

PROTECT YOURSELF FROM HEPATITIS A

HOW IS IT SPREAD?



not washing
hands after using
the bathroom



sex with infected
partners



eating/drinking foods
contaminated by
hepatitis A



illegal drug use



close contact with
someone infected
with hepatitis A

WHAT ARE THE SYMPTOMS?



yellowing of eyes
and skin (jaundice)



fever



nausea or throwing up

other symptoms: dark pee, pale poop, stomach pain, feeling tired or loss of appetite

HOW DO I PREVENT THE SPREAD OF HEPATITIS A?



Wash your hands with
soap and warm water
after using the bathroom
or changing diapers
and before eating and
preparing food.



Get vaccinated if you
are at high risk for
getting hepatitis A.

WHO IS AT HIGH RISK?

- people currently experiencing homelessness or unstable housing
- people who use illegal drugs
- people recently in jail or prison
- people with underlying liver disease
- men who have sex with men (MSM)
- travelers to countries where hepatitis A is common

HOW DO I GET VACCINATED?

- Call your health care provider. Insurance may cover hepatitis A vaccination.
- If your insurance does not cover hepatitis A vaccination or if you do not have insurance, call your local health department (1-877-PA-HEALTH).