

## Blair County Resource Guide

<b>Advocacy for Special Healthcare Needs</b>		
<b>Resource</b>	<b>Description</b>	<b>Contact Information</b>
<a href="#"><u>The Arc of Pennsylvania</u></a>	The Arc of Blair County's mission is to improve the quality of life for individuals with developmental disabilities and their families through advocacy, education, support and socialization.	<a href="http://www.thearcblair.org/">http://www.thearcblair.org/</a> 1-814-946-1011
<a href="#"><u>Blair County Community Action Agency</u></a>	The role of the Blair County Community Action Agency is to encourage Pennsylvania residents to develop their talents to better themselves, their family and their community in addition to addressing the causes and conditions of poverty in Blair County.	<a href="http://www.blaircap.org/index.php">http://www.blaircap.org/index.php</a> 1-814-946-3651 1-800-238-9763
<a href="#"><u>Juvenile Law Center</u></a>	The Juvenile Law Center seeks to advance the rights and well-being of children in jeopardy, and serves as a resource for older youth and young adults in Pennsylvania who are aging out of the foster care system.	<a href="http://jlc.org/resources/county-resource-guide/blair">http://jlc.org/resources/county-resource-guide/blair</a> 1-888-864-6393
<a href="#"><u>Pennsylvania Bar Association Lawyer Referral Service</u></a>	Pennsylvania Bar Association Lawyer Referral Service matches clients to a Pennsylvania lawyer in a specific area of law.	<a href="http://www.pabar.org/public/localbar/index.asp">http://www.pabar.org/public/localbar/index.asp</a> 1-800-932-0311
<a href="#"><u>Blair County Assistance Office</u></a>	Pennsylvanians can seek assistance and services for themselves and their families from professionally trained staff members at county assistance offices.	<a href="http://www.dhs.pa.gov/citizens/findfacilsandlocs/countyassistanceofficecontactinformation/">http://www.dhs.pa.gov/citizens/findfacilsandlocs/countyassistanceofficecontactinformation/</a> Toll Free: 1-866-812-3341
<a href="#"><u>Office of Vocational Rehabilitation</u></a>	The Office of Vocational Rehabilitation provides assistance with obtaining and maintaining employment to individuals with disabilities.	<a href="http://www.dli.pa.gov/individuals/disabilityservices/ovr/pages/OVRoffice-directory.aspx">http://www.dli.pa.gov/individuals/disabilityservices/ovr/pages/OVRoffice-directory.aspx</a> 1-866-695-7673 TTY: 1-866-320-7956

## Blair County Resource Guide

<a href="#"><u>Special Kids Network</u></a>	<p>The Special Kids Network is a statewide referral service designed to serve families of children with chronic health or disabling conditions through information and service coordination.</p>	<p><a href="http://www.gotoskn.state.pa.us"><u>www.gotoskn.state.pa.us</u></a> 1-800-986-4550</p>
<a href="#"><u>Disability Rights Pennsylvania</u></a>	<p>Disability Rights Pennsylvania has helped tens of thousands of children and adults with disabilities access special education services, obtain needed health and mental health care and gain access to employment and housing. They have also helped to stop the abuse, neglect and rights violations of Pennsylvanians with disabilities.</p>	<p><a href="http://disabilityrightspa.org"><u>http://disabilityrightspa.org</u></a> Harrisburg: 1-800-692-7443 or 1-717-236-8110; Philadelphia: 1-215-238-8070; Pittsburgh: 1-412-391-5225</p>
<a href="#"><u>Lesbian Gay Bisexual Transgender (LGBT) National Help Center</u></a>	<p>The LGBT National Help Center serves gay, lesbian, bisexual, transgender and questioning people by providing free and confidential peer support and local resources.</p>	<p><a href="http://www.youthtalkline.org/"><u>http://www.youthtalkline.org/</u></a> Youth Talkline: 1-800-2467743 National Hotline: 1-888843-4564</p>
<a href="#"><u>Center for Community Action (CCA)</u></a>	<p>CCA offers many programs such as housing rehabilitation and modification programs, the Medical Assistance Transportation Program, Child Care Information Services, Homeless Assistance Program, Emergency Food and Shelter Program, transitional housing, emergency housing, senior housing, family and financial literacy and General Equivalency Diploma services, the Emergency Food Assistance Program, case management, and employment services.</p>	<p><a href="http://centerforcommunityaction.org/"><u>http://centerforcommunityaction.org/</u></a> 1-814-623-9129 1-800-323-9997</p>
<a href="#"><u>United States Department of Labor Disability Resources</u></a>	<p>These resources are available to help foster, promote and develop the welfare of the wage earners, job seekers and retirees of the United States; improve working conditions; advance opportunities for profitable employment; and assure work-related benefits and rights.</p>	<p><a href="https://www.disability.gov/"><u>https://www.disability.gov/</u></a> 1-866-487-2365 1-866-4-USA-DOL</p>

## Blair County Resource Guide

<a href="#">Pennsylvania Client Assistance Program (CAP)</a>	<p>CAP is an advocacy program for people with disabilities seeking services in employment and housing.</p>	<p><a href="http://www.equalemployment.org/">http://www.equalemployment.org/</a> 1-888-745-2357 TTY 1-215-557-7112</p>
<a href="#">Pennsylvania Office of Victim Advocate-Local Victim Service Agency</a>	<p>The Pennsylvania Office of Victim Advocate is dedicated to representing, protecting and advancing the individual and collective rights and interests of crime victims.</p>	<p><a href="http://www.ova.pa.gov/Services/Resources/LocalVictimServiceAgency/Pages/default.aspx">http://www.ova.pa.gov/Services/Resources/LocalVictimServiceAgency/Pages/default.aspx</a> 1-800-563-6399</p>

### Disability Rights and Special Needs Resources

Resource	Description	Contact Information
<a href="#">Pennsylvania Families, Inc.</a>	<p>Pennsylvania Families, Inc. is the statewide family network that convenes families of children in child-serving systems, connects them to information and resources to maximize their quality of life, and collaborates to improve community supports, services and family outcomes.</p>	<p><a href="http://pafamiliesinc.org/">http://pafamiliesinc.org/</a></p>
<a href="#">Social Security Administration</a>	<p>The Social Security Administration offers a listing of local offices and resources where individuals can apply for Social Security benefits.</p>	<p><a href="https://www.socialsecurity.gov/">https://www.socialsecurity.gov/</a> 1-800-772-1213</p>
<a href="#">Bureau of Autism Services (BAS)</a>	<p>BAS is a department within the Department of Human Services specifically addressing the needs, issues and concerns of people with autism spectrum disorders in Pennsylvania.</p>	<p><a href="http://www.dhs.pa.gov/citizens/autismservices/index.htm">http://www.dhs.pa.gov/citizens/autismservices/index.htm</a> 1-866-539-7689</p>
<a href="#">Blair County, Pennsylvania Department of Social Services</a>	<p>Blair County, Pennsylvania Department of Social Services assists persons with mental illness, intellectual disabilities and other human service needs use their strengths and abilities to contribute to family and community.</p>	<p><a href="http://dbhs.co/">http://dbhs.co/</a> 1-814- 693-3023</p>
<a href="#">Northwest Human Services</a>	<p>The Northwest Human Services is a provider of education and human services to individuals with special needs.</p>	<p><a href="http://www.nhsonline.org/">http://www.nhsonline.org/</a> 1-888-647-0020</p>

## Blair County Resource Guide

<a href="http://www.goodwill.org/fi">Goodwill Industries International, Inc.</a>	<p>Goodwill works to enhance the dignity and quality of life of individuals and families by strengthening communities, eliminating barriers to opportunity, and helping people in need reach their full potential through learning and the power of work.</p>	<p><a href="http://www.goodwill.org/fi">http://www.goodwill.org/fi</a>  <a href="http://www.goodwill.org/fi">nd-jobs-and-services/</a>                      (Refer to website for local sites and phone numbers.)</p>
<a href="http://www.lifesteps.net/index.jsp">Lifesteps, Inc.</a>	<p>Lifesteps helps individuals and families with life's changing needs by developing programs and providing services which will improve their quality of life.</p>	<p><a href="http://www.lifesteps.net/index.jsp">http://www.lifesteps.net/index.jsp</a>                      1-800-225-2010</p>
<a href="http://www.ahedd.org/">AHEDD, Inc.</a>	<p>The mission of AHEDD is to serve the community as a catalyst in the employment and development of people with disabilities.</p>	<p><a href="http://www.ahedd.org/">http://www.ahedd.org/</a>                      1-866-902-4333</p>
<a href="http://www.pablind.org/">Pennsylvania Association for the Blind</a>	<p>The Pennsylvania Association for the Blind provides a span of services to help Pennsylvanians prevent, prepare for and manage vision loss.</p>	<p><a href="http://www.pablind.org/">http://www.pablind.org/</a>                      1-717-766-2020</p>
<a href="https://www.1800runaway.org/">National Runaway Safeline</a>	<p>The National Runaway Safeline is a toll-free, nationwide hot-line for runaways and troubled youth. It provides information and referral for shelter, counseling, medical and legal services, and transportation back home.</p>	<p><a href="https://www.1800runaway.org/">https://www.1800runaway.org/</a>                      1-800-786-2929</p>
<a href="http://kfamilysolutions.org/services/">Kaleidoscope Family Solutions, Inc.</a>	<p>Kaleidoscope Family Solutions, Inc. is a Medicaid approved provider who supports individuals with intellectual and developmental disabilities.</p>	<p><a href="http://kfamilysolutions.org/services/">http://kfamilysolutions.org/services/</a>                      1-877-384-1729</p>
<a href="http://www.fvkasa.org/index.php">Kids As Self Advocates (KASA)</a>	<p>Kids As Self Advocates (KASA) is a national, grassroots project created by youth with disabilities for youth. KASA activities include representing the voice of youth living with disabilities and chronic health conditions by speaking to policy makers at public events and hearings, and educating communities, including students, teachers and administrators, medical students and physicians.</p>	<p><a href="http://www.fvkasa.org/index.php">http://www.fvkasa.org/index.php</a>                      1-207-458-1009</p>
<a href="http://www.paelkshomeservice.org/index.php">Pennsylvania Elks Home Service Program</a>	<p>Since 1963, the Pennsylvania Elks Home Service Program has been helping to improve the quality of life for thousands of children and adults throughout Pennsylvania. The PA Elks Home Service Program provides support and advocacy services to individuals of any age who have a developmental disability.</p>	<p><a href="http://www.paelkshomeservice.org/index.php">http://www.paelkshomeservice.org/index.php</a>                      For children under 21, call the Special Kids Network helpline at 1-800-986-4550.                      For adults over 21, contact the Program Director at 1- 814-781-7860</p>

## Blair County Resource Guide

<a href="#"><u>The Parent Education &amp; Advocacy Leadership Center (PEAL Center)</u></a>	<p>The mission of the PEAL Center is to educate and empower families to ensure that children, youth, and young adults with disabilities and special health care needs lead rich, active lives as full members of their schools and communities.</p>	<p><a href="https://pealcenter.org/">https://pealcenter.org/</a> 1-866-950-1040</p>
<a href="#"><u>Pennsylvania Care Planning Council</u></a>	<p>The Pennsylvania Care Planning Council (PaCPC) lists companies and individual providers on this website who help families deal with the crisis and burden of long term care.</p>	<p><a href="http://www.carepennsylvania.org/a2_PA_members.htm">http://www.carepennsylvania.org/a2_PA_members.htm</a> 1-800-989-8137</p>

Assistive Technology		
Resource	Description	Contact Information
<a href="#"><u>Pennsylvania Assistive Technology Foundation</u></a>	<p>Pennsylvania Assistive Technology Foundation is a statewide, non-profit organization that helps individuals with disabilities and older Pennsylvanians acquire the assistive technology devices and services they want and need.</p>	<p><a href="http://patf.us/">http://patf.us/</a> 1-888-744-1938</p>
<a href="#"><u>CAROLINE'S CART</u></a>	<p>Caroline's Cart was created for special needs individuals. It provides caregivers a viable option to transport a special needs individual through a store while shopping, without having to maneuver a wheelchair and a traditional shopping cart at the same time.</p>	<p><a href="https://technibilt.com/carolines-cart/">https://technibilt.com/carolines-cart/</a> 1-828-464-7388</p>
<a href="#"><u>Free Library of Philadelphia, Library for the Blind and Physically Handicapped</u></a>	<p>The Free Library of Philadelphia's Library for the Blind and Physically Handicapped, as part of the National Library Service for the Blind and Physically Handicapped, Library of Congress serves Pennsylvania residents who have difficulty reading due to a physical impairment, a reading disability, or a vision challenge.</p>	<p><a href="http://www.freelibrary.org/lbph/">http://www.freelibrary.org/lbph/</a> 1-800-222-1754 1-215-683-3217</p>

Counseling for Special Healthcare Needs		
Resource	Description	Contact Information
<a href="#"><u>Alternative Community Resource Program (ACRP)</u></a>	<p>ACRP offers educational services, mental and behavioral health services, and community and recreational services throughout Cambria, Somerset, Bedford and Blair counties.</p>	<p><a href="http://acrpkids.org/">http://acrpkids.org/</a></p>

## Blair County Resource Guide

<a href="#">The Substance Abuse and Mental Health Services Administration (SAMHSA)</a>	<p>SAMHSA offers a behavioral health treatment locator through which the user can search for a provider by address or zip code. The agency also offers a National Helpline which provides free and confidential information in English and Spanish for individuals and family members facing substance abuse and mental health issues. The hotline is available 24 hours a day, 7 days a week.</p>	<p><a href="https://findtreatment.samhsa.gov/">https://findtreatment.samhsa.gov/</a> 1-800-662-4357 TDD:1-800-487-4889</p>
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### Early Childhood and Child Care

Resource	Description	Contact Information
<a href="#">Pennsylvania Department of Human Services</a>	<p>The mission of the Pennsylvania Department of Human Services is to improve the quality of life for Pennsylvania's individuals and families. They promote opportunities for independence through services and supports while demonstrating accountability for taxpayer resources.</p>	<p><a href="http://www.dhs.pa.gov/">http://www.dhs.pa.gov/</a> 1-800-692-7462</p>
<a href="#">Child Care Works Subsidized Child Care</a>	<p>The Child Care Works Subsidized Child Care program helps low-income families pay their child care fees. The state and federal governments fund this program, which is managed by the <a href="#">Child Care Information Services</a> office located in each county.</p>	<p><a href="http://www.dhs.pa.gov/citizens/childcareearlylearning/childcareworkssubsidizedchildcareprogram/">http://www.dhs.pa.gov/citizens/childcareearlylearning/childcareworkssubsidizedchildcareprogram/</a> 1-724-847-0145 1-800-322-8504</p>
<a href="#">Blair County Head Start</a>	<p>Blair County Head Start offers a caring and positive atmosphere in a safe and supportive classroom environment for children to learn new skills necessary for success in school and beyond. The program provides services to children and their families by providing support and opportunities for growth.</p>	<p><a href="http://www.cabc-bchs.org/">http://www.cabc-bchs.org/</a> 814-946-5247 866-946-2247</p>

### Early Intervention

Resource	Description	Contact Information
<a href="#">Pennsylvania Department of Education Early Intervention Program</a>	<p>The Pennsylvania Early Intervention program provides support and services to families with children, from birth to age five, with developmental delays and disabilities.</p>	<p><a href="http://www.education.pa.gov">www.education.pa.gov</a> : select EARLY Learning. CONNECT Helpline at 1800-692-7288</p>

## Blair County Resource Guide

<a href="#"><u>CONNECT Helpline:</u></a>	The CONNECT Helpline assists families in locating resources and providing information regarding child development for children up to age 5. In addition, CONNECT can assist parents by making a direct link to their county early intervention program or local preschool early intervention program.	1-800-692-7288
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Health Insurance		
Resource	Description	Contact Information
<a href="#"><u>Pennsylvania's Children's Health Insurance Program (CHIP)</u></a>	CHIP provides health insurance to uninsured children and teens who are not eligible for or enrolled in Medical Assistance.	<a href="http://www.chipcoverspakids.com/Pages/default.aspx"><u>http://www.chipcoverspakids.com/Pages/default.aspx</u></a>
<a href="#"><u>COMPASS</u></a>	COMPASS is an online application for Pennsylvanians to apply for many health and human service programs.	<a href="http://www.compass.state.pa.us"><u>www.compass.state.pa.us</u></a>

<a href="#"><u>APPRISE</u></a>	Pennsylvania offers a free health insurance counseling program (APPRISE) designed to help older Pennsylvanians, 65 or above, with Medicare.	<a href="http://www.aging.pa.gov/aging-services/insurance/Pages/default.aspx"><u>http://www.aging.pa.gov/aging-services/insurance/Pages/default.aspx</u></a>  1-800-783-7067
<a href="#"><u>Blair Senior Services INC. Area Agency on Aging</u></a>	In addition to meeting the needs of older adults, Blair Senior Services, Inc. serves eligible residents of all ages through diverse programming and contracts that help provide transportation, housing, assessments, and volunteering.	<a href="http://www.hbfaaa.org/"><u>http://www.hbfaaa.org/</u></a>  1-814-946-1235 1-800-245-3282
<a href="#"><u>Medicare Part D</u></a>	Information about the Part D prescription drug benefit available to individuals enrolled in Medicare can be found at this site.	<a href="https://www.medicare.gov/part-d/"><u>https://www.medicare.gov/part-d/</u></a>
<a href="#"><u>HealthCare.gov</u></a>	HealthCare.gov is the insurance exchange website operated under the United States federal government under the provisions of the Patient Protection and Affordable Care Act .	<a href="https://www.healthcare.gov/"><u>https://www.healthcare.gov/</u></a>  1-800-318-2596
<a href="#"><u>HealthChoices</u></a>	HealthChoices provides access to quality medical care through Pennsylvania's Medicaid program, connects people who receive Medicaid benefits to mental health and drug/alcohol services, and serves more people in the community rather than in facilities.	<a href="http://www.healthypa.com/"><u>http://www.healthypa.com/</u></a>  1-866-550-4355

## Blair County Resource Guide

<a href="#">Pennsylvania Department of Human Services Medical Assistance (MA)</a>	<p>Medical Assistance, also known as Medicaid, and sometimes referred to as MA, pays for health care services for eligible individuals.</p>	<p><a href="http://www.dhs.pa.gov/citizens/healthcaremedicalassistance/index.htm">http://www.dhs.pa.gov/citizens/healthcaremedicalassistance/index.htm</a> 1-866-550-4355.</p>
<a href="#">Presumptive Eligibility</a>	<p>Presumptive Eligibility provides insurance coverage for pregnant woman who have applied for Medicaid but are still under eligibility review.</p>	<p><a href="http://www.dhs.pa.gov/citizens/healthcaremedicalassistance/healthybeginnings/index.htm">http://www.dhs.pa.gov/citizens/healthcaremedicalassistance/healthybeginnings/index.htm</a></p>
<a href="#">Pennsylvania-Health-Coverage.com</a>	<p>This privately-owned website is a place to compare affordable maternity health insurance options.</p>	<p><a href="http://www.pennsylvaniahealthcoverage.com/maternity?sid=SEM-H-AIW-G-4Zjq7ehl&amp;c2=32268938927&amp;c1=c&amp;gclid=CPWZqKS2hr4CFYtDMgodS0cATQ">http://www.pennsylvaniahealthcoverage.com/maternity?sid=SEM-H-AIW-G-4Zjq7ehl&amp;c2=32268938927&amp;c1=c&amp;gclid=CPWZqKS2hr4CFYtDMgodS0cATQ</a> 1-877-536-4809</p>
<a href="#">Resource Guide to Healthcare Options in Pennsylvania</a>	<p>The Resource Guide to Healthcare Options in PA allows extension educators and others to local programs for low-income individuals seeking access to health care services.</p>	<p><a href="http://news.psu.edu/story/319753/2014/07/01/impact/resource-guide-healthcare-options-available-paresidents">http://news.psu.edu/story/319753/2014/07/01/impact/resource-guide-healthcare-options-available-paresidents</a></p>

<b>Housing</b>		
<b>Resource</b>	<b>Description</b>	<b>Contact Information</b>
<a href="#">Altoona Housing Authority</a>	<p>The Altoona Housing Authority provides assistance to families in Altoona through its Public Housing, Section 8, and Pleasant Village housing opportunities.</p>	<p><a href="http://www.altoonahousing.org/">http://www.altoonahousing.org/</a> 1-814-949-2000</p>
<a href="#">Blair County Housing and Redevelopment Authority</a>	<p>The Blair County Housing &amp; Redevelopment Authority is a Section 8 and Public Housing Agency that serves Blair County, Altoona, Hollidaysburg, Claysburg, Roaring Spring, Williamsburg, and Bellwood.</p>	<p><a href="https://affordablehousingonline.com/housingauthority/Pennsylvania/Blair-County-Housing-&amp;RedevelopmentAuthority/PA069">https://affordablehousingonline.com/housingauthority/Pennsylvania/Blair-County-Housing-&amp;RedevelopmentAuthority/PA069</a> 1-814-695-7548</p>



## Blair County Resource Guide

<p><a href="#"><u>Center for Community Action Homeless Assist Program (HAP)</u></a></p>	<p>Center for Community Action Homeless Assist Program (HAP) helps to assure homelessness can be avoided through prevention services by assisting individuals in maintaining affordable housing, helping individuals who are homeless find shelter and care, and assure homeless individuals are aided in moving toward self-sufficiency.</p>	<p><a href="https://www.centerforcommunityaction.org/">https://www.centerforcommunityaction.org/</a> 1-814-623-9129 1-800-323-9997</p>
<p><a href="#"><u>Housing and Urban Development (HUD)</u></a></p>	<p>HUD is a federal program that provides housing support for individuals in need, such as rental programs (including Section 8) and home ownership assistance programs. HUD also provides a hotline service for individuals to report incidences of housing discrimination.</p>	<p><a href="http://portal.hud.gov/hudportal/HUD?src=/states/pennsylvania/offices">http://portal.hud.gov/hudportal/HUD?src=/states/pennsylvania/offices</a>  Philadelphia: 215-656-0500; Pittsburgh: 412-644-6428  Hotline: 1-888-799-2085</p>
<p><a href="#"><u>Juvenile Law Center</u></a></p>	<p>The Juvenile Law Center seeks to advance the rights and well-being of children in jeopardy, and serves as a resource for older youth and young adults in Pennsylvania who are aging out of the foster care system.</p>	<p><a href="http://jlc.org/resources/county-resource-guide/blair">http://jlc.org/resources/county-resource-guide/blair</a>  1-888-864-6393</p>
<p><a href="#"><u>PAHousingSearch.com</u></a></p>	<p>PAHousingSearch.com is a free resource to help you find a home that fits your needs and budget. Property providers can list available apartments or homes at any time, which means our listings are current.</p>	<p><a href="http://www.pahousingsearch.com/index.html">http://www.pahousingsearch.com/index.html</a> 1-877-428-8844</p>
<p><a href="#"><u>Northwest Human Services (NHS)</u></a></p>	<p>NHS provides residential living options, case/care management, and therapeutic services for individuals with disabilities.</p>	<p><a href="http://www.nhsonline.org/services-idd.html">http://www.nhsonline.org/services-idd.html</a> 1-888-647-0020</p>
<p><a href="#"><u>PathStone</u></a></p>	<p>PathStone Housing Services promotes access to personal counseling and financial resources designed to stabilize living environments and support economic security.</p>	<p><a href="http://www.pathstone.org/">http://www.pathstone.org/</a>  1-800-888-6770</p>

## Blair County Resource Guide

<a href="http://www.lifesteps.net/">Lifesteps, Inc.</a>	<p>Lifesteps, Inc. helps individuals and families with life’s changing needs by developing programs and providing services which will improve their quality of life.</p>	<p><a href="http://www.lifesteps.net/">http://www.lifesteps.net/</a> 1-800-225-2010</p>
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Medicaid Waivers for Children Under 21		
Resource	Description	Contact Information
<a href="http://www.dhs.pa.gov/">Pennsylvania Department of Human Services</a>	<p>The mission of the Pennsylvania Department of Human Services is to improve the quality of life for Pennsylvania’s individuals and families. They promote opportunities for independence through services and supports while demonstrating accountability for taxpayer resources.</p>	<p><a href="http://www.dhs.pa.gov/">http://www.dhs.pa.gov/</a> 1-800-692-7462</p>
<a href="http://www.dhs.pa.gov/citizens/attendantcare/attendantcareact150/#.Vp5N28tliUk">Attendant Care/Act 150</a>	<p>The Attendant Care/Act 150 enables individuals with a physical disability, ages 18-59, who are mentally alert to continue to live in their homes with support and services.</p>	<p><a href="http://www.dhs.pa.gov/citizens/attendantcare/attendantcareact150/#.Vp5N28tliUk">http://www.dhs.pa.gov/citizens/attendantcare/attendantcareact150/#.Vp5N28tliUk</a>  Long-Term Living Helpline: 1-800-753-8827</p>
<a href="http://www.dhs.pa.gov/citizens/alternativestonursinghomes/obrawaiver/">Community Services Program for Persons with Physical Disabilities/OBRA Waiver</a>	<p>The OBRA Waiver provides services to people 18 or older with severe developmental and physical disabilities, such as cerebral palsy, epilepsy, or similar conditions (onset prior to age 22).</p>	<p><a href="http://www.dhs.pa.gov/citizens/alternativestonursinghomes/obrawaiver/">http://www.dhs.pa.gov/citizens/alternativestonursinghomes/obrawaiver/</a>  Long-Term Living Helpline, 1-800-753-8827</p>
<a href="http://www.dhs.pa.gov/learnaboutdhs/waiverinformation/consolidatedwaiverforindividualswithintellectualdisabilities/S_000989">Consolidated Waiver</a>	<p>The Pennsylvania Consolidated Waiver is designed to help individuals with an intellectual disability, autism or developmental disability to live more independently in their homes and communities, and to provide a variety of services that promote community living, including self-directed service models and traditional, agency-based service models.</p>	<p><a href="http://www.dhs.pa.gov/learnaboutdhs/waiverinformation/consolidatedwaiverforindividualswithintellectualdisabilities/S_000989">http://www.dhs.pa.gov/learnaboutdhs/waiverinformation/consolidatedwaiverforindividualswithintellectualdisabilities/S_000989</a></p>

## Blair County Resource Guide

<a href="#"><u>Person/Family Directed Support Waiver</u></a>	<p>The Pennsylvania Person/Family Directed Support Waiver is designed to help individuals with an intellectual disability, autism, or developmental disability to live more independently in their homes and communities and to provide a variety of services that promote community living, including selfdirected service models and traditional, agencybased service models.</p>	<p><a href="http://www.dhs.pa.gov/learnaboutdhs/waiverinformation/personfamilydirectedsupportwaiver/index.htm">http://www.dhs.pa.gov/learnaboutdhs/waiverinformation/personfamilydirectedsupportwaiver/index.htm</a></p>
<a href="#"><u>Independence Waiver</u></a>	<p>The Independence Waiver may be able to help adults with a severe physical disability live or remain in the community and remain as independent as possible.</p>	<p><a href="http://www.dhs.pa.gov/citizens/alternativestonursinghomes/independencewaiver/">http://www.dhs.pa.gov/citizens/alternativestonursinghomes/independencewaiver/</a> 1-717-787-8091</p>
<a href="#"><u>Infant, Toddlers, and Families Waiver</u></a>	<p>The Infants, Toddlers, and Families Waiver provides services to children from birth to age three who need Early Intervention services and would otherwise require the level of care provided in an Intermediate Care Facility for Persons with Intellectual Disabilities or Other Related Conditions (ICF/MR-ORC).</p>	<p><a href="http://dhs.pa.gov/learnaboutdhs/waiverinformation/infanttoddlersandfamilieswaiver/index.htm">http://dhs.pa.gov/learnaboutdhs/waiverinformation/infanttoddlersandfamilieswaiver/index.htm</a> 1- 717-346-1119</p>

### Respite Care

Respite is planned or emergency care provided to a child or adult with special needs to provide temporary relief to family caregivers who are caring for that child or adult.

Resource	Description	Contact Information
<a href="#"><u>ARCH National Respite Network and Resource Center</u></a>	<p>The mission of the ARCH National Respite Network and Resource Center is to assist and promote the development of quality respite and crisis care programs, to help families locate respite and crisis care services in their communities, and to serve as a strong voice for respite in all forums.</p>	<p><a href="https://archrespite.org/respitelocator">https://archrespite.org/respitelocator</a> 1-919-490-5577</p>
<a href="#"><u>The Arc of Pennsylvania</u></a>	<p>The Arc promotes and protects the human rights of people with intellectual and developmental disabilities, and actively supports their full inclusion and participation in the community throughout their lifetimes.</p>	<p><a href="http://www.thearc.org/Page.aspx?&amp;pid=327">http://www.thearc.org/Page.aspx?&amp;pid=327</a></p>

## Blair County Resource Guide

<a href="#">Community Living and Support Services (CLASS)</a>	<p>The mission of CLASS is to support people with disabilities as they explore options, participate in the community, and strive toward equality.</p>	<p><a href="https://www.classcommunity.org/search/node/respite">https://www.classcommunity.org/search/node/respite</a></p> <p>1-412-683-7100 1-888-954-2424 TTY: 412-246-2255</p>
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<b>Special Education</b>		
Resource	Description	Contact Information
<a href="#">Pennsylvania Bureau of Special Education Consult Line</a>	<p>The ConsultLine is designed to assist parents and advocates of children with disabilities or children thought to be disabled. If individuals have any questions concerning their child's special education program or the laws relating to the provision of services in their child's Individualized Educational Program, the special education specialists at ConsultLine may be able to assist them.</p>	<p><a href="http://www.education.pa.gov/K-12/Special%20Education/Pages/Special-Education-in-PA---Consult-Line.aspx">http://www.education.pa.gov/K-12/Special%20Education/Pages/Special-Education-in-PA---Consult-Line.aspx</a></p> <p>1-800-879-2301</p>
<a href="#">Pennsylvania Association of Intermediate Units (PAIU)</a>	<p>Intermediate Units in Pennsylvania are part of the governance structure of public education and are located in between the state education agency and the local school districts. They provide specialized services to local school districts that can be operated more effectively and efficiently on a regional basis.</p>	<p><a href="https://paiu.org/ius.php">https://paiu.org/ius.php</a></p> <p>1-717-732-8463</p>
<a href="#">Appalachia Intermediate Unit 8</a>	<p>Intermediate Unit 8's mission is to be a leader in educational partnerships with its customers, the school districts, and their students by offering a broad range of quality educational, technological and support services through continuous innovation.</p>	<p><a href="https://www.iu08.org/domain/177">https://www.iu08.org/domain/177</a></p> <p>1-814-940-0223</p>

<b>Support Groups</b>		
Resource	Description	Contact Information
<a href="#">The ARC of Blair County</a>	<p>The mission of the ARC of Blair County is to improve the quality of life for individuals with developmental disabilities and their families through advocacy, education, support and socialization.</p>	<p><a href="http://www.thearcblair.org/">http://www.thearcblair.org/</a></p> <p>1-814-946-1011</p>

## Blair County Resource Guide

<a href="#">Parent to Parent of Pennsylvania</a>	<p>In Pennsylvania, the “Parent to Parent model” is a one-to-one match between an experienced mentor parent, called a peer support parent, and a parent seeking individualized support from another parent who has been there.</p>	<p><a href="http://www.parenttoparent.org/">http://www.parenttoparent.org/</a> 1-888-727-2706</p>
<a href="#">Pennsylvania Families, Inc.</a>	<p>Pennsylvania Families, Inc. (PFI) is the statewide family network that convenes families of children in child-serving systems, connects them to information and resources to maximize their quality of life, and collaborates to improve community supports, services, and family outcomes.</p>	<p><a href="http://pafamiliesinc.org/">http://pafamiliesinc.org/</a> 1-800-947-4941</p>

### The Healthy Baby Information Helpline 1-800-986-2229

#### Breastfeeding

Resource	Description	Contact Information
<a href="#">Pennsylvania Breastfeeding Referral Guide</a>	<p>The Pennsylvania Breastfeeding Referral Guide contains county-specific individuals and organizations that can provide breastfeeding awareness, support, and assistance. It includes information on lactation specialists, community programs, support/mother groups, community coalitions, breast pump rentals and retail purchases, and local, state, and national help lines.</p>	<p><a href="http://www.health.pa.gov/My%20Health/Womens%20Health/Breastfeeding%20Awareness/Documents/PA%20Bfg%20Referral%20Guide%20Rev%20Aug%202017.pdf">http://www.health.pa.gov/My%20Health/Womens%20Health/Breastfeeding%20Awareness/Documents/PA%20Bfg%20Referral%20Guide%20Rev%20Aug%202017.pdf</a> 717-346-3000</p>
<a href="#">Womenshealth.gov</a>	<p>The mission of Womenshealth.gov is to provide national leadership and coordination to improve the health of women and girls through policy, education, and model programs. Specific to breastfeeding, the website provides information and support to help women breastfeed successfully.</p>	<p><a href="http://www.womenshealth.gov/breastfeeding/common-challenges/index.html">http://www.womenshealth.gov/breastfeeding/common-challenges/index.html</a> 1-800-994-9662</p>
<a href="#">Women, Infants and Children (WIC)</a>	<p>WIC has improved the nutrition and health of families in Pennsylvania since 1974 by providing nutrition services, breastfeeding support, healthy foods, and health care and social service referrals.</p>	<p><a href="http://pawic.com/">http://pawic.com/</a> (1-800-WIC-WINS) 1-800-942-9467</p>

#### Car Seat Safety

## Blair County Resource Guide

Resource	Description	Contact Information
<a href="#"><u>PA Child Passenger Protection Act</u></a>	<p>The PA Child Passenger Protection Act requires that all drivers transporting children ages birth – four years use an approved child safety seat. Children ages four to eight must wear a seat belt and be in a booster seat. Children with medical conditions or disabilities may require special considerations or adaptations for transportation safety.</p>	<p><a href="http://www.google.com/url?sa=t&amp;rct=j&amp;q=&amp;esrc=s&amp;source=web&amp;cd=3&amp;cad=rja&amp;uact=8&amp;ved=0ahUKEwiopbvom47WAhUCyoMKHUhVAalQFggwMAI&amp;url=http%3A%2F%2Fwww.pakidstravelsafe.org%2Fnewsevents%2Fnews%2Fitem%2Fdownload%2F369_a828d49458bafd9461e78fc6b5cde1b6&amp;usg=AFQjCNHc3MeVH e-zgiddenQJFN0cliX5rg">http://www.google.com/url?sa=t&amp;rct=j&amp;q=&amp;esrc=s&amp;source=web&amp;cd=3&amp;cad=rja&amp;uact=8&amp;ved=0ahUKEwiopbvom47WAhUCyoMKHUhVAalQFggwMAI&amp;url=http%3A%2F%2Fwww.pakidstravelsafe.org%2Fnewsevents%2Fnews%2Fitem%2Fdownload%2F369_a828d49458bafd9461e78fc6b5cde1b6&amp;usg=AFQjCNHc3MeVH e-zgiddenQJFN0cliX5rg</a></p>
<a href="#"><u>The PA Traffic Injury Prevention Project</u></a>	<p>Materials available through the Traffic Injury Prevention Project (TIPP) cover a range of traffic safety areas. These areas include: child passenger safety, seat belt safety, air bag safety, school bus safety, transporting special needs children, pedestrian safety, bicycle safety, and youth driving safety and awareness.</p>	<p><a href="http://pakidstravelsafe.org/">http://pakidstravelsafe.org/</a> 1- 800-CAR-BELT (227-2358)</p>
<a href="#"><u>Car Seat Loan Program by County</u></a>	<p>Active Car Seat Loan Programs allows individuals to search programs by county.</p>	<p><a href="http://www.pakidstravelsafe.org/resources/car-seatloan-programs?view=Profiles&amp;layout=search">http://www.pakidstravelsafe.org/resources/car-seatloan-programs?view=Profiles&amp;layout=search</a></p>
<a href="#"><u>National Highway Safety Transportation Administration (NHTSA)</u></a>	<p>The NHTSA works to prevent injuries and fatalities for all road users-including children, teens, older drivers, bicyclists, pedestrians, and drivers with disabilities. The NHTSA is available for information and resources to keep individuals safe in and around cars and on the road.</p>	<p><a href="http://www.nhtsa.gov/">http://www.nhtsa.gov/</a></p>
<a href="#"><u>National Easter Seal Society</u></a>	<p>Easter Seals Western and Central Pennsylvania provides programs and services to ensure that people with disabilities or other special needs, and their families, have equal opportunities to live, learn, work, and play in their communities.</p>	<p><a href="http://www.easterseals.com/">http://www.easterseals.com/</a> 1-800-221-6827</p>

## Blair County Resource Guide

	Referrals and Information about car seats can be found on this site.	
<a href="#">The American Academy of Pediatrics</a>	The American Academy of Pediatrics is dedicated to the health of all children. Referrals and Information about car seats can be found on this website.	<a href="https://search.aap.org/find?source=aap.org&amp;k=car%20seats">https://search.aap.org/find?source=aap.org&amp;k=car%20seats</a> 1-800-433-9016

### Counseling

Resource	Description	Contact Information
<a href="#">text4baby</a>	Free text messages are sent to keep you and your baby healthy throughout your pregnancy and the baby's first year.	Registration is free @ <a href="https://text4baby.org/">https://text4baby.org/</a> .
<a href="#">Women, Infants and Children (WIC)</a>	Pennsylvania's WIC has improved the nutrition and health of families in Pennsylvania since 1974 by providing nutrition services, breastfeeding support, healthy foods, and health care and social service referrals.	<a href="http://pawic.com/">http://pawic.com/</a> (1-800-WIC-WINS) 1-800-942-9467

### Children's Health Insurance Program (CHIP)

Resource	Description	Contact Information
<a href="#">Pennsylvania's Children's Health Insurance Program (CHIP)</a>	Uninsured Pennsylvania children and teens who are not eligible for Medical Assistance have access to affordable, comprehensive health-care coverage. CHIP is there for your kids with quality, comprehensive health insurance coverage for routine doctor visits, prescriptions, dental, eye care, prescriptions and much more.	<a href="http://www.chipcoverspaki ds.com/Pages/default.aspx">http://www.chipcoverspaki ds.com/Pages/default.aspx</a>

### Medical Assistance

Resource	Description	Contact Information
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## Blair County Resource Guide

<a href="#">Presumptive Eligibility</a>	Presumptive Eligibility provides insurance coverage for pregnant woman who have applied for Medicaid but are still under eligibility review.	<a href="http://www.dhs.pa.gov/citizens/healthcaremedicalassistance/healthybeginnings/index.htm">http://www.dhs.pa.gov/citizens/healthcaremedicalassistance/healthybeginnings/index.htm</a>
<a href="#">Pennsylvania Department of Human Services (DHS) Benefits Helpline</a>	The Human Services Benefits Helpline services inquiries about public assistance programs in Pennsylvania, including (but not limited to) cash assistance, food stamps, Medicaid eligibility, and energy assistance (LIHEAP).	1-800-692-7462
<a href="#">Pennsylvania Department of Human Services County Assistance Office Contact Information</a>	Pennsylvanians can seek assistance and a range of services for themselves and their families from professionally trained staff members at county assistance offices.	<a href="http://www.dhs.pa.gov/citizens/findfacilsandlocs/countyassistanceofficecontactinformation/">http://www.dhs.pa.gov/citizens/findfacilsandlocs/countyassistanceofficecontactinformation/</a>  Toll Free: 1-866-812-3341
<a href="#">COMPASS</a>	COMPASS is an online application for Pennsylvanians to apply for many health and human service programs.	<a href="http://www.compass.state.pa.us">www.compass.state.pa.us</a>
<a href="#">PennsylvaniaHealthOptions.com</a>	This resource will help to compare insurance carriers online.	<a href="http://www.pahealthoptions.com/">http://www.pahealthoptions.com/</a>  1-877-881-6388

### Lead Health Information for Parents, Homeowners, Contractors, and Health Care Professionals

Resource	Description	Contact Information
<a href="#">Lead Poisoning</a>	Lead can do great harm, especially to young children. The leading cause of lead poisoning is lead dust from lead-based paint which was used in many homes until 1978. Young children are exposed to lead dust in older homes through normal everyday activities such as crawling on the floor and putting their hands, toys or other objects in their mouths. Lead can also be found in bare soil, some imported spices, home remedies and cosmetics. Go to MY HEALTH, INFANT AND CHILDREN, Lead Poisoning Prevention and Control, LEAD POISONING	<a href="http://www.health.pa.gov/">http://www.health.pa.gov/</a>  1-800-440-LEAD (5323)



## Blair County Resource Guide

<a href="#">Elevated Lead Blood Level Case Management Guidelines</a>	Recommendations from the Advisory Committee on Childhood Lead Poisoning Prevention.	<a href="https://www.cdc.gov/nceh/lead/CaseManagement/casemanage_main.htm">https://www.cdc.gov/nceh/lead/CaseManagement/casemanage_main.htm</a>  1-800-CDC-INFO 1-800-232-4636 TTY: 888-232-6348
<a href="#">Environmental Protection Agency, Lead</a>	The mission of EPA is to protect human health and the environment.  Provides many useful links for families.	<a href="http://www2.epa.gov/lead">http://www2.epa.gov/lead</a>  1-800- 424-5323
<a href="#">Pennsylvania Safe and Healthy Homes Program</a>	The Pennsylvania Safe and Healthy Homes Program seeks to provide education and interventions to promote healthy homes and prevent problems and injuries. When hazards are present in a home, they can have a profound effect upon the health of the occupants, particularly those most vulnerable such as children.	<a href="http://www.health.pa.gov/My%20Health/Infant%20and%20Childrens%20Health/Lead%20Poisoning%20Prevention%20and%20Control/Pages/Safe-and-HealthyHomes-Program.aspx">http://www.health.pa.gov/My%20Health/Infant%20and%20Childrens%20Health/Lead%20Poisoning%20Prevention%20and%20Control/Pages/Safe-and-HealthyHomes-Program.aspx</a>  1-717-772-2762

### Information for Families, Contractors and Property Managers

Resource	Description	Contact Information
<a href="#">Environmental Protection Agency (EPA).gov - Lead</a>	EPA has two programs for certifying contractors and accrediting training providers. <ul style="list-style-type: none"> <li>•Renovation, Repair and Painting Program</li> <li>•Lead Abatement Program for permanent elimination of lead-based paint hazards</li> </ul>	1. <a href="https://www.epa.gov/lead/renovation-repair-andpainting-programcontractors">https://www.epa.gov/lead/renovation-repair-andpainting-programcontractors</a> 2. <a href="https://www.epa.gov/lead/evaluating-andeliminating-lead-basedpaint-hazards">https://www.epa.gov/lead/evaluating-andeliminating-lead-basedpaint-hazards</a>
<a href="#">Pennsylvania Department of Labor and Industry</a>	The Pennsylvania Department of Labor and Industry lists accredited trainers and certified contracting firms.	<a href="http://www.dli.pa.gov/Pages/search.aspx?searchBox=accredited%20trainers%20and%20contractors">http://www.dli.pa.gov/Pages/search.aspx?searchBox=accredited%20trainers%20and%20contractors</a>
<a href="#">Occupational Safety and Health Administration (OSHA)</a>	For information about regulations regarding work on facilities which are non-residential, contractors should contact the appropriate Occupational Safety & Health Administration Pennsylvania area office.	<a href="https://www.osha.gov/">https://www.osha.gov/</a>

## Blair County Resource Guide

<a href="#">Housing and Urban Development (HUD) – Lead Disclosure Rule</a>	<p>This resource, for landlords and sellers, is based on the Residential Lead-Based Paint Hazard Reduction Act of 1992, also known as Title X and is intended to protect families from exposure to lead from paint, dust and soil. Landlords and sellers are required to disclose known information on lead-based paint and lead-based paint hazards before the sale or lease of most housing built before 1978. If you did not receive the Disclosure of Information on Lead-Based Paint and/or Lead-Based Paint Hazards form when you bought or leased pre-1978 housing, contact 1-800-424-LEAD (5323).</p>	<p><a href="http://portal.hud.gov/hudportal/HUD?src=/program_offices/healthy_homes/enforcement/disclosure">http://portal.hud.gov/hudportal/HUD?src=/program_offices/healthy_homes/enforcement/disclosure</a> 1-800-424-LEAD (5323)</p>
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### Individuals with Traumatic Brain Injury and Their Families

Resource	Description	Contact Information
<a href="#">Brain Injury Association of Pennsylvania</a>	<p>The mission of the Brain Injury Association of Pennsylvania is to foster a community of education, advocacy, support and research to maximize the quality of life for those with brain injuries and their families.</p>	<p><a href="http://www.biapa.org/site/c.iuLZJbMMKrH/b.1760731/k.BD3E/Home.htm">http://www.biapa.org/site/c.iuLZJbMMKrH/b.1760731/k.BD3E/Home.htm</a> 1-800-444-6443</p>
<a href="#">Head Injury Program</a>	<p>The Pennsylvania Head Injury Program was created in 1988 by the Emergency Medical Services Act of 1985 and pays for head injury rehabilitation services for people who qualify. The goal of the program is to help individuals with a traumatic brain injury live independently in their homes and communities.</p>	<p><a href="http://www.health.pa.gov">www.health.pa.gov</a> Go to MY Health, A-Z Topics, E-H, Head Injury 1-717-772-2763</p>
<a href="#">Brain Injury Help Line</a>	<p>To learn more about services available for individuals with brain injury and their families, please contact the toll-free Brain Injury Help Line.</p>	<p>1-866-412-4755</p>
<a href="#">Independent Enrollment Broker</a>	<p>Office of Long-Term Living launched the PA Independent Enrollment Broker, a contracted statewide entity, to facilitate and streamline the eligibility/enrollment process for applicants seeking services for several PA waivers/programs.</p>	<p>1-788-550-4227</p>
<a href="#">Community Services Program for Persons with Physical Disabilities/OBRA Waiver</a>	<p>The OBRA Waiver Provides services to people 18 or older with severe developmental and physical disabilities, such as cerebral palsy, epilepsy, or similar conditions (onset prior to age 22).</p>	<p><a href="http://www.dhs.pa.gov/citizens/alternativestonursinghomes/obrawaiver/">http://www.dhs.pa.gov/citizens/alternativestonursinghomes/obrawaiver/</a> Long-Term Living Helpline, 1-800-753-8827</p>

## Blair County Resource Guide

<a href="http://www.abin-pa.org/">Acquired Brain Injury Network of Pennsylvania</a>	Nonprofit organization of brain injury survivors, family members, and friends dedicated to increasing public awareness about acquired brain injury, and to providing support, education, information, advocacy, and other services for individuals with acquired brain injury and their families.	<a href="http://www.abin-pa.org/">http://www.abin-pa.org/</a> 1-888-308-3848
<a href="http://www.brainline.org">Brainline.org</a>	BrainLine is a national multimedia project offering information and resources about preventing, treating, and living with Traumatic Brain Injury.	<a href="http://www.brainline.org/">http://www.brainline.org/</a> 1-703-998-2020

<b>Immunizations/Vaccinations</b>		
<b>Resource</b>	<b>Description</b>	<b>Contact Information</b>
<a href="http://www.health.pa.gov">Pennsylvania Department of Health, Division of Immunizations</a>	The Division of Immunizations, in the Pennsylvania Department of Health, focuses on the reduction or elimination of vaccine-preventable diseases. The primary goal of the division is to achieve maximum immunization coverage in order to eliminate the occurrence of vaccine preventable diseases in Pennsylvania.	<a href="http://www.health.pa.gov">www.health.pa.gov</a> Go to My Health, Immunizations. 1-717-787-5681
<a href="http://www.health.pa.gov">Pennsylvania Vaccines for Children Program</a>	The Pennsylvania Vaccines for Children (PA VFC) program is a federally funded program that provides vaccines at no cost to children who might not otherwise be vaccinated because of inability to pay. CDC purchases vaccines at a discount and distributes the vaccine to grantees - i.e., state health departments and certain local and territorial public health agencies - which in turn distribute the vaccine at no charge to those private physicians' offices and public health clinics enrolled as PA VFC providers. Children who are eligible for VFC vaccines are entitled to receive vaccines recommended by the Advisory Committee on Immunization Practices (ACIP).	<a href="http://www.health.pa.gov">www.health.pa.gov</a> Go to My Health, Immunizations, Vaccines for Children 1-717-787-5681
<a href="http://www.health.pa.gov">Pennsylvania Department of Health, Health Services Locator</a>	The Health Services locator is available to assist in finding Pennsylvania healthcare facilities within your county or region.	<a href="http://www.health.pa.gov/">http://www.health.pa.gov/</a> Go to Healthcare Facilities, Laws and Regulations, Outpatient Facilities, Health Care Facility Locator

## Blair County Resource Guide

<a href="http://www.pachc.org/About-PACHC">Pennsylvania Association of Community Health Centers</a>	<p>As the state primary care association, the Pennsylvania Association of Community Health Centers represents and supports the largest network of primary health care providers in the commonwealth.</p>	<p><a href="http://www.pachc.org/About-PACHC">http://www.pachc.org/About-PACHC</a> 1-866-944-2273</p>
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### Legal Advocacy for the Disabled in Pennsylvania

Resource	Description	Contact Information
<a href="http://disabilityrightspa.org">Disability Rights Pennsylvania</a>	<p>Disability Rights Pennsylvania has helped tens of thousands of children and adults with disabilities access special education services, obtain needed health and mental health care, and gain access to employment and housing. It also has helped to stop the abuse, neglect and rights violations of Pennsylvanians with disabilities.</p>	<p><a href="http://disabilityrightspa.org">http://disabilityrightspa.org</a> Harrisburg: 1-800-692-7443 or 1-717-236-8110; Philadelphia: 1-215-238-8070; Pittsburgh: 1-412-391-5225</p>
<a href="http://www.phlp.org/">Pennsylvania Health Law Project (PHLP)</a>	<p>PHLP offers free legal advice to low-income people with insurance problems. They also help people who do not have health insurance.</p>	<p><a href="http://www.phlp.org/">http://www.phlp.org/</a> 1-800-274-3258</p>
<a href="http://www.ova.pa.gov/Services/Resources/LocateaVictimServiceAgency/Pages/default.aspx">Pennsylvania Office of Victim Advocate-Locate a Victim Service Agency</a>	<p>The Pennsylvania Office of Victim Advocate is dedicated to representing, protecting and advancing the individual and collective rights and interests of crime victims.</p>	<p><a href="http://www.ova.pa.gov/Services/Resources/LocateaVictimServiceAgency/Pages/default.aspx">http://www.ova.pa.gov/Services/Resources/LocateaVictimServiceAgency/Pages/default.aspx</a> 1-800-563-6399</p>

### Transportation Assistance for the Disabled

Resource	Description	Contact Information
<a href="http://www.biapa.org/site/c.iuLZJbMMKrH/b.1841193/k.A621/Transportation.htm">Brain Injury Association Transportation Resource List</a>	<p>The Brain Injury Association Transportation Resource list offers a variety of transportation resources.</p>	<p><a href="http://www.biapa.org/site/c.iuLZJbMMKrH/b.1841193/k.A621/Transportation.htm">http://www.biapa.org/site/c.iuLZJbMMKrH/b.1841193/k.A621/Transportation.htm</a></p>

## Blair County Resource Guide

<a href="#"><u>Community Disability, Assistive Technology &amp; Transportation Service</u></a>	<p>Seniors who wish to age-in-place in their own homes face a dilemma when it comes to disability. Seniors with disabilities may face problems with mobility, poor eyesight, hearing, use of their hands, or memory. Special disability support devices such as handrails, scooters, stair lifts, bathroom aids, special clothing, adaptive devices and so forth are available but seniors don't know about these assistive technology aids nor have they the resources to obtain this support.</p>	<a href="http://www.carepennsylvania.org/list14_PA_disability_transportation_senior_services.htm">http://www.carepennsylvania.org/list14_PA_disability_transportation_senior_services.htm</a>
<a href="#"><u>Pennsylvania Department of Human Services Medical Assistance Transportation Program</u></a>	<p>The Medical Assistance Transportation Program, also known as MATP, provides transportation to medical appointments for Medical Assistance recipients who do not have transportation available to them. The individual's county of residence will provide the type of transportation that is the least expensive while still meeting their needs.</p>	<a href="http://matp.pa.gov/">http://matp.pa.gov/</a> 1-800-632-9063

### Vocational Rehabilitation Assistance and Job Training for the Disabled

Resource	Description	Contact Information
<a href="#"><u>Pennsylvania Department of Labor &amp; Industry Vocational Rehabilitation Services Website</u></a>	<p>The Pennsylvania Office of Vocational Rehabilitation, or OVR, provides vocational rehabilitation services to help persons with disabilities prepare for, obtain, or maintain employment. OVR provides services to eligible individuals with disabilities, both directly and through a network of approved vendors. Services are provided on an individualized basis.</p>	<a href="http://www.dli.pa.gov/individuals/disabilityservices/ovr/pages/default.aspx">http://www.dli.pa.gov/individuals/disabilityservices/ovr/pages/default.aspx</a>
<a href="#"><u>Office of Vocational Rehabilitation Office Directory (OVR)</u></a>	<p>The OVR Office Directory will help you find an OVR district office.</p>	<a href="http://www.dli.pa.gov/Individuals/Disability-Services/ovr/Pages/OVR-Office-Directory.aspx">http://www.dli.pa.gov/Individuals/Disability-Services/ovr/Pages/OVR-Office-Directory.aspx</a>