

Armstrong County Resource Guide

Advocacy for Special Healthcare Needs		
Resource	Description	Contact Information
<u>The Arc of Armstrong County</u>	The Arc of Armstrong County offers services for individuals with intellectual and developmental disabilities.	http://www.thearcarmstrong.org/ 1-724-545-3426
<u>Juvenile Law Center</u>	The Juvenile Law Center seeks to advance the rights and well-being of children in jeopardy, and serves as a resource for older youth and young adults in Pennsylvania who are aging out of the foster care system.	http://jlc.org/resources/county-resource-guide/armstrong 1-888-864-6393
<u>Pennsylvania Bar Association Lawyer Referral Service</u>	Pennsylvania Bar Association Lawyer Referral Service matches clients to a Pennsylvania lawyer in a specific area of law.	http://www.pabar.org/public/localbar/index.asp 1-800-932-0311
<u>Armstrong County Pennsylvania, Children Youth and Family</u>	"Helping Parents Keep Children Safe Since 1953" Armstrong County Children, Youth and Family Services, as your public child welfare agency, is dedicated to protecting children from abuse, neglect or exploitation.	http://co.armstrong.pa.us/services/cyf 1-724-548-3466
<u>Armstrong County Assistance Office</u>	Pennsylvanians can seek assistance and a range of services for themselves and their families from professionally trained staff members at county assistance offices.	http://www.dhs.pa.gov/citizens/findfacilsandlocs/countyassistanceofficecontactinformation/ Toll Free: 1-800-424-5235 Kittanning: 1-724-543-1651
<u>Office of Vocational Rehabilitation</u>	The Office of Vocational Rehabilitation provides assistance with obtaining and maintaining employment to individuals with disabilities.	http://www.dli.pa.gov/Pages/default.aspx 1-800-541-0721 or 1-814-871-4551
<u>Special Kids Network</u>	The Special Kids Network is a statewide referral service designed to serve families of children with chronic health or disabling conditions through information and service coordination.	www.gotoskn.state.pa.us 1-800-986-4550

Armstrong County Resource Guide

<u>Disability Rights Pennsylvania</u>	<p>Disability Rights Pennsylvania has helped tens of thousands of children and adults with disabilities access special education services, obtain needed health and mental health care, gain access to employment and housing, and intervene to stop the abuse, neglect and rights violations of Pennsylvanians with disabilities</p>	<p>http://disabilityrightspa.org Harrisburg: 1-800-692-7443 or 1-717-236-8110; Philadelphia: 1-215-238-8070; Pittsburgh: 1-412-391-5225</p>
<u>Pennsylvania Client Assistance Program (CAP)</u>	<p>Pennsylvania's Client Assistance Program is an advocacy program for people with disabilities seeking services in employment and housing.</p>	<p>http://www.equalemployment.org/ 1-888-745-2357</p>
<u>Lesbian Gay Bisexual Transgender (LGBT) National Health Center</u>	<p>The LGBT National Health Center serves gay, lesbian, bisexual, transgender and questioning people by providing free and confidential peer support and local resources.</p>	<p>http://www.youthtalkline.org/ Youth Talkline: 1-800-246-7743 National Hotline: 1-888-843-4564</p>
<u>ARIN Intermediate Unit 28</u>	<p>ARIN Intermediate Unit 28 provides educational support to learners of all ages in Armstrong and Indiana counties.</p>	<p>https://www.iu28.org/Page/1 1-724-463-5300</p>
<u>Armstrong-Indiana Behavioral and Developmental Health Program</u>	<p>The Armstrong-Indiana Behavioral and Developmental Health Program dedicates its efforts to the initiation, development and maintenance of a broad and comprehensive spectrum of quality community-oriented behavioral and developmental health services and supports that are readily accessible, efficiently managed, and provided without discrimination in a recovery- and resiliency-based environment.</p>	<p>http://aibdhp.org/ 1-877-333-2470</p>
<u>Social Security</u>	<p>Social Security provides a comprehensive package of protection against the loss of earnings due to retirement, disability and death.</p>	<p>https://www.ssa.gov/disability/ 1-800-772-1213</p>
<u>Community Care Connections, Inc.</u>	<p>The Mission of Community Care Connections, Inc. is to provide programs and services that empower children and adults with disabilities to live more safely and independently in their homes, schools, neighborhoods and communities.</p>	<p>http://www.communitycareconnect.org/ 1-724-283-3198</p>
<u>Laurel Legal Services</u>	<p>Laurel Legal Services' mission is to ensure quality legal representation and education to low-income and elderly individuals and be a recognized community partner as a resource for justice.</p>	<p>http://wpalaw.org/ 1-724-836-2211 or 1-800-253-9558</p>

Armstrong County Resource Guide

HAVIN, Inc.	<p>The mission of HAVIN, Inc. is to provide supportive services and advocacy for survivors (and their significant others) of domestic violence and sexual assault.; to increase public awareness; and to effect critical changes in public policy in response to sexual and domestic violence.</p>	<p>http://www.havinpa.org/ 1-724-548-8888 or 1-800-841-8881</p>
United States Department of Labor Disability Resources	<p>Goals include fostering, promoting and developing the welfare of the wage earners, job seekers and retirees of the United States; improving working conditions; advancing opportunities for profitable employment; and ensuring work-related benefits and rights.</p>	<p>https://www.disability.gov/ 1-866-487-2365 1-866-4-USA-DOL</p>
Pennsylvania Client Assistance Program (CAP)	<p>CAP is an advocacy program for people with disabilities administered by the Center for Disability Law & Policy. CAP helps people who are seeking services from the Office of Vocational Rehabilitation, Blindness and Visual Services, Centers for Independent Living and other programs funded under the Rehabilitation Act of 1973. CAP help is provided to you at no charge, regardless of income.</p>	<p>http://www.equalemployment.org/ 1-888-745-2357 TTY 1-215-557-7112</p>

Disability Rights and Special Needs Resources

Resource	Description	Contact Information
Pennsylvania Families Inc.	<p>Pennsylvania Families, Inc. is the statewide family network that convenes families of children in child-serving systems, connects them to information and resources to maximize their quality of life, and collaborates to improve community supports, services and family outcomes.</p>	<p>http://pafamiliesinc.org/</p>
Social Security Administration	<p>The Social Security Administration offers a listing of local offices and resources where individuals can apply for Social Security benefits.</p>	<p>https://www.socialsecurity.gov/ 1-800-772-1213</p>
Bureau of Blindness and Visual Services	<p>The Bureau of Blindness and Visual Services assists Pennsylvanians who are blind or visually impaired gain the skills necessary to live and work independently in their communities.</p>	<p>http://www.dli.pa.gov/Individuals/Disability-Services/bbvs/Pages/default.aspx 1-412-565-5240</p>

Armstrong County Resource Guide

<u>Bureau of Autism Services (BAS)</u>	<p>Bureau of Autism Services is a department within the Department of Human Services specifically addressing the needs, issues and concerns of people with autism spectrum disorders in Pennsylvania.</p>	<p>http://www.dhs.pa.gov/citizens/autismservices/index.htm 1-866-539-7689</p>
<u>Armstrong-Indiana Behavioral and Developmental Health Program</u>	<p>The Armstrong-Indiana Behavioral and Developmental Health Program dedicates its efforts to the initiation, development and maintenance of a broad and comprehensive spectrum of quality community oriented behavioral and developmental health services and supports that are readily accessible, efficiently managed, and provided without discrimination in a recovery- and resiliency-based environment.</p>	<p>http://aibdhp.org/ 1-877-333-2470</p>
<u>Northwest Human Services</u>	<p>Northwest Human Services is a provider of education and human services to individuals with special needs.</p>	<p>http://www.nhsonline.org/ 1-888-647-0020</p>
<u>Goodwill Industries International, Inc.</u>	<p>Goodwill works to enhance the dignity and quality of life of individuals and families by strengthening communities, eliminating barriers to opportunity, and helping people in need reach their full potential through learning and the power of work.</p>	<p>http://www.goodwill.org/find-jobs-and-services/ (Refer to website for local sites and phone numbers.)</p>
<u>Lifesteps, Inc.</u>	<p>This entity helps individuals and families with life's changing needs by developing programs and providing services which will improve their quality of life.</p>	<p>http://www.lifesteps.net/index.jsp 1-800-225-2010</p>
<u>AHEDD, Inc.</u>	<p>The mission of AHEDD is to serve the community as a catalyst in the employment and development of people with disabilities.</p>	<p>http://www.ahedd.org/ 1-866-902-4333</p>
<u>Pennsylvania Association for the Blind</u>	<p>The Pennsylvania Association for the Blind provides a span of services to help Pennsylvania's residents prevent, prepare for and manage vision loss.</p>	<p>http://www.pablind.org/ 1-717-766-2020</p>
<u>United Cerebral Palsy (UCP)</u>	<p>United Cerebral Palsy (UCP) is a trusted resource for individuals with Cerebral Palsy and other disabilities and their networks. Individuals with cerebral palsy and other disabilities deserve every opportunity to live life to the fullest. UCP strives to make that happen.</p>	<p>http://ucp.org/ Johnstown: 1-877-371-1110 Washington: 1-724-229-0851 Greensburg: 1-724-832-8272</p>

Armstrong County Resource Guide

<u>Special Olympics Pennsylvania-Armstrong/Indiana Counties</u>	<p>The mission of Special Olympics PA is to provide year-round sports training and competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy, and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.</p>	<p>http://209.200.89.252/search_site/detail.cfm?program_id=34883 1-724-568-2530</p>
<u>Community Guidance Center</u>	<p>The mission of the Community Guidance is to provide high quality comprehensive mental health, drug and alcohol, intellectual disability, and early intervention services, empowering individuals and families residing in the community to improve the quality of their lives. All client information is kept strictly confidential. Your written authorization is required release any information (except as required by law).</p>	<p>http://thecgc.com/ Indiana/Armstrong Crisis: 1-877-333-2470</p>
<u>AccessAbilities</u>	<p>AccessAbilities provides services for individuals with physical and intellectual disabilities, including supports coordination, personal care and assistance, independent living/community integration skills, and specialized therapies.</p>	<p>http://www.accessabilities.org/ Greensburg: 1-724-832-8272</p>
<u>National Runaway Switchboard</u>	<p>This is a toll-free, nationwide hot-line for runaways and troubled youth that provides information and referral for shelter, counseling, medical and legal services, and transportation back home.</p>	<p>https://www.1800runaway.org/ 1-800-786-2929</p>
<u>Kaleidoscope Family Solutions, Inc.</u>	<p>Kaleidoscope Family Solutions, Inc. (KFS) Pennsylvania is a Medicaid-approved provider that supports individuals with intellectual and developmental disabilities.</p>	<p>http://kfamilysolutions.org/services/ 1-877-384-1729</p>
<u>Pennsylvania Elks Home Service Program</u>	<p>Since 1963, the PA Elks Home Service Program has been helping to improve the quality of life for thousands of children and adults throughout Pennsylvania. The PA Elks Home Service Program provides support and advocacy services to individuals of any age with a developmental disability.</p>	<p>http://www.paelkshomeservice.org/index.php For children under 21, call the Special Kids Network helpline at 1-800-986-4550. For adults over 21, contact program director at 1- 814-781-7860</p>

Assistive Technology

Resource	Description	Contact Information
----------	-------------	---------------------

Armstrong County Resource Guide

<u>Pennsylvania Assistive Technology Foundation</u>	<p>Pennsylvania Assistive Technology Foundation (PATF) is a statewide, non-profit organization that helps individuals with disabilities and older Pennsylvanians acquire the assistive technology devices and services they want.</p>	<p>http://patf.us/ 1-888-744-1938</p>
<u>Armstrong County Pennsylvania Home Modifications and Assistive Services</u>	<p>Caregiver or care receiver must own the home or, if rented, the caregiver or care receiver must obtain the landlord's written permission for the home modifications and must also indicate whether the owner will require the home to be returned to its original state. The original state is removal of the home modification so that the home is the way it was prior to the changes.</p>	<p>http://www.co.armstrong.pa.us/departments/social-services/aaa/home-modifications 1-724-543-2500</p>
<u>United Cerebral Palsy (UCP)</u>	<p>United Cerebral Palsy (UCP) is a trusted resource for individuals with cerebral palsy and other disabilities and their networks. Individuals with cerebral palsy and other disabilities deserve every opportunity to live life to the fullest. UCP strives to make that happen.</p>	<p>http://ucp.org/ Johnstown: 1-877-371-1110 Washington: 1-724-229-0851 Greensburg: 1-724-832-8272</p>
<u>Free Library of Philadelphia, Library for the Blind and Physically Handicapped</u>	<p>The Free Library of Philadelphia's Library for the Blind and Physically Handicapped (LBPH), as part of the National Library Service for the Blind and Physically Handicapped, Library of Congress (NLS), serves Pennsylvania residents who have difficulty reading due to a physical impairment, a reading disability or a vision challenge.</p>	<p>http://www.freelibrary.org/lbph/ 1-800-222-1754 1-215-683-3217</p>
<u>Variety, the Children's Charity</u>	<p>Variety strives to enable kids with disabilities to live life to the fullest with a focus on mobility, communication, and social inclusion/interaction. Variety believes that no child should be left out, left behind or isolated, and, through its programs/experiences, Variety strives to give children opportunities to discover the possibilities for their own lives, and be kids, first and foremost.</p>	<p>https://www.varietypittsburg.org/ 1-724-933-0460</p>

Counseling for Special Health Care Needs		
Resource	Description	Contact Information
<u>Family Counseling Center of Armstrong County</u>	<p>It is the aim of the Family Counseling Center to provide respectful and courteous service to the public, to enhance each person's sense of value and self-esteem, and to foster self-acceptance, self-reliance, empowerment and recovery.</p>	<p>http://www.fccac.org/ Kittanning: 1-724-543-2941</p>

Armstrong County Resource Guide

The Substance Abuse and Mental Health Services Administration (SAMHSA)	<p>The Substance Abuse and Mental Health Services Administration (SAMHSA) offers a “Behavioral Health Treatment Locator” through which the user can search for a provider by address or zip code. The agency also offers a national helpline that provides free and confidential information in English and Spanish for individuals and family members facing substance abuse and mental health issues. The hotline is available 24 hours a day, 7 days a week.</p>	<p>https://findtreatment.samhsa.gov/ 1-800-662-4357 TDD: 1-800-487-4889</p>
--	---	---

Early Childhood and Child Care		
Resource	Description	Contact Information
Pennsylvania Department of Human Services	<p>The mission of the Department of Human Services is to improve the quality of life for Pennsylvania’s individuals and families. We promote opportunities for independence through services and supports while demonstrating accountability for taxpayer resources.</p>	<p>http://www.dhs.pa.gov/ 1-800-692-7462</p>
Child Care Works Subsidized Child Care	<p>The subsidized child care program helps low-income families pay their child care fees. The state and federal governments fund this program, which is managed by the Child Care Information Services office located in your county.</p>	<p>http://www.dhs.pa.gov/citizens/childcareearlylearning/childcareworkssubsidizedchildcareprogram/ 1-724-548-5700 1-888-808-6529</p>
Armstrong County CAA Head Start	<p>Head Start focuses on the whole family, making sure that parents receive help with a wide range of family needs, including housing, employment and parenting education. It also aims to move preschool children and their families toward self-sufficiency. Parent involvement is encouraged in all aspects of the program, from assisting in the classroom to making decisions about program policies and activities.</p>	<p>http://paheadstart.org/program/armstrong-county-caa-head-start/ 1-717-337-1337</p>

Armstrong County Resource Guide

Early Intervention		
Resource	Description	Contact Information
<u>Community Care Connections, Inc. (CCC)</u>	The CCC Infant-Toddler Therapy Services Program provides early intervention services to children from birth to 3 years of age who have a developmental delay or disability. Therapies and instruction that are provided include physical therapy, speech therapy, occupational therapy, special instruction and nutrition services.	<u>http://communitycareconnect.org/Infant-Toddler_Therapy_Service_Programs.html</u> 1-724-283-3198
<u>Easter Seals Western and Central Pennsylvania</u>	Easter Seals Western and Central Pennsylvania provides early intervention services to children who meet the state defined eligibility criteria: birth to third birthday, developmental delay, or a congenital or acquired condition that presents a challenge to their ability to communicate, play, move, socialize, think, control their behavior or eat.	<u>http://www.easterseals.com/wcpenna/our-programs/childrens-services/</u> 1-412-281-7244
<u>PA Department of Education Early Intervention Program</u>	The Pennsylvania Early Intervention program provides support and services to families with children, from birth to age 5, with developmental delays and disabilities.	<u>www.education.pa.gov</u> : select EARLY Learning. CONNECT Helpline at 1-800-692-7288
<u>CONNECT Helpline:</u>	The CONNECT Helpline assists families in locating resources and providing information regarding child development for children from birth to age 5. In addition, CONNECT can assist parents by making a direct link to their county early intervention program or local preschool early intervention program.	1-800-692-7288

Health Insurance		
Resource	Description	Contact Information
<u>Pennsylvania's Children's Health Insurance Program (CHIP)</u>	CHIP puts health coverage within reach for all uninsured kids and teens who are not eligible for or enrolled in medical assistance.	<u>http://www.chipcoverspakids.com/Pages/default.aspx</u>
<u>COMPASS</u>	The fast and easy way to apply for benefits -- anytime and anywhere. COMPASS is an online application for Pennsylvanians to apply for many health and human service programs.	<u>www.compass.state.pa.us</u>

Armstrong County Resource Guide

<u>APPRISE</u>	<p>A free health insurance counseling service for individuals 60 and over.</p>	<p>http://www.aging.pa.gov/aging-services/insurance/Pages/default.aspx 1-800-783-7067</p>
<u>Armstrong County Area Agency on Aging</u>	<p>The Adams County Office for Aging, Inc. is a private non-profit agency dedicated to providing assistance to and advocacy for people age 60 and above</p>	<p>http://www.co.armstrong.pa.us/services/aaa 1-724-548-3290 or 1-800-368-1066</p>
<u>Medicare Part D</u>	<p>Information about the Part D prescription drug benefit is available to individuals enrolled in Medicare.</p>	<p>https://www.medicare.gov/part-d/</p>
<u>HealthCare.gov</u>	<p>This is the health insurance exchange website operated under the United States federal government under the provisions of the Patient Protection and Affordable Care Act.</p>	<p>https://www.healthcare.gov/ 1-800-318-2596</p>
<u>HealthChoices</u>	<p>HealthChoices provides access to quality medical care through Pennsylvania’s Medicaid program, connects people who receive Medicaid benefits to mental health and drug/alcohol services, and serves more people in the community rather than in facilities.</p>	<p>http://www.healthypa.com/ 1-866-550-4355</p>
<u>Pa. Department of Human Services Medical Assistance (MA)</u>	<p>Medical Assistance, also known as Medicaid, and sometimes referred to as MA, pays for health care services for eligible individuals.</p>	<p>http://www.dhs.pa.gov/citizens/healthcaremedicalassistance/index.htm 1-866-550-4355.</p>
<u>Presumptive Eligibility</u>	<p>Presumptive Eligibility provides insurance coverage for pregnant woman who have applied for Medicaid, but are still under eligibility review.</p>	<p>http://www.dhs.pa.gov/citizens/healthcaremedicalassistance/healthybeginnings/index.htm</p>
<u>Pennsylvania-Health-Coverage.com</u>	<p>This privately-owned website is a place to compare affordable maternity health insurance options.</p>	<p>http://www.pennsylvania-health-coverage.com/maternity?sid=SEM-H-AIW-G-4Zjq7ehl&c2=32268938927&c1=c&gclid=CPWZqKS2hr4CFYtDMgodS0cATQ 1-877-536-4809</p>

Armstrong County Resource Guide

Resource Guide to Healthcare Options in Pennsylvania	<p>The Resource Guide to Healthcare Options in Pa. allows extension educators and others to located programs for low-income individuals seeking access to health care services.</p>	http://news.psu.edu/story/319753/2014/07/01/impact/resource-guide-health-care-options-available-pa-residents
--	---	---

Housing		
Resource	Description	Contact Information
Juvenile Law Center Armstrong County	<p>The Juvenile Law center works to advance the rights and well-being of children in jeopardy.</p>	http://jlc.org/resources/county-resource-guide/armstrong 1-888-864-6393
Housing and Urban Development (HUD)	<p>HUD is a federal program that provides housing support for individuals in need with rental programs (including Section 8) and home ownership assistance programs.</p>	http://portal.hud.gov/hudportal/HUD?src=/states/pennsylvania/offices Philadelphia: 215-656-0500; Pittsburgh: 412-644-6428
PAHousingSearch.com	<p>PAHousingSearch.com is a free resource to help you find a home that fits your needs and budget. Property providers can list available apartments or homes at any time, which means the listings are current.</p>	http://www.pahousingsearch.com/index.html 1-877-428-8844
Northwest Human Services	<p>NHS provides residential living options, case/care management and therapeutic services for individuals with disabilities.</p>	http://www.nhsonline.org/services-idd.html 1-888-647-0020
Housing and Urban Development (HUD) in Pennsylvania	<p>Hotline service for individuals to report incidences of housing discrimination.</p>	https://portal.hud.gov/hudportal/HUD?src=/states/pennsylvania 1-800-799-2085
PathStone	<p>PathStone Housing Services promotes access to personal counseling and financial resources designed to stabilize living environments and support economic security.</p>	http://www.pathstone.org/ 1-800-888-6770
Making Homes Affordable	<p>Let an expert from a Housing and Urban Development-approved housing counseling agency help you understand your options, prepare your application and work with your mortgage company.</p>	https://www.makinghomesaffordable.gov/pages/default.aspx 1-888-995-4673

Armstrong County Resource Guide

Salvation Army	<p>The Salvation Army is dedicated to caring for the poor, feeding the hungry and educating youth. It responds to emergencies, shelters the homeless, reunites families, and renews health to addicts.</p>	<p>http://wpa.salvationarmy.org/WesternPennsylvania/kittanning</p> <p>Kittanning: 1-724-543-6622 or 1-724-543-1164</p>
HAVIN, Inc.	<p>The mission of HAVIN, Inc. is to provide supportive services and advocacy for survivors (and their significant others) of domestic violence and sexual assault; to increase public awareness; and to effect critical changes in public policy in response to sexual and domestic violence.</p>	<p>http://www.havinpa.org/</p> <p>1-724-548-8888 or 1-800-841-8881</p>
Safe Home Hanover	<p>Safe Home Hanover was developed by the Young Women’s Christian Association (YWCA) and provides shelter and social services for victims of domestic violence through emergency shelter, 24-hour hotline, information and referrals, legal advocacy, counseling, and support groups.</p>	<p>http://www.ywcahanover.org/what-we-do/safe-home/</p> <p>1-717-637-2125</p>
Community Action Agency of Armstrong County	<p>Community Action Agency of Armstrong County, located in Kittanning, Pa., assists individuals with nutrition education, housing assistance, transportation, education, job training and placement, and tools to generate self-sufficiency.</p>	<p>https://www.pittsburghfoodbank.org/about/network/armstrong/</p> <p>Kittanning: 1-724-548-5762</p>
Lifesteps, Inc.	<p>Lifesteps, Inc. helps individuals and families with life’s changing needs by developing programs and providing services that will improve their quality of life.</p>	<p>http://www.lifesteps.net/index.jsp</p> <p>1-800-225-2010</p>
Housing Authority of the County of Armstrong (HACA)	<p>The mission statement of the Housing Authority of the County of Armstrong is to provide decent, safe and affordable housing to the lower-income citizens of Armstrong County, without discrimination and with compassion and empathy. It is committed to operating in a professional, ethical and fiscally responsible manner.</p>	<p>http://www.hacarmstrong.org/</p> <p>Kittanning: 724-548-7671</p>

Medicaid Waivers for Children Under 21		
Resource	Description	Contact Information

Armstrong County Resource Guide

Pennsylvania Department of Human Services	<p>Its mission is to improve the quality of life for Pennsylvania’s individuals and families. It promotes opportunities for independence through services and supports, while demonstrating accountability for taxpayer resources.</p>	<p>http://www.dhs.pa.gov/ 1-800-692-7462</p>
Attendant Care/Act 150	<p>This enables individuals with a physical disability, ages 18-59, who are mentally alert, to continue to live in their homes with support and services.</p>	<p>http://www.dhs.pa.gov/citizens/attendantcare/attendantcareact150/#.Vp5N28tliUk Long-Term Living Helpline: 1-800-753-8827</p>
Community Services Program for Persons with Physical Disabilities/OBRA Waiver	<p>This provides services to people 18 or older with severe developmental and physical disabilities, such as cerebral palsy, epilepsy or similar conditions (onset prior to age 22).</p>	<p>http://www.dhs.pa.gov/citizens/alternativestonursinghomes/obrawaiver/ Long-Term Living Helpline, 1-800-753-8827</p>
Consolidated Waiver	<p>The Pennsylvania Consolidated Waiver is designed to help individuals with an intellectual disability, autism or developmental disability to live more independently in their homes and communities and to provide a variety of services that promote community living, including self-directed service models and traditional, agency-based service models.</p>	<p>http://www.dhs.pa.gov/learnaboutdhs/waiverinformation/consolidatedwaiverforindividualswithintellectualdisabilities/_000989</p>
Person/Family Directed Support Waiver	<p>The Pennsylvania Person/Family Directed Support Waiver is designed to help individuals with an intellectual disability, autism or developmental disability to live more independently in their homes and communities and to provide a variety of services that promote community living, including self-directed service models and traditional, agency-based service models.</p>	<p>http://www.dhs.pa.gov/learnaboutdhs/waiverinformation/personfamilydirectedsupportwaiver/index.htm</p>
Independence Waiver	<p>If you are an adult with a severe physical disability, the Independence Waiver may be able to help you live or remain in the community and remain as independent as possible.</p>	<p>http://www.dhs.pa.gov/citizens/alternativestonursinghomes/independencewaiver/ 1-717-787-8091</p>
Infant, Toddlers, and Families Waiver	<p>The Infants, Toddlers, and Families Waiver provides services to children from birth to age 3 who need early intervention services and would otherwise require the level of care provided in an intermediate care facility for persons with intellectual disabilities or other related conditions .</p>	<p>http://dhs.pa.gov/learnaboutdhs/waiverinformation/infanttoddlersandfamilieswaiver/index.htm 1- 717-346-1119</p>

Armstrong County Resource Guide

Respite Care		
Respite is planned or emergency care provided to a child or adult with special needs to provide temporary relief to family caregivers who are caring for that child or adult.		
Resource	Description	Contact Information
ARCH National Respite Network and Resource Center	The mission of the ARCH National Respite Network and Resource Center is to assist and promote the development of quality respite and crisis care programs, to help families locate respite and crisis care services in their communities, and to serve as a strong voice for respite in all forums.	https://archrespite.org/respitelocator 1-919-490-5577
The Arc of Pennsylvania	The Arc promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.	http://www.thearc.org/Page.aspx?&pid=327

Special Education		
Resource	Description	Contact Information
Pennsylvania Bureau of Special Education Consult Line	The ConsultLine is designed to assist parents and advocates of children with disabilities or children thought to be disabled. If you have any questions concerning your child's special education program or the laws relating to the provision of services in your child's Individualized Educational Program, the special education specialists at ConsultLine may be able to assist you.	http://www.education.pa.gov/K-12/Special%20Education/Pages/Special-Education-in-PA---Consult-Line.aspx#tab-1 1-800-879-2301
Pennsylvania Association of Intermediate Units (PAIU)	Intermediate Units in Pennsylvania are part of the governance structure of public education and promote educational collaboration between state education agencies and the local school districts. They provide specialized services to local school districts that can be operated more effectively and efficiently on a regional basis.	https://paiu.org/ius.php 1-717-732-8463

Support Groups		
Resource	Description	Contact Information

Armstrong County Resource Guide

Parent to Parent of Pennsylvania	Matching families with similar experiences and needs makes a positive difference in people's lives.	http://www.parenttoparent.org/ 1-888-727-2706
Pennsylvania Families Inc.	Pennsylvania Families, Inc (PFI) is the statewide family network that convenes families of children in child-serving systems, connects them to information and resources to maximize their quality of life, and collaborates to improve community supports, services and family outcomes.	http://pafamiliesinc.org/ 1-800-947-4941

The Healthy Baby Information Helpline 1-800-986-2229

Breastfeeding

Resource	Description	Contact Information
Pennsylvania Breastfeeding Referral Guide	The Pennsylvania Breastfeeding Referral Guide contains county-specific individuals and organizations that can provide breastfeeding awareness, support and assistance. It includes information on lactation specialists, community programs, support/mother groups, community coalitions, breast pump rentals and retail purchases, and local, state and national help lines.	http://www.health.pa.gov/My%20Health/Womens%20Health/Breastfeeding%20Awareness/Documents/PA%20Bfg%20Referral%20Guide%20Rev%20Sept%202016.pdf 717-346-3000
Womenshealth.gov	The mission of Womenshealth.gov is to provide national leadership and coordination to improve the health of women and girls through policy, education, and model programs. Specific to breastfeeding, the website provides information and support to help women breastfeed successfully.	http://www.womenshealth.gov/breastfeeding/common-challenges/index.html 1-800-994-9662
Women, Infants and Children (WIC)	WIC has improved the nutrition and health of families in Pennsylvania since 1974 by providing nutrition services, breastfeeding support, health care and social service referrals, and healthy foods. Through WIC, pregnant women, mothers, and caregivers of infants and young children learn about good nutrition to keep themselves and their families healthy!	http://pawic.com/ (1-800-WIC-WINS) 1-800-942-9467

Car Seat Safety

Armstrong County Resource Guide

Resource	Description	Contact Information
Pennsylvania Child Passenger Protection Act	The Pa. Child Passenger Protection Act requires that all drivers transporting children ages birth – 4 years use an approved child safety seat. Children ages 4 to 8 must wear a seat belt and be in a booster seat. Children with medical conditions or disabilities may require special considerations or adaptations for transportation safety.	http://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=3&cad=rja&uact=8&ved=0ahUKEwiopbvom47WAhUCyoMKHUhVAalQFggwMAI&url=http%3A%2F%2Fwww.pakidstravelsafe.org%2Fnews-events%2Fnews%2Fitem%2Fdownload%2F369_a828d49458bafd9461e78fc6b5cde1b6&usg=AFQjCNhc3MeVHe-zjddenQJFN0cljX5rg
The Pennsylvania Traffic Injury Prevention Project	Materials available through the Traffic Injury Prevention Project cover a range of traffic safety areas. These areas include: child passenger safety, seat belt safety, air bag safety, school bus safety, transporting special needs children, pedestrian safety, bicycle safety, and youth driving safety and awareness.	http://pakidstravelsafe.org/ 1- 800-CAR-BELT (227-2358)
Car Seat Loan Program by County	For Active Car Seat Loan Programs, search by county.	http://www.pakidstravelsafe.org/resources/car-seat-loan-programs?view=Profiles&layout=search
National Highway Safety Transportation Administration (NHTSA)	A Vision for Safety: NHTSA works to save lives on our nation’s roadways. That includes doing everything possible to keep children safe on the road. NHTSA is leading the effort, but you’re the key to protecting your family.	http://www.nhtsa.gov/
National Easter Seal Society	The society can provide referrals and information about car seats.	http://www.easterseals.com/ 1-800-221-6827
The American Academy of Pediatrics (AAP)	AAP can provide referrals and information about car seats.	https://search.aap.org/find?source=aap.org&k=car%20seats 1-800-433-9016

Counseling		
Resource	Description	Contact Information

Armstrong County Resource Guide

Nurse-Family Partnership Family First Health	<p>A voluntary program, Nurse-Family Partnership provides regular home visits from a registered nurse to help educate families and, hopefully, help to prevent maternal and child health problems. Beginning during pregnancy and continuing until the child is 2 years old, nurse home visitors work with families and offer the knowledge and support you need to confidently create a better life for your baby and yourself.</p>	<p>http://www.familyfirsthealth.org/services/social/nurse-family-partnership 1-717- 843-6330</p>
text4baby	<p>Free text messages are sent to help keep you and your baby healthy throughout your pregnancy and the baby's first year.</p>	<p>Registration is free @https://text4baby.org/.</p>

Children's Health Insurance Program (CHIP)		
Resource	Description	Contact Information
Pennsylvania Children's Health Insurance Program (CHIP)	<p>Uninsured Pennsylvania children and teens who are not eligible for Medical Assistance have access to affordable, comprehensive health-care coverage. CHIP is there for your kids with quality, comprehensive health insurance coverage for routine doctor visits, prescriptions, dental, eye care, prescriptions and much more.</p>	<p>http://www.chipcoverspkids.com/ 1-800-986-KIDS (5437)</p>

Medical Assistance		
Resource	Description	Contact Information
Presumptive Eligibility	<p>Presumptive Eligibility provides insurance coverage for pregnant woman who have applied for Medicaid but are still under eligibility review.</p>	<p>http://www.dhs.pa.gov/citizens/healthcaremedicalassistance/healthybeginnings/index.htm</p>
Pennsylvania Department of Human Services (DHS) Benefits Helpline	<p>The Human Services Benefits Helpline services inquiries about public assistance programs in Pennsylvania, including (but not limited to) cash assistance, food stamps, Medicaid eligibility and energy assistance (LIHEAP).</p>	<p>1-800-692-7462</p>
Pennsylvania Department of Human Services County Assistance Office Contact Information	<p>Pennsylvanians can seek assistance and a range of services for themselves and their families from professionally trained staff members at county assistance offices.</p>	<p>http://www.dhs.pa.gov/citizens/indfacilsandlocs/countyassistanceofficecontactinformation/ Toll Free: 1-800-638-6816 or 1-717-334-6241</p>

Armstrong County Resource Guide

COMPASS	This provides a fast and easy way to apply for benefits -- anytime and anywhere. COMPASS is an online application for Pennsylvanians to apply for many health and human service programs.	www.compass.state.pa.us
Pennsylvania HealthOptions.com	This enables you to compare insurance carriers online.	http://www.pahealthoptions.com/ 1-877-881-6388

Lead Health Information for Parents, Homeowners, Contractors, and Health Care Professionals		
Resource	Description	Contact Information
Pennsylvania Department of Health	Programs include Go to MY Health, Infant and Children, Lead Poisoning, Lead Information Line. For specific information about lead poisoning and related environmental health issues, call this number. An information and referral specialist can answer your questions and provide needed guidance.	http://www.health.pa.gov/ 1-800-440-LEAD (5323)
Elevated Lead Blood Level Case Management Guidelines	These provide recommendations from the Advisory Committee on Childhood Lead Poisoning Prevention.	https://www.cdc.gov/nceh/lead/CaseManagement/casemanage_main.htm 1-800-CDC-INFO 1-800-232-4636 TTY: 888-232-6348
Environmental Protection Agency, Lead (EPA)	The mission of EPA is to protect human health and the environment. It provides many useful links for families.	http://www2.epa.gov/lead 1-800- 424-5323
Pennsylvania Safe and Healthy Homes Program	The Pennsylvania Safe and Healthy Homes Program seeks to provide education and interventions to promote healthy homes and prevent problems and injuries. When hazards are present in a home, they can have a profound effect upon the health of the occupants, particularly those most vulnerable such as children.	http://www.health.pa.gov/My%20Health/Infant%20and%20Childrens%20Health/Lead%20Poisoning%20Prevention%20and%20Control/Pages/Safe-and-Healthy-Homes-Program.aspx 1-717-772-2762

Armstrong County Resource Guide

Information for Families, Contractors and Property Managers		
Resource	Description	Contact Information
Environmental Protection Agency (EPA).gov - Lead	<p>EPA has two programs for certifying contractors and accrediting training providers:</p> <ul style="list-style-type: none"> •Renovation, Repair and Painting Program •Lead Abatement Program for permanent elimination of lead-based paint hazards 	<ol style="list-style-type: none"> 1. https://www.epa.gov/lead/renovation-repair-and-painting-program-contractors 2. https://www.epa.gov/lead/evaluating-and-eliminating-lead-based-paint-hazards
Pennsylvania Department of Labor and Industry (L&I)	L&I can provide the link to lists of accredited trainers and certified contracting firms.	http://www.dli.pa.gov/Pages/search.aspx?searchBox=accreditate%20trainers%20and%20contractors
Occupational Safety And Health Administration (OSHA)	For information about regulations regarding work on facilities which are non-residential, contractors should contact the appropriate Occupational Safety and Health Administration Pennsylvania area office.	https://www.osha.gov/
Housing and Urban Development (HUD) – Lead Disclosure Rule	Congress passed the Residential Lead-Based Paint Hazard Reduction Act of 1992, also known as Title X, to protect families from exposure to lead from paint, dust and soil. Section 1018 of this law directed HUD and EPA to require the disclosure of known information on lead-based paint and lead-based paint hazards before the sale or lease of most housing built before 1978. If you did not receive the Disclosure of Information on Lead-Based Paint and/or Lead-Based Paint Hazards form when you bought or leased pre-1978 housing, contact 1-800-424-LEAD (5323).	http://portal.hud.gov/hudportal/HUD?src=/program_offices/healthy_homes/enforcement/disclosure 1-800-424-LEAD (5323)

Individuals with Traumatic Brain Injury and Their Families		
Resource	Description	Contact Information
Brain Injury Association of Pennsylvania	The mission is to foster a community of education, advocacy, support and research to maximize the quality of life for those with brain injuries and their families.	http://www.biapa.org/site/c.iuLZJbMMKrH/b.1760731/k.BD3E/Home.htm 1-800-444-6443

Armstrong County Resource Guide

Head Injury Program	<p>The Pennsylvania Head Injury Program (HIP) was created in 1988 by the Emergency Medical Services Act of 1985 and pays for head injury rehabilitation services for people who qualify. The goal of the program is to help individuals with a traumatic brain injury (TBI) live independently in their homes and communities.</p>	<p>www.health.pa.gov Go to MY Health, A-Z Topics, E-H, Head Injury 1-717-772-2763</p>
Brain Injury Help Line	<p>To learn more about services available for individuals with brain injury and their families, please contact the toll-free Brain Injury Help Line.</p>	<p>1-866-412-4755</p>
Independent Enrollment Broker	<p>Office of Long-Term Living launched the PA Independent Enrollment Broker, a contracted statewide entity, to facilitate and streamline the eligibility/enrollment process for applicants seeking services for several Pa. waivers/programs.</p>	<p>1-788-550-4227</p>
COMMCARE Waiver	<p>A Home and Community-Based Services Waiver for individuals with traumatic brain injury. If you have a medically determined diagnosis of TBI, the COMMCARE Waiver can help you remain as independent as possible.</p>	<p>http://www.dhs.pa.gov/citizens/alternativestonursinghomes/comcarewaiver/ 1-717- 787-8091</p>
Community Services Program for Persons with Physical Disabilities/OBRA Waiver	<p>Provides services to people 18 or older with severe developmental and physical disabilities, such as cerebral palsy, epilepsy or similar conditions (onset prior to age 22).</p>	<p>http://www.dhs.pa.gov/citizens/alternativestonursinghomes/obrawaiver/ Long-Term Living Helpline, 1-800-753-8827</p>
Acquired Brain Injury Network of Pennsylvania	<p>This is a nonprofit organization of brain injury survivors, family members and friends dedicated to increasing public awareness about acquired brain injury and to providing support, education, information, advocacy, and other services for individuals with acquired brain injury and their families.</p>	<p>nfo@abin-pa.org 1-888-308-3848</p>
Brainline.org	<p>BrainLine is a national multimedia project offering information and resources about preventing, treating, and living with traumatic brain injury .</p>	<p>http://www.brainline.org/ 1-703-998-2020</p>

Immunizations/Vaccinations

Resource	Description	Contact Information
----------	-------------	---------------------

Armstrong County Resource Guide

Pennsylvania Department of Health, Division of Immunizations	<p>The Division of Immunizations, in the Pennsylvania Department of Health, focuses on the reduction or elimination of vaccine-preventable diseases. The primary goal of the division is to achieve maximum immunization coverage to eliminate the occurrence of vaccine preventable diseases in Pennsylvania.</p>	<p>www.health.pa.gov</p> <p>Go to My Health, Immunizations.</p> <p>1-717-787-5681</p>
Pennsylvania Vaccines for Children Program	<p>The Pennsylvania Vaccines for Children (PA VFC) program is a federally funded program that provides vaccines at no cost to children who might not otherwise be vaccinated because of inability to pay. CDC purchases vaccines at a discount and distributes the vaccine to grantees -- i.e., state health departments and certain local and territorial public health agencies – which, in turn, distribute the vaccine at no charge to those private physicians' offices and public health clinics enrolled as PA VFC providers. Children who are eligible for VFC vaccines are entitled to receive vaccines recommended by the Advisory Committee on Immunization Practices (ACIP).</p>	<p>www.health.pa.gov</p> <p>Go to My Health, Immunizations, Vaccines for Children</p> <p>1-717-787-5681</p>
Pennsylvania Department of Health, Health Services Locator	<p>The Health Services locator is available to assist in finding Pennsylvania healthcare facilities within your county or region.</p>	<p>http://www.health.pa.gov/</p> <p>Go to Healthcare Facilities, Laws and Regulations, Outpatient Facilities, Health Care Facility Locator</p>

Legal Advocacy for the Disabled in Pennsylvania

Resource	Description	Contact Information
Disability Rights Pennsylvania	<p>Disability Rights Pennsylvania has helped tens of thousands of children and adults with disabilities access special education services, obtain needed health and mental health care, gain access to employment and housing, and intervene to stop the abuse, neglect and rights violations of Pennsylvanians with disabilities.</p>	<p>http://disabilityrightspa.org</p> <p>Harrisburg: 1-800-692-7443 or 1-717-236-8110;</p> <p>Philadelphia: 1-215-238-8070;</p> <p>Pittsburgh: 1-412-391-5225</p>
PA Health Law Project (PHLP)	<p>PHLP offers free legal advice to low-income people with insurance problems. It also helps people who don't have health insurance.</p>	<p>http://www.phlp.org/</p> <p>1-800-274-3258</p>

Armstrong County Resource Guide

Transportation Assistance for the Disabled		
Resource	Description	Contact Information
<u>Community Disability, Assistive Technology & Transportation Service</u>	Seniors who wish to age-in-place in their own homes face a dilemma when it comes to disability. Seniors with disabilities may face problems with mobility, poor eyesight, hearing, use of their hands or memory. Special disability support devices such as handrails, scooters, stair lifts, bathroom aids, special clothing, adaptive devices and so forth are available, but seniors often don't know about these assistive technology aids and may not have the resources to obtain this support.	<u>http://www.carepennsylvania.org/list14_PA_disability_transportation_senior_services.htm</u>
<u>Pennsylvania Department of Human Services Medical Assistance Transportation Program</u>	The Medical Assistance Transportation Program provides transportation to medical appointments for Medical Assistance recipients who do not have transportation available to them. The individual's county of residence will provide the type of transportation that is the least expensive while still meeting their needs.	<u>http://matp.pa.gov/</u> 1-800-632-9063

Vocational Rehabilitation Assistance and Job Training for the Disabled		
Resource	Description	Contact Information
<u>Pennsylvania Department of Labor & Industry Vocational Rehabilitation Services Website</u>	The Pennsylvania Office of Vocational Rehabilitation, or OVR, provides vocational rehabilitation services to help persons with disabilities prepare for, obtain or maintain employment. OVR provides services to eligible individuals with disabilities, both directly and through a network of approved vendors. Services are provided on an individualized basis.	<u>http://www.dli.pa.gov/individuals/disability-services/ovr/pages/default.aspx</u>
<u>Office of Vocational Rehabilitation Office Directory (OVR)</u>	The OVR Office Directory will help you find an OVR district office near you.	<u>http://www.dli.pa.gov/Individuals/Disability-Services/ovr/Pages/OVR-Office-Directory.aspx</u>