bradford Housing & Redevelopment</u>	<p>The Tioga/Bradford County Housing Authorities and Tioga Redevelopment Authority provide and advocate for affordable housing, a safe living environment, and opportunities for people in need.</p>	<p>http://www.tbhra.org/ 1-570-638-2151</p>
<u>Community Services Group</u>	<p>Community Services Group offers comprehensive mental health, intellectual developmental disability services, and children services that</p>	<p>http://csgonline.org/aboutus/ 1-877-907-7970</p>

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	help empower and promote independence.	
Keystone Human Services	Keystone Human Services provides comprehensive community-based services for children, young people, adults, and families in the areas of intellectual disabilities, autism, mental health, early intervention, and children and family services, serving individuals and families in Pennsylvania.	http://www.keystonehumanservices.org/about-us/ 1-717-232-7509 1-888-377-6504
Catholic Social Services Housing/Shelter	Catholic Social Services of the Diocese of Scranton serves Individuals and families in poverty and hardship, by offering housing options, case management services, mental health services, and veterans assistance.	https://cssdioceseofscranton.org/content/housinghomeless/housingshelter 1-570-822-7118
Martha Lloyd Community Services	Martha Lloyd Community Services provides residential services, adult day services, vocational training, work experience, and senior services, in addition to health, recreational, exercise and dietary programs.	http://marthalloyd.org/about/# 1-570-297-2185 ext. 1268

Medicaid Waivers for Children Under 21

Resource	Description	Contact Information
Pennsylvania Department of Human Services	The mission of the Pennsylvania Department of Human Services is to improve the quality of life for Pennsylvania's individuals and families. They promote opportunities for independence through services and supports while demonstrating accountability for taxpayer resources.	http://www.dhs.pa.gov/ 1-800-692-7462
Attendant Care/Act 150	The Attendant Care/Act 150 enables individuals with a physical disability, ages 18-59, who are mentally alert to continue to live in their homes with support and services.	http://www.dhs.pa.gov/citizens/attendantcare/attendantcareact150/ Long-Term Living Helpline: 1-800-753-8827

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Community Services Program for Persons with Physical Disabilities/OBRA Waiver	<p>The OBRA Waiver provides services to people 18 or older with severe developmental and physical disabilities, such as cerebral palsy, epilepsy, or similar conditions (onset prior to age 22).</p>	<p>http://www.dhs.pa.gov/citizens/alternativestonursinghomes/obrawaiver/ Long-Term Living Helpline, 1-800-753-8827</p>
Consolidated Waiver	<p>The Pennsylvania Consolidated Waiver is designed to help individuals with an intellectual disability, autism, or developmental disability to live more independently in their homes and communities and to provide a variety of services that promote community living, including self-directed service models and traditional, agency-based service models.</p>	<p>http://www.dhs.pa.gov/learnaboutdhs/waiverinformation/consolidatedwaiverforindividualswithintellectualdisabilities/S_000989</p>
Person/Family Directed Support Waiver	<p>The Pennsylvania Person/Family Directed Support Waiver is designed to help individuals with an intellectual disability, autism, or developmental disability to live more independently in their homes and communities and to provide a variety of services that promote community living, including self-directed service models and traditional, agency-based service models.</p>	<p>http://www.dhs.pa.gov/learnaboutdhs/waiverinformation/personfamilydirectedsupportwaiver/index.htm</p>
Independence Waiver	<p>The Independence Waiver may be able to help adults with a severe physical disability live or remain in the community and as independent as possible.</p>	<p>http://www.dhs.pa.gov/citizens/alternativestonursinghomes/independencewaiver/ 1-717-787-8091</p>
Infant, Toddlers, and Families Waiver	<p>The Infants, Toddlers, and Families Waiver provides services to children from birth to age three who need early intervention services and would otherwise require the level of care provided in an Intermediate Care Facility for Persons with Intellectual Disabilities or Other Related Conditions.</p>	<p>http://dhs.pa.gov/learnaboutdhs/waiverinformation/infanttoddlersandfamilieswaiver/index.htm 1-717-346-1119</p>

Respite Care

Respite is planned or emergency care provided to a child or adult with special needs to provide temporary relief to family caregivers who are caring for that child or adult.

Resource	Description	Contact Information
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ARCH National Respite Network and Resource Center-A Consumer Guide For Family Caregivers	<p>The mission of the ARCH National Respite Network and Resource Center is to assist and promote the development of quality respite and crisis care programs in the United States; to help families locate respite and crisis care services in their communities; and to serve as a strong voice for respite in all forums.</p>	https://archrespite.org/consumer-information 1-919-490-5577
The Arc of Pennsylvania	<p>The Arc promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.</p>	http://www.thearc.org/Page.aspx?&pid=327

Special Education		
Resource	Description	Contact Information
Pennsylvania Bureau of Special Education Consult Line	<p>The ConsultLine is designed to assist parents and advocates of children with disabilities or children thought to be disabled. If you have any questions concerning your child's special education program or the laws relating to the provision of services in your child's Individualized Educational Program, the special education specialists at ConsultLine may be able to assist you.</p>	http://www.education.pa.gov/K-12/Special%20Education/Pages/Special-Education-inPA---Consult-Line.aspx 1-800-879-2301
Pennsylvania Association of Intermediate Units	<p>Intermediate units in Pennsylvania are part of the governance structure of public education and promote educational collaboration between state education agencies and the local school districts. They provide specialized services to local school districts that can be operated more effectively and efficiently on a regional basis.</p>	https://www.iu17.org/whoware/ 1-800-982-3375

Support Groups		
Resource	Description	Contact Information

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Pennsylvania Families Inc.	Pennsylvania Families, Inc. is the statewide family network that convenes families of children in child-serving systems, connects them to information and resources to maximize their quality of life, and collaborates to improve community supports, services, and family outcomes.	http://pafamiliesinc.org/ 1-800-947-4941
Parent to Parent of Pennsylvania	In Pennsylvania, the “Parent to Parent model” is a one-to-one match between an experienced, mentor parent, called a peer support parent, and a parent seeking individualized support from another parent who has been there.	http://www.parenttoparent.org/ 1-888-727-2706
The Parent Education & Advocacy Leadership Center (PEAL Center)	The mission of the PEAL Center is to educate and empower families to ensure that children, youth and young adults with disabilities and special health care needs lead rich, active lives as full members of their schools and communities.	https://pealcenter.org/ 1-866-950-1040
Sight Loss Support Group	The Sight Loss Support Group offers a supportive atmosphere where individuals can adjust to loss of vision, learn what resources are available for assistance and develop strategies to regain independence.	http://www.sls.org/ 1-814-238- 0132

The Healthy Baby Information Helpline 1-800-986-2229

Baby Supplies

Resource	Description	Contact Information
The Endless Mountains Pregnancy Care Center	The Endless Mountains Pregnancy Care Center provides free and confidential emotional, spiritual, and physical support to individuals involved in pregnancy.	https://www.empccfree.com/ 1-570-721-2936

Breastfeeding

Resource	Description	Contact Information
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Pennsylvania Breastfeeding Referral Guide	<p>The Pennsylvania Breastfeeding Referral Guide contains county-specific individuals and organizations that can provide breastfeeding awareness, support, and assistance. It includes information on lactation specialists, community programs, support/mother groups, community coalitions, breast pump rentals and retail purchases, and local, state, and national help lines.</p>	<p>http://www.health.pa.gov/My%20Health/Womens%20Health/Breastfeeding%20Awareness/Documents/PA%20Bfg%20Referral%20Guide%20Rev%20Aug%202017.pdf 717-346-3000</p>
Womenshealth.gov	<p>The mission of Womenshealth.gov is to provide national leadership and coordination to improve the health of women and girls through policy, education, and model programs. Specific to breastfeeding, the website provides information and support to help women breastfeed successfully.</p>	<p>http://www.womenshealth.gov/breastfeeding/common-challenges/index.html 1-800-994-9662</p>
Women, Infants and Children (WIC)	<p>WIC has improved the nutrition and health of families in Pennsylvania since 1974 by providing nutrition services, breastfeeding support, healthy foods and health care and social service referrals.</p>	<p>http://pawic.com/ (1-800-WIC-WINS) 1-800-942-9467</p>

Car Seat Safety		
Resource	Description	Contact Information
PA Child Passenger Protection Act	<p>The PA Child Passenger Protection Act requires that all drivers transporting children up to age 4 use an approved child safety seat. Children ages 4 to 8 must wear a seat belt and be in a booster seat. Children with medical conditions or disabilities may require special considerations or adaptations for transportation safety.</p>	<p>http://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=3&cad=rja&uact=8&ved=0ahUKEwiopbvom47WAhUCyoMKHUhVAalQFggwMAI&url=http%3A%2F%2Fwww.pakidstravelsafe.org%2Fnewsevents%2Fnews%2Fitem%2Fdownload%2F369_a828d49458bafd9461e78fc6b5cde1b6&usg=AFQjCNHc3MeVHe-zqjddenQJFN0cljX5rg</p>

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<u>The Pennsylvania Traffic Injury Prevention Project</u>	<p>Materials available through the Pennsylvania Traffic Injury Prevention Project cover a range of traffic safety areas. These areas include: child passenger safety, seat belt safety, air bag safety, school bus safety, transporting special needs children, pedestrian safety, bicycle safety, and youth driving safety and awareness.</p>	<p>http://pakidstravelsafe.org/ 1- 800-CAR-BELT (227-2358)</p>
<u>Car Seat Loan Program by County</u>	<p>Active Car Seat Loan Programs allows individuals to search programs by county.</p>	<p>http://www.pakidstravelsafe.org/resources/car-seatloan-programs?view=Profiles&layout=search</p>
<u>National Highway Safety Transportation Administration</u>	<p>This group works to prevent injuries and fatalities for all road users-including children, teens, older drivers, bicyclists, pedestrians, and drivers with disabilities. The administration makes available information and resources to keep individuals safe in and around cars and on the road.</p>	<p>http://www.nhtsa.gov/</p>
<u>National Easter Seal Society</u>	<p>Easter Seals Western and Central Pennsylvania provides programs and services to ensure that people with disabilities or other special needs and their families have equal opportunities to live, learn, work, and play in their communities.</p> <p>Referrals and Information about car seats can be found on this site.</p>	<p>http://www.easterseals.com/ 1-800-221-6827</p>
<u>The American Academy of Pediatrics</u>	<p>The American Academy of Pediatrics is dedicated to the health of all children. Referrals and Information about car seats can be found on this website.</p>	<p>https://search.aap.org/find?source=aap.org&k=car%20seats 1-800-433-9016</p>

Counseling		
Resource	Description	Contact Information

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Tender Care Pregnancy Consultation Services	<p>Tender Care addresses questions about reproductive health and assists women in finding appropriate medical help. All services are provided without cost in a safe, and confidential environment.</p>	<p>https://tendercare.org/ Gettysburg: 1-717-334-8613 Hanover: 1-717-633-1200 Westminster: 1-410-848-8289</p>
text4baby	<p>Free text messages are sent to help keep you and your baby healthy throughout your pregnancy and the baby's first year.</p>	<p>Registration is free. https://text4baby.org/.</p>

Medical Assistance		
Resource	Description	Contact Information
Pennsylvania Department of Human Services (DHS) Benefits Helpline	<p>The Human Services Benefits Helpline services inquiries about public assistance programs in Pennsylvania, including (but not limited to) cash assistance, food stamps, Medicaid eligibility, and energy assistance (LIHEAP).</p>	<p>1-800-692-7462</p>
Pennsylvania Department of Human Services County Assistance Office Contact Information	<p>Pennsylvanians can seek assistance and a range of services for themselves and their families from professionally trained staff members at county assistance offices.</p>	<p>http://www.dhs.pa.gov/citizens/findfacilsandlocs/coun tyassistanceofficecontactinformation/ Toll Free: 1-800-542-3938 or 1-570-265-9186</p>
COMPASS	<p>COMPASS is an online application for Pennsylvanians to apply for many health and human service programs.</p>	<p>www.compass.state.pa.us</p>
PennsylvaniaHealthOptions.com	<p>This resource will help to compare insurance carriers online.</p>	<p>http://www.pahealthoptions.com/ 1-877-881-6388</p>

Lead Health Information for Parents, Homeowners, Contractors, and Health Care Professionals		
Resource	Description	Contact Information

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Lead Poisoning	<p>Lead can do great harm, especially to young children. The leading cause of lead poisoning is lead dust from lead-based paint which was used in many homes until 1978. Young children are exposed to lead dust in older homes through normal everyday activities such as crawling on the floor and putting their hands, toys or other objects in their mouths. Lead can also be found in bare soil, some imported spices, home remedies and cosmetics. Go to MY HEALTH, INFANT AND CHILDREN, Lead Poisoning Prevention and Control, LEAD POISONING.</p>	<p>http://www.health.pa.gov/ 1-800-440-LEAD (5323)</p>
Elevated Lead Blood Level Case Management Guidelines	<p>The Centers for Disease Control and Prevention’s recommendations from the Advisory Committee on Childhood Lead Poisoning Prevention.</p>	<p>https://www.cdc.gov/nceh/lead/CaseManagement/casemanage_main.htm</p>
Environmental Protection Agency, Lead	<p>The mission of the Environmental Protection Agency is to protect human health and the environment. Provides many useful links for families.</p>	<p>http://www2.epa.gov/lead 1-800- 424-5323</p>
Pennsylvania Safe and Healthy Homes Program	<p>The Pennsylvania Safe and Healthy Homes Program seeks to provide education and interventions to promote healthy homes and prevent problems and injuries. When hazards are present in a home, they can have a profound effect upon the health of the occupants, particularly those most vulnerable such as children.</p>	<p>http://www.health.pa.gov/My%20Health/Infant%20and%20Childrens%20Health/Lead%20Poisoning%20Prevention%20and%20Control/Pages/Safe-and-HealthyHomes-Program.aspx 1-717-772-2762</p>

Lead Information for Families, Contractors, and Property Managers

Resource	Description	Contact Information
Pennsylvania Department of Labor and Industry	<p>The Pennsylvania Department of Labor and Industry lists accredited trainers and certified contracting firms.</p>	<p>http://www.dli.pa.gov/Pages/search.aspx?searchBox=accredited%20trainers%20and%20contractors</p>
Occupational Safety and Health Administration (OSHA)	<p>For information about regulations regarding work on facilities which are non-residential, contractors should contact the appropriate OSHA Pennsylvania area office.</p>	<p>https://www.osha.gov/ 1-800-321-6742</p>

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<p>Housing and Urban Development (HUD) – Lead Disclosure Rule</p>	<p>This resource, for landlords and sellers, is based on the Residential Lead-Based Paint Hazard Reduction Act of 1992, also known as Title X and is intended to protect families from exposure to lead from paint, dust, and soil. Landlords and sellers are required to disclose known information on lead-based paint and lead-based paint hazards before the sale or lease of most housing built before 1978. If you did not receive the Disclosure of Information on Lead-Based Paint and/or Lead-Based Paint Hazards form when you bought or leased pre-1978 housing, contact 1-800-424-LEAD (5323).</p>	<p>http://portal.hud.gov/hudportal/HUD?src=/program_offices/healthy_homes/enforcement/disclosure 1-800-424-LEAD (5323)</p>
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Individuals with Traumatic Brain Injury and Their Families		
Resource	Description	Contact Information
<p>Brain Injury Association of Pennsylvania</p>	<p>The mission of the Brain Injury Association of Pennsylvania is to foster a community of education, advocacy, support, and research to maximize the quality of life for those with brain injuries and their families.</p>	<p>http://www.biapa.org/site/c.iuLZJbMMKrH/b.1760731/k.BD3E/Home.htm 1-800-444-6443</p>
<p>Brain Injury Help Line</p>	<p>To learn more about services available for individuals with brain injury and their families, please contact the toll-free Brain Injury Help Line.</p>	<p>1-866-412-4755</p>
<p>Independent Enrollment Broker</p>	<p>Office of Long-Term Living launched the PA Independent Enrollment Broker, a contracted statewide entity, to facilitate and streamline the eligibility/enrollment process for applicants seeking services for several PA waivers/programs.</p>	<p>1-788-550-4227</p>
<p>Community Services Program for Persons with Physical Disabilities/OBRA Waiver</p>	<p>The OBRA Waiver Provides services to people 18 or older with severe developmental and physical disabilities, such as cerebral palsy, epilepsy, or similar conditions (onset prior to age 22).</p>	<p>http://www.dhs.pa.gov/citizens/alternativestonursinghomes/obrawaiver/ Long-Term Living Helpline, 1-800-753-8827</p>
<p>Acquired Brain Injury Network of Pennsylvania</p>	<p>The Acquired Brain Injury Network of Pennsylvania is a nonprofit organization of brain injury survivors, family members, and friends dedicated to increasing public awareness about acquired brain injury, and to providing support, education, information, advocacy, and other services for individuals with acquired brain injury and their families.</p>	<p>http://www.abin-pa.org/ 1-888-308-3848</p>

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Brainline.org	BrainLine is a national multimedia project offering information and resources about preventing, treating, and living with traumatic brain injury.	http://www.brainline.org/ 1-703-998-2020
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Immunizations/Vaccinations		
Resource	Description	Contact Information
Pennsylvania Vaccines for Children Program	The Pennsylvania Vaccines for Children program is a federally funded program that provides vaccines at no cost to children who might not otherwise be vaccinated because of inability to pay. CDC purchases vaccines at a discount and distributes the vaccine to grantees - i.e., state health departments and certain local and territorial public health agencies - which in turn distribute the vaccine at no charge to those private physicians' offices and public health clinics enrolled as program providers. Children who are eligible for these vaccines are entitled to receive vaccines recommended by the Advisory Committee on Immunization Practices.	www.health.pa.gov Go to My Health, Immunizations, Vaccines for Children 1-717-787-5681
Pennsylvania Department of Health, Health Services Locator	The Health Services Locator is available to assist in finding Pennsylvania healthcare facilities within your county or region.	http://www.health.pa.gov/ Go to Healthcare Facilities, Laws and Regulations, Outpatient Facilities, Health Care Facility Locator
Pennsylvania Association of Community Health Centers	As the state primary care association, the Pennsylvania Association of Community Health Centers represents and supports the largest network of primary health care providers in the commonwealth.	http://www.pachc.org/About-PACHC 1-866-944-2273

Legal Advocacy for the Disabled in Pennsylvania

Transportation Assistance for the Disabled

Resource	Description	Contact Information
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Resource	Description	Contact Information
Pennsylvania Health Law Project (PHLP)	Pennsylvania Health Law Project offers free legal advice to low-income people with insurance problems. The project also helps people who do not have health insurance.	http://www.phlp.org/ 1-800-274-3258
Pennsylvania Office of Victim Advocate-Locate a Victim Service Agency	The Pennsylvania Office of Victim Advocate is dedicated to representing, protecting and advancing the individual and collective rights and interests of crime victims.	http://www.ova.pa.gov/Services/Resources/LocateaVictimServiceAgency/Pages/default.aspx 1-800-563-6399
Pennsylvania Department of Human Services Medical Assistance Transportation Program	The Medical Assistance Transportation Program provides transportation to medical appointments for Medical Assistance recipients who do not have transportation available to them. The individual's county of residence will provide the type of transportation that is the least expensive while still meeting their needs.	http://matp.pa.gov/ 1-800-632-9063

Vocational Rehabilitation Assistance and Job Training for the Disabled

Resource	Description	Contact Information
Pennsylvania Department of Labor & Industry Vocational Rehabilitation Services Website	The Pennsylvania Office of Vocational Rehabilitation, or OVR, provides vocational rehabilitation services to help persons with disabilities prepare for, obtain, or maintain employment. OVR provides services to eligible individuals with disabilities, both directly and through a network of approved vendors. Services are provided on an individualized basis.	http://www.dli.pa.gov/individuals/disabilityservices/ovr/pages/default.aspx
Office of Vocational Rehabilitation Office Directory	The Office of Vocational Rehabilitation Office Directory will help you find a local vocational rehabilitation office.	http://www.dli.pa.gov/Individuals/Disability-Services/ovr/Pages/OVR-Office-Directory.aspx

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<u>United States Department of Labor Disability Resources</u>	Several U.S. Department of Labor agencies assist people with disabilities in seeking meaningful work and succeeding once on the job. The department also advises employers on effective strategies for recruiting and retaining qualified people with disabilities.	<u>https://www.dol.gov/general/topic/disability</u> 1-866-487-2365
<u>Brain Injury Association Transportation Resource List</u>	The Brain Injury Association Transportation Resource list offers a variety of transportation resources.	<u>http://www.biapa.org/site/c.iuLZJbMMKrH/b.1841193/k.A621/Transportation.htm</u>