

Adams County Resource Document

Advocacy for Special Health Care Needs		
Resource	Description	Contact Information
<u>The Arc of Pennsylvania</u>	The Arc of Pennsylvania offers services for individuals with intellectual and developmental disabilities.	http://www.thearcpa.org/who_we_are/local-chapters.html 1-800-692-7258
<u>CAP4Kids</u> The Children’s Advocacy Project of York.	CAP4Kids is a comprehensive listing of many social service agencies that exist to improve the lives of families.	http://cap4kids.org/york/
<u>Juvenile Law Center</u>	The Juvenile Law Center seeks to advance the rights and well-being of children in jeopardy and serves as a resource for older youth and young adults in Pennsylvania who are aging out of the foster care system.	http://jlc.org/resources/count-y-resource-guide/adams 1-888-864-6393
<u>Pennsylvania Bar Association Lawyer Referral Service</u>	Pennsylvania Bar Association Lawyer Referral Service matches clients to a Pennsylvania lawyer in a specific area of law.	http://www.pabar.org/ 1-800-932-0311
<u>Mid-Penn Legal Services</u>	Mid-Penn Legal Services has a listing of legal services for income eligible individuals.	http://www.midpenn.org/ 1-800-326-9177
<u>Office of Vocational Rehabilitation</u>	The Office of Vocational Rehabilitation provides assistance with obtaining and maintaining employment to individuals with disabilities.	http://www.dli.pa.gov/Pages/default.aspx 1-800-541-0721 or 1-814-871-4551
<u>Special Kids Network</u>	The Special Kids Network is a statewide referral service designed to serve families of children with chronic health or disabling conditions through information and service coordination.	http://www.gotoskn.state.pa.us 1-800-986-4550
<u>Disability Rights Pennsylvania</u>	Disability Rights Pennsylvania has helped tens of thousands of children and adults with disabilities access special education services, obtain needed health and mental health care, and gain access to employment and housing, as well as intervened to stop the abuse, neglect and rights violations of Pennsylvanians with disabilities	http://disabilityrightspa.org Harrisburg: 1-800-692-7443 or 1-717-236-8110 Philadelphia: 1-215-238-8070 Pittsburgh: 1-412-391-5225
<u>Pennsylvania Client Assistance Program (CAP)</u>	Pennsylvania's Client Assistance Program is an advocacy program for people with disabilities seeking services in employment and housing.	http://www.equalemployment.org/ 1-888-745-2357

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<u>Lesbian, Gay, Bisexual, and Transgender (LGBT) National Health Center</u>	<p>The LGBT National Health Center serves gay, lesbian, bisexual, transgender and questioning people by providing free and confidential peer support and local resources.</p>	<p>http://www.youthtalkline.org/ Youth Talkline: 1-800-246-7743 National Hotline: 1-888-843-4564</p>
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Disability Rights and Special Needs Resources

Resource	Description	Contact Information
<u>Pennsylvania Families Inc.</u>	<p>Pennsylvania Families, Inc (PFI) is the statewide family network that convenes families of children in child-serving systems, connects them to information and resources to maximize their quality of life, and collaborates to improve community supports, services and family outcomes.</p>	<p>http://pafamiliesinc.org/</p>
<u>Social Security Administration</u>	<p>The Social Security Administration offers a listing of local offices and resources where individuals can apply for Social Security benefits.</p>	<p>https://www.socialsecurity.gov/ 1-800-772-1213</p>
<u>Bureau of Blindness and Visual Services</u>	<p>The Bureau of Blindness and Visual Services assists Pennsylvanians who are blind or visually impaired gain the skills necessary to live and work independently in their communities.</p>	<p>http://www.dli.pa.gov/Individuals/Disability-Services/bbvs/Pages/default.aspx 1-717-787-7500</p>
<u>Bureau of Autism Services (BAS)</u>	<p>Bureau of Autism Services is a department within the Department of Human Services specifically addressing the needs, issues and concerns of people with autism spectrum disorders in Pennsylvania.</p>	<p>http://www.dhs.pa.gov/citizens/autismservices/index.htm 1-866-539-7689</p>
<u>York/Adams MH-IDD Program</u>	<p>The mission of the York/Adams Mental Health – Intellectual and Developmental Disabilities Program (MH-IDD Program) is to serve, with respect, individuals in the community with mental illness, intellectual disabilities and developmental delays to enhance their quality of life and provide an opportunity to reach their fullest potential.</p>	<p>https://yorkcountypa.gov/health-human-services/mental-health-mental-retardation-program.html 1-717-771-9618</p>
<u>Northwest Human Services</u>	<p>The Northwest Human Services is a provider of education and human services to individuals with special needs.</p>	<p>http://www.nhsonline.org/ 1-888-647-0020</p>

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<u>Goodwill Industries International, Inc.</u>	<p>Goodwill works to enhance the dignity and quality of life of individuals and families by strengthening communities, eliminating barriers to opportunity, and helping people in need reach their full potential through learning and the power of work.</p>	<p>http://www.goodwill.org/find-jobs-and-services/ (Refer to website for local sites and phone numbers.)</p>
<u>United Disability Services</u>	<p>United Disability Services are services for individuals with disabilities including residential, vocational, and life skills services and adult enrichment programming.</p>	<p>http://www.udservices.org/?sid=298670551 Williamsport: 1-570-320-0590 Lancaster: 1-717-397-1841</p>
<u>AHEDD, Inc.</u>	<p>The mission of AHEDD is to serve the community as a catalyst in the employment and development of people with disabilities.</p>	<p>http://www.ahedd.org/ 1-717-840-6202</p>
<u>Pennsylvania Association for the Blind</u>	<p>The Pennsylvania Association for the Blind provides a span of services to help Pennsylvania's citizens prevent, prepare for and manage vision loss.</p>	<p>http://www.pablind.org/ 1-717-766-2020</p>
<u>UCP of South Central PA</u>	<p>United Cerebral Palsy (UCP) of South Central PA provides a selection of services for people with disabilities and challenges throughout their lives. Services may include in-home care, assistance with obtaining assistive technology for UCP consumers and services for children, which include early intervention, child development group and preschool. UCP's services are designed to assist the individualized needs of each person and their family.</p>	<p>http://www.ucpsouthcentral.org/ 1-717-632-5552</p>
<u>Special Olympics Pennsylvania -- Adams County</u>	<p>The Special Olympics Pennsylvania – Adams County provides year-round sports training and athletic competition in a variety of Olympic type sports for all children and adults with intellectual disabilities. The sports that are offered in Adams County are aquatics, athletics, basketball, bocce, bowling, equestrian, floor hockey, golf, kayaking, roller skating, tennis and volleyball.</p>	<p>https://soac.shutterfly.com/ 1-717-334-2729</p>
<u>National Runaway Switchboard</u>	<p>The National Runaway Switchboard is a toll-free, nationwide hotline for runaways and troubled youth. It provides information and referral for shelter, counseling, medical and legal services, and transportation back home.</p>	<p>https://www.1800runaway.org 1-800-786-2929</p>
<u>Kaleidoscope Family Solutions, Inc.</u>	<p>Kaleidoscope Family Solutions, Inc. (KFS) Pennsylvania is a Medicaid-approved provider that supports individuals with intellectual and developmental disabilities.</p>	<p>http://kfamilyolutions.org/services/ 1-877-384-1729</p>

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Pennsylvania Elks Home Service Program	<p>Since 1963, the PA Elks Home Service Program has been helping to improve the quality of life for thousands of children and adults throughout Pennsylvania. The PA Elks Home Service Program provides support and advocacy services to individuals of any age who have a developmental disability.</p>	<p>http://www.paelkshomeservice.org/index.php</p> <p>For children under 21, call the Special Kids Network helpline at 1-800-986-4550.</p> <p>For adults over 21, contact program director at 1- 814-781-7860</p>
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Assistive Technology		
Resource	Description	Contact Information
Pennsylvania Assistive Technology Foundation	<p>Pennsylvania Assistive Technology Foundation (PATF) is a statewide, non-profit organization that helps individuals with disabilities and older Pennsylvanians acquire the assistive technology devices and services they want.</p>	<p>http://patf.us/</p> <p>1-888-744-1938</p>
United Cerebral Palsy of Central PA	<p>United Cerebral Palsy (UCP) of South Central PA provides a selection of services for people with disabilities and challenges throughout their lives. Services may include in-home care, assistance with obtaining assistive technology for UCP consumers and services for children, which include early intervention, child development group and preschool.</p> <p>UCP's services are designed to assist the individualized needs of each person and their family.</p>	<p>http://www.ucpcentralpa.org/</p> <p>1-800-998-4827</p>

Counseling for Special Healthcare Needs		
Resource	Description	Contact Information
TrueNorth Wellness Services	<p>TrueNorth Wellness Services strives for excellence in behavioral health and wellness as its mission every day. The vision is to empower individuals to maintain a life of wellness through comprehensive, preventative and healing services.</p>	<p>http://truenorthwellness.org/</p> <p>1-866-325-0339</p>
Lincoln Intermediate Unit No. 12 Central Region Work Experience Program Community Resource Directory	<p>2014 Edition:</p> <p>Reference of Adams County services for special health care needs</p>	<p>http://transition-guide-admin.s3.amazonaws.com/files/2014/04/15/Adams%20Co.%20Resource%20Directory%5b1%5d.pdf</p>

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The Substance Abuse and Mental Health Services Administration (SAMHSA)	<p>The Substance Abuse and Mental Health Services Administration (SAMHSA) offers a behavioral health treatment locator through which the user can search for a provider by address or zip code. The agency also offers a national helpline which provides free and confidential information in English and Spanish for individuals and family members facing substance abuse and mental health issues. The hotline is available 24 hours a day, 7 days a week.</p>	<p>https://findtreatment.samhsa.gov/ 1-800-662-4357 TDD: 1-800-487-4889</p>
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Early Childhood and Child Care		
Resource	Description	Contact Information
Pennsylvania Department of Human Services	<p>The mission of the Pennsylvania Department of Human Services is to improve the quality of life for Pennsylvania's individuals and families. They promote opportunities for independence through services and supports while demonstrating accountability for taxpayer resources.</p>	<p>http://www.dhs.pa.gov/ 1-800-692-7462</p>
Child Care Works Subsidized Child Care	<p>The Child Care Works Subsidized Child Care program helps low-income families pay their child care fees. The state and federal governments fund this program, which is managed by the Child Care Information Services (CCIS) office located in your county.</p>	<p>http://www.dhs.pa.gov/citizens/childcareearlylearning/childcareworkssubsidizedchildcareprogram/ 1-717-334-7634</p>
Head Start Adams County	<p>The Adams County Head Start program is a federally funded program for eligible preschool children and their families. Adams County Head Start currently serves 216 children and their families each year, supporting the educational, mental, social and emotional development of children 3-5 years old. In addition to educational services, the program provides children and their families with health, nutrition, social and other services.</p>	<p>http://www.achsaccess.org/locations1.html 1-717-337-1337</p>

Early Intervention		
Resource	Description	Contact Information
CAP4Kids: The Children's Advocacy Project of York	<p>CAP4Kids is a comprehensive listing of many social service agencies that exist to improve the lives of families.</p>	<p>http://cap4kids.org/york/parent-handouts/early-intervention-development/</p>

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Easter Seals Western and Central Pennsylvania	Easter Seals Western and Central Pennsylvania provides programs and services to ensure that people with disabilities or other special needs and their families have equal opportunities to live, learn, work and play in their communities.	http://www.easterseals.com/wcpenna/our-programs/childrens-services/ 1-412-281-7244
Pennsylvania Department of Education Early Intervention Program	The Pennsylvania Early Intervention program provides support and services to families with children, from birth to age 5, with developmental delays and disabilities.	http://www.education.pa.gov/Early%20Learning/Early%20Intervention/Pages/default.aspx CONNECT Helpline at 1-800-692-7288
CONNECT Helpline:	The CONNECT Helpline assists families in locating resources and providing information regarding child development for children ages birth to 5 years. In addition, CONNECT can assist parents by making a direct link to their county early intervention program or local preschool early intervention program.	1-800-692-7288

Health Insurance

Resource	Description	Contact Information
Pennsylvania's Children's Health Insurance Program (CHIP)	The Pennsylvania Children's Health Insurance Program (CHIP) provides health insurance to uninsured children and teens who are not eligible for or enrolled in Medical Assistance.	http://www.chipcoverspakids.com/Pages/default.aspx
COMPASS	COMPASS is an online application for Pennsylvanians to apply for many health and human service programs.	www.compass.state.pa.us
APPRISE	Pennsylvania offers a free health insurance counseling program (APPRISE) designed to help older Pennsylvanians, 65 and above, with Medicare.	http://www.aging.pa.gov/aging-services/insurance/Pages/default.aspx 1-800-783-7067
Adams County Office for Aging	The Adams County Office for Aging, Inc. (ACOFA) is a private non-profit agency dedicated to providing assistance to and advocacy for people age 60 and above	http://acofa.org/ 1-717-334-9296 or 1-800-548-3240
Medicare Part D	Information about the Part D prescription drug benefit available to individuals enrolled in Medicare can be found at this link.	https://www.medicare.gov/part-d/

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HealthCare.gov	HealthCare.gov is the health insurance exchange website operated under the United States federal government under the provisions of the Patient Protection and Affordable Care Act (ACA).	https://www.healthcare.gov/ 1-800-318-2596
HealthChoices	HealthChoices provides access to quality medical care through Pennsylvania's Medicaid program, connects people who receive Medicaid benefits to mental health and drug/alcohol services, and serves people more in the community rather than in facilities.	http://www.healthypa.com/ 1-866-550-4355
Pennsylvania Department of Human Services Medical Assistance (MA)	Medical Assistance, also known as Medicaid, and sometimes referred to as MA, pays for health care services for eligible individuals.	http://www.dhs.pa.gov/citizens/healthcaremedicalassistance/index.htm 1-866-550-4355
Presumptive Eligibility	Presumptive Eligibility (PE) provides insurance coverage for pregnant woman who have applied for Medicaid (MA) but are still under eligibility review.	http://www.dhs.pa.gov/citizens/healthcaremedicalassistance/healthybeginnings/index.htm
Pennsylvania-Health-Coverage.com	This privately-owned website is a place to compare affordable maternity health insurance options.	http://www.pennsylvania-health-coverage.com/maternity?sid=SEM-H-AIW-G-4Zjq7ehl&c2=32268938927&c1=c&gclid=CPWZqKS2hr4CFYtDMgodS0cATQ 1-877-536-4809
Resource Guide to Healthcare Options in Pennsylvania	The Resource Guide to Healthcare Options in Pa. allows extension educators and others to located programs for low-income individuals seeking access to health care services.	http://www.porh.psu.edu/project/a-resource-guide-to-healthcare-options-in-pennsylvania/

Housing		
Resource	Description	Contact Information
Juvenile Law Center	The Juvenile Law Center seeks to advance the rights and well-being of children in jeopardy and serves as a resource for older youth and young adults in Pennsylvania who are aging out of the foster care system.	http://jlc.org/resources/count-y-resource-guide/adams 1-888-864-6393

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The US Department of Housing and Urban Development (HUD)	<p>The US Department of Housing and Urban Development (HUD) is a federal program that provides housing support for individuals in need, including rental programs (including Section 8) and home ownership assistance programs. HUD also provides a hotline service for individuals to report incidences of housing discrimination.</p>	<p>http://portal.hud.gov/hudportal/HUD?src=/states/pennsylvania/offices</p> <p>Philadelphia: 215-656-0500; Pittsburgh: 412-644-6428; 1-800-799-2085</p>
PAHousingSearch.com	<p>PAHousingSearch.com is a free resource to help you find a home that fits your needs and budget. Property providers can list available apartments or homes at any time, which means the listings are current.</p>	<p>http://www.pahousingsearch.com/index.html</p> <p>1-877-428-8844</p>
Northwest Human Services	<p>Northwest Human Services (NHS) provides residential living options, case/care management and therapeutic services for individuals with disabilities.</p>	<p>http://www.nhsonline.org/services-idd.html</p> <p>1-888-647-0020</p>
PathStone	<p>PathStone Housing Services promotes access to personal counseling and financial resources designed to stabilize living environments and support economic security.</p>	<p>http://www.pathstone.org/</p> <p>1-800-888-6770</p>
Adams County Shelters and Assistance	<p>Shelter Listings is dedicated to serving the homeless and low-income individuals. This list has homeless shelters, halfway houses, affordable housing, etc. The database consists of over 4,000 listings and includes emergency shelters, homeless shelters, day shelters, transitional housing, shared housing, residential drug alcohol rehabilitation programs and permanent affordable housing.</p>	<p>https://www.shelterlistings.org/county/pa-adams-county.html</p>
Waynesboro New Hope Shelter	<p>New Hope Shelter provides temporary housing for the homeless from Franklin, Fulton and Adams counties in Pa., and offers food and lodging to men, women and children.</p>	<p>http://www.newhopeshelter.org/</p> <p>1-717-762-5840</p>
Survivors, Inc.	<p>Domestic violence, sexual assault and human trafficking violate the sanctity and the safety of relationships, homes and communities. Survivors, Inc. provides comprehensive services and advocacy to those seeking lives free of violence.</p>	<p>http://enddvsa.org/</p> <p>1-717-334-0589 or 1-800-787-8106</p>
Safe Home Hanover	<p>Safe Home Hanover was developed by the Young Women’s Christian Association (YWCA) and provides shelter and social services for victims of domestic violence such as emergency shelter, 24-hour hotline, information and referrals, legal advocacy, counseling, and support groups.</p>	<p>http://www.ywcahanover.org/what-we-do/safe-home/</p> <p>1-717-637-2125</p>

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Adams Rescue Mission	<p>This is a faith-based program that houses up to 32 men. It is designed for men who genuinely desire to recover from addictive behaviors including (but not limited to) drugs and/or alcohol.</p>	<p>http://www.adamsrescuemission.org/ Gettysburg: 1-717-334-7502</p>
Agape House	<p>Adams Rescue Mission offers Agape House, temporary shelter for women and children in which case management, employment, housing, child care and educational resources are also offered.</p>	<p>http://www.adamsrescuemission.org/your-arm-to-the-family-shelter/ Gettysburg: 1-717-334-7502</p>
Lincoln Intermediate Unit No. 12 Central Region Work Experience Program Community Resource Directory	<p>2014 Edition: Reference of Adams County services for special health care needs.</p>	<p>http://transition-guide-admin.s3.amazonaws.com/files/2014/04/15/Adams%20Co.%20Resource%20Directory%5b1%5d.pdf</p>
Adams County Housing Authority	<p>Adams County Housing Authority is committed to providing safe, decent and affordable housing to the residents of Adams County. They also encourage self-sufficiency through various programs including financial counseling and homeownership programs.</p>	<p>http://www.adamscha.org/ 1-717-334-1518</p>
South Central Community Action Programs, Inc.	<p>South Central Community Action Programs (SCCAP) mission is to empower families and engage the community to pursue innovative and effective solutions to break the cycle of poverty.</p>	<p>http://www.sccap.org/programs.html 1-717-334-7634</p>

Medicaid Waivers for Children Under 21		
Resource	Description	Contact Information
Attendant Care/Act 150	<p>Enables individuals with a physical disability, ages 18-59, who are mentally alert, to continue to live in their homes with support and services.</p>	<p>http://www.dhs.pa.gov/citizens/attendantcare/attendantcareact150/ Long-Term Living Helpline: 1-800-753-8827</p>
Community Services Program for Persons with Physical Disabilities/OBRA Waiver	<p>The OBRA Waiver provides services to people 18 or older with severe developmental and physical disabilities, such as cerebral palsy, epilepsy or similar conditions (onset prior to age 22).</p>	<p>http://www.dhs.pa.gov/citizens/alternativestonursinghomes/obrawaiver/ Long-Term Living Helpline, 1-800-753-8827</p>

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<u>Consolidated Waiver</u>	<p>The Pennsylvania Consolidated Waiver is designed to help individuals with an intellectual disability, autism or developmental disability to live more independently in their homes and communities and to provide a variety of services that promote community living, including self-directed service models and traditional, agency-based service models.</p>	<p>http://www.dhs.pa.gov/learnaboutdhs/waiverinformation/consolidatedwaiverforindividualswithintellectualdisabilities/S_000989</p>
<u>Person/Family Directed Support Waiver</u>	<p>The Pennsylvania Person/Family Directed Support Waiver is designed to help individuals with an intellectual disability, autism or developmental disability to live more independently in their homes and communities and to provide a variety of services that promote community living, including self-directed service models and traditional, agency-based service models.</p>	<p>http://www.dhs.pa.gov/learnaboutdhs/waiverinformation/personfamilydirectedsupportwaiver/index.htm</p>
<u>Independence Waiver</u>	<p>If you are an adult with a severe physical disability, the Independence Waiver may be able to help you live or remain in the community and remain as independent as possible.</p>	<p>http://www.dhs.pa.gov/citizens/alternativestonursinghomes/independencewaiver/ 1-717-787-8091</p>
<u>Infant, Toddlers, and Families Waiver</u>	<p>The Infants, Toddlers, and Families Waiver provides services to children from birth to age 3 who need early intervention services and would otherwise require the level of care provided in an Intermediate Care Facility for Persons with Intellectual Disabilities or Other Related Conditions (ICF/MR-ORC).</p>	<p>http://dhs.pa.gov/learnaboutdhs/waiverinformation/infanttoddlersandfamilieswaiver/index.htm 1- 717-346-1119</p>

Respite Care

Respite is planned or emergency care provided to a child or adult with special needs to provide temporary relief to family caregivers who are caring for that child or adult.

Resource	Description	Contact Information
<u>The Arc of Pennsylvania</u>	<p>The Arc promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes.</p>	<p>http://www.thearc.org/Pages.aspx?&pid=327</p>

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Special Education		
Resource	Description	Contact Information
Pennsylvania Bureau of Special Education Consult Line	The ConsultLine is designed to assist parents and advocates of children with disabilities or children thought to be disabled. If you have any questions concerning your child's special education program or the laws relating to the provision of services in your child's individualized educational program, the special education specialists at ConsultLine may be able to assist you.	http://www.education.pa.gov/K-12/Special%20Education/Pages/Special-Education-in-PA---Consult-Line.aspx 1-800-879-2301
Pennsylvania Association of Intermediate Units (PAIU)	Intermediate Units in Pennsylvania are part of the governance structure of public education and are located in the middle between the state education agency and the local school districts. They provide specialized services to local school districts that can be operated more effectively and efficiently on a regional basis.	https://paiu.org/ius.php 1-717-732-8463

Support Groups		
Resource	Description	Contact Information
Pennsylvania Families Inc.	Pennsylvania Families, Inc (PFI) is the statewide family network that convenes families of children in child-serving systems, connects them to information and resources to maximize their quality of life, and collaborates to improve community supports, services and family outcomes.	http://pafamiliesinc.org/ 1-800-947-4941

The Healthy Baby Information Helpline 1-800-986-2229		
Breastfeeding		
Resource	Description	Contact Information
Pennsylvania Breastfeeding Referral Guide	The Pennsylvania Breastfeeding Referral Guide contains county-specific individuals and organizations that can provide breastfeeding awareness, support and assistance. It includes information on lactation specialists, community programs, support/mother groups, community coalitions, breast pump rentals and retail purchases, and local, state and national help lines.	http://www.health.pa.gov/My%20Health/Womens%20Health/Breastfeeding%20Awareness/Documents/PA%20Bfg%20Referral%20Guide%20Rev%20Sept%202016.pdf 717-346-3000

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Womenshealth.gov	<p>Breastfeeding can be challenging, especially in the early days. Remember that you are not alone. Lactation consultants can help you find ways to make breastfeeding work for you and your baby. Some women face many different problems while breastfeeding, while others do not. Also, many women may have certain problems with one baby that they don't have with their second or third baby.</p>	<p>http://www.womenshealth.gov/breastfeeding/common-challenges/index.html 1-800-994-9662</p>
Women, Infants and Children (WIC)	<p>The Pennsylvania Special Supplemental Nutrition Program for Women, Infants and Children (WIC) has improved the nutrition and health of families in Pennsylvania since 1974 by providing nutrition services, breastfeeding support, health care and social service referrals, and healthy foods. Through WIC, pregnant women, mothers, and caregivers of infants and young children learn about good nutrition to keep themselves and their families healthy.</p>	<p>http://pawic.com/ (1-800-WIC-WINS) 1-800-942-9467</p>

Car Seat Safety		
Resource	Description	Contact Information
The Pennsylvania Traffic Injury Prevention Project	<p>Materials available through the Traffic Injury Prevention Project cover a range of traffic safety areas. These areas include: child passenger safety, seat belt safety, air bag safety, school bus safety, transporting special needs children, pedestrian safety, bicycle safety, and youth driving safety and awareness.</p>	<p>http://pakidstravelsafe.org/ 1- 800-CAR-BELT (227-2358)</p>
Car Seat Loan Program by County	<p>Active Car Seat Loan Programs allow you to search by county on this site.</p>	<p>http://www.pakidstravelsafe.org/resources/car-seat-loan-programs?view=Profiles&layout=search</p>
National Highway Safety Transportation Administration (NHTSA)	<p>The NHTSA works to prevent injuries and fatalities for all road users—including children, teens, older drivers, bicyclists, pedestrians, and drivers with disabilities. The NHTSA is available for information and resources to keep individuals safe on the road, and in and around cars.</p>	<p>http://www.nhtsa.gov/</p>

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National Easter Seal Society	<p>Easter Seals Western and Central Pennsylvania provides programs and services to ensure that people with disabilities or other special needs and their families have equal opportunities to live, learn, work and play in their communities.</p> <p>Referrals and information about car seats are available.</p>	<p>http://www.easterseals.com/ 1-800-221-6827</p>
The American Academy of Pediatrics	<p>Referrals and Information about car seats are available.</p>	<p>https://search.aap.org/find?source=aap.org&k=car%20seats 1-800-433-9016</p>

Counseling		
Resource	Description	Contact Information
Tender Care Pregnancy Consultation Services	<p>If you think you are pregnant, you may have a lot of questions and Tender Care can help. All services are provided without cost in a safe, non-judgmental, confidential environment.</p>	<p>https://tendercare.org/ Gettysburg: 1-717-334-8613 Hanover: 1-717-633-1200 Westminster: 1-410-848-8289</p>
text4baby	<p>Free text messages are sent to help keep you and your baby healthy throughout your pregnancy and the baby's first year.</p>	<p>Registration is free. https://text4baby.org/.</p>

Medical Assistance		
Resource	Description	Contact Information
Pennsylvania Department of Human Services (DHS) Benefits Helpline	<p>The Pennsylvania Department of Human Services Benefits Helpline services inquiries about public assistance programs in Pennsylvania, including (but not limited to) cash assistance, food stamps, Medicaid eligibility and energy assistance (LIHEAP).</p>	<p>1-800-692-7462</p>
Pennsylvania Department of Human Services County Assistance Office Contact Information	<p>Residents of Pennsylvania can seek assistance and a range of services for themselves and their families from professionally trained staff members at county assistance offices.</p>	<p>http://www.dhs.pa.gov/citizen/findfacilsandlocs/countyassistanceofficecontactinformation/ Toll Free: 1-800-638-6816 or 1-717-334-6241</p>
COMPASS	<p>The fast and easy way to apply for benefits -- anytime and anywhere. COMPASS is an online application for Pennsylvanians to apply for many health and human service programs.</p>	<p>www.compass.state.pa.us</p>

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PennsylvaniaHealthOptions.com	This resource will help to compare insurance carriers online.	http://www.pahealthoptions.com/ 1-877-881-6388
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Lead Health Information for Parents, Homeowners, Contractors and Health Care Professionals		
Resource	Description	Contact Information
Elevated Lead Blood Level Case Management Guidelines	The Centers for Disease Control and Prevention (CDC) recommendations from the Advisory Committee on Childhood Lead Poisoning Prevention	https://www.cdc.gov/nceh/lead/CaseManagement/caseManage_main.htm
Environmental Protection Agency, Lead	The mission of the Environmental Protection Agency (EPA) is to protect human health and the environment. EPA provides many useful links for families.	http://www2.epa.gov/lead 1-800- 424-5323
Lead Poisoning	Lead can do great harm, especially to young children. The leading cause of lead poisoning is lead dust from lead-based paint which was used in many homes until 1978. Young children are exposed to lead dust in older homes through normal everyday activities such as crawling on the floor and putting their hands, toys or other objects in their mouths. Lead can also be found in bare soil, some imported spices, home remedies and cosmetics. Go to MY HEALTH, INFANT AND CHILDREN, Lead Poisoning Prevention and Control, LEAD POISONING	http://www.health.pa.gov/ 1-800-440-LEAD (5323)

Lead Information for Families, Contractors and Property Managers		
Resource	Description	Contact Information
Pennsylvania Department of Labor and Industry	The Pennsylvania Department of Labor and Industry lists accredited trainers and certified contracting firms.	http://www.dli.pa.gov/Pages/search.aspx?searchBox=accredited%20trainers%20and%20contractors
Occupational Safety and Health Administration (OSHA)	For information about regulations regarding work on facilities which are non-residential, contractors should contact the appropriate Occupational Safety and Health Administration Pennsylvania area office.	https://www.osha.gov/

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Housing and Urban Development (HUD) – Lead Disclosure Rule	<p>This resource, for landlords and sellers, is based on the Residential Lead-Based Paint Hazard Reduction Act of 1992, also known as Title X and is intended to protect families from exposure to lead from paint, dust and soil. Landlords and sellers are required to disclose known information on lead-based paint and lead-based paint hazards before the sale or lease of most housing built before 1978. If you did not receive the Disclosure of Information on Lead-Based Paint and/or Lead-Based Paint Hazards form when you bought or leased pre-1978 housing, contact 1-800-424-LEAD (5323).</p>	<p>http://portal.hud.gov/hudportal/HUD?src=/program_offices/healthy_homes/enforcement/disclosure</p> <p>1-800-424-LEAD (5323)</p>
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Individuals with Traumatic Brain Injury and Their Families

Resource	Description	Contact Information
Head Injury Program	<p>The Pennsylvania Head Injury Program (HIP) was created in 1988 by the Emergency Medical Services Act of 1985 and pays for head injury rehabilitation services for people who qualify. The goal of the program is to help individuals with a traumatic brain injury (TBI) live independently in their homes and communities.</p>	<p>www.health.pa.gov</p> <p>Go to MY Health, A-Z Topics, E-H, Head Injury</p> <p>1-717-772-2763</p>
Brain Injury Help Line	<p>To learn more about services available for individuals with brain injury and their families, please contact the toll-free Brain Injury Help Line.</p>	<p>1-866-412-4755</p>
Independent Enrollment Broker	<p>Office of Long-Term Living launched the Pa. Independent Enrollment Broker, a contracted statewide entity, to facilitate and streamline the eligibility/enrollment process for applicants seeking services for several Pa. waivers/programs.</p>	<p>1-788-550-4227</p>
COMMCARE Waiver	<p>A Home and Community-Based Services Waiver for Individuals with Traumatic Brain Injury (TBI). If you have a medically determined diagnosis of traumatic brain injury, the COMMCARE Waiver can help you remain as independent as possible.</p>	<p>http://www.dhs.pa.gov/citizens/alternativestonursinghomes/commcarewaiver/</p> <p>1-717- 787-8091</p>
Community Services Program for Persons with Physical Disabilities/OBRA Waiver	<p>Provides services to people 18 or older with severe developmental and physical disabilities, such as cerebral palsy, epilepsy or similar conditions (onset prior to age 22)</p>	<p>http://www.dhs.pa.gov/citizens/alternativestonursinghomes/obrawaiver/</p> <p>Long-Term Living Helpline, 1-800-753-8827</p>

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Acquired Brain Injury Network of Pennsylvania	<p>The Acquired Brain Injury Network of Pennsylvania is a nonprofit organization of brain injury survivors, family members and friends dedicated to increasing public awareness about acquired brain injury and to providing support, education, information, advocacy, and other services for individuals with acquired brain injury and their families.</p>	<p>http://www.abin-pa.org/ 1-888-308-3848</p>
Brainline.org	<p>BrainLine is a national multimedia project offering information and resources about preventing, treating and living with Traumatic Brain Injury (TBI).</p>	<p>http://www.brainline.org/ 1-703-998-2020</p>

Immunizations/Vaccinations		
Resource	Description	Contact Information
Pennsylvania Vaccines for Children Program	<p>The Pennsylvania Vaccines for Children (PA VFC) program is a federally funded program that provides vaccines at no cost to children who might not otherwise be vaccinated because of inability to pay. CDC purchases vaccines at a discount and distributes the vaccines to grantees -- i.e., state health departments and certain local and territorial public health agencies -- which in turn distribute the vaccines at no charge to those private physicians' offices and public health clinics enrolled as PA VFC providers. Children who are eligible for VFC vaccines are entitled to receive vaccines recommended by the Advisory Committee on Immunization Practices (ACIP).</p>	<p>www.health.pa.gov Go to My Health, Immunizations, Vaccines for Children 1-717-787-5681</p>
Pennsylvania Department of Health, Health Services Locator	<p>The Health Services locator is available to assist in finding Pennsylvania health care facilities within your county or region.</p>	<p>http://www.health.pa.gov/ Go to Healthcare Facilities, Laws and Regulations, Outpatient Facilities, Health Care Facility Locator</p>

Legal Advocacy for the Disabled in Pennsylvania		
Resource	Description	Contact Information
Pennsylvania Health Law Project (PHLP)	<p>Pennsylvania Health Law Project (PHLP) offers free legal advice to low-income people with insurance problems. PHLP also helps people who don't have health insurance.</p>	<p>http://www.phlp.org/ 1-800-274-3258</p>

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Transportation Assistance for the Disabled		
Resource	Description	Contact Information
Pennsylvania Department of Human Services Medical Assistance Transportation Program	The Medical Assistance Transportation Program, also known as MATP, provides transportation to medical appointments for Medical Assistance recipients who do not have transportation available to them. The individual's county of residence will provide the type of transportation that is the least expensive while still meeting their needs.	http://matp.pa.gov/ 1-800-632-9063

Vocational Rehabilitation Assistance and Job Training for the Disabled		
Resource	Description	Contact Information
Pennsylvania Department of Labor & Industry Vocational Rehabilitation Services Website	The Pennsylvania Office of Vocational Rehabilitation (OVR) provides vocational rehabilitation services to help persons with disabilities prepare for, obtain or maintain employment. OVR provides services to eligible individuals with disabilities, both directly and through a network of approved vendors. Services are provided on an individualized basis.	http://www.dli.pa.gov/individuals/disability-services/ovr/pages/default.aspx
Office of Vocational Rehabilitation Office Directory (OVR)	The OVR Office Directory will help you find an OVR district office near you.	http://www.dli.pa.gov/Individuals/Disability-Services/ovr/Pages/OVR-Office-Directory.aspx

Resource Directories		
Resource	Description	Contact Information
Lincoln Intermediate Unit No. 12 Central Region Work Experience Program Community Resource Directory	2014 Edition: Reference of Adams County services for special health care needs.	http://transition-guide-admin.s3.amazonaws.com/files/2014/04/15/Adams%20Co.%20Resource%20Directory%5b1%5d.pdf